



College of Health Sciences, Department of Family and Consumer Sciences  
FACS 5375 Recent Developments in Family & Consumer Sciences  
Spring 2018

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**Office:** MLHB 223

**Office Hours:** Wednesdays 10-12 and 1-3pm;

Thursdays 9:30-11:30 or by appointment

**Class Time:** M: 2:30 – 5:20 pm

**Classroom:** MLHB 301

This course focuses on domestic food security but discussion of its relationship to global food security will also be discussed. This course will explore issues related to the definitions and measurement as well as consequences of food security. Exploration of issues and outcomes related to food assistance programs and other NGO food security efforts will occur as well as those related to current policy issues. The course is intended to build upon foundation learning related to community and public health nutrition, child nutrition programs, and food and agriculture policies.

**Prerequisites:** Foundational work in writing and public speaking should be completed as there is substantial writing and in-class presentations and discussions. Foundational work in nutrition science and behavioral sciences is required. Graduate status.

### **Required Text(s), Materials, Supplies**

There will be no required text for this course; however, there will be extensive use of background readings and public data sets. You will also utilize online resources and databases as well as other media. Background readings are listed in the course calendar, will be provided throughout the semester, and will be part of student preparation for presentations.

### **Additional Online Resources:**

**USDA, Economic Research Service, Food Security**

<https://www.ers.usda.gov/topics/food-nutrition-assistance/>

<https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us.aspx>

<https://www.ers.usda.gov/data-products/foodaps-national-household-food-acquisition-and-purchase-survey/>

**USDA, Economic Research Service, Global Food Security**

<https://www.ers.usda.gov/topics/international-markets-trade/global-food-security/>

**Amber Waves, USDA, ERS,** <https://www.ers.usda.gov/amber-waves/>

**Food Research and Action Center,** <http://frac.org/>

**Feeding America,** <http://feedingamerica.org/>

**Food and Agriculture Organization of the United Nations,**

<http://www.fao.org/about/en/>

## **Course Objectives:**

At the end of the course, students will be able to:

- 1) Define food security and its current measures both domestic and global. Articulate the advantages and limitations of current measures.
- 2) Discuss the current literature on the impact of food insecurity on health outcomes.
- 3) Discuss, in depth, one current policy issue related to food security.
- 4) Organize and moderate a journal discussion on a food security topic.
- 5) Identify and describe a current program designed to mitigate food insecurity and discuss its outcomes.

## **Course Policies:**

**Participation and Attendance:** participation grade reflects the quality of your participation in Class as well as your attendance. Class begins on time.

**If you miss a class session, it is your responsibility to arrange with a fellow student in advance to collect any handouts for you, inform you of announcements and to provide you with copies of notes.**

**Make up exams or quizzes will not be given. Assignments are on time if submitted by the start of class time for the designated date or midnight on blackboard on the due date.** Late assignments, for whatever reason, will result in a lowered grade of 10% per day after due date. Computer/technology problems are not an excuse for a late assignment. Work ahead, rather than up to the last minute. Familiarize yourself with blackboard. Individual assignments will have submission requirements and timelines.

**Technology:** Please turn phones OFF, not just on vibrate, when entering class. Violation of this results in a zero participation grade and you may be asked to leave. If you are expecting an emergency call (family issue, etc.) let me know before class so I can decide how to accommodate you.

## **Assignments and useful resources:**

All writing assignments should be typed, double spaced in a 12-point readable font. **Utilize APA format.** Most assignments will be submitted via Blackboard, however, those submitted in hard copy should be stapled and **not in folders except for the service learning project.** Detailed instructions and grading rubrics for assignments will be provided on Blackboard and/or during classroom discussion.

## **Blackboard**

The syllabus, Power points, assignments, and article links will be posted on Blackboard. The gradebook will be utilized.

<b>Evaluation Methods</b>	<b>Possible Points</b>
Essay Assignment	100
Journal Discussion Assignment (Background/Measurement)	100
Journal Discussion Assignment (Consequences)	100
Journal Discussion Assignment ( Programs/Action/Solutions)	100
Journal Discussion Assignment (Global Topic)	100
Attendance and Participation	100
<b>Total</b>	<b>600</b>

## **Brief Description of Assignments**

### **I. Essay Assignment**

After viewing the Ethics and Food Security, you will write a 3 page essay on a specific area of interest to you and the ethical implications of current policy or programs related to food insecurity. Additional instructions will be provided via Blackboard.

### **II. Journal Discussion Moderator**

At designated class meetings we will have discussion of assigned topics journal articles. Each student will moderate the discussion for their article. Moderation includes planning for adequate discussion of journal article study design, findings, conclusions, limitations, and future research needs. This may entail preparing questions to illicit group responses. Articles must be published in the last 5 years.

All students are expected to have prepared by reading the materials prior to class. The list of readings for each topic created by the student will be posted on Blackboard in advance. A lack of preparation will result in a reduction of points on student scores for their assigned Journal Discussion Session.

**ALL JOURNAL ARTICLES MUST BE POSTED IN PDF FORM FOR ALL STUDENTS AND FACULTY IN THE DISCUSSION FORUM IN BLACKBOARD, ALLOW 2 NIGHTS FOR READING PRIOR TO YOUR PRESENTATION.**

### **III. In the News Article Discussion**

Each student will identify and discuss a current news article relating to any aspect of food security. The discussion should include the relationship of the current news to an aspect of food security measurement, policy, or action. It should also include a discussion of how it related to nutrition professionals and their practice. This discussion can take place on any day of the course.

### **Course Policies:**

Participation and Attendance: participation grade reflects the quality of your participation in Class as well as your attendance. Class begins on time.

**If you miss a class session, it is your responsibility to arrange with a fellow student in advance to collect any handouts for you, inform you of announcements and to provide you with copies of notes.**

**Make up exams or quizzes will not be given. Assignments are on time if submitted by the start of class time for the designated date or for some assignments by midnight on blackboard on the due date.** Late assignments, for whatever reason, will result in a lowered grade of 10% per day after due date.

Computer/technology problems are not an excuse for a late assignment. Work ahead, rather than up to the last minute. Familiarize yourself with blackboard.

**Technology:** Please turn phones OFF, not just on vibrate, when entering class. Violation of this results in a zero participation grade and you may be asked to leave. If you are expecting an emergency call (family issue, etc.) let me know before class so I can decide how to accommodate you.

### **Assignments and useful resources:**

All papers should be typed, double spaced in a 12 point readable font. **Utilize APA format.** Most assignments will be submitted via Blackboard, however, those submitted in hard copy should be stapled and **not in folders**

**except for the service learning project.** Detailed instructions and grading rubrics for assignments will be provided on Blackboard and/or during classroom discussion.

Writing Center, useful info: <http://www2.winthrop.edu/wcenter/handoutsnew.htm> Correct Use of Borrowed Information: citing sources vs. plagiarism:  
<http://www.winthrop.edu/cas/english/default.aspx?id=21084>

### **Classroom Etiquette:**

1. Come to class on time.
2. Be prepared (do the reading and assignments)
3. **Turn off ALL phones before class.**
4. Do not hold conversations during class when someone is speaking, whether it is the instructor or a fellow student speaking.
5. Use communication, such as email, professionally (**no “hey”....**) – remember this your “academic career”.
6. Read instructions carefully for assignments and follow them.
7. Review the syllabus and ***check email and blackboard frequently*** for any updates.
8. Please utilize email to let the instructor know if you will be late, need to leave early, or will be absent from class. Personal details or not necessary as this is a courtesy and will not result in an excused lateness or absence. If you need to discuss an issue that is hindering you from your best performance in this course, please set up an appointment with the instructor.
9. Contribute in class by answering and asking questions, participating.
10. No Gum Chewing! It is distracting and unprofessional when presenting or participating in class.

### **University Resources and Policies**

#### **\*Student Absences on Religious Holy Days (AP 861001)**

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911 (a) (2) defines a religious holy day as: “a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20....” A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

<http://www.shsu.edu/dotAsset/0953c7d0-7c04-4b29-a3fc-3bf0738e87d8.pdf>

#### **\*Students with Disabilities (AP 811006)**

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail [disability@shsu.edu](mailto:disability@shsu.edu)). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. NOTE: No accommodation can be made until a student registers with the Services for Students with Disabilities.

<http://www.shsu.edu/dotAsset/187f9029-a4c6-4fb4-aea9-2d501f2a60f3.pdf>

**\*Class Attendance (AP 800401)**

Each instructor is obligated to clarify her/his classroom policy regarding absences in writing to each student enrolled in class at the beginning of the semester. Each faculty member will announce to her/his class the policies for accepting late work or providing make-up examinations.

A student shall not be penalized for three or fewer hours of absences when examinations or other assigned class work have not been missed. Class absences will be counted only from the actual day of enrollment for the individual student in that specific class.

<http://www.shsu.edu/dotAsset/b719129b-9593-424f-9d5a-920e2eda6890.pdf>

**Student Absence Notification Policy (Dean of Students)**

Distinction between non-emergency and emergency absences; included in this link is the Absence Notification Request Form: <http://www.shsu.edu/dept/dean-of-students/absence.html>

**\*Use of Telephones and Text Messengers in Academic Classrooms and Facilities (AP 100728)**

Each course syllabus must contain a policy statement as to the disposition of telephones and text messages (1) in the classroom, (2) during testing periods, and (3) for emergency considerations.

<http://www.shsu.edu/dotAsset/6d35c9c9-e3e9-4695-a1a1-11951b88bc63.pdf>

**\*Procedures in Cases of Academic Dishonesty (AP 810213)**

Students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials.

<http://www.shsu.edu/dotAsset/728eec25-f780-4dcf-932c-03d68cade002.pdf>

Allegations of **student misconduct**, as defined in paragraph 5.2, Chapter VI of the *Rules and Regulations*, Board of Regents, The Texas State University System, and Sam Houston State University *Student Guidelines*, published by the Dean of Students' Office, will be referred to the Dean of Students' Office for necessary action. Dean of Students:

<http://www.shsu.edu/dept/dean-of-students/>.

**Academic Grievance Procedures for Students (AP 900823)**

*Recommended for inclusion on syllabi.* Academic grievances include disputes over course grades, unauthorized class absences/tardiness, suspension for academic deficiency, instructor's alleged unprofessional conduct related to academic matters, graduate comprehensive and oral exams, theses and dissertations, and withdrawal or suspension of privileges related to degree-required clinical rotation, internships, or other clinical service delivery in professional degree programs.

If the dispute is determined to be based upon professional judgment, the aggrieved student is entitled to have, as appropriate and in turn, the department/school chair, College Academic Review Panel, academic dean, Dean of Graduate Studies (for graduate student issues), and Provost and Vice President for Academic Affairs form an opinion about the dispute and so advise the individual(s) involved.

<http://www.shsu.edu/dotAsset/0bb1346f-b8d6-4486-9290-dba24123d0d8.pdf>

**Visitors in the Classroom**

Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

**Additional Resources:**

All SHSU Policies: <http://www.shsu.edu/intranet/policies/>

Student Guidelines <http://www.shsu.edu/students/guide/>

## COURSE CALENDAR

**Syllabus and Change Policy:** This is a tentative course calendar. Changes will be posted in advance on Blackboard and/or will be emailed via blackboard in advance.

<u>Date</u>	<u>Topic</u>	<u>Assignments</u>
	<b><u>Domestic Food Security</u></b>	Background Readings Per Expanded Calendar for each class
1/22	Definition and Measurement of U.S. Food Security	
1/29	Consequences of Food Insecurity	A Place at the Table
2/5	Factors Influencing Food Security <ul style="list-style-type: none"> <li>Journal Moderator Assignment (Background/Measurement) 3-4 Presenters</li> </ul>	Journal Discussion Assignment (Background/Measurement) 3-4 Presenters
2/12	Poverty and Food Insecurity <ul style="list-style-type: none"> <li>Journal Discussion Assignment (Background/Measurement) 3-4 Presenters</li> </ul>	Pinstrup-Andersen's presentation regarding ethics and food security policy <a href="http://www.ct11.com/publicaccess/ns4450-2008fall/ns4450-20081125-eng-pp-1/f.htm">http://www.ct11.com/publicaccess/ns4450-2008fall/ns4450-20081125-eng-pp-1/f.htm</a> Or See links below calendar <b>Ethics Essay Assignment DUE Sunday 11:59PM</b>
2/19	<ul style="list-style-type: none"> <li>Journal Discussion Assignment (Background/Measurement) 3-4 Presenters</li> </ul>	
2/26	Food Insecurity and health; includes Quality of Life; Psychosocial issues <ul style="list-style-type: none"> <li>Journal Discussion Assignment (Consequences of Food Insecurity) 3-4Presenters</li> </ul>	
3/5	Food Insecurity and Health (Continued) <ul style="list-style-type: none"> <li>Journal Discussion Assignment (Consequences of Food Insecurity) 3-4Presenters</li> </ul>	

3/12	Spring Break	
3/19	<p>Food Assistance Programs and Their Impacts</p> <p><a href="https://www.ers.usda.gov/webdocs/publications/82994/eib-169.pdf?v=42823">https://www.ers.usda.gov/webdocs/publications/82994/eib-169.pdf?v=42823</a></p> <ul style="list-style-type: none"> <li>Journal Discussion Assignment ( Programs/Action/Solutions) 3 -4Presenters</li> </ul>	
3/26	<p>Dietary Behaviors and Food Insecurity</p> <ul style="list-style-type: none"> <li>Journal Discussion Assignment ( Programs/Action/Solutions) 3 -4Presenters</li> </ul>	
4/2	<ul style="list-style-type: none"> <li>Journal Discussion Assignment ( Programs/Action/Solutions) 3 -4Presenters</li> </ul>	
	<b><u>Global Food Security</u></b>	Background Readings and Readings for Journal Moderators on Blackboard
4/9	Research Day – no meeting – Assignment will be added to Blackboard	
4/16	<p>Global Definitions and Measurement of Food Security</p> <ul style="list-style-type: none"> <li>Journal Discussion Assignment ( Global Topics) 3 -4Presenters</li> </ul>	
4/23	<p>Global Food Security, Global Conflict, and Policy</p> <ul style="list-style-type: none"> <li>Journal Discussion Assignment ( Global Topics) 3 -4Presenters</li> </ul>	
4/30	<p>Lecture Continued</p> <ul style="list-style-type: none"> <li>Journal Discussion Assignment ( Global Topics) 3 -4Presenters</li> </ul>	

**Required readings for each class day is in a separate file, posted on blackboard.**

<http://rockethics.psu.edu/events/the-ethics-of-food-security-1>

<http://www.cornell.edu/video/per-pinstrup-andersen-food-security-for-all>

<https://www.youtube.com/watch?v=65bqNHpb0tM> Can We End Hunger by 2030? Will We?

