

# College of Health Sciences Department of Population Health



SYLLABUS: HLTH 3380

### **Course Information**

Course: HLTH 3380.03 – Drug Use & Abuse

Term: Spring 2018

Meeting time: Online – Weekly lectures Instructor: Jack Runyan, PA, PhD

Telephone number: 936-294-2665 – Department of Population Health

Email address: Access through Blackboard

Office hours: By Appointment CHSS – Suite 400

## **Course Description**

Drugs, both legal & illegal pervade the American landscape. There is no city or rural community where drug use is not a concern. This course is a multidisciplinary approach to recognizing the pharmacological, biomedical, sociological & psychological aspects of drug use. The material is designed to accommodate those who are entering a career in health care, sports or education. It will focus on drug use, how drugs are abused, recreational drugs and addiction. Approaches to recognition, prevention, intervention & treatment will be discussed.

RATIONALE: Exposing the pre-professionals to the scope of drug use and abuse in our society appropriately prepares them to identify & intercede in the prevention & treatment of major global on behalf of the people they will serve.

#### Textbook and/or Resource Material

Drugs & Society, 13<sup>th</sup> Ed. Hanson GR, Venturelli PJ, Fleckenstein AE Jones & Barlett Learning, 2018 ISBN: 978-1-284-11087-6

## **Course Objectives**

At the conclusion of this course you should be prepared to:

- Provide an overview of the historical & current dimensions of drug use
- Explain drug use / abuse from a multidisciplinary standpoint
- Discuss how new drugs are developed & regulated
- Identify the biological & psychological effects of drugs
- Explore the prevention & therapeutic management options in controlling drug abuse
- Recognize specific drug groups that are commonly abused in the US:
  - Sedative agents
  - Alcohol
  - Opioid narcotics
  - o Amphetamines
  - o Nicotine
  - Hallucinogens
  - o Marijuana
  - Inhalants

# Grading

## **Evaluation:**

Percent of Final Grade

Four exams throughout the semester:

Exam One -	20%
Exam Two -	20%
Exam Three -	20%
Exam Four -	20%
Homework -	20%

Three HW Assignments

# **Grading Scale:**

90 - 100	-	Α
80 - 89	-	В
70 - 79	-	С
60 - 69	-	D

# **Course Topics, Readings, Assignments and Dates**

#### Lecture:

The class is conducted exclusively on-line. Power Point presentations for each lecture will be available on BlackBoard. Not all Power Point lectures will have a voice over. Course material is segregated into four units corresponding to specific chapters in the textbook.

## Exams:

There are four exams, one exam at the end of each unit or, after every three lecture sessions. All exams are posted on BlackBoard. Each exam is 50 questions e and timed for 90 minutes. Exams will be available on Wednesday and must be completed by the following Monday at midnight.

# **Course Topics, Readings, Assignments and Dates**

Week of:	Торіс	Text Chapter
UNIT ONE		
Jan 22	Introduction of Drugs / Explaining Drug Use	1 & 2
Jan 29	Drug Use in Special Populations	16
Feb 05	Drug Use & the Law	3
Wed, Feb 07	Exam 1 available on BB (Due by Mon Feb 12, 11:59 PM)	1 – 3 & 16
UNIT TWO		
Feb 12	How Drugs Work / Over-the-Counter Drugs	5 & 15
Feb 19	Alcohol: Pharmacological & Behavioral Effects	7 & 8
Feb 26	CNS Depressants / Narcotics	6 & 9
Wed, Feb 28	Exam 2 available on BB (Due by Mon, Mar 05, 11:59 PM)	5 – 9 & 15
Fri, Mar 02	HW Assignment One Due by 11:59 PM	
UNIT THREE		
Mar 05	Stimulants / Hallucinogens	10 & 12
Mar 12	Spring Break!!	
Mar 19	Tobacco / Inhalants	11 & 14
Mar 26	Marijuana	13
Wed, Mar 28	Exam 3 available on BB (Due by Mon Apr 02, 11:59 PM)	10 - 14
Fri, Mar 30	HW Assignment Two Due by 11:59 PM	
UNIT FOUR		
Apr 02	Drug Abuse Prevention	17
Apr 09	Treating Drug Dependence	18
Apr 16	Catch-up week	
Mon, Apr 23	Exam 4 available on BB (Due by Mon Apr 30, 11:59 PM)	17 - 18
Fri, Apr 30	HW Assignment Three Due by 11:59 PM	

# **Sam Houston State University Policies**

## **Attendance and Make-up Policies**

The University views class attendance as the responsibility of an individual student. Attendance is essential to complete the course successfully. University rules related to excused and unexcused absences are located on-line at <u>SHSU Attendance Policy</u>.

As this is an online presentation the only way to monitor class attendance is keep up with the weekly lectures. I can check to see if each student has reviewed the Power Point, but I prefer not to. If you are behind in assignments, it will show in your performance on exams & abstracts.

#### STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

### **Blackboard Statement**

This course will be supported via Blackboard, your online learning community, where you will interact with your classmates and with me. Within the course Blackboard site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments;, email other students and the instructor; participate in online activities; and display and submit your projects.

In order to access the course material you will need to go to <a href="https://shsu.blackboard.com">https://shsu.blackboard.com</a> or look for Campus Tools on the top of the University's homepage. **Please do not contact your instructor with technical problems.** If you are having a technical problem with the course, review the support resources at <a href="http://distance.shsu.edu/tech-support/">http://distance.shsu.edu/tech-support/</a>. You will need to possess the required computing technology to be successful in an online course. **Important!!!** Save your work as you go along. Nothing is more discouraging than to lose an assignment due to a computer hang ups! You may want to also make hard copies of your work to have "proof" and save yourself time and trouble!

# **Plagiarism**

Plagiarism is the leading form of academic dishonesty that the Department of Health Services and Promotion has to address. As a HSP student, you are responsible for knowing what plagiarism is and how to avoid it.

## **Population Health Mission**

The mission of the Department of Population Health is to foster student-centered learning for early and advanced health professionals; to conduct applied, evidence-based research in population health; and to improve health and wellbeing through community engagement at the local and global levels.

## **Americans with Disabilities Act (ADA)**

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

#### STUDENTS WITH DISABILITIES POLICY

It is the policy of Sam Houston State University that no otherwise qualified individual with disabilities shall, solely by reason of his/her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic or Student Life program or activity. Students with disabilities may request help with academically related problems stemming from individual disabilities from their instructors, school/department chair, or by contacting the Chair of the Committee for Continuing Assistance for Disabled Students and Director of the Counseling Center, Lee Drain Annex, or by calling (936) 294-1720

#### **Academic Integrity**

According to the administration's guidelines: "All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials."

"Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from eating in class, [chewing gum], using tobacco products, making offensive remarks, reading newspapers, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be referred to the Dean of Students for disciplinary action in accordance with the university policy."

The full policy for "Code of Student Conduct and Discipline" is found at the following link: https://www.shsu.edu/students/guide/dean/codeofconduct.html

#### **FERPA**

The Federal Education Rights & Privacy Act requires that we advise students that by registering for this course, their SHSU assigned e-mail address will be revealed to classmates and the instructor. By continuing your enrollment in the course you acknowledge your understanding of this policy. By enrolling in this course you agree to the following statement: "I understand that as a result of registering for this course, my SHSU/Blackboard assigned e-mail address will be revealed to classmates and the instructor."

## **Equal Opportunity Statement**

Sam Houston State University is an Equal Opportunity / Affirmative Action Institution.

### **DISCLAIMER**

This syllabus is representative of materials that will be covered in this class; it is not a contract between the student and the institution. It is subject to change. These changes will be communicated via email or posted as announcements. If you have any problems related to this course, please feel free to discuss them with the instructor.

#### Title IX

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education.

### NOTICE OF NON-DISCRIMINATION

Sam Houston State University complies with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act. Sexual misconduct, as defined in the University's Sexual Misconduct Policy, constitutes a form of sex discrimination prohibited by Title IX and Title VII.

#### TITLE IX CONTACTS

Sex discrimination includes sexual harassment and sexual assault. While it is often thought of as a law that applies to athletics programs, Title IX is much broader than Athletics and applies to many programs at Sam Houston State University. While compliance with the law is everyone's responsibility at SHSU, below is a list of staff members that have primary responsibility for Title IX Compliance.

Title IX Coordinator--Jeanine Bias Associate Dean of Students --Lowman Student Center, Suite 215 936-294-3026 or jbias@shsu.edu

# ACKNOWLEDGEMENT OF RECEIPT OF SYLLABUS – HLTH 3380.03

I,	have read the entire syllabus and hereby
agree to abide by the policies contained herein.	
Signature	

# Syllabus Exam for HLTH 3380.03

- 1. The official title of this course is:
  - A. Drug Use & Abuse
  - B. Drug Use in the US
  - C. Drugs & Society
  - D. Drugs, Sex & Rock 'n Roll
- 2. The textbook for this class is titled:
  - A. Drugs & Society by Hanson
  - B. Drug Abuse in the US by Reagan
  - C. Steal This Book by Hoffman
  - D. You Can't Always Get What You Want by Jagger
- 3. Final Grade in the class is based upon the cumulative scores of:
  - A. Syllabus Quiz, Exams & Abstracts
  - B. Class participation, Exams & Abstracts
  - C. Attendance, Exams, Plagiarism
  - D.