KINE 2113 Softball/Volleyball

Department of Health and Kinesiology Fall 2017

M/W 11:00am-11:50am HKC 145

Instructor: Courtney Srubar Email: cas070@shsu.edu

Office Hours: Appointment Only

TA Professor: Randall Walton Email:randall.walton@shsu.edu

Office Hours: By Appointment Only HKC 221

Instructor of Record: A. Page Glave

Email: apglave@shsu.edu

HKC 208

Course Description: All students will learn the history, terminology, specific skills, and rules of softball/volleyball through lecture, demonstration, and practice.

Course Content:

- 1. Introduction to Softball/Volleyball
 - a. History
 - b. Terminology
 - c. Rules
 - d. Scoring
- 2. Skills-Analysis and Correction
 - a. Hitting
 - b. Fielding
 - c. Throwing
 - d. Catching
 - e. Serving
 - f. Spiking
 - g. Passing
 - h. Setting
 - i. Blocking
- 3. Footwork and Positioning
 - a. Defense
 - b. Offense
- 4. Team Concepts
 - a. Defensive/Offensive Strategies
 - b. Keeping Score
 - c. Playing by the Rules

Evaluation:

- 1. Class Participation Required 20%
- 2. Skills Test 20%
- 3. Softball Exam 30%
- 4. Volleyball Exam 30%

100%

Unexcused absences on test days will result in a 0 without proper documentation

Attendance:

Since a large portion of this course is developed through participation, attendance is important.

1-3 absences – No penalty

4 absences – 1 letter grade deducted from final grade 5 absences – 2 letter grades deducted from final grade 6 absences – 3 letter grades deducted from final grade 7 absences – Fail the course

Student Absences on Religious Holy Days:

Students are allowed to miss class and other required activities, including exams, for the observance of a religious holy day, including travel for that purpose. Students remain responsible for making up all coursework missed.

DRESS:

You must always dress out in proper workout attire- You will be required to follow the same dress code rules mandated by the Recreational Sports Department.

Students with Disabilities Policy:

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the University. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should visit with the Office of Services for Students with Disabilities located in the Counseling Center.

Visitors in the Classroom:

Only registered students may attend class unless receive approval from instructor prior to class.

ACADEMIC DISHONESTY:

All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials. For a complete listing of the university policy, see:

Dean of Student's Office