



SYLLABUS: Intermediate Ballet

DANC 1206-01

FALL 2017

Meeting Time: MWF 9:00-9:50am

Location: GPAC Studio 254

CONTACT INFORMATION:

Instructor Name: David Arevalo

Office: GPAC Suite 150 A

Office Hours: TR 8:00am-9:00am

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Mail Box Location: Dance Program Main Office

COURSE DESCRIPTION:

This is an intermediate level Ballet technique class for non-dance majors. Intermediate Ballet technique will serve as a continuation of skill building, vocabulary and principles. The student will learn the process of a proper Ballet class. Emphasis will be placed on proper alignment, the development of strength, endurance, flexibility, coordination and understanding of rhythm and timing. The course material is drawn primarily from the Vaganova or Russian method, with some modifications in terminology and pedagogy. Students will perform a piece of choreography accumulated through learned Ballet movement in class at the end of the semester at the Non-Majors Workshop.

COURSE OBJECTIVES: By the end of this course, students will:

1. Understand, maintain and strengthen functional positions and proper alignment of Ballet technique and its vocabulary.
2. Learn and execute intricate barre exercises along with center combinations and across the floor exercises.
3. Provide an accurate understanding of spatial awareness and strengthen understanding of the core.
4. Increase strength, endurance, and flexibility.
5. Improve the ability for overall coordination, musicality, and movement retention.
6. Improve execution of technical elements and directional changes.
7. Demonstrate professional demeanor by being prepared for class, remaining focused, applying corrections, working on balances, stretches or practicing challenging movement.

REQUIRED SUPPLIES:

Tan, pink, black or white split-sole, canvas ballet slippers. NO toe socks/foot paws. If you forget your shoes to class, dance barefoot. Solid form fitting clothing (tops/bottoms). Males must purchase a dance belt for safety reasons. Visit discountdance.com for class attire suggestions or Jazz Rags Dancewear. 25701

Interstate 45N Suite 10A Spring, Texas 77380. Phone: (877) 276-9448. Hours: Mon-Thurs 10am-7pm, Fri 10am-6pm, Sat 10am-5pm, CLOSED SUNDAY

COURSE POLICIES:

- **DEPARTMENT ATTENDANCE POLICY** - Due to the participatory nature of the course, attendance is mandatory. Attendance will be taken each and every class period. Each absence in excess of **four** class periods will lower the student's course grade by **5 points**. No make-up classes will be allowed. Absences for official university functions may be excused provided that the student requests this accommodation before the absence occurs and presents official documentation. Professional opportunities will be assessed at **half an absence** with minimum two week notice to instructor, **NOT** on the day of or after. All other absences count toward the total of six.

There is a strict **NO TARDY POLICY**. Tardy students will not be allowed into class and will receive an absence for the day. I will lock the door.

3 extra credit points will be awarded for perfect attendance and will be added to the semester average. 2 extra credit points will be awarded for only 1 absence.

In cases of minor injury or illness, students may be allowed to observe rather than participate physically. In such cases the student must request the accommodation before class begins and present observation notes to the instructor at the conclusion of class.

Students with ongoing medical or physical problems must develop a program of recovery in consultation with a physician/ physiotherapist and with the instructor. If the condition interferes with the student's ability to participate for an extended period, he or she will be advised to drop the course.

• CLASSROOM DRESS –

Wear form-fitting, unrestrictive clothing of a modest type. No jeans, baggy clothing, socks, or jewelry. **WOMEN:** leotards, tights, ballet skirt, and slippers. **MEN:** form fitting tops/biketards/leotards, tights or form fitted shorts, dance belt and ballet slippers. Fitted gym shorts are allowed with proper underwear. Shirts need to be fitted. If shirts are long, you will be asked to tuck it in. Leggings must be of a stretch material and non-constrictive. No see-through leggings, please. Shorts that automatically rise up in the back are booty shorts. Booty shorts will not be allowed. Hair should be worn out of your face: half up-half down, ponytail, bun... etc. **DO NOT WEAR YOUR HAIR DOWN!!** It should be clear of your face to where you do NOT have to mess/deal with it during class.

• ETIQUETTE –

In order to start class successfully, allow yourself to arrive 10-15 minutes early to warm-up and stretch individually. If the door is locked, warm up in the hallway or an area that is not in the way of others passing by. Keep the chitchat to a minimum during class. Once class starts, the door will be closed/locked. You will **NOT** be able to take class if you are late. If you miss class, it is YOUR responsibility to find out what exercises and or choreography was missed. This is extremely crucial when we are preparing for the end of the semester performance. I highly advise you bring a filled water bottle to class and a towel to avoid distractions/interruptions. When you

leave class to go to the water fountain or restroom, you could be missing out on instruction or choreography. PLAN ACCORDINGLY!! NO flavored water or alternative beverage. No eating or chewing gum. No cell phone use.

GRADING CRITERIA:

Professionalism (Attire/Attendance/Attitude) 40%

Be on time and prepared for class, wear appropriate attire at all times, remain attentive, focused and composed, apply corrections and incorporate feedback (general and individual).

Non-Majors Workshop Performance 30% Dec. 4, 2017 @ 7pm, Call @ 6pm

Possess a strong and clear sense of the body spatially, use proper alignment and control, understand the functionality of the core, use breathe to inform the movement and aid the body to move with ease, dance exercises with expressive/meaningful sense of style, has a strong sense of musicality, rhythm/timing, dance with athletic ease of movement and coordination.

Dance Concert Attendance 20%

Students are required to attend two dance concerts this semester. One being Dance Gallery or Dance Spectrum and any other performance of your choice. A list of SHSU performances is provided below. You may attend outside dance performances (not at SHSU).

Dance Events Fall 2017

Dances @ 8	October 5 & 6	8pm
MFA Thesis Concert	October 20 & 21	8pm
Dance Gallery	October 27 & 28	8pm
Masters of Dance	November 9 & 10	8pm
Senior Studio	Nov. 16, 17, & 18	8pm
Dance Spectrum	Nov. 30 & Dec. 1	8pm
	December 2	2pm & 8 pm

Dance Concert Typed-Paper 10% -Due December 1, 2017 by 5pm

The student will reflect on one of the two performances he/she attends. The paper will include the title of the concert, name of the company presenting, date and location. The reflection should be thorough enough to understand what happened during the performance as the instructor is reading the reflection. Was there a theme present? Did the plot revolve around a central character? Was the piece abstract? Narrative? What was your perception of the piece?

ACADEMIC HONESTY - All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The university and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials.

CLASSROOM RULES OF CONDUCT - Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned

off before class begins. Students are prohibited from eating in class, using tobacco products, making offensive remarks, reading newspapers, sleeping, talking at inappropriate times, wearing inappropriate clothing, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be reported to the Dean of Students for disciplinary action in accordance with university policy.

VISITOR(S) TO THE CLASSROOM - Advance approval is required by the instructor. Unannounced visitors to class must present a current, official SHSU identification card to be permitted in the classroom. They must not present a disruption to the class by their attendance. If a visitor is not a registered student, it is at the instructor's discretion whether or not the visitor will be allowed to remain in the classroom.

AMERICANS WITH DISABILITY ACT - It is the policy of the university that no otherwise qualified disabled student shall, solely by reason of his/her handicap, be excluded from participation in, or denied benefits of, or be subject to discrimination under any academic or Student Life program or activity. Disabled students may request help with academically related problems stemming from individual disabilities by contacting their instructor, school/department chair, or by contacting the university Chair of the Committee for Continuing Assistance for Disabled Students/ Director of Counseling Center (located in Lee Drain Annex, phone 936-294-1720).

A student with a disability is encouraged to register with the university Counseling Center, as well as contacting their instructor about assistance needs. Accommodation cannot be made until the student has initiated the request with the Counseling Center. Every semester that the student desires accommodations, it is the student's responsibility to complete a Classroom Accommodation Request Form at the Counseling Center and follow the stated procedure in notifying faculty. Accommodations for disabled students are decided upon documentation and need on a case-by-case basis by the Counseling Center. All requests are handled with confidentiality according to university procedures.

RELIGIOUS HOLY DAYS POLICY - Section 51.911(b) of the Texas Education Code requires that the university excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University Policy 861001 provides procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first 15 days of the semester or the first 7 days of a summer session in which the absence(s) will occur. The instructor will respond to the student in writing notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

SYLLABUS CHANGE POLICY: This syllabus is a guide for the course and is subject to change with advanced notice.