

KINE 1110
Racquet Sports
Sam Houston State University
College of Health Sciences –Department of Kinesiology
Spring, 2018

Instructor: Daniel Erickson
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Office Hours: By Appointment

Meeting Place / Time: SHSU – HKC 146, Basketball Courts, M/W 9:00 am – 9:50 am *Some class sessions will be held out on the Tennis Courts/Racquetball Courts*

Text/Readings: No Required Text - Handouts Only

Course Description: The purpose of this course is to introduce students to the concepts, rules, etiquette, and basic skills involved in the sport of racquetball, Pickleball, badminton and tennis. This course will allow students to learn and practice the basic fundamentals required to play racquetball Pickleball, badminton, and tennis.

Course Format: The course will be taught on the racquetball courts, basketball courts and tennis courts learning and practicing skill needed to play racquet sports. Rules will be taught while on the court.

Course Objectives:

Standards Matrix:

Objectives/Learning Outcomes	Activities (* indicates field-based activity)	Performance Assessment
#1 Understand the rules and spirit of the game	Classroom Discussion/Lecture Field clinics Video	Exam Paper Group Project
#2 Demonstrate proper technique associated with the fundamental skills of the game	Classroom Discussion/Lecture Field Clinics	Exam Demonstrate Skills and Scenarios

#3 Understand the game's basic offensive and defensive principles	Classroom Discussion/Lecture Field Clinics Video	Exam Demonstrate Skills and Scenarios
#4 Demonstrate a thorough knowledge of racquet sports terminology	Classroom Discussion/Lecture Video	Exam

EXPECTATIONS:

Attendance is mandatory for listed class sessions. Students are responsible for any material or work prior to the next class period. Any student who misses class because of a university activity, religious holiday, family emergency, military obligation or court imposed legal obligation should provide the instructor with proper documentation prior to (if possible) the projected missed date. More than five absences will affect the student's grade accordingly

6 absences – reduction of one letter grade
7 absences – reduction of two (2) letter grades
8 absences – reduction of three (3) letter grades
9 absences – automatic failure of class

Evaluation

Racquetball Exam	25
Pickleball Exam	25
Tennis Exam	25
Badminton Exam	25
Paper – What Rule Would You Change?	50
Racquet Sport Group Project	50
Skills Tests	100
Participation	<u>100</u>
	400

Grading

360-400 points	A
320-359	B
280-319	C
240-279	D
Less than 240	F

Paper – What Rule Would You Change?

This is your chance to change any rule in any of that racquet sports from class that you dislike. Write a 400 word double spaced paper explaining the rule as it currently is and how and why you would like to change it. You are expected to use correct grammar, punctuation, and spelling.

Racquet Sport Group Project

You and your partner will be tasked with creating a new racquet sport using the equipment provided in the course. You will present the new racquet sport to the class using class members in your demonstration.

Participation – On Court/Field

You must **always** dress out each day in proper athletic attire. You will be required to follow the same dress code rules mandated by the Recreational Sports Department. This is an activity based course with a large emphasis on participation. **Your motivation and seriousness will decide what your participation grade will be. Unprofessional and unserious behavior such as not having your athletic apparel, not participating in group activities, not being on-time for the lecture, and similar behavior will all affect your grade negatively.**

Skills Test

You will be expected to perform a skills test after learning the basic principles of each sport. Student will demonstrate different types of shots on the racquetball, badminton and tennis court and be able to play games leading up to the skills test there will be game simulations to help you practice prior to performing the skills test.

CLASSROOM RULES OF CONDUCT

Students are expected to assist in maintaining a classroom environment that is conducive to learning. Students are to treat faculty and students with respect. Students are to turn off cell phones with in classroom. Under no circumstances are cell phones or any electronic devices to be used or seen during time of examination. Students may tape or record lectures provided they do not disturb other students in the process.

POLICY ON SELF-PLAGIARISM

Self-plagiarism represents a significant problem in academia as it serves to undermine the learning process and outcomes that are a key feature of each course that is offered as a part of a student's curriculum. As a result, the Department of Kinesiology has a strict policy in place to prevent self-plagiarism in the classroom. Self-plagiarism is defined as the submission of any type of assignment that contains content that is recycled from other assignments or a prior publication that one submits for course credit in another course.

Each instructor is provided the discretion to evaluate whether a student has engaged in self-plagiarism on a course assignment. If a student is unsure whether use of prior content would constitute self-plagiarism, they must consult with the instructor of the course within a reasonable period of time prior to the due date of the assignment. In most cases, this consultation should take place a minimum of 10 business days prior to submission. Following submission of the assignment, if the instructor deems that the student has engaged in self-plagiarism, he or she has the right to state that the student has violated Section 5.3 of The Texas State University Rules and Regulations dealing with Academic Honesty and the student is thereafter subject to any and all

penalties and punishments present in the policy. This may include failure of the assignment and/or failure of the course. Additionally, the student may be referred to the Department Chair of Kinesiology, the Dean of the College of Health Sciences, the Dean of Students, and/or the Provost and Vice-President for Academic Affairs for further academic review.

ACADEMIC DISHONESTY:

All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials. For a complete listing of the university policy, see:

[Dean of Student's Office](#)

ACADEMIC GRIEVANCE PROCEDURES

Please see link below for specific information regarding academic grievance procedures:

[Academic Grievance Procedures for Students AP 900823](#)

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY:

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911 (a) (2) defines a religious holy day as: “a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20....” A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed. For a complete listing of the university policy, see:

[/dept/academic-affairs/documents/aps/students/861001.pdf](#)

STUDENTS WITH DISABILITIES POLICY:

It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be

subjected to discrimination. Any student with a disability that affects his/her academic performance should contact the Office of Services for Students with Disabilities in the SHSU Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786) to request accommodations. They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. If you have a disability that may affect adversely your work in this class, then I encourage you to register with the SHSU Services for Students with Disabilities and to talk with me about how I can best help you. All disclosures of disabilities will be kept strictly confidential. NOTE: No accommodation can be made until you register with the Services for Students with Disabilities. For a complete listing of the university policy, see:

<http://www.shsu.edu/dotAsset/7ff819c3-39f3-491d-b688-db5a330ced92.pdf>

VISITORS IN THE CLASSROOM:

Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

Tentative Schedule/Course Content

1/17	Introductions/Syllabus	3/19	Review Day
1/22	Icebreakers	3/21	Pickleball Exam
1/24	Tennis Rules	3/26	Racquetball Rules
1/29	Tennis Activity	3/28	Rule Change Paper Due
1/31	Tennis Activity	4/2	Racquetball Activity
2/5	Tennis Activity	4/4	Racquetball Exam
2/7	Tennis Skills Activity	4/9	Racquetball Skills Activity
2/12	Tennis Activity	4/11	Badminton Rules
2/14	Tennis Exam	4/16	Badminton Activity
2/19	Pickleball Rules	4/18	Badminton Activity

2/21	Pickleball Activity	4/30	Badminton Skill Activity
2/26	Pickleball Activity	5/2	Review Day
2/28	Pickleball Activity	5/9	Final Exam
3/5	Pickleball Activity		
3/7	Pickleball Skills Activity		