



Syllabus | Bearkat Learning Community

UNIV 1301: An Introduction to Collegiate Studies – Fall 2017

Name of Instructor: Ms. Julia Woods
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Office Hours: By appointment
Class Meeting time: MW 5-6:20
Classroom Location: AB4 RM 205

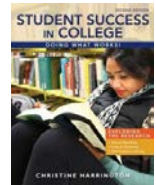
Advising Center phone: 936-294-4444
Career Counselor: Carol Adams-Shearer
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Librarian: Cole Williamson
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Materials

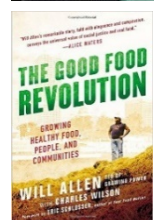
Required Texts – One Class Text and the SHSU Common Reader

Student Success: Doing What Works!

Harrington, C. (2016). *Student success in college: Doing what works!* Boston, MA: Cengage Learning. (ISBN 9781337052115 for the Loose Leaf book + MindTap Printed Access Card)



2017 Common Reader – *The Good Food Revolution* by Will Allen. You should receive a copy at Orientation or it is available at the First-Year Experience Office.



Other Required Materials

Blackboard - available at campus computer labs or on a personal computer with internet access.

Course Description

UNIV 1301: An Introduction to Collegiate Studies. The content of the course features a study of the research and theory of strategic learning, cognition, and motivation. Students use assessment instruments to identify their own strengths and weaknesses as strategic learners. Students will research, think critically, write, and present on various topics to develop the skills necessary to excel in coursework. Students are expected to apply the learning skills discussed across their own academic programs and become effective and efficient learners. As a result of this course, students will have the tools necessary to engage in increasingly complex academic endeavors, civic responsibility, marketable skills development, and career planning.

Learning Objectives

IDEA Objectives: in this course, our focus will be on these major objectives (as assessed by the IDEA course evaluation system):

- **Essential:** Learning to apply course material to improve thinking, problem solving, & decisions.
- **Essential:** Learning to analyze and critically evaluate ideas, arguments, and points of view.
- **Important:** Developing skill in expressing oneself orally or in writing.



Course Content

Learning Outcomes

1. Analyze academic skills and employ critical thinking and problem-solving strategies for success in the college culture.
2. Initiate career exploration and major/minor exploration. Develop an action plan for college completion based on the analysis and application of college knowledge, personal strengths, and career goals.
3. Create effective communications in written, oral, electronic, and visual representations, and critically analyze your interpretation of ideas expressed by others.
 - i. Explore library literacy skills and describe unintentional and intentional plagiarism.
 - ii. Compare and contrast ideas, values, and beliefs about the role a college education plays in different cultures and develop skills that will allow you to effectively interact with people of diverse cultures.
 - iii. Work collaboratively through group discussions, activities, and projects to learn more about effective teamwork skills.
 - iv. Explore technology and best practices for online coursework.
4. Critically evaluate and apply life skills necessary for your success (e.g. health/stress, nutrition, relationships, and money management).
5. Synthesize and evaluate the meaning of experiences in service learning, leadership and civic responsibility.

Writing Enhanced Course

This is a “W” course, which means that at least **50 percent of your course grade will derive from writing activities** designed to help you master course objectives. Writing in this course is one of the tools your instructor will use to help you learn course material. Some writing activities will require you to draft and revise your work. Other written assignments are designed to assist you in critical reflection of the course material. You should approach writing in this course as a tool to use as part of your learning as well as a tool your instructor will use to assess your level of learning. All written assignments turned in to the instructor must be typed, double-spaced, in either Times New Roman or Arial font style and 12 pt. font size, using correct grammar, sentence structure, citations, references, and terminology. When doing the research pieces, make sure that all sources are cited correctly using MLA or APA format (6th edition) as directed by your instructor.

Academic Community Engagement (Service Learning)

As educated citizens, you will have important opportunities to impact your community. In this course, you will not only learn knowledge and skills, but also actively apply them to make a difference in our community to improve the quality of life. This experience, it is hoped, will help you see yourself as a positive force in this world and deepen your understanding of your role as an educated citizen.

Policies

Academic Honesty

Select this link to [Academic Dishonesty Policies](#)

Attendance, Tardiness, and Early Exit Policy: Attending class, arriving for class on time, and remaining in class until the end of the class period are fundamental to academic success. Arriving on time for class and remaining in class until the end of the class period demonstrates respect for your instructor, your fellow classmates, and guest speakers. You are expected to attend class each time we meet. After **two absences for MW classes or three absences for MWF classes** each additional absence will result in a **100 point reduction in your Class Participation grade (300 points possible)** in addition to any points lost for assignments done during the missed class period. Students who miss class because of official University business will be given the opportunity to make up for missed work without penalty. However, students must provide written approval to the instructor prior to the absence.

Absences on Religious Holy Days: University policy states that a student who is absent from class for the observance of a religious holy day must be allowed to take an examination or complete an assignment scheduled for that day, within a reasonable time after the absence. Student must be excused to travel for observance of a religious holy day. A student who wishes to be excused for a religious holy day must present the instructor with a written statement describing the holy day(s) and the travel involved. The instructor should provide the student with a written description of the deadline for the completion of missed exams or assignments.

Cell Phone Usage: Unless expressly stated by the instructor, cell phone usage during class is prohibited. Cell phone usage during class time may result in the offending student's removal from the classroom. Removal from class will count as an absence.

Classroom Rules of Conduct: Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and thus impedes the mission of the university. Inappropriate behavior in the classroom will result in a directive to leave class. Students who are especially disruptive also may be reported to the Dean of Students for disciplinary action in accordance with university policy.

Classroom Visitors: Only registered students may attend class. Exceptions can be made on a case-by-case basis by the instructor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

University ADA Policy: Sam Houston State University seeks to provide reasonable accommodations for all qualified persons with disabilities. This University will adhere to all applicable federal, state and local laws, regulations and guidelines with respect to providing reasonable accommodations as required affording equal educational opportunity. It is the student's responsibility to register with Services for Students with Disabilities in the Counseling Center and to contact faculty members in a timely fashion to arrange for suitable accommodations.

Office 365

Microsoft Office 365: Office 365 is available for all current SHSU students, faculty, and staff. With Office 365, you now have one terabyte of OneDrive storage and access to a free download of Office. To access your Office 365 account, go to <https://login.microsoftonline.com/>. Enter your official SHSU e-mail address (ex., abc123@shsu.edu) - rather than your alias - and click sign-in. You will be redirected to the SHSU login page where you will enter your SHSU credentials. Your initial login will take about five minutes as Office 365 creates your account.

Assignments and Grades

Assignments/Grades:

50% or 500 points - Major Writing Assignments: Includes FIVE major writing assignments and *The Good Food Revolution* contest entry (length varies) See due date for each piece on syllabus:

Goals and Actions Plan (50 pts.)

Individual College Course Plan (50 pts.)

Success Plan in Pictures (50 pts.)

Career Exploration Research Paper (150 pts.)

Learning what SHSU has to offer (50 pts.)

Freshman Essay (see Appendix D) (150 pts.) For more information visit: www.shsu.edu/fye-contests

30% or 300 points - Class Participation/Homework/Service Learning: : Includes class attendance, MBTI and SII assessments, class assignments, teamwork, in-class discussion participation, in-class assignments, chapter quizzes, in-class student presentations/debates, and All assigned reflection papers. (5 hours minimum for service learning)

20% or 200 points - Major Assessments: Includes mid-semester assessment, and final

Grading Scale: (See Appendix B for a Grade Worksheet)

Points	Percent	Letter	Description
895-1000	90-100%	A	Excellent Work
795-894	80-89%	B	Good Work
695-794	70-79%	C	Acceptable Work
0-694 Below	70 %	F	Failing Work

Calculating your Grade: Assignments will be graded and feedback from those given in a timely manner. Part of being a responsible student is knowing your standing in class. A grade sheet is provided in Appendix B of this syllabus to help you calculate your grade throughout the semester.

ALL ASSIGNMENTS ARE SUBMITTED IN BLACKBOARD AND ARE DUE ON THE DATE INDICATED IN THE SYLLABUS. NO LATE ASSIGNMENTS WILL BE ACCEPTED.

Required UNIV 1301 Assessments

- SII and MBTI (online – SHSU Career Center – see Appendix A)
- **EQi – Emotional Intelligence Assessment**

How to Turn in Writing Assignments:

Written assignments must be typed, doubled spaced, 12 point Times New Roman font, 1" top and bottom margins and 1" side margins (Marked as 'Normal' under 'Margins' in Word). Additionally, you will cite sources used on an additional page labeled "References" We will work together to cite sources correctly in MLA format or APA format. You can find resources to help you cite correctly at the Newton Gresham library website, or your Bedford Reader from your ENGL 1301 or ENGL 1302 course.

We will spend time defining plagiarism and applying good writing practices to avoid it. Assignments received that are not correctly cited or are obviously copied from another place, or otherwise suspected of plagiarism may receive no credit. If you have any questions about how to do this that have not been answered by those resources provided above or our time in class, please feel free to ask me before turning in your paper and I would be happy to assist you.

Description of Writing Assignments:

During the class we will apply goal setting, time management, learning and personality styles, active learning, critical thinking, academic integrity, and study skills to your college coursework. Think about how you might use information from your SAM center advisor, your Newton Gresham Librarian, your Career Services Counselor, your textbook, and from other campus resources we may discuss and that you might additionally find. You will upload your final work to a designated place within Blackboard or as directed by your professor. Below are expectations for content and organization.

Create Goals and Actions Plan

Include short-term (this college term) goals (based on all course syllabi), long-term (one to four years) goals and discuss what actions will you take, or have you taken so far, to achieve the goals. **(50 pts.)**

Construct your individual college course plan by semester for your undergraduate studies (see most recent online undergraduate catalog). If you are undecided in your major/minor, choose one you are thinking of pursuing for this project. You will be able to complete this assignment more successfully after our in-class Academic Advisor presentation & then your personal advisor session for spring 2017 semester advisement. You may use the course plan template provided in Blackboard. **(50 pts.)**

Success Plan in Pictures: Create a visual (pictures or artwork) and aural (music and/or narration) online promotional media piece that highlights the academic, social, financial, health, cultural, counseling, etc. services that SHSU students can use as problem-solving strategies for success in the college culture. **(50 pts.)**

Career Exploration Research Paper (150 pts.) You may want to make an individual appointment with your assigned career services counselor (Carol Adams-Shearer) to get information and resources for this assignment. Other resources you may want to consult are: The Career Services website, O*Net, The Bureau of Labor Statistics, the Newton Gresham librarian assigned to our courses (Cole Williamson), and the library website:

You will upload your final work to a designated place within Blackboard. Below are expectations for content and organization.

- a. Introduction (statement of purpose) and an overview of your favorite career related to your degree. (20 pts.)
- b. Details of career choice (30 pts.)
 - I. Job outlook and salary ranges
 - II. Skills and education
 - III. Advantage & disadvantages of positions (i.e. travel, flexibility, relocate, work from home)
- c. Explain why you think it is the most appropriate career path for you. Use the information from your MBTI and SSI assessments and other resources to justify why you chose this career. (30 pts.)
- d. Prepare to apply for your job by completing the following items:
 - i. A letter of interest (cover letter) in the job (See Career Services for samples) (20 pts.)
 - ii. Develop a resume and include the three real references you could solicit for the job application (See Career Services website for examples) (20 pts.)
- e. Summary - Provide a summation of your exploration. (10 pts.)
- f. Writing Center draft and corrections in your final paper (10 pts.)
- g. All sentences are well constructed with very few minor mistakes. Complex sentence structures are used effectively. (10 pts.)

Learning What Sam Offers Reflection Paper (50 pts.)

Attend **many** of the following activities and write two response/reflection papers on your favorite ones. Be sure to take pictures to include in your Success Plan in Pictures assignment.

- *The Good Food Revolution* events (**See Common Reader 2017 Events Schedule**)
- Sam Traditions reflection (see <http://www.shsu.edu/dept/student-activities/tradition.html>)
Write about the activities you attended and how it's special to Sam Houston. Must attend two events.)
- Alcohol & Drug Abuse Summit: <http://www.shsu.edu/dept/adai/programs/summit.html>
- Career Services events and/or pre-approved appointments <http://www.shsu.edu/dept/career-services/>
- Student Money Management presentation: <http://www.shsu.edu/dept/smmc/>
- Multicultural Events <http://www.shsu.edu/dept/student-activities/multicultural-student-service/>
- SHSU Cultural Event
 - Theatre: http://www.shsu.edu/academics/theatre/productions/season_copy1.html
 - Dance: http://www.shsu.edu/~dnc_www/events/
 - Music: <http://www.shsu.edu/academics/music/>
 - Art: <http://www.shsu.edu/academics/art/events/>

- Student organization meeting or Interview with a student organization president or a Student Activities professional staff member SHSU Cultural Event
<http://www.shsu.edu/dept/student-activities/student-organizations/>
- Campus Presentations - President's Speaker Series, Faculty Distinguished Lecture Series, Up Close & Personal Speaker Series, or Grassroots Lecture Series. Consider making your default home page so you can become aware of these opportunities <http://www.shsu.edu/>
- Center for Leadership and Service program
<http://www.shsu.edu/dept/leadership-initiatives/cls/about.html>
- SHSU Athletic Events: <http://www.gobearkats.com/>

Response/reflection rubric for Learning What SHSU has to offer:

1. Event title and date and location.
2. Did the event meet your expectations, if you had any prior to the event?
3. Was the event fun, interesting, educational, exciting ...? Tell how.
4. What did you learn from the event?
5. What did you learn about yourself?
6. What does this have to do with yourself and your education?
7. Would you attend an event like this again? Why or why not?

Freshman Essay (150 pts.) *The Good Food Revolution* (SHSU Common Reader) Due date October 23rd at 4:00 PM

Essay Information: Freshman Essay Contest See Appendix D for more information

Students eligible: All first-time freshmen who enroll full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

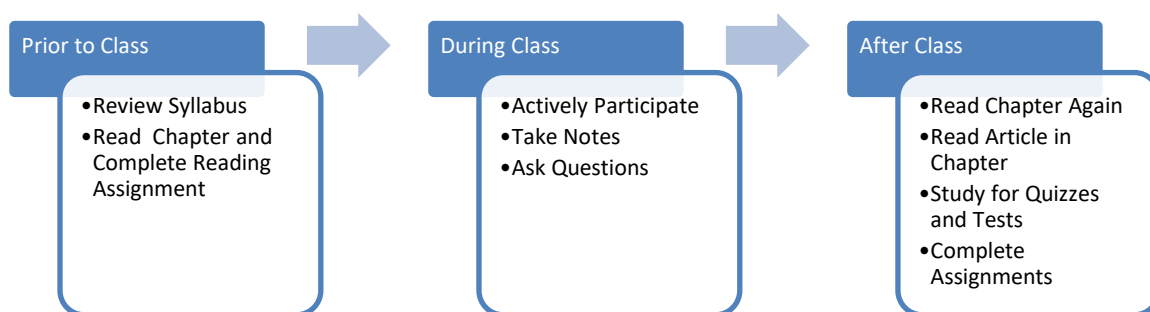
Prompt: Planned Happenstance (Krumboltz, 2009; Mitchell et al., 1999) is a learning theory of how chance events often play a role in shaping a person's career and life. Using concrete (cited) examples from *The Good Food Revolution* discuss how Will Allen's career and life are good examples of this concept of planned happenstance. Write about lessons from his story that can help prepare students for life and work in the 21st century as they relate to planned happenstance.

Prize: \$500 scholarship.

Sponsor: Accepted Students and New Bearkat Orientation

Due Date: Monday 10/23/17

Your Learning Experience:



Class Schedule

Course Calendar UNIV 1301: Fall 2017

Christine Harrington's MindTap Assignments:

Completing MindTap Assignments will help you learn the chapter content and apply it to your own life. Write comprehensive responses to all of the questions and complete the chapter quiz.

Week	Date	Homework/Assignments/ Readings prior to each class day	Class Day Topic/Speaker	Due
Week 1	Wed 8/23		Introductions/Class Norms Overview course & syllabus Introduce Common Reader and Assignments and Contests	
Week 2	Mon 8/28	Common Reader Daily Readings Days 1-5	Presentations on Common Reader Days 1-5 Navigating Blackboard	
	Wed 8/30	Common Reader Daily Reading Days 6 & 7 MBTI and SII Assessment Open	Presentations on Common Reader Days 6&7 Discuss MBTI and SII access and completion	
Week 3	Mon 9/04	Labor Day Holiday-No Class Common Reader Daily Readings Days 8-11 Reflective Reading Assignment 1: Square, Triangle, Circle for all of Reader		
	Wed 9/06	Completion of Common Reader and Reflective Reading Activity 1: Square, Triangle, Circle for all of Reader	Presentations on Common Reader Days 8-11 Discuss Reflection Rubric Appendix E	Square, Circle, Triangle for Common Reader
Week 4	Mon 9/11	Reflective Reading Assignment 2: What do you want to experience in your academic journey at SHSU? How will taking this course help you? Reading Assignment Chapter 1 Time for Action 1.2 Student Success Advice	Chapter 1: College Expectations: Being a Critical Thinker Discuss Active Reading, SQ3R	
	Wed 9/13	Chapter 1 MindTap Assignment Time for Action 1.2 -Student Success Advice Chapter Quiz	Chapter 1 Continued	Reflective Reading Assignment 2
Week 5	Mon 9/18	Reading Assignment Chapter 2	Chapter 2: Skills You Need: Memory, Note-Taking, and Studying Techniques continued	
	Wed 9/20	Chapter 2 MindTap Assignments Time for Action 2.6 - Note-taking Apps Chapter Quiz	Chapter 2 Continued Be the Match Presentation	
Week 6	Mon 9/25	Reading Assignment Chapter 3 Reading Assignment: Exploring the Research in Summary Worksheet for Sana, Weston, & Cepeda (2013) article	Chapter 3: Setting Goals and Making the Most of Your Time	Complete MBTI and SII

	Wed 9/27	Chapter 3 MindTap Assignments Time for Action 3.1 -Your Short-Term and Long-Term Academic Goals Time for Action 3.8 -Time Traps Time for Action 3.9 -Work and School Balance	Career Counselor Advising Presentation	Goals and Action Plan
Week 7	Mon 10/2	Reading Assignment Chapter 4	Chapter 4: It's Show Time: Tests, Papers, and Presentations	Individual College Course Plan
	Wed 10/4	Chapter 4 MindTap Assignments Time for Action 4.10 -Technology Tools for Groups Chapter Quiz	Chapter 4 Continued Academic Advisement Presentation	Success Plan in Pictures
Week 8	Mon 10/9		Midterm Exam	
	Wed 10/11	Reflective Reading Assignment #3: Community Service Project		Reflective Reading Assignment 3
WEEK 9	Mon 10/16	Reading Assignment Chapter 5 Reflective Reading Assignment #4: What Motivates You?	Chapter 5: Motivation, Resilience, Stress Management: Strategies for When College and Life Get Challenging	
	Wed 10/18	Chapter 5 MindTap Assignments Time for Action 5.1 -Motivation and College Chapter Quiz	Library Visit Chapter 5 continued	Reflective Reading Assignment 4
Week 10	Mon 10/23	Freshman Essay Due by 4:00 PM see Appendix D		Freshman Essay Due
	Wed 10/25	Reading Assignment Chapter 6	Chapter 6: How Are You Doing? Maximizing Learning via Self-Reflection	
Week 11	Mon 10/30	Chapter 6 MindTap Assignments Time for Action 6.5 - Learning from Mistakes Chapter Quiz		
	Wed 11/1	www.shsu.edu/fye-events www.shsu.edu/fye-contests	Discuss Events and Contests	
	Nov 6-9	Authors Forum-<i>The Good Food Revolution</i> LSC Ballroom or LSC 320	Thursday, November 9 Keynote and Book Signing by Will Allen from 2 to 4 p.m.	
Week 12	Mon 11/6	Attend Common Reader Events		
	Wed 11/8	Attend Common Reader Events	Learning What SHSU has to offer: Choose two events you attended, and write a reflection using 7 questions.	

Week 13	Mon 11/13	Reading Assignment Chapter 7	Chapter 7: Making Good Academic, Career, and Financial Decisions Work in Groups on Project	Learning What SHSU has to offer paper.
	Wed 11/15	Chapter 7 MindTap Assignments Time for Action 7.11 -Your Online Presence: Creating a Professional Profile	Chapter 7: Making Good Academic, Career, and Financial Decisions continued	
Week 14	Mon 11/20	Reading Reflection Assignment #5: Reflect on Money Management Presentation.	Money Management presentation	
	Wed 11/22	Thanksgiving Holiday-No Class Work on Career Exploration Paper		Reading Reflection #5
Week 15	Mon 11/27	Career Exploration Paper		Career Exploration Paper
	Wed 11/29	Reflection Assignment: End of the Semester Reflection and Next Steps		
Final	12/4-11		Final Exam	

APPENDIX A
INSTRUCTIONS for Completing MBTI and SII Online

**LOGIN INSTRUCTIONS FOR CAREER ASSESSMENTS
OFFERED BY SHSU CAREER SERVICES**

Required Online MBTI and SII Student Assessments:

Completion Due Date: _____

SHSU Career Services will administer the online platform for the career assessments: the Myers-Briggs Type Indicator (MBTI) and the Newly Revised Strong Interest Inventory (SII).

Each student will be emailed a link to register themselves and take the assessments by the assigned completion due date deadline. Both online assessments must be taken before the deadline to receive credit for the assignment.

When registering, you will not need to enter a personal ID, but you will need to complete demographic information as the site requests.

Please remember that there are no right or wrong answers. Try not to overthink your responses on the assessments and try to respond naturally.

Your results will be given to you via a class presentation found scheduled on your syllabus.



shsu.edu/careerservices | 936.294.1713 | jobsforkats.com

Sam Houston State University™ MEMBER THE TEXAS STATE UNIVERSITY SYSTEM™

Appendix B
Grade Worksheet

Homework/Class Assignments	Due Date	Points Possible	Points Earned
Square, Circle, Triangle assignment for Common Reader	9-6	50	
Reflective reading assignment #2	9-11	25	
MBTI and SII	9-25		
Reflective reading assignment #3	10-11	25	
Reflective reading assignment #4	10-18	25	
Reflective reading assignment #5	11-22	25	
Class Discussion and Participation		50	
Chapter Quizzes		50	
Mind Tap Activities		50	
Attendance(see syllabus)			
Total		300	
Tests		Points Possible	Points Earned
Midterm		100	
Final Exam		100	
Total		200	
Writing Assignments		Points Possible	Points Earned
Goals and Actions Plan	9-27	50	
Individual College Course Plan	10-2	50	
Success Plan in Pictures	10-4	50	
Freshman Essay(see Appendix D)	10-23	150	
Learning what SHSU has to offer	11-13	50	
Career Exploration Research Paper	11-27	150	
Total		500	
Overall Grade		Points Possible	Points Earned
Homework/Class Assignments		300 (30%)	
Tests		200 (20%)	
Writing Assignments		500 (50%)	
Total		1000	

APPENDIX C

REFLECTIVE READING THROUGH THE GOOD FOOD REVOLUTION

IDEA Objectives	Learning Objectives	Class Objectives
Learning to analyze and critically evaluate ideas, arguments, and points of view	Analyze academic skills and employ critical thinking and problem-solving strategies for success in the college culture.	Students will complete the Common Reader while employing a reflecting and processing strategy and will engage in discussion of the book with their peers. After completing this activity, students have a general understanding of the structure and content of the book and should be able to identify major themes

Reading Schedule:

Thursday, August 24 Day 1: pgs. pp. xi-18
Friday, August 25, Day 2: pg. pgs. 19-39
Saturday, August 26, Day 3: pgs. 43-62
Sunday, August 27, Day 4: pgs. 63-87
Monday, August 28, Day 5: pgs. 88-108
Tuesday, August 29, Day 6: pgs. 111-129
Wednesday, August 30, Day 7: pgs. 130-151
Thursday, August 31, Day 8: pgs. 152-174
Friday, September 1, Day 9: pgs. 175-207
Saturday, September 2, Day 10: pgs. 208-236
Sunday, September 3, Day 11: pgs. 237-249

Discussion Assignment:

Each student is responsible for addressing the following prompts for their assigned reading:

Square-Triangle-Circle



What is one thing that you read that squares with your beliefs?



What are three points to remember from the reading?



What is a question circling in your mind?

Appendix D



Sam Houston State University 2017 Common Reader Freshman Essay Contest Accepted Students and New Bearkat Orientation Program

Purpose

This essay invites an opportunity to explore your connection to themes in the 2017-2018 SHSU Common Reader book.

Common Reader Essay Prompt

Planned happenstance (Krumboltz, 2009; Mitchell et al., 1999) is a learning theory about how chance events often play a role in shaping a person's career and life. Using concrete (cited) examples from *The Good Food Revolution* discuss how Will Allen's career and life are good examples of this concept of planned happenstance. Write about lessons from his story that can help prepare students for life and work in the 21st century as they relate to planned happenstance.

Eligibility

The contest is open to all new first-time freshmen who enroll full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prize

A scholarship valued at \$500 will be awarded to the freshman student submitting the winning essay. The winner will also be invited to lunch with Will Allen on November 9, 2017.

Application

Essays must be submitted by 4:00 pm, Monday October 23, 2017, to asc@shsu.edu. **Electronic submissions are preferred** and must be sent as email attachments (Microsoft Word documents, RTF files, or PDF files only). Submissions by traditional mail are also acceptable. Mailed submissions should be sent to:

Executive Director, Academic Success Center
Sam Houston State University
Campus Box 2333
Huntsville, TX 77341

Rules of the Contest

1. All applicants must be new first-time freshmen enrolled at Sam Houston State University full-time during the fall 2017 academic term.
2. All essays must be typed, double-spaced, on white, 8 ½" x 11" paper and free of any remarks or grade.
3. All submissions must include the submission cover form with complete information on the next page. **The essay itself must not contain the student's name since essays will be evaluated anonymously.** The cover form with identifying student information should be the first page of your submission followed by the essay with no identifying information. (The cover form will not count toward the word count for the essay.)
4. A student may submit only one entry.
5. Winners will be notified by the Sam Houston State University Student Success Initiatives Office.
6. There is no minimum length requirement. The maximum length is 2500 words.



SUBMISSION COVER FORM
The 2017 – 2018
Sam Houston State University
Common Reading
Fall 2017 Freshman Essay Contest

Entry due no later than 4 p.m. Monday October 23, 2017

Electronic email submissions (preferred) to: asc@shsu.edu

Executive Director, Academic Success Center
Sam Houston State University
Campus Box 2333
Huntsville, TX 77341

Student's Full Name _____
Student's ID Number _____
Student Email Address _____
Telephone Number _____

I am submitting an original essay for the SHSU Common Reading
Fall 2017 Freshman Essay Contest. I certify that this essay is my own work.
I understand that my essay will not be returned to me and may be used by
Sam Houston State University for publication in promotional materials.

Student Signature

Date

Appendix E

Reflection Rubric

	Poor (1)	Satisfactory (2)	Excellent (3)
Response	Does not answer all questions in the response	Answers most questions in the response, though answers may not be detailed	Provides detailed response to all assignment questions
Reflection	Response is not detailed or reflective	Response is somewhat reflective and provides sufficient details about the event	Response is mostly reflective with details that enhance the reflection
Grammar	Improper grammar and prolific errors	Errors are few, but are noticeable	Minor errors that do not detract from the assignment

Reflection paper #1: Square, Triangle Circle from the Common Reader

Reflection paper #2: What do you want to experience in your academic journey at Sam Houston State University? How will taking this class help you?

Reflection paper #3: Which community service project did you choose? Do you feel that community service important? Explain your answer. Tell about other community service in which you have been involved or plan to be in the future.

Reflection paper #4: What motivates you in life? What is your WHY?

Reflection paper #5: Choose three suggestions from the money management presentation. Discuss how you plan to incorporate them into your financial practices now and in the future.

SERVICE LEARNING

Boys and Girls Club: Hours available at the MLK location from 3-7 pm on specific dates throughout the semester. Classes generally sign up for a 2 – 3 week period and an in-class pre-training is required. Space is limited so only 7 to 10 class sections can fit into the semester. Contact **both** Falasha Spruiell (fjs005@SHSU.EDU) and Kelli Terrell (ket024@SHSU.EDU) if interested in scheduling this service project.

Be the Match: Hours available at various locations on campus the week of October 2 – 5, with required pre-service training that can be scheduled at in-class or out-of-class times the week before (October 25-28). Contact Courtney Wallace (tCNW008@shsu.edu) if interested in scheduling this service project.

2017 Fall Contests for The Good Food Revolution

Art Contest

Students eligible: All students enrolled a minimum of 9 hours at Sam Houston State University in the fall 2017 semester who have read the book.

Prizes (3): Best of Show: \$250; Second Place: \$150; Honorable Mention: \$100.

Prompt: Create art based on the themes presented in the 2017-2018 common reader.

Sponsor: Lowman Student Center

Due Date: Tuesday 10/31/17 [Rules and Application Submission Procedures](#)

College of Education Classroom Design Competition

Students eligible: All students enrolled full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prompt: Design an elementary, middle, or secondary school and/or classroom garden/green-growth facility, include information on TEKS based educational opportunities, and describe plans for community participation.

Prizes (2): First Place: \$750; Second Place: \$250

Sponsor: College of Education

Due Date: Monday, 10/30/17 [Rules and Application Submission Procedures](#)

Freshman Essay Contest

Students eligible: All first-time freshmen who enroll full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prompt: Planned happenstance (Krumboltz, 2009; Mitchell et al., 1999) is a learning theory of how chance events often play a role in shaping a person's career and life. Using concrete (cited) examples from *The Good Food Revolution* discuss how Will Allen's career and life are good examples of this concept of planned happenstance. Write about lessons from his story that can help prepare students for life and work in the 21st century as they relate to planned happenstance.

Prize: \$500 scholarship.

Sponsor: Accepted Students and New Bearkat Orientation

Due Date: Monday 10/23/17 [Rules and Application Submission Procedures](#)

Growing Together: Critical Thinking through Deliberative Dialogue

Students eligible: All undergraduate students who enroll full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prompt: Groups (of 4) will compete for scholarships at the *Critical Thinking through Deliberative Dialogues* event on November 6, 2017 in the LSC Ballroom from 4:30 – 7:30 p.m. Dinner will be served during the event. Student groups will use their critical thinking and deliberative dialogue skills to:

- a. evaluate information relating to a problem/question deriving from the common reader
- b. construct a path to action based on available information and stakeholder input.

Group work will be submitted at the end of the event and evaluated by a panel of judges. Submitted work will be evaluated on the group's ability to assess information and create a path to action based on facts/information, context, hidden assumptions, and common values.

Prizes (2): First Place Team: \$500 scholarship per team member.

Second Place Team: \$250 scholarship per team member.

Sponsor: COSET - Foundations of Science Program and American Democracy Project

Application Due Date: by 4:00 p.m. on Monday 10/30/17 via the following [survey link](#) or via the Rules and Application Submission Procedures link below.

Contest Event Date: Monday 11/6/17 from 4:30-7:30 p.m. LSC Ballroom (dinner provided)

[Rules and Application Submission Procedures](#)

Poetry/Lyric Contest

Students eligible: All students who enroll full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prizes (2): One \$250 scholarship (first-time freshman); and
One \$250 scholarship (Upperclassman)

Prompt: Using specific examples from *The Good Food Revolution*, write a poem or lyric that illustrates or explores central themes of the book, which include overcoming racism and poverty, the power of education, nutrition and food supply, and community activism

Sponsor: PACE Center

Due Date: Monday 10/16/17 [Rules and Application Submission Procedures](#)

Research Poster

Students eligible: All first-time freshmen who enroll full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prompt: Develop a research project and produce a research poster presentation in which you analyze one of the topics suggested in the [Curriculum Guide](#), or develop your own topic in collaboration with your faculty advisor.

Prize: One \$500 scholarship.

Sponsor: Honors College

Due Date: Monday 10/17/16

[Rules and Application Submission Procedures](#)

Social Media Daily Question Contest: Newton Gresham Library

Students eligible: All students enrolled full-time (minimum 12 hours) at Sam Houston State University in the fall 2017 semester who have read the book.

Prizes: Varies daily from September 1 to December 1, 2017

Prompt: Follow us on Twitter and be the first to answer the daily question from the Library

#librarywin #growingpower

Sponsor: Newton Gresham Library