

Sam Houston State University
College of Health Sciences, Department of Kinesiology
Spring 2018

I. COURSE INFORMATION

KINE 1331 Section 03
M/W 10:00-11:20AM
HKC 246

II. INSTRUCTOR CONTACT INFORMATION

Name: Rachael Wilcox
Email: rmw017@shsu.edu (email preferred, response within 48 hours)
Office: HKC – 220
Office Phone: 936-294-2647
Office Hours: Monday & Wednesday by appointment only

II. MATERIALS & REQUIRED TEXTS

Siedentop, D. & van der Mars, H. (2012). *Introductions to Physical Education, Fitness, and Sport*, 8th ed.; McGraw-Hill. ISBN: 9780078095771

III. COURSE DESCRIPTIONS & OBJECTIVES

Professionalism/Participation: It is expected that students be active, enthusiastic, and collegial participants during the semester. All work will be accessed and completed online via Blackboard; make sure you have access to an up-to-date computer to complete all assignments. **Late assignments will not be permitted for this course.**

Course Description:

KINE 1331 is a required course for the Degree of Kinesiology. This course serves as a base for all kinesiology courses. Units will include historical development, philosophical implications, physical fitness, scientific bases of movement, and educational values of kinesiology and career path options. *Credit 3.*

This course is NOT required for non-Kinesiology majors or minors; you can choose to take this course as an elective but the course focuses on the Kinesiology field and associated careers.

Course Overview:

The course will be divided into three areas:

1. Nature and scope of physical education, exercise science and sport;
2. Foundations of physical education, exercise science, and sport;
3. Career opportunities, issues and challenges.

Course Learning Objectives:

1. Describe the primary organizations that provide leadership in the various areas of interest related to kinesiology and sport.
2. Explain the sub-discipline areas related to kinesiology, exercise science, and sport.

3. Recognize the history of kinesiology (physical education), including the impact that various cultures have had on the development of this discipline.
4. Identify various leaders, both past and present, who have had or are having an impact on the various sub-disciplines related to the areas of interest.
5. State the impact that legislation has had on the profession, especially Title IX.
6. Explain various factors, which have contributed to changes in the profession (e.g. political, social, economic, religious, etc.).
7. Describe the physiological and psychological impact that various forms of movement can have on an individual or group.
8. Discuss the role of movement on the total development of the individual, especially within the confines of an educational system, but including young adults, middle age and the elderly.
9. Assess the personal satisfactions and rewards to be gained from working in the profession.

IV. TEAM-BASED LEARNING (TBL) INSTRUCTIONAL STRATEGY

- This class is conducted using the **TBL** format. Class sessions may involve any combination of the following: quizzes, lectures, guest speakers, videos, and group discussions/activities. Additionally, there will be group application projects, and in-class discussions. Assignments might be modified throughout the semester.
- Class attendance is imperative for successful completion of this course. It will be necessary to complete assigned readings on time, and come to class prepared to be quizzed on the material and discuss the particular topics being addressed to achieve a desirable grade. You are encouraged to ask questions during class. If you miss a class, it is your responsibility to inform your group members **PRIOR** to missing class and to meet with your group members to obtain any assignments/work you may have missed.

Course Communication

- I encourage all teams to share email addresses and phone numbers with one another for effective communication. Your group should determine your communication method at the beginning of the semester.
- If you need to contact your instructor, email is the best format. I typically respond to email within 24 hours (except weekends).

Technology Requirements

- Students will need at least one computer per group that has Microsoft Word capabilities and internet access.
- All assignments will be submitted through Blackboard for this course.
- Students will need access to Microsoft Word for writing assignments.

Class Procedures and Requirements

- As noted previously, this course will be taught using the **TBL** instructional strategy. The TBL format is a highly-structured strategy that involves the same process for every major unit of material in the course. The process is as follows:
 - 1) Student engages in out of class assigned reading,
 - 2) Student takes short readiness assurance test (RAT),
 - 3) Team takes same RAT,
 - 4) Appeals are conducted for incorrect answers on team RATs,
 - 5) Decision-based questions (DBQ) takes place for the unit,
 - 6) Team projects are completed for the unit.

- Teams will be assigned at the beginning of the semester and will remain intact for the duration of the course.
- Teams will conduct evaluations of members that will impact final grades (see evaluation criteria below).
- All group work is conducted during class time.

IV. ASSESSMENT & EVALUATION OF LEARNING OBJECTIVES

Evaluation Criteria

INDIVIDUAL POINTS		GROUP POINTS	
*Individual RAT X 5 (30 pts each)	150	Team RAT X 5 (60 pts each)	300
Career Research Project		*Projects X 5 (40 pts each)	200
Professional Interview	50	Project #1	
Research Paper	50	Project #2	
MIDTERM	50	Project #3	
*FINAL EXAM	100	Project #4	
		Project #5	
		**Group Evaluations	100
TOTAL POINTS BY CATEGORY	400		600
TOTAL POINTS AVAILABLE			1,000

*A minimum grade of 70% is required on individual components for you to earn ANY of the group points.

**Group evaluations are given by your teammates and reflect your group contribution to RATs, projects, and group discussion.

Grading Scale:

A= 90%

B= 80%

C= 70%

D= 0%

F = Below 0%

Examinations

Examinations will cover general topics encountered in the assigned readings, classroom discussions, and other assignments. The examination form could be in a combination of multiple choice, true/false, or short answer questions.

EVALUATION NOTES:

- All assignments **MUST** be submitted via Blackboard under the proper assignment link.
- Assignments sent via email **WILL NOT** be accepted unless pre-approval by the instructor.
- Papers are due on the date printed in the course outline unless otherwise notified.
- Late work **WILL NOT** be accepted unless pre-approved by the instructor.
- Make-up examinations **WILL NOT** be given unless pre-approved by the instructor.

Assignments are due at the beginning of the class period unless otherwise specified in the syllabus or in class. No late assignments will be accepted. Assignment dates and specifications are subject to change per instructor. If there is a change you will be informed in class and on Blackboard.

Major Assignments

Individual Assignment: Career Research Project

1. Professional Interview (50 points)

The professional interview assignment will give you an opportunity to get first-hand knowledge of your chosen profession. This assignment requires that you talk to a professional who is actually working in your field. The main goal of this interview is to gain a better understanding of the type of work you might be performing in the future. After you conduct the interview, you will provide the questions and paraphrased responses from your professional interview; the assignment **MUST** be submitted via Blackboard, the link can be found under Course Content/Career Research Assignment.

2. Research Paper (50 points)

The research paper should focus on the specific criteria required for a career in the chosen profession for this research project. You should include the educational requirements including internships; certifications if any, additional training or preparations, and information related to the general path to pursuing this career (e.g., salary, job outlook, progressions in field, etc.). There are several resources you should utilize in your research including the Student Advising and Mentoring (SAM) Center, Career Services, Newton Gresham Library, O*Net, internet, and any other reliable sources you may find; the assignment **MUST** be submitted via Blackboard, the link can be found under Course Content/Career Research Assignment.

The research paper is a *brief* report of the requirements for the field. APA formatting is required; the paper must be five (5) pages in length (Cover page, three written pages, and reference page) but no more than seven (7), using Times New Roman 12 point font, and 1" margins. A reference page is required with at least five references, including the professional interview. Also, for areas where you obtain information from outside sources (internet resources, library resources), it is expected that the sources will be correctly cited using APA format.

Papers received that are not appropriately cited, are assumed to be copied from another place or otherwise suspected of plagiarism will *at minimum* receive no credit for that portion of the paper. If you have any questions about how to cite resources, please feel free to ask me *before turning in your paper*. Specific guidelines for the Career Research Paper are posted on Blackboard under Course Content/Career Research Assignment.

Group Projects (40 pts each)

There are a total of five group projects within this course, one for each module. The first four projects correspond to sections of the textbook and the last group project will focus on careers within the Kinesiology field. Details about group projects will be explained in class prior to completion with additional information being provided on Blackboard. Group projects will be completed 100% in class (see schedule).

3. Project #1 – Module 1 and 2 combined (Chapters 1-3)

4. Project #2 – Module 3 (Chapters 4-6)

5. **Project #3 – Module 4 (Chapters 7-9)**
6. **Project #4 – Module 5 (Chapters 10-12)**
7. **Project #5 – Career Research Project**

Written work should:

- MUST use APA formatting.
- Be clear, well organized, concise, and free from grammatical and spelling errors.
- Be Typed (12 point) and double space with 1-inch margins on left and right. Paginate with page number in upper right hand corner. A cover page is required for all written assignments.
- Demonstrate a thorough analysis and include supporting evidence from course readings and additional resources (citations must be provided).

V. SHSU POLICIES

1. Classroom Attendance

Classroom attendance is taken for all class meetings. Please notify me in advance if you will be absent, tardy, or require early dismissal. According to the university policy, regular and punctual class attendance is expected of each student at SHSU. It is expected that each faculty member will keep a record of student attendance. Students are expected to show appropriate cause for missing or delaying major assignments or examinations.

A student shall not be penalized for three or fewer hours of absences [*one class period*] when examinations or other assigned class work have not been missed; however, a student may be penalized for more than three hours of absences at the discretion of the instructor. Class absences will be counted only from the actual day of enrollment for the individual student in that specific class. Academic Policy Statement 800401.

Attendance Policies:

Attending class, arriving for class on time, and remaining in class until the end of the class period is fundamental to academic success. You will not be permitted to enter class if you arrive more than five minutes late. You will also be counted absence if you leave class early, unless you obtain approval from the instructor. Seven or more absences will result in automatic failure of the course. Documentation for excused absences required within 7 days following absence, otherwise the absence would be documented as unexcused.

0 absences = 20 bonus points added to final grade

1 absence = 10 bonus points added to final grade

2-4 absences = 0 points

5 absences = 10 point reduction of final grade

6 absences = 20 point reduction of final grade

7 absences = results in automatic course failure

2. Student Absence Notification Policy (Dean of Students)

Distinction between non-emergency and emergency absences; included in this link is the Absence Notification Request Form: <http://www.shsu.edu/dept/dean-of-students/absence.html>

3. Use of Telephones and Text Messengers in Academic Classrooms and Facilities (AP 100728) and Classroom Rules of Conducts

<http://www.shsu.edu/dotAsset/6d35c9c9-e3e9-4695-a1a1-11951b88bc63.pdf>

Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process including cell phone usage, and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from using tobacco products, making offensive remarks, reading newspapers, sleeping, talking at inappropriate times, wearing inappropriate clothing, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be reported to the Dean of Students for disciplinary action in accordance with university policy.

4. Student Absences on Religious Holy Days (AP 861001)

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911 (a) (2) defines a religious holy day as: "a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20...." A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

<http://www.shsu.edu/dotAsset/0953c7d0-7c04-4b29-a3fc-3bf0738e87d8.pdf>

5. Students with Disabilities (AP 811006)

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail disability@shsu.edu). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. NOTE: No accommodation can be made until a student registers with the Services for Students with Disabilities.

<http://www.shsu.edu/dotAsset/187f9029-a4c6-4fb4-aea9-2d501f2a60f3.pdf>

Any student with a disability that affects his/her academic performance should contact the Office of Services for Students with Disabilities in the SHSU Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786) to request accommodations.

6. Procedures in Cases of Academic Dishonesty (AP 810213)

Students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials.

<http://www.shsu.edu/dotAsset/728eec25-f780-4dcf-932c-03d68cade002.pdf>

Allegations of **student misconduct**, as defined in paragraph 5.2, Chapter VI of the *Rules and Regulations*, Board of Regents, The Texas State University System, and Sam Houston State University *Student Guidelines*, published by the Dean of Students' Office, will be referred to the Dean of Students' Office for necessary action. Dean of Students: <http://www.shsu.edu/dept/dean-of-students/>.

7. Academic Grievance Procedures for Students (AP 900823)

Academic grievances include disputes over course grades, unauthorized class absences/tardiness, suspension for academic deficiency, instructor's alleged unprofessional conduct related to academic matters, graduate comprehensive and oral exams, theses and dissertations, and withdrawal or suspension of privileges related to degree-required clinical rotation, internships, or other clinical service delivery in professional degree programs.

If the dispute is determined to be based upon professional judgment, the aggrieved student is entitled to have, as appropriate and in turn, the department/school chair, College Academic Review Panel, academic dean, Dean of Graduate Studies (for graduate student issues), and Provost and Vice President for Academic Affairs form an opinion about the dispute and so advise the individual(s) involved.

<http://www.shsu.edu/dotAsset/0bb1346f-b8d6-4486-9290-dba24123d0d8.pdf>

Additional Resources:

All SHSU Policies: <http://www.shsu.edu/intranet/policies/>
Student Guidelines <http://www.shsu.edu/students/guide/>