

Lifetime and Individual Sports

KINE 1117-01

Fall 2017

Department of Kinesiology

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Office hours: By appointment only.

Instructor: Dr. Jennifer J. Didier, Ph.D., Associate Professor

Text/Readings: NO Required Text - Handouts Only

COURSE DESCRIPTION: The physical education program is designed to develop the mental, emotional, physical, and social aspects of living a healthy, happy, and productive life. Students are introduced to the fundamentals of team and individual sports, which include skills, rules, strategies, and physical fitness. Emphasis in the program is placed on providing an opportunity for individual growth and success.

Course Objectives:

- Introduction to the fundamentals of team sports
- Introduction to the fundamentals of individual sports,
- Learn specific skills needed in sport
- Learn rules and strategies used during game play
- Evaluate tools needed to improve physical fitness
- Emphasize how to provide an opportunity for individual growth and success.

Course Format:

MATERIALS NEEDED FOR CLASS:

STUDENTS WILL BE REQUIRED TO DRESS-OUT EVERYDAY.

1. T-shirt
2. Athletic shorts or sweat pants
3. Athletic shoes & socks (Boots, sandals, and/or dress shoes will **NOT** be permitted)!

EVALUATION/GRADING POLICY:

1. Class Preparation (includes dressing out) & Daily Written Work: 50%
2. Participation/Assessments: 50%

Exception: If you have a condition or illness that prevents you from participating in class, you must have a doctors' note that excuses you from participation.

THIS DOES NOT EXEMPT YOU FROM DRESSING OUT.

Make-up Work: It is the student's responsibility to check with the teacher for any missed work.

CLASSROOM POLICIES/RULES:

1. Be properly dressed out.
2. Good sportsmanship, fair play, cooperation, sharing, and participation are required at all times.
3. All students are expected to help with setting up/taking down equipment
4. Do not touch or handle equipment unless directed to do so.
5. You will be expected to handle yourself in a safe, orderly, and mature manner.
6. No chewing gum
7. No food or drink permitted in the gym
8. No electrical devices allowed during class (Ipods, cell phones, MP3's, Computers, etc.)
9. No Backpacks allowed in the gym area, must be locked up in your locker.

CLASSROOM PROCEDURES:

Be on Time.

Lock up your valuables.

Be prepared to work.

CLASSROOM SUPPLIES:

1. Combination Pad Lock
2. Athletic Clothes

Grading Scale

- 90%-100% = A
- 80%-89% = B
- 70%-79% = C
- 60%-69% = D
- 59% and below = F

Academic Policies

- a. Class attendance policy (see [SHSU Class Attendance policy AP 800401](#)) – each faculty member is obligated to clarify her/his classroom policy regarding absences in writing to each student enrolled in class.
- b. [Procedures in cases of Academic Dishonesty AP 810213](#) (be sure to include statement regarding plagiarism)
- c. [Academic Grievance Procedures for Students AP 900823](#)
- d. [Students with Disabilities AP 811006](#)
- e. [Student Absences on Religious Holy Days AP 861001](#)
- f. [Use of Telephones and Text Messengers in Academic Classrooms and Facilities AP 100728](#)

OR FOLLOW THE LINK TO THE ADDITIONAL INFORMATION <http://www.shsu.edu/syllabus/>