



I. INSTRUCTOR CONTACT INFORMATION

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Office: HKC 221
Office Hours: by appointment only

II. MATERIALS & REQUIRED TEXTS

Siedentop, D. & van der Mars, H. (2012). *Introductions to Physical Education, Fitness, and Sport*, 8th ed.; McGraw-Hill. **ISBN:** 9780078095771

III. COURSE DESCRIPTIONS & OBJECTIVES

Kin 1331 is a required course for the Degree of Kinesiology and All-level Kinesiology Certification

The course will be divided into three areas:

- Nature and scope of physical education, exercise science and sport;
- Foundations of physical education, exercise science, and sport;
- Career opportunities, issues and challenges.

This course serves as a base for all kinesiology courses. Units will include historical development, philosophical implications, physical fitness, scientific bases of movement, and educational values of kinesiology and career path options. *Credit 3.*

On completion of this course, the student will competently:

1. Identify and describe the primary organizations that provide leadership in the various areas of interest related to kinesiology and sport.
2. List, define and briefly discuss the sub-discipline areas related to kinesiology, exercise science, and sport.
3. Discuss the history of kinesiology (physical education), including the impact that various cultures have had on the development of this discipline.
4. Identify and briefly discuss various leaders, both past and present, who have had or are having an impact on the various sub-disciplines related to the areas of interest.
5. Discuss the impact that legislation has had on the profession, especially Title IX
6. Identify and briefly discuss various factors which have contributed to changes in the profession (e.g. political, social, economic, religious, etc.).
7. Identify and briefly describe the physiological and psychological impact that various forms of movement can have on an individual or group.
8. Discuss the role of movement on the total development of the individual, especially within the confines of an educational system, but including young adults, middle age and the elderly.
9. List and briefly discuss personal satisfactions and rewards to be gained from working in the profession.

IV. ASSESSMENT & EVALUATION OF LEARNING OBJECTIVES

Total Possible Points (Tentative):

Assignment #1 - Student Introduction

Student Introduction/Interest Paper	20
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Assignment #2 – Group Discussion

Group Discussion - Facilitation	40
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Individual Reflection Paper (Group Discussion Topic)	40
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Assignment #3 – Career Research Project

Research Paper Topic & Sources	20
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Professional Interview	40
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Career Research Paper	40
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Career Research Presentation	40
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Quizzes and Exams

Quizzes	100
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Midterm	100
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Final Exam	100
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Total	540
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Grading Scale:

480-540	A	Excellent Work
426-479	B	Good Work
372-425	C	Acceptable Work
318-371	D	Not Acceptable Work
Below 318	F	Failing Work

Tests, Midterm, Final

The two exams will cover general topics encountered in the assigned readings, classroom discussions, and other assignments. The form will be a combination of multiple choices, true/false and short answer. The final will be not be a comprehensive exam.

V. COURSE ASSIGNMENTS (more detail will be provided on Blackboard):

1. **Assignment #1: Student Introduction/Interest Paper** – total of 20 points.

Students will write a one-page paper highlighting their interests within the kinesiology field. Explain why you have chosen the kinesiology field as a career path and what you intend to do after you graduate. State your major, if applicable, and expected graduation date. If you are not a kinesiology major then explain why you are taking the class and what you would like to get out of the course. Kinesiology majors should explain which discipline (Physical Education, Exercise Science, or Sport) they intend to pursue, if known, or intended discipline. Students will present their interests to the class in a brief and informal presentation; no more than five minute

per introduction. The paper and introduction will serve as a basic foundation for which the course content will be based.

The paper should be one-page, double spaced using 12 pt font. Paper will be due on Blackboard at the beginning of class on Tuesday January 23rd. Presentations to follow. Template provided on Blackboard.

2. **Assignment #2: Group Discussion Facilitation & Individual Reflection Paper** – total of 80 points (40 points for paper and 40 points for presentation).

Students (groups) will choose an article or video relative to the chapter topic being presented and discussed in class. Students will be assigned to groups; groups will use the article or video as a basis for discussion within the class. Groups will facilitate a 10-15 minute discussion using the article or video. As a group, prepare questions and discussion items for the class.

Students will submit their own reflection paper on the topic chosen. A one to two page reflection paper will be due at the beginning of the class on the date assigned to your group. The paper should be one to two full pages, double spaced using 12-point font in Times New Roman. Groups, topics, and dates to be determined in class.

3. **Assignment #3: Career Research Project** – total of 140 points (20 topic & sources, 40 points for interview, 40 points for paper, and 40 points for presentation).

There are three parts of the career research project: professional interview, *brief* research paper, and research presentation.

Research Topics & Sources (20 points)

Students will research one of the three disciplines (physical education, exercise science, or sport) of the kinesiology field or one of the sub-disciplines (reviewed in Meaning & Scope presentation). Additional topics will be considered with approval of the instructor. The project will serve as a basis for career exploration within the kinesiology field. A minimum of five sources *plus* the professional interview are required for the research paper. Students will submit their chosen topic and the five sources that will be used within the research paper, in addition, they will list the individual and contact information for the professional interview.

Professional Interview (40 points)

The interview assignment will allow you to get first-hand knowledge of your chosen profession. This assignment requires that you talk to a person who is actually working in your field and provide the questions and answers that you report describing the results of your interview. The main goal of this interview is to gain a better general understanding of the type of work you may be performing in the future.

Research Paper (40 points)

The research paper should focus on the specific criteria required for a career in your chosen discipline or sub-discipline you plan to pursue after graduation or are interested in researching. You should include the educational requirements including internships; certifications if any, additional training or preparations, and information related to the general path to pursuing this career (e.g., salary, job outlook, progressions in field, etc.). There are several resources you should utilize in your research including the Student Advising and Mentoring (SAM) Center,

Career Services, Newton Gresham Library, O*Net, internet, and any other reliable sources you may find.

The research paper is a *brief* report of the requirements for the field. APA formatting is required; the paper must be two (2) pages in length but no more than three (3), using Times New Roman 12 point font, and 1" margins. A reference list is required (at least 5 references, including the interview – only 3 can be internet). Also, for areas where you obtain information from outside sources (internet resources, library resources), it is expected that the sources will be correctly cited using APA format.

Papers received that are not correctly cited, are obviously copied from another place or otherwise suspected of plagiarism will *at minimum* receive no credit for that portion of the paper. If it is corrected by the final draft of the paper, you will not be penalized for that final draft. If you have any questions about how to do this that have not been answered by those resources provided above, please feel free to ask me *before turning in your paper*. Specific guidelines for Career Research Paper will be posted on Blackboard.

Research Presentation (40 points)

The research presentation is a summary of the findings from your research project including the professional interview, the research paper, and any personal information explaining your career interests. The presentation should include your research topic as well as a brief explanation of why you chose to research the discipline or sub-discipline. The presentation should be 5-7 minutes in length. The presentation should include a power point or prezi presentation slide show.

Career Research Project Timelines

<i>Career Research Project</i>	<i>Description</i>	<i>Due Date</i>
<i>Research Topic & Sources</i>	Students choose one of the kinesiology disciplines or subdisciplines for research paper (chosen field). Minimum of five sources to be provided; where you plan to obtain your information for your paper.	February 22 nd
<i>Professional Interview</i>	Conduct professional interview with someone in the field you plan to pursue.	March 20 th
<i>Research Paper</i>	Submit your final research paper on Blackboard; research papers will be submitted to Turnitin.	April 10 th
<i>Research Presentations</i>	In-class research presentations	April 24 th – May 3 rd

NOTE:

1. Papers are due on the date printed in the course outline unless otherwise notified.
2. Late work **WILL NOT** be accepted unless pre-approved by the instructor
3. Make-up exams **WILL NOT** be given unless pre-approved by the instructor.
4. The syllabus is subject to change pending notification.

Written work should:

- Be clear, well organized, and concise and free from grammatical and spelling errors.
- Be Typed (12 point) and double space with 1 inch margins on left and right, with name, date, course in upper right hand corner. Paginate with page number in upper right hand corner and a staple in upper left corner. Cover pages are optional on all assignments.
- Demonstrate a thorough analysis and include supporting evidence from course readings and additional resources (citations must be provided).

The Sam Houston Writing Center provides one-on-one help with your writing assignments. The Center is open from 8 a.m. to 7 p.m. Monday through Thursday, 8 a.m. to 3 p.m. Friday, and 2-7 p.m. on Sunday. They are located in Farrington Room 111. It is not necessary to schedule an appointment; however, you may call 936-294-3680, twenty-four hours in advance to schedule one. Their email address is wctr@shsu.edu.

Assignments are due by 11:59PM unless otherwise specified in the syllabus or in class. No late assignments will be accepted. Assignment dates and specifications are subject to change per instructor. If there is a change you will be informed in class and on Blackboard.

VI. **COURSE SCHEDULE** – To be provided following student introductions presentations.

VII. **SHSU POLICIES, see also:** <http://www.shsu.edu/syllabus/>

1. **Attendance** is taken for all class meetings. Please notify me in advance if you will be absent, tardy, or require early dismissal. According to the university policy, regular and punctual class attendance is expected of each student at SHSU. It is expected that each faculty member will keep a record of student attendance. Each faculty member will announce to his/her classes the policies for accepting late work (see bottom of syllabi). Students are expected to show appropriate cause for missing or delaying major assignments or examinations. A student shall not be penalized for three or fewer hours of absences [*one class period*] when examinations or other assigned class work have not been missed; however, a student may be penalized for more than three hours of absences at the discretion of the instructor. Academic Policy Statement 800401.

Attendance/Participation Policies:

Attending class, arriving for class on time, and remaining in class until the end of the class period is fundamental to academic success. You will not be permitted to enter class if you arrive more than 5 minutes late. You will also be counted absence if you leave class early, unless you obtain approval from the instructor. Official documentation is required for any absence to be excused. This documentation must be presented to the instructor within 7 days of the absence. Each class a roll sheet will be handed out and IT IS THE STUDENT'S RESPONSIBILITY TO SIGN FOR ATTENDANCE TO BE COUNTED FOR THAT CLASS (the same signature must be used for each roll sheet). Failure to sign the roll sheet during that class day will be counted as an absence. Absences will affect the final grade in the following manner:

0 absences = 15 bonus points

1 absences = 10 bonus points

2-5 absences = 0 bonus points

7 or more absences will result in failure of the course

- 2. Classroom Rules of Conduct:** Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from eating in class, using tobacco products, making offensive remarks, reading newspapers, sleeping, talking at inappropriate times, wearing inappropriate clothing, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be reported to the Dean of Students for disciplinary action in accordance with university policy.
- 3. Academic Honesty:** Academic work submitted by you (such as papers, assignments, reports, tests) shall be your work alone and referenced in part or in whole to its correct source. Submission of commercially prepared (or group prepared) materials as your own work is unacceptable. Moreover, you shall encourage honesty in others by refraining from providing materials or information with knowledge that these materials or information will be used improperly. Violation of these academic standards may result in removal or failure. Please see the *SHSU Undergraduate Catalog* and the *Publication Manual of the American Psychological Association*. Students are expected to use conventions noted in the APA Publication Manual, 5th edition, for citing sources. Academic Policy Statement 810213.
- 4. Students with Disabilities Policy:** It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail disability@shsu.edu). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. If you have a disability that may affect adversely your work in this class, then I encourage you to register with the SHSU Services for Students with Disabilities and to talk with me about how I can best help you. All disclosures of disabilities will be kept strictly confidential. NOTE: No accommodation can be made until you register with the Services for Students with Disabilities. For a complete listing of the university policy, see: <http://www.shsu.edu/dept/academic-affairs/documents/aps/students/811006.pdf>

- 5. Student Absence on Religious Holy Days Policy - Section 51.911(b) of the Texas Education Code** requires that an institution of higher education excuse a student from attending classes or other required activities, including examination, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for the absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable time frame in which the missed assignments and/or examinations are to be completed.

- 6. Visitors in the Classroom:** Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.
- 7. Academic Honesty:** Academic honesty is expected in all work. Ignorance is not an excuse. Penalties will include 0 points for the assignment or exam and loss of any extra credit opportunities. First instance will result in a 0 on the assignment and the incident being noted. Second instance will result in failing the class, and both incidents will be reported. Remember that self-plagiarism (using something you did) is also considered academic dishonesty.

The subject of academic honesty is addressed in paragraph 5.3, Chapter VI, of the Rules and Regulations, Board of Regents, The Texas State University System, and Sam Houston State University Student Guidelines published by the Office of Student Life to wit:

5.3 Academic Honesty. The University expects all students to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action.

5.31 The University and its official representatives, acting in accordance with Subsection 5.32, may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating, plagiarism, collusion, and the abuse of resource materials.

"Cheating" includes the following and similar actions:

- (1) Copying from another student's test paper, laboratory report, other report, or computer files, data listings, and/or programs.
- (2) Using, during a test, materials not authorized by the person giving the test.
- (3) Collaborating, without authorization, with another student during an examination or in preparing academic work.
- (4) Knowingly, and without authorization, using, buying, selling, stealing, transporting, soliciting, copying, or possessing, in whole or in part, the contents of an unadministered test.
- (5) Substituting for another student, permitting any other person, or otherwise assisting any other person to substitute for oneself or for another student in the taking of an examination or test or the preparation of academic work to be submitted for academic credit.
- (6) Bribing another person to obtain an unadministered test or information about an unadministered test.

(7) Purchasing, or otherwise acquiring and submitting as one's own work any research paper or other writing assignment prepared by an individual or firm. This section does not apply to the typing of the rough and/or final versions of an assignment by a professional typist.

5.32 "Plagiarism" means the appropriation and the unacknowledged incorporation of another's work or idea into one's own work offered for credit.

5.33 "Collusion" means the unauthorized collaboration with another person in preparing work offered for credit.

5.34 "Abuse of resource materials" means the mutilation, destruction, concealment, theft or alteration of materials provided to assist students in the mastery of course materials.

"Academic work" means the preparation of an essay, dissertation, thesis, report, problem, assignment, or other project that the student submits as a course requirement or for a grade.

Self-plagiarism represents a significant problem in academia as it serves to undermine the learning process and outcomes that are a key feature of each course that is offered as a part of a student's curriculum. As a result, the Department of Kinesiology has a strict policy in place to prevent self-plagiarism in the classroom. Self-plagiarism is defined as the submission of any type of assignment that contains content that is recycled from other assignments or a prior publication that one submits for course credit in another course.

Each instructor is provided the discretion to evaluate whether a student has engaged in self-plagiarism on a course assignment. If a student is unsure whether use of prior content would constitute self-plagiarism, they must consult with the instructor of the course within a reasonable period of time prior to the due date of the assignment. In most cases, this consultation should take place a minimum of 10 business days prior to submission. Following submission of the assignment, if the instructor deems that the student has engaged in self-plagiarism, he or she has the right to state that the student has violated Section 5.3 of The Texas State University Rules and Regulations dealing with Academic Honesty and the student is thereafter subject to any and all penalties and punishments present in the policy. This may include failure of the assignment and/or failure of the course. Additionally, the student may be referred to the Department Chair of Kinesiology, the Dean of the College of Health Sciences, the Dean of Students, and/or the Provost and Vice-President for Academic Affairs for further academic review.

8. ACADEMIC GRIEVANCE PROCEDURES FOR STUDENTS (AP 900823)

Academic grievances include disputes over course grades, unauthorized class absences/tardiness, suspension for academic deficiency, instructor's alleged unprofessional conduct related to academic matters, graduate comprehensive and oral exams, theses and dissertations, and withdrawal or suspension of privileges related to degree-required clinical rotation, internships, or other clinical service delivery in professional degree programs.

If the dispute is determined to be based upon professional judgment, the aggrieved student is entitled to have, as appropriate and in turn, the department/school chair, College Academic Review Panel, academic dean, Dean of Graduate Studies (for graduate student issues), and Provost and Vice President for Academic Affairs form an opinion about the dispute and so advise the individual(s) involved.

<http://www.shsu.edu/dotAsset/0bb1346f-b8d6-4486-9290-dba24123d0d8.pdf>

