



**KINE 3367.01
Lifespan Motor
Development Spring 2018**

**College of Health Sciences
Department of Kinesiology**

Instructor:

Dr. Jessica M. Payne
Mafrige Fieldhouse Room 321B
936-294-4459
E-mail: jmp001@shsu.edu

Office hours: By Appointment only

Day and time the class meets:

M/W 12 – 1:20 pm

Location of class: HKC 237

Course Description: This course explores the theories of motor development and the applications of these theories to identify continuous processes of motor behavior across the lifespan. The factors mediating human growth and development will be applied. The course focuses on the relationships among growth, gender, maturation, motor performance and the person's context. The critical developmental considerations, with respect to planning and directing movement experiences for individuals across the lifespan, will be emphasized in the course. Credit 3. ***Prerequisite: Junior standing.***

This experience, it is hoped, will help you see yourself as a positive force in the workforce and deepen your understanding of your role as an health care professional. ***Community Engagement:*** ***In this course, you will not only learn knowledge and skills, but also actively use them to make a difference in your community to improve quality of life. This experience, it is hoped, will help you see yourself as a positive force in this world and deepen your understanding of your role as a productive citizen.***

A minimum of eight hours will be spent in observations in a public setting. Assignments include reflections of this experience. For specific requirements see the Observation section of this syllabus.

IDEA Objectives: In this course, our focus will be on these major objectives (as assessed by the IDEA course evaluation system):

- ☐ Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
- ☐ Learning to apply course material (to improve thinking, problem solving, and decisions)

Recommended Text (not required):

Haywood, K. & Getchell, N. (2014). *Life Span Motor Development (6th ed.)*. Human Kinetics: Champaign, IL.

Recommended Reading and Bibliography:

Clark, J.E. (2005). From the beginning: A developmental perspective on movement and mobility. *Quest*, 57, 37-45.

Coker, C.A. (2013). *Motor Learning and Control for Practitioners, with Online Labs 3rd ed.* Holcomb Hathaway.

Darst, P.W., Pangrazi, R.P, Sariscsany, M.J., and Brusseau, T.A. (2012). *Dynamic Physical Education for Secondary School Student 8th ed.*

Jensen, J. (2005). The puzzles of motor development: How the study of developmental biomechanics contributes to the puzzle solutions. *Infant and Child Development*, 14(5), 501-511.

Payne, V.G., & Isaacs, L.D. (2012). *Human motor development: A lifespan approach (8th ed.)*. New York: McGraw-Hill. Additional student resources are available at the Online Learning Center (www.mhhe.com/payne8e).

Rink, J.E. (2013). *Teaching Physical Education for Learning (7th ed.)*. McGraw-Hill Education. ISBN-13: 978-0078022692

Course Format:

This course will be taught through writing, lecture, modeling, small group work, cooperative learning, online activities, in class activities and field experience. To be successful, students are encouraged to manage time and put great effort into their assignments.

Course Goals and Student Learning Objectives

To provide the student with knowledge of the:

- Goals and objectives of the discipline of motor development
- Common terms in motor development
- Lifespan motor development "stages" and their characteristics.
- Scientific literature in the field of motor development
- Related cognitive, social, and moral development theory and implications for motor development

To provide the student with the ability to:

- Practically apply the knowledge gained concerning motor development
- Critically analyze research and theory prominent in motor development

Each student must actively engage in the learning process. Be an active learner by:

- attending each scheduled class;
- arriving on time
- coming alert and ready to learn
- being willing to take chances by speaking up in class
- reading assignments before class
- **Turning off and storing all cell phones and other electronic devices in lecture.**

Course Requirements

Attendance Policy

Regular and punctual attendance is required for class, seminars, and field experiences. The three hours of absence provided by university policy should be used carefully **for illness and emergencies**.

Attendance (absences, tardies, early exits) will be documented each day. On the second absence, a letter will be sent to the Chair of the Department of Kinesiology. This letter will be added to your file. On the third absence, you will be invited to a meeting where we will discuss your ability to successfully complete this class. In addition, a letter will be sent to the Professional Concerns Committee. This letter will also be added to your file. This information will also be used to decide borderline grades and to write letters of recommendation. Students should discuss each absence with the instructor. For further information, see the following link:

<http://www.shsu.edu/dotAsset/b719129b-9593-424f-9d5a-920e2eda6890.pdf>

Student Absence Notification Policy (Dean of Students)

There is a distinction between non-emergency and emergency absences; please refer to this link and the Absence Notification Request Form: <http://www.shsu.edu/dept/dean-of-students/absence.html>

Student Absences on Religious Holy Days (AP 861001)

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911 (a) (2) defines a religious holy day as: “a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20....” A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

Late Assignment Policy

Because your active participation is so important, it is imperative that all assignments be submitted on dates due. Electronically submitted assignments will be considered “on time” if submitted by midnight on the due date, unless otherwise noted (*NOTE*: All due dates/times are based on Central Standard Time). Submission of work after midnight will be considered late.

Late assignments may receive a **10% deduction in points for each day late**. Recognizing that “extenuating circumstances” may occur, documentation of reason for late work may be submitted to instructor for consideration of reinstating original possible points. All assignments must be completed in order to receive a grade for this course.

Assignment Re-Dos

You will be asked to re-do assignments that do not meet expectations. Focus on **GROWTH not GRADES!** However, we know that grades are important. For this reason, you will have the opportunity to “fix, re-do, do-over” your assignments and still preserve a quality grade. This is for a grade less than a **“B” or 80%**. You will need to schedule an appointment with me to discuss your options for a possible re-do. I will give you a timeline for each specific re-do.

Daily grades are given for in-class assignments. **In-Class assignments cannot be made up, so attendance is essential.** Assignments need to be turned in on the due date. If for some reason you are unable to bring in an assignment, email it, or have a friend bring it in when it is due. **Late work may result in deductions from your grade.**

I will only take responsibility for having handouts and materials at class on the day initially provided. If you have to be absent, be sure you have arranged for a peer to obtain materials for you. **Check Blackboard regularly for announcements and materials.**

Tardies and early exits are defined as 15 minutes. If a candidate is fifteen minutes or more late to class or leaves class fifteen minutes or more before class is over, an absence will be recorded. A candidate who shows a pattern of being a few minutes late (but less than 15) will be notified that continuation of that pattern will result in being counted absent and that procedures for being absent will be followed.

Students with Disabilities (AP 811006)

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail disability@shsu.edu). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. *NOTE*: No

accommodation can be made until a student registers with the Services for Students with Disabilities.

<http://www.shsu.edu/dotAsset/187f9029-a4c6-4fb4-aea9-2d501f2a60f3.pdf>

Use of Telephones and Text Messengers in Academic Classrooms and Facilities (AP 100728)

Telephones and text messaging in the classroom and during testing periods is prohibited. If you have to take a call or make a call for emergency considerations please excuse yourself from the room and take care of your business in the hallway. See the following link for more information:

<http://www.shsu.edu/dotAsset/6d35c9c9-e3e9-4695-a1a1-11951b88bc63.pdf>

Procedures in Cases of Academic Dishonesty (AP 810213)

Students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials. **Academic Dishonesty policy:** see

<http://www.shsu.edu/students/guide/>

And <http://www.shsu.edu/dotAsset/728eec25-f780-4dcf-932c-03d68cade002.pdf>

Allegations of **student misconduct**, as defined in paragraph 5.2, Chapter VI of the *Rules and Regulations*, Board of Regents, The Texas State University System, and Sam Houston State University *Student Guidelines*, published by the Dean of Students' Office, will be referred to the Dean of Students' Office for necessary action. Dean of Students: <http://www.shsu.edu/dept/dean-of-students/>.

Academic Grievance Procedures for Students (AP 900823)

Academic grievances include disputes over course grades, unauthorized class absences/tardiness, suspension for academic deficiency, instructor's alleged unprofessional conduct related to academic matters, graduate comprehensive and oral exams, theses and dissertations, and withdrawal or suspension of privileges related to degree-required clinical rotation, internships, or other clinical service delivery in professional degree programs.

If the dispute is determined to be based upon professional judgment, the aggrieved student is entitled to have, as appropriate and in turn, the department/school chair, College Academic Review Panel, academic dean, Dean of Graduate Studies (for graduate student issues), and Provost and Vice President for Academic Affairs form an opinion about the dispute and so advise the individual(s) involved.

<http://www.shsu.edu/dotAsset/0bb1346f-b8d6-4486-9290-dba24123d0d8.pdf>

Visitors in the Classroom

Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

Additional Resources:

All SHSU Policies: <http://www.shsu.edu/intranet/policies/>

Student Guidelines <http://www.shsu.edu/students/guide/>

Professionalism

Attendance, punctuality, the quality of your interactions with professors, colleagues and public school teachers and officials, and the quality and timeliness regarding completing assignments all determine your professionalism, which in turn, signals your readiness to advance to the next stage of your career. When visiting a local public or private institutions please consider the following statements as guidelines for professionalism:

Student (of public/private schools) Interaction Policy: Relates to **Sam Houston State University Academic Policy Statement 100728**

- ☐ Do NOT communicate with any public school student inside or outside school unless it concerns academics or classroom learning.
- ☐ Do NOT text/e-mail students or access student MySpace, Facebook or other social media sites.
- ☐ Do NOT call students on their cell phones or home phones.
- ☐ Contact with students outside of school is prohibited.
- ☐ Do NOT give students rides or socialize with them or their families.

Student Syllabus Guidelines

- SHSU Academic Policy Manual -- Students
 - [Procedures in Cases of Academic Dishonesty #810213](#)
 - [Disabled Student Policy #811006](#)
 - [Student Absences on Religious Holy Days #861001](#)
 - [Academic Grievance Procedures for Students # 900823](#)
- SHSU Academic Policy Manual – Curriculum and Instruction
 - [Use of Telephones and Text Messagers in Academic Classrooms and Facilities #100728](#)
- Visitors in the classroom - Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance.

Course Evaluation: Your learning will be assessed based on the following assignments:

Assignment Title	Description	Points
Research, Analysis and Application	Group and Individual Research and Presentation of Systems, Stages of Growth and Motor Skills to class	400
Exams	There will two exams: 1) Midterm and 2) Final	400 (2 @ 200 pts.)
Quizzes, In Class Assignments, Class Participation, Observations	Formative Assessments, In-class discussions, 8 hrs. observations, and class participation (Professionalism)	200 pts.
Total		1000

Grading Scale

A = 900 or above

B = 800-899

C = 700-799

D = 600-699

F = 599 or below