AMERICAN RED CROSS: CPR, STANDARD FIRST AID, AED TRAINING, AND **RESPONDING TO EMERGENCIES** Fall 2017 **College of Health Science**

Department of Health and Kinesiology

Instructor:	Laura Dougherty, MS HKC 220 936-294-2647 <u>Idougherty@shsu.edu</u> **best way to reach me** (I will usually respond within 24 hours, however, I do not answer emails on the weekends. Virtual Office (see blackboard) or by appointment.
Class Location:	KINE 2330 Tu/R @ 9:30a HKC246, HLTH 2330 W @ 6pm HKC246
Text/Readings:	American Red Cross. Responding to Emergencies. Comprehensive First Aid/CPR/AED ISBN Number: 978-1-58480-554-0 (2012 Publication Date).

Course Description:	To provide information and knowledge of standard/advanced first aid skills and
	cardiopulmonary resuscitation.

Standards Matrix:

Objectives/Learning Outcomes	Activities (* indicates field-based activity)	Performance Assessment	Standards: • State Standards • Specialty Organization Standards • Conceptual Framework #
Act in an emergency situation resulting from illness or injury	Responding to an emergency Injuries	Quizzes	
Improve personal judgments involving quick decision making	Assessments Life-threatening emergencies Medical emergencies Special Situations	Quizzes	
Certification CPR/AED	CPR (Adult, Child, Infant) Unconscious choking (Adult, Child, Infant) AED (Adult, Child, Infant)	Written Exam Practical Exam	American Red Cross
Certification Standard First Aid	Bandaging Splinting	Written Exam In class assessment Practical Exam	American Red Cross

Web link for <u>Conceptual Framework</u>: _____

Course Format:

The course is designed to provide students with a thorough knowledge and practical application of the skills needed in the event of a life-threatening emergency. Skills included: Adult/Child/Infant CPR, AED, conscious & unconscious choking, splinting, wound care and other first aid skills.

IDEA Objectives:

Essential: Learning to apply course material

Important: Developing specific skill, competencies, and points of view needed by professionals in the field most clearly related to this course.

Course Content:

- 1. Introduction to First Aid
- 2. Body Systems
- 3. Breathing Emergencies
- 4. Cardiac Emergencies
- 5. Bleeding
- 6. Injuries
- 7. Medical Emergencies
- 8. Special Situations Moving people in water, people with special needs

Course Requirements:

1. Each student will be required to complete two (2) exams (including the final). Exam 1 (CPR/AED/Choking = 120 points), Exam 2 (First Aid = 60 Points).

2. Each student will be required to pass three (3) practical exams. The practical exams include the following skill areas: CPR (60 pts.); secondary control of bleeding (30 pts.); and Splinting (30 pts).

3. Day time class only: Each student will be required to take 11 quizzes. The exams are worth 10 points each and cannot be made up. (The lowest quiz grade will be dropped.)

4. Evening/Summer class only. Each student will be required to take 10 quizzes worth 10 points. No quiz grade will be dropped.

ARC CERTIFICATION REQUIREMENTS

Students must score 80% or higher on the First Aid and the CPR/AED exam.

Students must pass CPR and SFA practical exams

Students can not miss more than 2 class days.

Students must show a healthy attitude toward subject matter and the ARC.

**The certification through ARC is optional. If you meet the requirements and choose to get certified the fee is \$27.00. This fee is due at the end of the semester; exact change or check made payable to SHSU. **

Evaluation (* indicates field-based activity):

Your final grade will be determined by the number of points you earn as described in the following section.

The grading scale is as follows:

Exams (120, 75)	205	382-425 = A
Quizzes (10 x10)	100	340-381 = B
Practical Exams (60,30,30)	<u>120</u>	297-339 = C
TOTAL POINTS	425	255-396 = D
		Below $254 = F$

Expectations:

ATTENDANCE POLICY: (Semester). If you show up later than roll has been called or passed around the class room it will count as an unexcused absence.

- 1. In order to get certified you can miss no more than 2 class days
- 2. If class meets once a week, you can miss no more than 1 class day to get certified
- 3. More than 3 absences will affect your grade in the following manner:
 - a. 4 unexcused absences = reduction of final letter grade by one letter
 - b. 5 unexcused absences = reduction of final letter grade by two letters
 - c. 6 unexcused absences = reduction of final letter grade by three letters
 - d. 7 unexcused absences = failure
- 4. There is as certification fee of \$27.00, made payable to SHSU, if you meet the certification requirements. Optional NOT required.
- 5. SHSU Class Attendance Policy: http://www.shsu.edu/dotAsset/b719129b-9593-424f-9d5a-920e2eda6890.pdf

(Summer or Evening class)

- 1. In order to get certified you can miss no more than 1 class day
- 2. More than 1 absence will affect your grade in the following manner
 - a. 2 unexcused absences = reduction of final letter grade by one letter
 - b. 3 unexcused absences = reduction of final letter grade by two letters
 - c. 4 unexcused absences = reduction of final letter grade by three letters
 - d. 5 unexcused absences = failure

STUDENT GUIDELINES:

- 1. Wear appropriate clothing. We will be on the floor most days so be prepared to be on your knees, etc.
- 2. Refrain from chewing gum/eating in class while working with the mannequins
- 3. Remove lipstick or lip-gloss before practicing on mannequins
- 4. Bring textbook to class everyday
- 5. Wear hair away from face when practicing on mannequins
- 6. Turn off cell phones at all times.
- 7. Show up before roll has been called or roll sheet passed around the class room. If the student is not present when roll is called, it will count as an unexcused absence.
- 8. Show up before the quiz has been handed out. If quiz has already been handed out, the student will not be allowed to make up the quiz.
- 9. Assist in set-up and remove of equipment. If student does not show respect and is helpful the teacher has the right to determine the consequences including failure of the class.
- Academic Honesty: Academic honesty is expected in all work. Ignorance is not an excuse. Penalties will include 0 points for the assignment or exam and loss of any extra credit opportunities. First instance will result in a 0 on the assignment and the incident being noted. Second instance will result in failing the class, and both incidents will be reported. Remember that self-plagiarism (using something you did) is also considered academic dishonesty.

The subject of academic honesty is addressed in paragraph 5.3, Chapter VI, of the *Rules and Regulations*, Board of Regents, The Texas State University System, and Sam Houston State University *Student Guidelines* published by the Office of Student Life to wit:

5.3 Academic Honesty. The University expects all students to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action.

5.31 The University and its official representatives, acting in accordance with Subsection 5.32, may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating, plagiarism, collusion, and the abuse of resource materials.

"Cheating" includes the following and similar actions:

(1) Copying from another student's test paper, laboratory report, other report, or computer files, data listings, and/or programs.

(2) Using, during a test, materials not authorized by the person giving the test.

(3) Collaborating, without authorization, with another student during an examination or in preparing academic work.

(4) Knowingly, and without authorization, using, buying, selling, stealing, transporting, soliciting, copying, or possessing, in whole or in part, the contents of an unadministered test.

(5) Substituting for another student, permitting any other person, or otherwise assisting any other person to substitute for oneself or for another student in the taking of an examination or test or the preparation of academic work to be submitted for academic credit.

(6) Bribing another person to obtain an unadministered test or information about an unadministered test.

(7) Purchasing, or otherwise acquiring and submitting as one's own work any research paper or other writing assignment prepared by an individual or firm. This section does not apply to the typing of the rough and/or final versions of an assignment by a professional typist.

5.32 "Plagiarism" means the appropriation and the unacknowledged incorporation of another's work or idea into one's own work offered for credit.

5.33 "Collusion" means the unauthorized collaboration with another person in preparing work offered for credit.

5.34 "Abuse of resource materials" means the mutilation, destruction, concealment, theft or alteration of materials provided to assist students in the mastery of course materials.

5.35 "Academic work" means the preparation of an essay, dissertation, thesis, report, problem, assignment, or other project that the student submits as a course requirement or for a grade.

"Self-plagiarism represents a significant problem in academia as it serves to undermine the learning process and outcomes that are a key feature of each course that is offered as a part of a student's curriculum. As a result, the Department of Health and Kinesiology has a strict policy in place to prevent self-plagiarism in the classroom. Self-plagiarism is defined as the submission of any type of assignment that contains content that is recycled from other assignments or a prior publication that one submits for course credit in another course."

University Policy and Guidelines Additional Information: Please visit <u>http://www.shsu.edu/syllabus/</u> for Sam Houston State University syllabus information regarding: Academic Dishonesty Student Absences on Religious Holy Days Policy Students with Disabilities Policy Visitors in the Classroom