

## Sam Houston State University Department of Athletics

**Course:** KIN 1116 – Student-Athlete Affairs

**Instructor:** Mrs. Chris Thompson

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**Textbook:** Bearkat Learning Enhancement Guide located in the student-athlete day planner, NCAA Manual, Handouts and Athletic Department Web Site

**Course Description:** This course is based on the National Collegiate Athletic Association (NCAA) Student Athlete Affairs Program and is designed to enhance the student-athlete in assisting them with development of life skills in the areas of academics, athletics, personal development and career development.

### **Course Objectives:**

Upon completion of this course, the student-athlete will be able to:

1. Effectively apply methods for academic success;
2. Understand the development of the athletic process;
3. Support the development of the athletic process;
4. Pursue career and life goals; and
5. Contribute to Sam Houston State University, the Department of Athletics and the community.

### **Course Content Topics for the date of:**

August	23-Wednesday	Introduction to Policies & Procedures
	25-Friday	Transition to the College Environment
	28-Monday	Responsibilities & Opportunities
	30-Wednesday	Planning & Preparing
September	6-Wednesday	Study Skill
	11-Monday	Time Management
	**18-M day <u>or</u> 20-W day	Career/Major <b><u>Meet at the Career Center</u></b>
	25-Monday	SAM Center Presentation
October	27-Wednesday	Advisement Procedures
	2-Monday	Academics/Classes SAAC
	6-Friday	*Advisement meet in LEC: <b><u>M&amp;W Golf/Track &amp; Field</u></b>
	9-Monday	Sports Nutrition *Advisement: <b><u>Football</u></b> 9:00 a.m. LEC
	13-Friday	*Advisement meet in LEC: <b><u>Bowling/Soccer/X CC</u></b>
	16-Monday	Financial Presentation
	18-Wednesday	Financial continued
	20-Friday	*Advisement meet in LEC: <b><u>VB/SB/Tennis/M Basketball</u></b>
	23-Monday	Alcohol/Drug Awareness
	25-Wednesday	NCAA Rules
	27-Friday	*Advisement meet in LEC: <b><u>Baseball/W Basketball</u></b>
November	30-Monday	Communication/Media Relations
	6-Monday	Sexual Responsibilities/Stress Management
	13-Monday	Social Skills
	20-Monday	Title IX/Gender Equity/Diversity
	27-Monday	Final Exam

**\*\* = Class is divided into M-day or W-day for the Career Center. You will attend on Monday (M-day) or Wednesday (W-day), depending on the group (M-day or W-day) you are assigned.**

**September 18<sup>th</sup>**

Football  
Soccer  
Cross Country  
Multi's (T&F)  
Bowling

**September 20<sup>th</sup>**

Baseball  
M & W Golf  
Track & Field  
Softball  
M & W Basketball  
Volleyball  
Tennis

**Student-athletes that must miss class due to Athletic Travel/Competition are required to attend the opposite class session. You are required to notify Mrs. Thompson and confirm opposite class meeting date. You are required to attend class in your assigned group when classes are divided in half.**

**Course Evaluation:**

	Point Value:
1. Keep a Journal (Notebook provided) turn in random dates.....	10
2. Day Planner/Log <b><i>Checked Every Class</i></b> .....	5
3. Goals.....	5
4. Time Management Plan <b><i>Due: September 18<sup>th</sup></i></b> .....	10
5. Major/Career Exploration Outline <b><i>Due: September 25<sup>th</sup></i></b> .....	8
6. Write/Submit Topics = class topics (6) 2 pts. each.....	6
<b><i>Two Topics Due: September 25<sup>th</sup></i></b> .....	4
<b><i>Two Topics Due: October 23<sup>rd</sup></i></b> .....	4
<b><i>Two Topics Due: November 13<sup>th</sup></i></b> .....	4
7. Complete Title IX Survey online <b><i>Due by October 2<sup>nd</sup></i></b> .....	5
8. Class Schedule <b><i>Due: October 6<sup>th</sup>, 9<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> or 27<sup>th</sup></i></b> pending on sport.....	10
9. Develop a Personal Financial Plan <b><i>Due: October 23<sup>th</sup></i></b> .....	10
10. Conduct/Document Athletic Depart Interview <b><i>Due: November 6<sup>th</sup></i></b> .....	10
11. Thank You Note <b><i>Due November 20<sup>th</sup></i></b> .....	5
12. Final Exam <b><i>Due: November 27<sup>th</sup></i></b> .....	10
<b>Total points:</b>	<b>100</b>

100-90 points	= A
89-80	= B
79-70	= C
69-60	= D
59	= F must repeat the class

**Policies & Procedures:**

See attached sheet.

**Disability Act:**

“Students with a disability which affects their academic performance are expected to arrange for a conference with the instructor in order that appropriate strategies can be considered to ensure that participation and achievement opportunities are not impaired.” The physically impaired may contact the Director of the Counseling Center, ext. 41720.

**Student Absences on Religious Holy Days Policy:**

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.