



SYLLABUS: HLTH 2383

Course Information

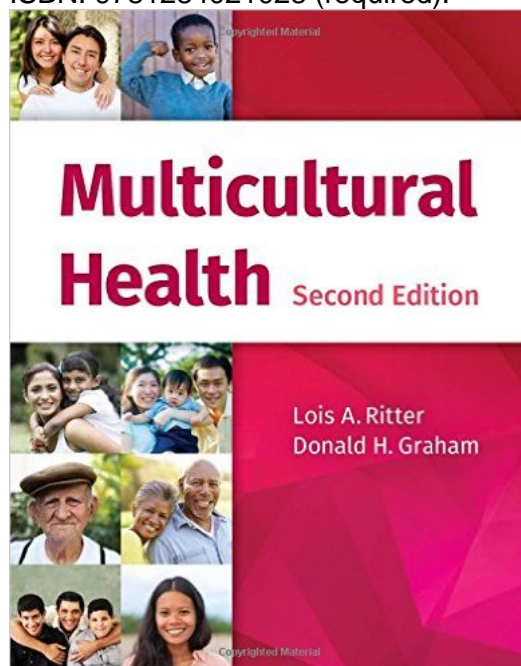
Course: HLTH 2383 – Multicultural Health Issues
Term: Spring 2018
Meeting time: 6:00-8:50 p.m. Tuesdays, CHSS 242B
Instructor: Dr. Bob Roush
Telephone number: 832-545-8512
Email address: rer022@shsu.edu
Office hours/place: By appointment and prior arrangement

Course Description

This course addresses health issues that various racial/ethnic groups and special populations in the U.S. face. Cultural differences in health behaviors, health care access, and promotion and prevention programs are emphasized. The fields of medical anthropology and sociology, along with ethnogeriatrics, underlie much of what will be taught. The leitmotif for the course could very well be the implications of the famous quote by Oliver Wendell Holmes that “We are all tattooed in our cradles with the beliefs of our tribes; the record may seem superficial but it is indelible.”

Textbook and/or Resource Material

Multicultural Health 2nd Edition (2016) by Lois A. Ritter and Donald Graham
ISBN: 9781284021028 (required).



(SHSU Bookstore has enough copies of used books for you to purchase or rent.)

Course Objectives and Class Schedule

Multicultural Health Issues Domains	Course Objectives <i>By the end of the course, you should be able to:</i>
Text-book Chapters	<i>Explain how historical factors, behaviors, and belief systems within a particular culture influence a person's views of health, illness, treatments, and health care</i>
Text-book Chapters	<i>Explain the causes and extent of health disparities. Explore future priority areas in health disparities and strategies to eliminate health disparities</i>
Text-book Chapters	<i>Describe and explain major concepts and principles governing the multicultural healing approaches or alternative healing systems presented throughout this course</i>
Interview Project	<i>List and explain some of the emotional, spiritual, psychological, physical, geographical, and behavioral factors influencing health, the manifestation of illnesses, and the therapeutic techniques used in the various cultural healing systems presented in this course. Understand differences in specific cultural and ethnic groups and various issues related to their health concerns</i>
Discussion Boards	<i>Describe how certain biomarkers for health status – e.g., parameters for blood pressure, lipid levels, metabolism of sugars, prostate and breast health et al. – are affected by multicultural factors.</i>
In-class Participation	<i>Explain various approaches practitioners use to diagnose and treat illnesses within their particular medical system</i>
Dates of Classes	<i>Assignments by Date</i>
1 st Class, Jan. 23 rd	<i>Students Present Biosketches to Class + Review Syllabus</i>
2 nd Class, Jan. 30 th	<i>Read Chapters 1 and 2 Plus Discussion Bd. 1</i>
3 rd Class, Feb. 6 th	<i>Read Chapter 3 Plus Discussion Board 2</i>
4 th Class, Feb. 13 th	<i>Read Chapter 4 Plus Discussion Board 3</i>
5 th Class, Feb. 20 th	<i>Read Chapter 5 Plus Discussion Board 4</i>
6 th Class, Feb. 27 th	<i>Read Chapter 6 Plus Discussion Board 5</i>
7 th Class, March 6 th	<i>Read Chapter 7 Plus Discussion Board 6</i>
Spring Break, March 13 th	<i>No class or assignment</i>
8 th Class, March 20 th	<i>Read Chapter 8 Plus Discussion Board 7</i>
9 th Class, March 27 th	<i>Read Chapters 9 and 10 Plus Discussion Board 8</i>
10 th Class, April 3 rd	<i>Read Chapters 11 and 12 Plus Discussion Board 9</i>
11 th Class, April 10 th	<i>Read Chapter 13 Plus Discussion Board 10</i>
12 th Class, April 17 th	<i>Online Exam Over 13 Chapters Plus Discussion Board Posts</i>
13 th Class, April 24 th	<i>First of Interview Project Presentations to Class</i>
14 th Class, May 1 st	<i>Second of Interview Project Presentations to Class</i>
15 th Class, May 8 th	<i>Third of Interview Project Presentations to Class (if needed)</i>

Grading

One Exam	100 pts
10 Discussion Boards	100 pts
One Interview Project	100 pts
300 pts possible/3 = numerical average	

College grades are assigned as follows:

90 -100	= A
80 – 89	= B
70 – 79	= C
60 – 69	= D
< 60	= F

Exam

There will be one online exam of 80 multiple-choice and 20 true-false questions covering content from all 13 chapters in the book. Worth 100 points, the test will be released at midnight on the date of the exam in mid-April through 9:00 p.m. of that day. You'll have 150 minutes to complete the exam.

Please make sure that you have a reliable Internet connection and computer so that there are no interruptions while you are taking your test. Make-up exams are only allowed for those who have medical, legal, extracurricular, or other extenuating circumstances. An honor system will be in effect for the exam taken by yourself and without reference material. Please view the class calendar so that you will be aware of when exams are released.

Major Project

There will be a major project that pertains to multicultural health. This project involves interviewing someone from a cultural background different from your own and is worth 100 points. I will provide information in class and on blackboard that will explain the project in depth. Please refer to the class calendar so that you will be aware of when the due date is.

The project will involve a written report with APA-style citations if appropriate to document a statement of a health practice mentioned by the individual. All assignments must be size 12 pt. font in Times New Roman, be a minimum of four double-spaced pages in length, have one-inch margins; at the top of the first page, include your name and that of the person you interviewed (not real surname, though, e.g., Mr. Sanchez if the person is a Hispanic male). Use spell check and proofread your final version very carefully.

This is considered a writing assignment and will be graded accordingly. You are strongly encouraged to use the SHSU writing center if you are having trouble with composition, spelling, punctuation and grammar. Please refer to project instructions for the details. Your grade on this will be how well you describe the individual you interview, discussion of any multicultural issues that may affect this person's health beliefs and practices, and how well you write the four pages. Each person will have 5 minutes to present their "person" at one of the last two class sessions. The papers and oral presentations constitute the final exam.

Class Participation

Students are expected to be in class unless there is a justifiable reason to not be. If you must miss a class, please send me an e-mail to that effect before class. Students will be called upon to read and discuss their Discussion Board assignments. At each class, I will go over the assigned

chapter reading, highlighting certain facts, data, and content that relate to the overall course objectives. It's from these highlighted sections of pages from the 13 chapters that the exam questions will be taken.

Discussion Board

There will be a total of 10 discussions on Blackboard at designated dates that you will be required to participate in. The discussions are worth 10 pts each. The discussion board will be open for a period of 1 week (7 days) and then it will close. You will be expected to create 1 original thread pertaining to the discussion topic as well as comment on at least 10 of your peer's responses for a total of 20 discussion posts. Please ensure that threads and responses you create are well written and argued. Refrain from using simple comments such as "I agree" or "that's good", rather if you agree or disagree please explain why in several sentences.

Participation

Please log into Blackboard on a weekly basis as well as check your email regularly. I prefer this short response to each e-mail I send you: "Got it." That way, I know you have the information I sent you. Thanks for doing this. Since I communicate with my classes and students regularly through email, I ask that you get into the habit of checking your email daily so that you will be able to aware of any changes in the class.

Course Requirements

- ❑ You are expected to log into Blackboard on a weekly basis and prepare for class by reading the textbook chapters before you access any specific lecture material or requests.
- ❑ In order to stay current with the course, please complete assignments/exams/projects early. No late assignments / projects / exams will be accepted. Only medical, legal, extracurricula excuses will be accepted.
- ❑ If an assignment seems unclear, it is your responsibility to talk to me early.
- ❑ If you desire academic accommodation for a documented disability, contact me ASAP.
- ❑ Plagiarism means using someone else's work or writing without giving proper credit or permission. This is a serious infraction of commonly expected practice standards. If you copy a paragraph, sentence or even a phrase from someone else's work, you must paraphrase in your own words and cite the author. If you borrow an idea from someone else, but don't quote them exactly, you don't need to add the quotes, but you still must cite the author. When citing an author, use either the APA style (Brown, 2014) or the AMA style (superscript number¹) immediately after the statement. Then, in the Endnotes give the entire reference: 1. Brown, S (2014). Best article. Journal of Cool Stuff; 4(2), p.3-7. N.B. If you borrow without giving credit you will get zero points for the parts borrowed.

Sam Houston State University Policies

Attendance and Make-up Policies

The University views class attendance as the responsibility of an individual student. Attendance is essential to complete the course successfully. University rules related to excused and unexcused absences are located on-line at [SHSU Attendance Policy](#)

You will be graded during each one of the course sessions. For these reason, it is imperative you be in class every day we meet.

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

Other Pertinent Course Information

Every effort will be made to ensure that power point lecture files, notes, articles and assignments are available online in a timely manner. Written assignments will be delivered thru the Blackboard course website. Handouts, changes in assignments or the schedule of class modules will be announced on the Bb course webpage. E-mail contact will be initiated with all students the first week of class. If you do not have access to your assigned SHSU e-mail account, it is your responsibility to make the instructor aware of that fact so that other arrangements may be made. You are expected to use SHSU e-mail address for all official correspondence.

Blackboard (Bb Statement)

Blackboard (Bb): This course will be supported via Blackboard, your online learning community, where you will interact with your classmates and with me. Within the course Blackboard site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments; take quizzes; email other students and the instructor; participate in online activities; and display your projects.

In order to access the course material you will need to go to <https://shsu.blackboard.com> or look for Campus Tools on the top of the University's homepage. **Please do not contact your instructor with technical problems.** If you are having a technical problem with the course, review the support resources at <http://distance.shsu.edu/tech-support/>. You will need to possess the required computing technology to be successful in an online course. **Important!!!** Save your work as you go along. Nothing is more discouraging than to lose an assignment due to a computer hang ups! You may want to also make hard copies of your work to have "proof" and save yourself time and trouble!

Plagiarism Virtual Course

Plagiarism is the leading form of academic dishonesty that the Department of Population Health has to address. As a SHSU student, you are responsible for knowing what plagiarism is and how to avoid it.

End of Course Evaluation

Constructive feedback from students on course evaluations is taken very seriously at the College of Health Sciences. I ask for your assistance in helping the Department in its assessment of courses and faculty through your participation in the evaluation of your courses. As health professionals you will one day have the responsibility to evaluate colleagues and health initiatives. The College views providing feedback on the Department's courses as part of your professional responsibility.

DPH Mission

The mission of the Department of Population Health is to foster student-centered learning for early and advanced health professionals; to conduct applied, evidence-based research in population health; and to improve health and wellbeing through community engagement at the local and global levels.

Americans with Disabilities Act (ADA)

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

STUDENTS WITH DISABILITIES POLICY

It is the policy of Sam Houston State University that no otherwise qualified individual with disabilities shall, solely by reason of his/her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic or Student Life program or activity. Students with disabilities may request help with academically related problems stemming from individual disabilities from their instructors, school/department chair, or by contacting the Chair of the Committee for Continuing Assistance for Disabled Students and Director of the Counseling Center, Lee Drain Annex, or by calling (936) 294-1720.

Academic Integrity

According to the administration's guidelines: "All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials."

"Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from eating in class, [chewing gum], using tobacco products, making offensive remarks, reading newspapers, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be referred to the Dean of Students for disciplinary action in accordance with the university policy."

The full policy for "Code of Student Conduct and Discipline" is found at the following link:
<https://www.shsu.edu/students/guide/dean/codeofconduct.html>

FERPA

The Federal Education Rights & Privacy Act requires that we advise students that by registering for this course, their SHSU assigned e-mail address will be revealed to classmates and the instructor. By continuing your enrollment in the course you acknowledge your understanding of this policy. By enrolling in this course you agree to the following statement: "I understand that as a result of registering for this course, my SHSU/Blackboard assigned e-mail address will be revealed to classmates and the instructor."

Equal Opportunity Statement

Sam Houston State University is an Equal Opportunity / Affirmative Action Institution.

DISCLAIMER

This syllabus is representative of materials that will be covered in this class; it is not a contract between the student and the institution. It is subject to change. These changes will be communicated via email or posted as announcements. If you have any problems related to this course, please feel free to discuss them with the instructor.

Title IX

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education.

NOTICE OF NON-DISCRIMINATION

Sam Houston State University complies with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act. Sexual misconduct, as defined in the University's Sexual Misconduct Policy, constitutes a form of sex discrimination prohibited by Title IX and Title VII.

TITLE IX CONTACTS

Sex discrimination includes sexual harassment and sexual assault. While it is often thought of as a law that applies to athletics programs, Title IX is much broader than Athletics and applies to many programs at Sam Houston State University. While compliance with the law is everyone's responsibility at SHSU, below is a list of staff members that have primary responsibility for Title IX Compliance.

Title IX Coordinator--Jeanine Bias
Associate Dean of Students --Lowman Student Center, Suite 215
936-294-3026 or jbias@shsu.edu