

**SYLLABUS: HLTH 3390 Fall 2017****Course Information**

Course: HLTH 3390
Term: Fall 2017
Meeting time: CHSS 262 - Tuesday 5:00 – 7:50 pm
Instructor: Kathleen Gilbert, M.A.
Telephone number: 936.294.2309
Email address: kgilbert@shsu.edu
Office hours: Appointment Only
Office location: LDB 201

Course Description

This course focuses on the formation of intimate relationships: family, marriage, and friends. Individuals are directed into the study of their personal backgrounds, lives, and dreams in preparation for marriage. Includes problems of relationships: rape, battering partners, sexually transmitted diseases, and divorce.

This course will prepare students with the knowledge, skills, core values, and professional dispositions they will need to work in one of the diverse areas of population health.

RATIONALE: The ultimate goal of HLTH 3390 is for each individual to honestly look inward to determine who he or she really is and what they bring to a meaningful relationship. Likewise, to provide the student with knowledge in making informed decisions regarding their sexual health.

The content of this course will include personality types, interests, dreams, fears, families, childhood, trauma, and sexuality. Some of the course requirements will be personal and private, while some activities will be shared in class. Likewise, with this type of class, the student may not always agree with the information which is put forth, however, each student will be given ample opportunity to relay and discuss their point of view, while being respectful at all times. If at any time respect is not being utilized, the student may be asked to leave and will receive a zero for any assignments missed.

If any of these methods are threatening or unacceptable, please drop the course and locate another class with more traditional content.

Prerequisites

None

Textbook and/or Resource Material

DeGenova, Stinnett, and Stinnett. (2011) Intimate Relationships, Marriages, & Families, 8th edition, McGraw-Hill Higher Education.
ISBN: 978-0-07-352820-5

Course Objectives

HLTH 3390 Domains	Course Objectives <i>By the end of the course, you should be able to:</i>
Overview of HLTH 3390	<ol style="list-style-type: none"> 1. To discover and accept oneself as he/she really is and to analyze what he/she contributes to a relationship. 2. To develop constructive attitudes, values, and practices of sexuality and how it relates to intimate relationships. 3. To examine physical, emotional, and social aspects of sexuality and intimate relationships. 4. To dispel myths about sex and sexuality. 5. To facilitate insights into personal sexual behavior. 6. To reduce fears and anxieties about personal sexual development, feelings, intimacy and relationships. 7. To accomplish more informed, responsible, and successful decision making. 8. To facilitate communication about sexuality with parents and others. 9. To develop skills for the management of sexual and intimacy problems and personal relationships. 10. To integrate sex into a balanced and purposeful pattern of living. 11. To create satisfying interpersonal relationships. 12. To reduce sex-related problems such as disease and unwanted pregnancies. 13. To acquire positive feelings about oneself in regard to relationships – friends, family or marriage. 14. To accept oneself as a healthy sexual being that needs and desires to establish healthy intimacies with others in our society. 15. To reduce risky behaviors and increase knowledge as it relates to binge drinking, date rape, domestic violence, drug use and other relevant topics.

Course Topics, Readings, Assignments and Dates

Week	Topic	Other Content & Assignments
8-29-2017	Course Introduction	
	Chapter 1 Intimate Relationships, Marriages, and Families in the 21 st Century	
9-5-2017	Chapter 2 Gender Identity and Roles	
9-12-2017	Chapter 3 Being Single / Chapter 4 Attraction and Dating	
9-19-2017	TEST – CHAPTERS 1-4	
9-26-2017	Chapter 5 Love and Mate Selection / Chapter 6 Qualities of a Successful Marriage	
10-3-2017	Chapter 7 Marital Relationships Over the Family Life Cycle / Chapter 8 Work, Family Roles, and Material Resources	
10-10-2017	TEST CHAPTERS 5 - 8	
10-17-2017	Chapter 9 Power, Decision Making, and Communication / Chapter 10 Sexual Relationships	
10-24-2017	Chapter 11 Family Planning and Parenthood / Chapter 12 Pregnancy & Childbirth	
10-31-2017	TEST CHAPTERS 9 - 12	
11-7-2017	Chapter 13 Parent-Child Relationships / Chapter 14 Parents & Extended Family Relationships	
11-14-2017	Chapter 15 Conflict, Family, Crises, and Crisis Management / Chapter 16 The Family and Divorce / Chapter 17 Coming Together: Remarriage and Stepfamilies	Paper Due
11-24-2017	TEST – Chapters 13 - 17	
11-28-2017	Group Presentations	
12-5-2017	NO CLASS	

Grading

Course Evaluation

Exams (4 @ 100 points each)	400 points
Chapter Quizzes (17 @ 10 points each)	170 points
Class Assignments	50 points
Written Paper	100 points
Group Project and Evaluation	80 points
Total	800 points

Grading Scale

720 – 800 points	A
640 – 719 points	B
560– 639 percent	C
480 – 559 points	D
Less than 479 points	F

EXAMS

Four exams will be administered in HLTH 3390. This includes the final exam which is not comprehensive. The exams will be objective (multiple choice and true/false). The best way to study for the exams is by completing the reading assignments, studying the PowerPoints used in class, and studying your online quizzes. The four exams will cover the following chapters:

- | | | |
|--------------|----------------|--------------------|
| • Exam One | Chapters 1-4 | September 9 |
| • Exam Two | Chapters 5-8 | October 10 |
| • Exam Three | Chapters 9-12 | October 31 |
| • Exam Four | Chapters 13-17 | November 24 |

READING QUIZZES

Each student must complete an on-line chapter quiz for chapters 1-17 on Blackboard. Each chapter quiz is worth up to ten points and may be taken twice. The higher of the two grades will be recorded in your grade book. The chapter quizzes make an excellent review and will help prepare you for the four major exams. It is recommended that students take the chapter quiz along with the corresponding chapter being studied in class. **Any chapter quiz not completed by the deadline will be recorded as a zero; NO EXCEPTIONS.**

MAJOR PROJECTS

Written Paper:

Each student will write a paper. This paper will follow APA (see <http://owl.english.purdue.edu/owl/resource/560/01/>) format for citations and reference page. This includes sourcing factual information within the paper and will include a reference page and cover sheet. It will also include a minimum of 3 references, and range in length from 3-4 pages. Sources must be reputable (no Wikipedia!!!). Reputable sources include: The Center for Disease Control, World Health Organization, posted regional public health department statistics and information, professional health journals/articles, etc. Ethical procedures and guidelines will be enforced. **DO NOT PLAGARIZE OTHER PEOPLE'S WORK – YOU MUST GIVE THE AUTHOR CREDIT FOR THE WORK OR I WILL GIVE YOU A ZERO ON THE PAPER.** The use of proper grammar and spelling is expected and points will be deducted for improper use. **Your written paper is due no later than Tuesday, November 14, 2017 at 11:59 pm.** Twenty-five points will be deducted the first day it is late and ten points will be deducted for every day after.

Group Project

Objective: This project is designed to give students a clear understanding of the customs and culture that surround relationships within a specific target population. The investigation must be thorough and include the following components:

Each member will participate in the coordination of the presentation. The presentation may be in a Power Point, Prezi, or video format. Portions of existing videos may be used, as long as they are applicable, and tasteful. The videos shall not take up more than 2.5 minutes of the total presentation. Presentations will be 12 slides, including a title slide and conclusion slide. This will make each student responsible for approximately 2 slides each. The group will turn in one brief outline detailing each section of the project and who did what.

Directions will be given at a later date.

PARTICIPATION

COURSE ASSIGNMENT CRITERIA – insert any pertinent information regarding your course assignment criteria that might not be listed below. Please feel free to add whatever information

you need to add but be sure not to omit any of our SHSU policies.

- ❑ If an assignment seems unclear, it is *YOUR* responsibility to talk to the instructor early.
- ❑ If you desire academic accommodation for a documented disability, contact the instructor ASAP.
- ❑ *Plagiarism* is a big word that simply means using someone else's work or writing without giving credit. If you copy a paragraph, sentence or even phrase from someone else's work, you must place quotes around what you have copied and cite the author. If you borrow an idea from someone else, but don't quote them exactly, you don't need to add the quotes, but you still must cite the author. When citing an author, use either the APA style (**Brown, 2014**) or the AMA style (superscript number¹) immediately after the statement. Then, in the Endnotes give the entire reference: **1. Brown, S (2014). Best article. Journal of Cool Stuff; 4(2), p.3-7.** This is your warning; if you borrow without giving credit you will get zero points for the parts borrowed. If you are working on an assignment that requires all your own work (or an exam), you should not be citing other authors anyway.

Sam Houston State University Policies

Attendance and Make-up Policies

The University views class attendance as the responsibility of an individual student. Attendance is essential to complete the course successfully. University rules related to excused and unexcused absences are located on-line at [SHSU Attendance Policy](#)

You will be graded during each one of the course sessions. For these reason, it is imperative you be in class every day we meet.

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

Other Pertinent Course Information

Every effort will be made to ensure that power point lecture files, notes, articles and assignments are available online in a timely manner. Written assignments will be delivered thru the Blackboard course website. Handouts, changes in assignments or the schedule of class modules will be announced on the Bb course webpage. E-mail contact will be initiated with all students the first week of class. If you do not have access to your assigned SHSU e-mail account, it is your responsibility to make the instructor aware of that fact so that other arrangements may be made. You are expected to use SHSU e-mail address for all official correspondence.

Blackboard (Bb Statement)

Blackboard (Bb): This course will be supported via Blackboard, your online learning community, where you will interact with your classmates and with me. Within the course Blackboard site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments; take quizzes; email other students and the instructor; participate in online activities; and display your projects.

In order to access the course material you will need to go to <https://shsu.blackboard.com> or look for Campus Tools on the top of the University's homepage. **Please do not contact your instructor with technical problems.** If you are having a technical problem with the course, review the support resources at <http://distance.shsu.edu/tech-support/>. You will need to possess the required computing technology to be successful in an online course. **Important!!!** Save your work as you go along. Nothing is more discouraging than to lose an assignment due to a computer hang ups! You may want to also make hard copies of your work to have "proof" and save yourself time and trouble!

Plagiarism Virtual Course

Plagiarism is the leading form of academic dishonesty that the Department of Health Services and Promotion has to address. As a HSP student, you are responsible for knowing what plagiarism is and how to avoid it.

End of Course Evaluation

Constructive feedback from students on course evaluations is taken very seriously at the College of Health Sciences. I am asking for your assistance in helping the Department in its assessment of courses and faculty through your participation in the evaluation of your courses. As health professionals you will one day have the responsibility to evaluate colleagues and health initiatives. The College views providing feedback on the Department's courses as part of your professional responsibility.

HSP Mission

The mission of the Department of Health Services and Promotion is to foster student-centered learning for early and advanced health professionals; to conduct applied, evidence-based research in population health; and to improve health and wellbeing through community engagement at the local and global levels.

Americans with Disabilities Act (ADA)

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

STUDENTS WITH DISABILITIES POLICY

It is the policy of Sam Houston State University that no otherwise qualified individual with disabilities shall, solely by reason of his/her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic or Student Life program or activity. Students with disabilities may request help with academically related problems stemming from individual disabilities from their instructors, school/department chair, or by contacting the Chair of the Committee for Continuing Assistance for Disabled Students and Director of the Counseling Center, Lee Drain Annex, or by calling (936) 294-1720.

Academic Integrity

According to the administration's guidelines: "All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form academic dishonesty including, but not

limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials.”

“Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from eating in class, [chewing gum], using tobacco products, making offensive remarks, reading newspapers, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be referred to the Dean of Students for disciplinary action in accordance with the university policy.”

The full policy for “Code of Student Conduct and Discipline” is found at the following link:
<https://www.shsu.edu/students/guide/dean/codeofconduct.html>

FERPA

The Federal Education Rights & Privacy Act requires that we advise students that by registering for this course, their SHSU assigned e-mail address will be revealed to classmates and the instructor. By continuing your enrollment in the course you acknowledge your understanding of this policy. By enrolling in this course you agree to the following statement: “I understand that as a result of registering for this course, my SHSU/Blackboard assigned e-mail address will be revealed to classmates and the instructor.”

Equal Opportunity Statement

Sam Houston State University is an Equal Opportunity / Affirmative Action Institution.

DISCLAIMER

This syllabus is representative of materials that will be covered in this class; it is not a contract between the student and the institution. It is subject to change. These changes will be communicated via email or posted as announcements. If you have any problems related to this course, please feel free to discuss them with the instructor.

Title IX

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education.

NOTICE OF NON-DISCRIMINATION

Sam Houston State University complies with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act. Sexual misconduct, as defined in the University's Sexual Misconduct Policy, constitutes a form of sex discrimination prohibited by Title IX and Title VII.

TITLE IX CONTACTS

Sex discrimination includes sexual harassment and sexual assault. While it is often thought of as a law that applies to athletics programs, Title IX is much broader than Athletics and applies to many programs at Sam Houston State University. While compliance with the law is everyone's responsibility at SHSU, below is a list of staff members that have primary responsibility for Title IX Compliance.

Title IX Coordinator--Jeanine Bias
Associate Dean of Students --Lowman Student Center, Suite 215

936-294-3026 or jbias@shsu.edu

I _____ have read the entire syllabus and hereby agree to
abide by the policies contained herein.

Signature

Date