



SYLLABUS: HLTH 2383W (Spring 2018)

Course Information

Course: HLTH 2383 Multicultural Health Issues
Term: Spring 2018
Meeting days: Monday-Wednesday-Friday 9:00am
Instructor: Courtney Wallace
Email address: cwallace@shsu.edu
Office hours: By Appointment
Office location: CHSS 452K

Course Description

This course addressed health issues and problems that various ethnic groups face in the United States. Cultural differences in health behaviors, health care access, and promotion and prevention programs are emphasized.

You will gain the necessary cognitive information through readings, media, discussion, lecture, and activities. Throughout the course, students will have opportunity to analyze their own attitudes and behaviors. Additionally, the course will allow you opportunity to analyze and discuss prominent societal and policy issues. For these reasons, it is important that you be in class.

Prerequisites

None

Textbook and/or Resource Material

Multicultural Health (2017) by Lois A. Ritter and Donald H. Graham 2nd Edition Only
ISBN: 9781284021028 (required) - No access code/card needed
Students are responsible for all handouts and information handed out and on blackboard.

This is a "W" course, which means that at least 50 percent of your course grade will be derived from writing activities designed to help you master course objectives;

A computer must be used for this class to complete your assignments. Assignments do not need to be done on tablets (they do not work with some of the programs with blackboard). If you are using a MAC, please make sure you convert all documents before submitting. If I am unable to open your documents, you will receive a zero. **ALL assignments will be done in WORD ONLY.** I will not accept assignments done in any other programs.

Course Objectives

Objectives/ Learning Outcomes	Activities (* indicates field-based activity)	Performance Assessment
To describe the dimensions of wellness	Lecture Class activities	Test Project Thought Worksheet
Describe the various ways in which diversity an culture impacts health education	Lecture Class activities Assigned Readings	Test Research Paper/Project Thought Worksheet
Discuss various factors that influence access to healthcare	Lecture Class activities Assigned Readings	Test Research Paper/Project Thought Worksheet
Plan a health promotion intervention for a diverse population	Lecture Class activities Assigned Readings	Test Research Paper/Project Service Learning Project
Identify the various family roles within cultures and discuss their impact on health	Lecture Class activities Guest Lecture Assigned Readings	Test Research Paper/Project
Discuss the impact of socio-economic factors on health status	Lecture Class activities Guest Lecture Assigned Readings	Test Research Paper/Project
Discuss barriers to multicultural health promotions programming	Lecture Class activities Guest Lecture Assigned Readings	Test Project/Paper Service Learning
Discuss the relationships among race, culture, ethnicity, gender, and chronic/infectious diseases	Lecture Class activities Assigned Readings	Test Research Paper/Project

Explore career opportunities	Lecture	Philosophy Service Learning Project
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Course Topics, Readings, Assignments and Exams

Meet & Greet/Syllabus – This is the first assignment for this class on blackboard. I would like for you to tell me about yourself and submit this assignment on blackboard. This will help me get to know you and also help make sure you understand how to submit assignments on blackboard. Due 1/26 @ 5pm on blackboard.

Thought Worksheets/Chapter Quiz & Assignments (Chapters 1-6&13) You will be answering questions about each chapter before we discuss them or take a quiz so you are prepared and can give your thoughts and opinions on the topics of each chapter. Due at the beginning of class or day before each day we start to discuss that chapter.

Philosophy – You will be writing your personal philosophy for what you would like to do with your career choice and your justification for choosing that career. You and your peers will be reading each other's philosophies to help proof the assignment and give you another perspective. This is something that you can take with you on a job interview to show why this career path is important to you. Due 2/9 @ 5pm on blackboard.

Research Paper – Each student will be assigned a group of people where you will research all health and wellness topics including health disparities, nutrition, medical care, etc. related to them. The student will use their textbook, research articles and health organizations to gather this information. This 6-7 page paper will be in APA format and use of the Writing Center will be required. After this paper is completed and graded, the students will use this information to work on their group project (which will be assigned to them). All details and guidelines will be presented in class. DUE 4/6

Group Project – You will be part of a group project (groups will randomly be chosen) and present the information in front of the class. To start you and your peers will discuss your research papers and collaborate to create a presentation over that topic. The group will work on a power point, a fact sheet and create a health disparity activity to present to the class. After the presentation each student will write an evaluation for each group member. **All the guidelines will be covered in class.**

Service Learning – As a class we will be doing a service learning project with Be The Match. It will take place the week of March 26th-29th. Please make sure you are available 4 hours that week between 9am-3pm to take part. We will be having a training for BTM on March 21st during class (this is mandatory). This is a very important aspect of this class, where you can apply what you have/will learn throughout the semester.

Before we meet with our representative, you will research BTM and write a response paper (1) on why it is important that this organization is important to incorporate on college campuses. After the event is over, you will finish this assignment by writing a response paper (2) and discuss what you have learned from the event and what you think could be done to be more successful.

Response Paper #1 Due 3/9 @ 5pm on blackboard (guidelines will be discussed in class)

Response Paper #2 Due 4/6 @ 5pm on blackboard (guidelines will be discussed in class)

Exams - There will be 2 exams that will consist of multiple choice, true/false, short answer and essay questions. You will need 2 scantrons (882E) and pencil.

Final Quiz – Over all presentations. (You will need an 882 E scantron and pencil)

Grading

Evaluation:

Exams: 2 Exams (10 points each)	20 points
Research Paper	20 points
Thought Worksheets/Quiz/Ch Assignments (Chapters 1-6 & 13)	25 points
Service Learning Project (w/ Response Papers)	10 points
Group Project	15 points
Philosophy	5 points
Quiz (presentations)	5 points
Total:	100 points

*This is a "W" course, which means that at least 50 percent of your course grade will be derived from writing activities designed to help you master course objectives.

Grading Scale: Grades are based on point totals and not averaged out

90 - 100 points=	A	-	90-100
80 - 89 points =	B	-	80-89
70 - 79 points =	C	-	70-79
60 - 69 points =	D	-	60-69
< 60 points =	F	-	<60

***There will be no curves or grade changes.**

***No extra credit will be given for this class.**

Attendance

Attendance/Tardiness Policy:

Essential to your understanding of the material is your presence and participation. Regular attendance is mandatory. If you should miss any class and your absence is university excused, it is your responsibility to make up any work that was missed and prepare for the next class period. Please see your Student Handbook to see what constitutes an excused absence. Do not plan doctor's appointments during the class time. Official documentation is required for any absence to be excused. This documentation MUST be presented to the instructor within 7 days of the absence (no exceptions). **At the beginning of each class a roll sheet will be handed out and it is YOUR responsibility to sign for YOUR attendance to be counted for that class (you must use same signature on each roll sheet). If you are caught signing someone else in, you will have to speak with the Dean of Students office because this is academic dishonesty.** Failure to sign the roll sheet during that class day will be counted as an absence. If you are caught signing in someone else, you will also receive an absence for that day. Absences will affect your final grade in the following manner:

0 absences	2 points added to the final point total
1, 2, and 3	no points gained or lost
4 absences	reduction of one letter grade
5 absences	reduction of two letter grades
6 absences	reduction of three letter grades
7 absences	failure from the course

****Only excused absences such as military obligations, religious holy days and representation of the university will classify as excused absences and will give you the opportunity to receive the points. Proper documentation must be shown for these absences prior to missing those class days.**

Arriving on time for class and remaining in class until the end of the class period show respect for your instructor, your fellow classmates, and/or any guest speakers. Because of its importance, you will not be allowed more than 2 tardies for the semester. Each time after 2 tardies you will be counted absent and not allowed to attend class. A tardy will be given for the first 2 offenses if it is less than 5 minutes after class has started. If you are more than 5 minutes late to any class, you will not be allowed to attend.

**Be on time. It takes self-discipline to do so.
Demonstrate that you have what it takes to be counted on by others**

Sam Houston State University Policies

Attendance and Make-up Policies

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

Course Requirements

- a. Attendance: Attendance is required for this course.
- b. Professionalism/Participation: It is expected that students be active, enthusiastic, and collegial participants. Disruptive behavior will result in the student being asked to refrain from interacting with classmates for a specified period. A second violation and the student will be asked to drop the class.
- c. Examinations and Assignments: Exams will be administered only on the specified dates. No make-up exams will be given; however, the instructor reserves the right to give make-up exams because of unforeseen valid emergencies which can be officially documented in writing. Assignments are due by (5:00PM) on blackboard the assigned date unless otherwise specified. **Late assignments will not be accepted.** Assignments must be turned in electronically unless otherwise specified. All assignments must be typed (no exceptions). Do not scan and insert assignments. Please make sure when you submit assignments you do so in the correct location (do not submit any assignments in the comments section or it will not be graded). If I am unable

to open your assignment, you will receive a zero. You are allowed one submission per assignment. Please double check before hitting the submit button.

- i. Citations: Assignments that require citations must follow APA 6th edition guidelines.
- e. Class Materials: The textbook is a requirement of the course. Additional materials may be assigned. You are responsible for reading the materials assigned. Any and all materials assigned are “fair game” for exams.
- f. Sexual Harassment: In accordance with administrative policy, sexual harassment is reprehensible and will not be tolerated by the university. Behavior in the course must conform to the university policy.
- g. Drop/add/withdraw: It is your responsibility to make sure that you are officially enrolled in this course. If, at any point, you decide to attend this course no longer, it is your responsibility to officially drop or withdraw from enrollment. Failure to do so may result in a failing grade.
- g. Syllabus subject to change: While information and assurances are provided in this course syllabus, it should be understood that content may change in keeping with new research and literature and that events beyond the control of the instructor could occur. Students will be informed of any substantive occurrences that will produce syllabus changes.
- h. Email Etiquette: Most communication about the course (general questions, questions about assignments, etc.) should be through the “Virtual Office” on Blackboard. Email should only be utilized for communicating about grades, etc. When communicating with me via email, you must follow the etiquette below; otherwise I reserve the right of not replying to your email.
 - i. Include your course number in the subject line. If there is not a subject, the email will be deleted as spam. Also sign your email so I know who I am speaking with. If you do not sign your email, I may not be able to answer it.
 - ii. Be sure to include a meaningful subject line; this helps clarify what your message is about and may also help me prioritize reading your email. This determines where your email will be filed. If you have a question, indicate that in the subject line.
 - iii. Just like a written letter, be sure to open your email with a greeting like Dear Ms. Wallace:
 - iv. Use standard spelling, punctuation, and capitalization. THERE'S NOTHING WORSE THAN AN EMAIL SCREAMING A MESSAGE IN ALL CAPS. Stay away from abbreviations and do not use emoticons (those little smiley faces).
 - v. Write clear, short paragraphs and be direct and to the point; I consider your email communication as business.
 - vi. Be friendly and cordial, but do not try to joke around (jokes and witty remarks may be inappropriate and, more commonly, may not come off appropriately in email)
 - vii. I answer emails Monday- Friday. However Saturdays and Sundays I may not be as available to answer your emails, but will try and get back to you as soon as possible.
- i. Electronic submission of assignments: Assignments must be submitted to Blackboard. All assignments need to be submitted using a computer and not a tablet (some tablets are not compatible with programs used in blackboard. Assignments must conform to the guidelines below:
 - i. Submitted in a **.docx** (WORD) format unless other formats are specified as being allowed.
 - ii. Files not conforming to the above will not be graded and will receive a 0 (zero).
 - iii. Check to make sure the file attachment went through. If the attachment is not there, the assignment will be considered late. If you do not see a piece of paper by your name, the file did not attach.
 - iv. Do not wait until the last minute to submit your assignment. If you are unable to upload the assignment, you will receive a 0.
 - v. Some assignments will utilize TurnItIn or SafeAssign. This will be set up through Blackboard and does not require additional steps on your part.
 - vi. Assignments must be presented in a visually appealing manner (meaning, easy to read and follow) using APA 6th edition as a guideline.
 - vii. If you are having technical issues, it is your responsibility to get it taken care of. You need to contact SHSU Online Support Desk at
Email: blackboard@shsu.edu
Phone: 936-294-2780

Toll free: 877-759-2232
Hours: Monday-Friday 24 hours
Saturday: 7am – Midnight
Sunday 1pm – Midnight

- j. **Academic Honesty:** Academic honesty is expected in all work. Ignorance is not an excuse. Penalties will include 0 points for the assignment or exam and loss of any extra credit opportunities. Failure of the course may also be used as a penalty at the discretion of the instructor.

Blackboard Statement

This course will be supported via Blackboard, your online learning community, where you will interact with your classmates and with me. Within the course Blackboard site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments; email other students and the instructor; participate in online activities; and display and submit your projects.

In order to access the course material you will need to go to <https://shsu.blackboard.com> or look for Campus Tools on the top of the University's homepage. **Please do not contact your instructor with technical problems.** If you are having a technical problem with the course, review the support resources at <http://distance.shsu.edu/tech-support/>. You will need to possess the required computing technology to be successful in an online course. **Important!!!** Save your work as you go along. Nothing is more discouraging than to lose an assignment due to a computer hang ups! You may want to also make hard copies of your work to have "proof" and save yourself time and trouble!

Plagiarism

Plagiarism is the leading form of academic dishonesty that the Department of Health Services and Promotion has to address. As a HSP student, you are responsible for knowing what plagiarism is and how to avoid it.

Population Health Mission

The mission of the Department of Population Health is to foster student-centered learning for early and advanced health professionals; to conduct applied, evidence-based research in population health; and to improve health and wellbeing through community engagement at the local and global levels.

Americans with Disabilities Act (ADA)

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

STUDENTS WITH DISABILITIES POLICY

It is the policy of Sam Houston State University that no otherwise qualified individual with disabilities shall, solely by reason of his/her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic or Student Life program or activity. Students with disabilities may request help with academically related problems stemming from individual disabilities from their instructors, school/department chair, or by contacting the Chair of the Committee for Continuing Assistance for Disabled Students and Director of the Counseling Center, Lee Drain Annex, or by calling (936) 294-1720

Academic Integrity

According to the administration's guidelines: "All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials."

"Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from eating in class, [chewing gum], using tobacco products, making offensive remarks, reading newspapers, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be referred to the Dean of Students for disciplinary action in accordance with the university policy."

The full policy for "Code of Student Conduct and Discipline" is found at the following link:
<https://www.shsu.edu/students/guide/dean/codeofconduct.html>

FERPA

The Federal Education Rights & Privacy Act requires that we advise students that by registering for this course, their SHSU assigned e-mail address will be revealed to classmates and the instructor. By continuing your enrollment in the course you acknowledge your understanding of this policy. By enrolling in this course you agree to the following statement: "I understand that as a result of registering for this course, my SHSU/Blackboard assigned e-mail address will be revealed to classmates and the instructor."

Equal Opportunity Statement

Sam Houston State University is an Equal Opportunity / Affirmative Action Institution.

DISCLAIMER

This syllabus is representative of materials that will be covered in this class; it is not a contract between the student and the institution. It is subject to change. These changes will be communicated via email or

posted as announcements. If you have any problems related to this course, please feel free to discuss them with the instructor.

Title IX

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education.

NOTICE OF NON-DISCRIMINATION

Sam Houston State University complies with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act. Sexual misconduct, as defined in the University's Sexual Misconduct Policy, constitutes a form of sex discrimination prohibited by Title IX and Title VII.

TITLE IX CONTACTS

Sex discrimination includes sexual harassment and sexual assault. While it is often thought of as a law that applies to athletics programs, Title IX is much broader than Athletics and applies to many programs at Sam Houston State University. While compliance with the law is everyone's responsibility at SHSU, below is a list of staff members that have primary responsibility for Title IX Compliance.

Title IX Coordinator--Jeanine Bias
Associate Dean of Students --Lowman Student Center, Suite 215
936-294-3026 or jbias@shsu.edu
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