



I. INSTRUCTOR CONTACT INFORMATION

Name: Rachael Wilcox

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Office: HKC - 220

Office Hours: Monday & Wednesday by appointment only

II. MATERIALS & REQUIRED TEXTS

Siedentop, D. & van der Mars, H. (2012). *Introductions to Physical Education, Fitness, and Sport*, 8th ed.; McGraw-Hill. ISBN: 9780078095771

III. COURSE DESCRIPTIONS & OBJECTIVES

Professionalism/Participation: It is expected that students be active, enthusiastic, and collegial participants during the semester. All work will be accessed and completed online via Blackboard; make sure you have access to an up-to-date computer to complete all assignments. **Late assignments will not be permitted for this course.**

Email Etiquette: Most communication about the course (general questions, questions about assignments, etc.) should be through the "Virtual Office" on Blackboard. When communicating with me via email, you must follow the etiquette below; otherwise I reserve the right of not replying to your email.

- i. Include your course number in the subject line.
- ii. Be sure to include a meaningful subject line; this helps clarify what your message is about and may also help me prioritize reading your email. If you have a question, indicate that in the subject line.
- ii. Address your instructor properly, "Hey" is inappropriate.
- iii. Use standard spelling, punctuation, and capitalization. Do not use all caps, avoid abbreviations, and do not use emoticons.
- iv. Write clear, short paragraphs and be direct and to the point; I consider your email communication as business.

KINE 1331 is a required course for the Degree of Kinesiology. This course is NOT required for non-Kinesiology majors or minors; you can choose to take this course as an elective but the course focuses on the Kinesiology field and associated careers.

The course will be divided into three areas:

- Nature and scope of physical education, exercise science and sport;
- Foundations of physical education, exercise science, and sport;
- Career opportunities, issues and challenges.

This course serves as a base for all kinesiology courses. Units will include historical development, philosophical implications, physical fitness, scientific bases of movement, and educational values of kinesiology and career path options. *Credit 3.*

On completion of this course, the student will be able to:

1. Describe the primary organizations that provide leadership in the various areas of interest related to kinesiology and sport.
2. Explain the sub-discipline areas related to kinesiology, exercise science, and sport.
3. Recognize the history of kinesiology (physical education), including the impact that various cultures have had on the development of this discipline.
4. Identify various leaders, both past and present, who have had or are having an impact on the various sub-disciplines related to the areas of interest.
5. State the impact that legislation has had on the profession, especially Title IX.
6. Explain various factors, which have contributed to changes in the profession (e.g. political, social, economic, religious, etc.).
7. Describe the physiological and psychological impact that various forms of movement can have on an individual or group.
8. Discuss the role of movement on the total development of the individual, especially within the confines of an educational system, but including young adults, middle age and the elderly.
9. Assess the personal satisfactions and rewards to be gained from working in the profession.

IV. ASSESSMENT & EVALUATION OF LEARNING OBJECTIVES

<i>Assignment #1 - Student Introduction</i>	<i>2%</i>
Student Introduction/Interest Paper	
<i>Assignment #2 – Group Discussions</i>	<i>15%</i>
Group Discussion - Facilitation	
Peer Evaluation	
Annotated Bibliography (Group Discussion Topic)	
<i>Assignment #3 – Career Research Project</i>	<i>35%</i>
Research Paper Topic & Sources	
Professional Interview	
Career Research Paper	
Career Research Presentation	
<i>Exams</i>	<i>48%</i>
Midterm	
Final Exam	
<i>Total</i>	<i>100%</i>

Cut-offs for grades will be (percentage of total points):

A= 89% or better
B= 78 to 88%
C = 66 to 77%
D = 54 to 65%
F = less than 53%

Examinations

Exams will cover general topics encountered in the assigned readings, classroom discussions, and other assignments. The form will be a combination of multiple choices, true/false and short answer. The final will not be a comprehensive exam.

1. **Assignment #1: Student Introduction/Interest Paper** – total of 10 points

Students will complete a brief introductory paper (template provided on Blackboard) that highlights interests within the kinesiology field. Explain why you have chosen the kinesiology field as a career path and what you hope to do after you graduate. State your major, if declared, and your expected graduation date. If you are not a kinesiology major then explain why you are taking the class. Kinesiology majors should explain which discipline (Physical Education, Exercise Science, or Sport) they intend to pursue, if known. The information will serve as a basic foundation for which the course content will be based. The assignment will be due at the beginning of class on **Monday August 28th** and MUST be submitted via Blackboard, the link can be found under Course Content/Assignments/Assignments #1.

2. **Assignment #2: Group Discussion & Annotated Bibliography** – total of 60 points (20 points for group discussion, 20 points for peer evaluations, & 20 points for annotated bibliography).

Group Discussion & Peer Review (40 points total; 20 points each)

Students will be assigned to groups based on interest in the field. Groups will be assigned a topic that corresponds with chapters within the textbook; groups will focus on a problem related to the topic (i.e., physical education, exercise science, or sport) as a basis for discussion among the class. Groups will facilitate a 10-15 minute discussion among the class on a assigned date.

Your group discussion grade will incorporate a 20-point peer review evaluation from your group members.

Annotated Bibliography (20 points)

Each member of the group will be responsible for finding one resource that will be used within the class discussions. An annotated bibliography of the resource will be submitted on Blackboard, the link can be found under Course Content/Assignments/Assignments #2. APA format must be must used, double-spaced using 12-point font in Times New Roman.

3. **Assignment #3: Career Research Project** – total of 150 points (10 points for topic & sources, 50 points for interview, 50 points for paper, and 40 points for presentation).

There are four parts of the career research project: topics and sources, professional interview, *brief* research paper, and research presentation.

Research Topics & Sources (10 points)

Students will research a chosen profession in the kinesiology field; the project will serve as a basis for career exploration. Additional topics will be considered with approval of the instructor. A minimum of five sources is required for the research paper, including the professional interview. Students will submit their chosen topic and the five sources that will be used within the research paper. The assignment MUST be submitted via Blackboard, the link can be found under Course Content/Assignments/Assignments #3.

Professional Interview (50 points)

The professional interview assignment will give you an opportunity to get first-hand knowledge of your chosen profession. This assignment requires that you talk to a professional who is actually working in your field. The main goal of this interview is to gain a better understanding of the type of work you might be performing in the future. After you conduct the interview, you will provide the questions and paraphrased responses from you professional interview; the assignment MUST be submitted via Blackboard, the link can be found under Course Content/Assignments/Assignments #3.

Research Paper (50 points)

The research paper should focus on the specific criteria required for a career in the chosen profession for this research project. You should include the educational requirements including internships; certifications if any, additional training or preparations, and information related to the general path to pursuing this career (e.g., salary, job outlook, progressions in field, etc.). There are several resources you should utilize in your research including the Student Advising and Mentoring (SAM) Center, Career Services, Newton Gresham Library, O*Net, internet, and any other reliable sources you may find; the assignment **MUST** be submitted via Blackboard, the link can be found under Course Content/Assignments/Assignments #3.

The research paper is a *brief* report of the requirements for the field. APA formatting is required; the paper must be five (5) pages in length (Cover page, three written pages, and reference page) but no more than seven (7), using Times New Roman 12 point font, and 1" margins. A reference page is required with at least five references, including the professional interview. Also, for areas where you obtain information from outside sources (internet resources, library resources), it is expected that the sources will be correctly cited using APA format.

Papers received that are not appropriately cited, are assumed to be copied from another place or otherwise suspected of plagiarism will *at minimum* receive no credit for that portion of the paper. If you have any questions about how to cite resources, please feel free to ask me *before turning in your paper*. Specific guidelines for the Career Research Paper are posted on Blackboard under Course Content/Assignments/Assignments #3.

Research Presentation (40 points)

The research presentation is a summary of the findings from your research project including the professional interview, the research paper, and any personal information explaining your career interests. The presentation should include your research topic as well as a brief explanation of why you chose to research the discipline or subdiscipline. The presentation should be a minimum of four but no more than eight minutes. The presentation must include a power point or prezi presentation slide show.

Career Research Project Timelines

<i>Career Research Project</i>	<i>Description</i>	<i>Due Date</i>
<i>Research Topic & Sources</i>	Students choose a topic for the research paper (chosen field). Minimum of five sources to be provided; where you plan to obtain your information for your paper.	October 18
<i>Professional Interview</i>	Conduct professional interview with someone in the field you plan to pursue.	November 1
<i>Research Paper</i>	Submit your final research paper on Blackboard; research papers will be submitted to SafeAssign.	November 13
<i>Research Presentations</i>	In-class research presentations	November 13 - 27

Written work should:

- **MUST** use APA formatting.
- Be clear, well organized, concise, and free from grammatical and spelling errors.
- Be Typed (12 point) and double space with 1-inch margins on left and right. Paginate with page number in upper right hand corner. A cover page is required for all written assignments.
- Demonstrate a thorough analysis and include supporting evidence from course readings and additional resources (citations must be provided).

NOTE:

- 1 All assignments **MUST** be submitted via Blackboard under the proper assignment link. Assignments sent via email **WILL NOT** be accepted unless pre-approval by the instructor.
2. Papers are due on the date printed in the course outline unless otherwise notified.
3. Late work **WILL NOT** be accepted unless pre-approved by the instructor
4. Make-up exams **WILL NOT** be given unless pre-approved by the instructor.
5. The syllabus is subject to change pending notification.

Assignments are due at the beginning of the class period unless otherwise specified in the syllabus or in class. No late assignments will be accepted. Assignment dates and specifications are subject to change per instructor. If there is a change you will be informed in class and on Blackboard.

V. SHSU POLICIES

1. Classroom Attendance

Classroom attendance is taken for all class meetings. Please notify me in advance if you will be absent, tardy, or require early dismissal. According to the university policy, regular and punctual class attendance is expected of each student at SHSU. It is expected that each faculty member will keep a record of student attendance. Students are expected to show appropriate cause for missing or delaying major assignments or examinations.

A student shall not be penalized for three or fewer hours of absences [*one class period*] when examinations or other assigned class work have not been missed; however, a student may be penalized for more than three hours of absences at the discretion of the instructor. Class absences will be counted only from the actual day of enrollment for the individual student in that specific class. Academic Policy Statement 800401.

Attendance Policies:

Attending class, arriving for class on time, and remaining in class until the end of the class period is fundamental to academic success. You will not be permitted to enter class if you arrive more than five minutes late. You will also be counted absence if you leave class early, unless you obtain approval from the instructor. Seven or more absences will result in automatic failure of the course. Documentation for excused absences required within 7 days following absence, otherwise the absence would be documented as unexcused.

- 0 absences = 20 bonus points added to final grade
- 1 absence = 10 bonus points added to final grade
- 2-4 absences = 0 points
- 5 absences = 10 point reduction of final grade
- 6 absences = 20 point reduction of final grade
- 7 absences = results in automatic course failure

2. Student Absence Notification Policy (Dean of Students)

Distinction between non-emergency and emergency absences; included in this link is the Absence Notification Request Form: <http://www.shsu.edu/dept/dean-of-students/absence.html>

3. Use of Telephones and Text Messengers in Academic Classrooms and Facilities (AP 100728) and Classroom Rules of Conducts

<http://www.shsu.edu/dotAsset/6d35c9c9-e3e9-4695-a1a1-11951b88bc63.pdf>

Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process including cell phone usage, and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from using tobacco products, making offensive remarks, reading newspapers, sleeping, talking at inappropriate times, wearing inappropriate clothing, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be reported to the Dean of Students for disciplinary action in accordance with university policy.

4. Student Absences on Religious Holy Days (AP 861001)

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911 (a) (2) defines a religious holy day as: “a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20...” A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

<http://www.shsu.edu/dotAsset/0953c7d0-7c04-4b29-a3fc-3bf0738e87d8.pdf>

5. Students with Disabilities (AP 811006)

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail disability@shsu.edu). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. NOTE: No accommodation can be made until a student registers with the Services for Students with Disabilities.

<http://www.shsu.edu/dotAsset/187f9029-a4c6-4fb4-aea9-2d501f2a60f3.pdf>

Any student with a disability that affects his/her academic performance should contact the Office of Services for Students with Disabilities in the SHSU Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786) to request accommodations.

6. Procedures in Cases of Academic Dishonesty (AP 810213)

Students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an

examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials.

<http://www.shsu.edu/dotAsset/728eec25-f780-4dcf-932c-03d68cade002.pdf>

Allegations of **student misconduct**, as defined in paragraph 5.2, Chapter VI of the *Rules and Regulations*, Board of Regents, The Texas State University System, and Sam Houston State University *Student Guidelines*, published by the Dean of Students' Office, will be referred to the Dean of Students' Office for necessary action. Dean of Students: <http://www.shsu.edu/dept/dean-of-students/>.

7. Academic Grievance Procedures for Students (AP 900823)

Academic grievances include disputes over course grades, unauthorized class absences/tardiness, suspension for academic deficiency, instructor's alleged unprofessional conduct related to academic matters, graduate comprehensive and oral exams, theses and dissertations, and withdrawal or suspension of privileges related to degree-required clinical rotation, internships, or other clinical service delivery in professional degree programs.

If the dispute is determined to be based upon professional judgment, the aggrieved student is entitled to have, as appropriate and in turn, the department/school chair, College Academic Review Panel, academic dean, Dean of Graduate Studies (for graduate student issues), and Provost and Vice President for Academic Affairs form an opinion about the dispute and so advise the individual(s) involved.

<http://www.shsu.edu/dotAsset/0bb1346f-b8d6-4486-9290-dba24123d0d8.pdf>

8. Visitors in the Classroom

Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

Additional Resources:

All SHSU Policies: <http://www.shsu.edu/intranet/policies/>

Student Guidelines <http://www.shsu.edu/students/guide/>