

**KINE 2330/HLTH 2330- AMERICAN RED CROSS: CPR, STANDARD FIRST AID, AED TRAINING, AND
RESPONDING TO EMERGENCIES
SPRING 2018
College of Health Sciences
Department of Kinesiology**

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**Text/Readings: American Red Cross First Aid/CPR/AED Participant's Manual
Updated: 2016**

Course Description: This course is designed to provide students with a thorough knowledge of standard/advanced first aid skills, cardiopulmonary resuscitation, and practical application of the skills needed in the event of a life-threatening emergency.

Standards Matrix:

Objectives/Learning Outcomes	Activities (* indicates field-based activity)	Performance Assessment	Standards: • <u>State Standards</u> • <u>Specialty Organization Standards</u> • <u>Conceptual Framework #</u>
#1 Students will demonstrate their understandings of taking action and deciding which for of care is best for the victim	Watch sections 1&2 of American Red Cross Video	Demonstrate Skills and Scenarios Response Quiz	<i>Red Cross Standards</i>
#2 Improve personal judgments involving quick decision making.	Scenarios from Red Cross, Instructor's scenarios and Red Cross videos.	Scenarios Response Quiz	<i>Red Cross Standards</i>
#3 Increase safety awareness and knowledge.	Scenarios from Red Cross, Instructor's scenarios and Red Cross videos.	Scenarios Response Quiz	<i>Red Cross Standards</i>
#4 Render aid in accordance with standard and advanced first aid.	Scenarios from Red Cross, Instructor's scenarios and Red Cross videos.	Scenarios Response Quiz	<i>Red Cross Standards</i>
#5 Perform practical	Practical Test Scenarios Group Project	Skills Checklist Group Project Grade	<i>Red Cross Standards Group grading standard</i>

skills in the areas of: 1) CPR 2) Conscious choking 3) Unconscious choking 4) Applying and removing latex gloves 5) AED use 6) Bandaging 7) Splinting 8) Treatment of injuries			
#6 Become certified in CPR, SFA, Responding to Emergencies, and AED training.	Skill test, written test, and quiz	Written and practical tests	<i>Red Cross standards</i>
#7			
#8			
#9			
#10			
#11			
#12			
#13			
#14			

Web address for **state standards**: _____

Web address for **specialty organization standards**: www.redcross.org _____

Web link for **Conceptual Framework**: _____

IDEA Objectives:

In this course, our focus will be on these major objectives (as assessed by the IDEA course evaluation system):

1. How to properly perform all skills including CPR, First Aid, and AED
2. Becoming more aware of your surroundings (noticing when people are in trouble, choking, unconscious etc.)

Course Content: "Tentative"

Week 1: Introduction and syllabus, course records

Week 2: Before Giving Care and Checking an injured or ill person

Week 3: Cardiac Emergencies and Giving CPR

Week 4: Using an AED

Week 5: Choking

Week 6: Sudden Illness

Week 7: Injuries

Week 8: Environmental Emergencies

Week 9: Conclusion

Week 10: Practicals

Week 11: Practicals

Week 12: Practicals

Week 13: Practicals

Course Requirements:

1. **Participation.** Each CPR/ First Aid video the student watches will accompany a worksheet to fill out as you are viewing. It is your responsibility to retrieve the information needed, as these will also help for your exam (s).
2. **Group work.** Each student will retrieve a partner to conduct the practical training of real life incidents which will involve: CPR (Rescue Breaths, choking, AED, checking a conscious adult/ child, and anything else as instructed by the professor.)
3. **Practical Exams.** Each student will be required to complete three (3) practical exams. Each objective exam is worth 100 points. These exams consist of Conscious Choking, Unconscious Choking, and CPR for the Adult, Child and Infant.
4. **Written Exams.** Each student will be required to pass six (6) written exams. The exams include the following skill areas: Before giving care (100 points); 3 CPR: Adult, Child, and Infant (100) Points; AED (100 points); First Aid Component (150 points).
5. **Attendance.** Each student is required to attend every class. Each day after the second day missed a total of ten points will be deducted from your total points.
6. **CPR/ First Aid Certification.** After the last week the student will need to E-Mail the instructor in order to receive your CPR/First Aid card on the last day of class. If you do not E-Mail the instructor by the specific date you will NOT receive your cards.

ARC Certification Requirements: These are the requirements for becoming CPR/ First Aid Certified, if you would like this you will need to make arrangements with the instructor.

1. Students must maintain an exam average of **80%** on all exams.
2. Students must pass CPR and SFA practical exams.
3. Students must not miss more than **2 days class days.**
4. **OPTIONAL** – Pay \$19 for the certification

Course Evaluation (* indicates field-based activity):

Your final grade will be determined by the number of points you earn as described in the following section:

The grading scale is as follows:		1000-900=A
Exams (3 X 100 points)	300	800-899=B
Quizzes (5 X 100 points) (1 X 150pts)	650	700-799=C
Attendance / Participation	50	600-699=D
TOTAL POINTS	1000	BELOW 600=F

Attendance Policy:

1. In order to get certified you can miss no more than 2 class days.
2. More than 2 absences will affect your grade in the following manner:
 - 3 unexcused absences = reduction of final grade by one letter
 - 4 unexcused absences = reduction of final grade by two letters
 - 5 unexcused absences = reduction of final grade by three letters
 - 6 unexcused absences = failure

Student Guidelines:

- Responsible for learning any material that was missed.
- Wear appropriate clothing. We will be on the floor so be prepared to be on your knees etc.
- Remove nose, ear, lip, and other body piercings when working with mannequins.
- Refrain from chewing gum/eating in class while working with mannequins.
- Remove lipstick or lip-gloss before practice with mannequins.
- Turn off cell phones and keep them put away at all times.
- Show up before roll has been called. If the student is not present when the roll is called, it will count as an unexcused absence.
- Show up before the quiz has been handed out.
- Assist in set-up and removal of equipment. If the student does not show respect, the teacher has the right to determine the consequences.

ACADEMIC DISHONESTY

Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. *See student syllabus guidelines.*

CLASSROOM RULES OF CONDUCT

Students are expected to assist in maintaining a classroom environment that is conducive to learning. Students are to treat faculty and students with respect. Students are to turn off cell phones with in classroom. Under no circumstances are cell phones or any electronic devices to be used or seen during time of examination. Students may tape or record lectures provided they do not disturb other students in the process.

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

STUDENTS WITH DISABILITIES POLICY:

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail disability@shsu.edu). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. If you have a disability that may affect adversely your work in this class, then I encourage you to register with the SHSU Services for Students with Disabilities and to talk with me about how I can best help you. All disclosures of disabilities will be kept strictly confidential. NOTE: No accommodation can be made until you register with the Services for Students with Disabilities. For a complete listing of the university policy, see:

<http://www.shsu.edu/dept/academic-affairs/documents/aps/students/811006.pdf>

AMERICANS WITH DISABILITIES ACT

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

POLICY ON SELF-PLAGIARISM

Self-plagiarism represents a significant problem in academia as it serves to undermine the learning process and outcomes that are a key feature of each course that is offered as a part of a student's curriculum. As a result, the Department of Kinesiology has a strict policy in place to prevent self-plagiarism in the classroom. Self-plagiarism is defined as the submission of any type of assignment that contains content that is recycled from other assignments or a prior publication that one submits for course credit in another course.

Each instructor is provided the discretion to evaluate whether a student has engaged in self-plagiarism on a course assignment. If a student is unsure whether use of prior content would constitute self-plagiarism, they must consult with the instructor of the course within a reasonable period of time prior to the due date of the assignment. In most cases, this consultation should take place a minimum of 10 business days prior to submission. Following submission of the assignment, if the instructor deems that the student has engaged in self-plagiarism, he or she has the right to state that the student has violated Section 5.3 of The Texas State University Rules and Regulations dealing with Academic Honesty and the student is thereafter subject to any and all penalties and punishments present in the policy. This may include failure of the assignment and/or failure of the course. Additionally, the student may be referred to the Department Chair of Kinesiology, the Dean of the College of Health Sciences, the Dean of Students, and/or the Provost and Vice-President for Academic Affairs for further academic review.

Bibliography:

American Red Cross First Aid/CPR/AED Participant's Manual
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