

**SYLLABUS: HLTH 3390 (Spring 2018)****Course Information**

Course: HLTH 3390 – Family Life and Sex Education
Term: Spring 2018
Meeting time: On-line
Instructor: Amanda Scarbrough, PhD
Telephone number: 936-294-1168
Email address: awscarbrough@SHSU.EDU
Office hours: Mondays 10 am to noon or Thursday 10 am to noon, or by appointment

Course Description

This course focuses on the formation of intimate relationships: family, marriage, and friends. Individuals are directed into the study of their personal backgrounds, lives, and dreams in preparation for marriage. Includes problems of relationships: rape, battering partners, sexually transmitted diseases, and divorce. Credit 3.

<http://undergraduate-catalog-2014-2016.shsu.edu/home/course-descriptions.html#h>

<http://graduate-catalog-2015-2016.shsu.edu/home/course-descriptions.html#h>

The material in this course centers on forming and maintaining intimate relationships, starting with the individual and how they relate to others in various relationships in our society: friendships, dating, marriages, and families. The material encompasses various aspects of relationships – strengths, dysfunctions, sexuality, and romance.

RATIONALE:

The ultimate goal of HLTH 3390 is for each individual to honestly look inward to determine who he or she really is and what they bring to a meaningful relationship. Likewise, to provide the student with knowledge in making informed decisions regarding their sexual health.

The content of this course will include personality types, interests, dreams, fears, families, childhood, trauma, and sexuality. Some of the course requirements will be personal and private, while some activities will be shared in class. Likewise, with this type of class, the student may not always agree with the information which is put forth, however, each student will be given ample opportunity to relay and discuss their point of view, while being respectful at all times. If at any time respect is not being utilized the student may be asked to leave the conversation and will receive a zero for the assignment.

If any of these methods are unacceptable, please locate another class with more traditional content.

Prerequisites

None

Textbook and/or Resource Material

Textbook: DeGenova, M.K., Rice, E.P. Intimate relationships, marriage, and families (8th Ed.). Mountain View, CA: Mayfield Publishing Co., 2010 (recommended)

Course Objectives

HLTH 3390	Course Objectives
The student will acquire knowledge and understanding by successfully completing the following objectives:	By the end of the course, you should be able to:
Discover and accept themselves as they really are and to analyze what they contribute to a relationship;	Develop constructive attitudes, values, and practices of sexuality and how it relates to intimate relationships;
Examine physical, emotional, and social aspects of sexuality and intimate relationships;	Dispel myths about sex and sexuality;
Facilitate insights into personal sexual behavior;	Reduce fears and anxieties about personal sexual development, feelings, intimacy and relationships;
Accomplish more informed, responsible, and successful decision making;	Facilitate communication about sexuality with parents, partners, children, and others;
Develop skills for the management of sexual and intimacy problems and personal relationships;	Integrate sex into a balanced and purposeful pattern of living;
Create satisfying interpersonal relationships;	Reduce sex-related problems such as disease and unwanted pregnancies;

Acquire positive feelings about one's self in regard to relationships – friends, family or marriage;

Accept one's self as a healthy sexual being that needs and desires to establish healthy intimacies with others in our society; and

Reduce risky behaviors and increase knowledge as it relates to binge drinking, date rape, domestic violence, drug use and other relevant topics.

Course Topics, Readings, Assignments and Dates

Week	Topic	Other Content & Assignments
Week 1: Jan. 21	<p>Assignment 1: Create an Introductory Page about yourself. Follow the directions and see my example on Blackboard under Assignments.</p> <p>Due on Blackboard Jan. 28 at 11:59 p.m.</p> <p>Watch: Welcome and course overview video on Blackboard.</p> <p>Quiz 1</p>	
Week 2: Jan. 28	<p>Watch: Chap 1 Intimate Relationships, Marriages, and Families in the 21st Century video on Blackboard</p> <p>Power Point slides available on Blackboard</p> <p>Journal 1: Describe your family of origin due on Blackboard on Feb. 4 at 11: 59 p.m.</p>	
Week 3: Feb. 4	<p>Watch: Families video</p> <p>Power Point slides available on Blackboard</p> <p>Journal 2: Pits and Perks of Sexual Experiences due on Feb. 11 by 11:59 p.m.</p>	
Week 4: Feb. 11	<p>Watch: Chap 2: Gender, Identity and Roles video</p> <p>Power Point slides available on Blackboard</p> <p>Assignment 2: Look on Blackboard and complete the assignment.</p> <p>Due on Feb. 18 by 11:59 p.m.</p>	
Week 5: Feb. 18	<p>Watch: Chapter 3 Being Single video</p> <p>Power Point slides available on Blackboard</p> <p>Journal 3: write your own singles ad due on Blackboard by Feb. 25 at 11:59 p.m.</p>	

Week 6: Feb. 25	<p>Watch: Chapter 4 Attraction and Dating video</p> <p>Power Point slides available on Blackboard</p> <p>Journal 4: Qualities of your Ideal partner</p> <p>Due on Blackboard by Mar. 4 at 11:59 p.m.</p> <p>Exam 1 on Chapter 1, Families, Chapters 2, 3, &4 available on-line and due on Mar. 11 at 11:59 p.m.</p>	
Week 7: Mar. 4	<p>Watch Chap 11: Family Planning and Parenthood video.</p> <p>Power Point slides available on Blackboard</p> <p>Assignment 3: Your family plan due on Blackboard by Mar. 18 at 11:59 p.m.</p>	
March 12-16	Spring Break	
Week 8: Mar. 18	<p>Watch: Chap 12 Pregnancy and Childbirth video.</p> <p>Power Point slides available on Blackboard</p> <p>Assignment 4: Watch the Miracle of Life video and write one paragraph about something you learned. Due Mar. 25 by 11:59 p.m.</p>	
Week 9: Mar. 25	<p>Watch Chap 6. Love and Mate Selection video</p> <p>Power Point slides available on Blackboard</p> <p>Journal entry 5: what to keep and what to change from family of origin due on Blackboard by April 1 at 11:59 p.m.</p>	
Week 10: April 1	<p>Watch Chap 7: Qualities of a Successful Marriage and Chapter 8 Marital Relationships Over the Life Cycle videos</p> <p>Power Point slides available on Blackboard</p>	
Week 11: April 8	<p>Watch Chap 9: Power, Decisions and Communication</p> <p>Power Point slides available on Blackboard</p> <p>Exam 2: Chapters 11, 12, 6, 7, 8 & 9 available on-line due on April 15 at 11:59 p.m.</p>	
Week 12: April 15	<p>Watch Chap 13 Parent-Child & Relationships video</p> <p>Power Point slides available on Blackboard</p>	
Week 13: April 22	<p>Watch Chap 15 Conflict, Family Crises, & Crisis Management video</p>	

	Power Point slides available on Blackboard Journal 6: Conflict Resolution due April 29 by 11:59 p.m.	
Week 14: April 29	Watch: Financial Issues and Goal Setting videos Power Point slides available on Blackboard Journal 7: Setting Goals for my Life due May 6 by 11:59 p.m.	
Week 15: May 6	Final exam available on-line Final Exam on chapter 13, 15, Finances, and Goal Setting due on-line by May 10 at 11:59 p.m.	

Grading

3 Exams: 1, 2 and FINAL (100 points per exam)	300 PTS
Quiz	10 PTS
Assignments: (4 at 10 points each)	40 PTS
Journals: (7 at 5 points each)	35 PTS
TOTAL POSSIBLE POINTS	365 PTS

To calculate your grade take your total points and divide by 365. For example, at the end of the semester if you have 325 you would take 325/365. When you do you get .915 therefore your final grade would be a 92.

100-90 = A
89-80 = B
79-70 = C
69-60 = D
59 and below = F

EXAMS

Exams are administered on-line via Blackboard. You have 1 week to take each exam and you may use your notes. I simply request that you take the exam by yourself and not receive help from anyone else. I do not time the exams, so you may stop and start as your schedule allows. Items for each exam will stay on Blackboard until the day of the exam and then they will be removed. This will encourage you to stay on schedule.

JOURNALS

Please use proper grammar and spelling on the journals. These are about you and your experiences and will only be seen by me unless I feel you are going to cause harm to yourself or others.

PARTICIPATION

Follow the **calendar of assignments on your syllabus**, and do not fall behind. The Blackboard system may encounter problems during the semester which can alter the due dates of assignments; therefore, follow the calendar of due dates on the course syllabus. Items for each exam will stay on Blackboard until the day of the exam, and then they will be removed. This will encourage you to stay on track.

COURSE ASSIGNMENT CRITERIA –

- ☐ If an assignment seems unclear, it is *YOUR* responsibility to talk to the instructor early. If you have a question or concern, send an appropriate e-mail to either Dr. Keathley and/or Ms. Lopez that includes your full name, SAM ID, and phone number.
- ☐ If you desire academic accommodation for a documented disability, contact the instructor ASAP.
- ☐ *Plagiarism* is a big word that simply means using someone else's work or writing without giving credit. If you copy a paragraph, sentence or even phrase from someone else's work, you must place quotes around what you have copied and cite the author. If you borrow an idea from someone else, but don't quote them exactly, you don't need to add the quotes,

but you still must cite the author. When citing an author, use either the APA style (**Brown, 2014**) or the AMA style (superscript number¹) immediately after the statement. Then, in the Endnotes give the entire reference: **1. Brown, S (2014). Best article. Journal of Cool Stuff; 4(2), p.3-7.** This is your warning; if you borrow without giving credit you will get zero points for the parts borrowed. If you are working on an assignment that requires all your own work (or an exam), you should not be citing other authors anyway.

IMPORTANT COURSE INFORMATION-

- Ms. Lopez serves as the student learning coach for the course. She will assist with the grading of the assignments for the course and provide individual guidance for students as needed. She will provide you with her contact hours via an e-mail.
- I will make every attempt to respond to your e-mails within 24 hours sent Monday through Friday. Please resend your e-mail to me if you have not received a response from me after 24 hours during these days. Please include your complete name, SAM ID, and phone number when you send Ms. Lopez and me an e-mail.
- Assignments will be graded in one week with the exception of the STI paper.
- The video segments of the course were recorded by Ms. Clarkson, a previous instructor of the course. These videos were professionally produced, and the content is current and valid. The videos are used for all of the sections of the HLTH 3390 courses.

Sam Houston State University Policies

Attendance and Make-up Policies

Follow the class calendar and complete each weekly assignment. Items will be removed from Blackboard the final day of each exam. This will encourage you to keep up with your work. Any students who fall behind in their work will be reported to the SHSU Student Success Initiative.

Other Pertinent Course Information

Every effort will be made to ensure that power point lecture files, notes, articles and assignments are available online in a timely manner. Written assignments will be delivered thru the Blackboard course website. Handouts, changes in assignments or the schedule of class modules will be announced on the Bb course webpage. E-mail contact will be initiated with all students the first week of class. If you do not have access to your assigned SHSU e-mail account, it is your responsibility to make the instructor aware of that fact so that other arrangements may be made. You are expected to use SHSU e-mail address for all official correspondence.

Blackboard (Bb Statement)

Blackboard (Bb): This course will be supported via Blackboard, your online learning community, where you will interact with your classmates and with me. Within the course Blackboard site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments; take quizzes; email other students and the instructor; participate in online activities; and display your projects.

In order to access the course material you will need to go to <https://shsu.blackboard.com> or look for Campus Tools on the top of the University's homepage. **Please do not contact your instructor with technical problems.** If you are having a technical problem with the course, review the support resources at <http://distance.shsu.edu/tech-support/>. You will need to possess the required computing technology to be successful in an online course. **Important!!!!** Save your work as you go along. Nothing is more discouraging than to lose an assignment due to a computer hang ups! You may want to also make hard

copies of your work to have "proof" and save yourself time and trouble!

Plagiarism Virtual Course

Plagiarism is the leading form of academic dishonesty that the Department of Population Health has to address. As a Population Health student, you are responsible for knowing what plagiarism is and how to avoid it.

End of Course Evaluation

Constructive feedback from students on course evaluations is taken very seriously at the College of Health Sciences. I am asking for your assistance in helping the Department in its assessment of courses and faculty through your participation in the evaluation of your courses. As health professionals you will one day have the responsibility to evaluate colleagues and health initiatives. The College views providing feedback on the Department's courses as part of your professional responsibility.

Population Health Mission

The mission of the Department of Population Health is to foster student-centered learning for early and advanced health professionals; to conduct applied, evidence-based research in population health; and to improve health and wellbeing through community engagement at the local and global levels.

Americans with Disabilities Act (ADA)

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

STUDENTS WITH DISABILITIES POLICY

It is the policy of Sam Houston State University that no otherwise qualified individual with disabilities shall, solely by reason of his/her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic or Student Life program or activity. Students with disabilities may request help with academically related problems stemming from individual disabilities from their instructors, school/department chair, or by contacting the Chair of the Committee for Continuing Assistance for Disabled Students and Director of the Counseling Center, Lee Drain Annex, or by calling (936) 294-1720.

Academic Integrity

According to the administration's guidelines: "All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials."

"Students will refrain from behavior that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Any inappropriate behavior shall result

in disciplinary action by the instructor. Students who are especially disruptive may be referred to the Dean of Students for disciplinary action in accordance with the university policy."

The requirements, guidelines, and policies relating to student success and safety are stated in the *Student Guidelines* available at:

<http://www.shsu.edu/dept/dean-of-students/documents/2016-2018%20Student%20Guidelines.pdf>

FERPA

The Federal Education Rights & Privacy Act requires that we advise students that by registering for this course, their SHSU assigned e-mail address will be revealed to classmates and the instructor. By continuing your enrollment in the course you acknowledge your understanding of this policy. By enrolling in this course you agree to the following statement: "I understand that as a result of registering for this course, my SHSU/Blackboard assigned e-mail address will be revealed to classmates and the instructor."

Equal Opportunity Statement

Sam Houston State University is an Equal Opportunity / Affirmative Action Institution.

DISCLAIMER

This syllabus is representative of materials that will be covered in this class; it is not a contract between the student and the institution. It is subject to change. These changes will be communicated via email or posted as announcements. If you have any problems related to this course, please feel free to discuss them with the instructor.

Title IX

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education.

NOTICE OF NON-DISCRIMINATION

Sam Houston State University complies with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act. Sexual misconduct, as defined in the University's Sexual Misconduct Policy, constitutes a form of sex discrimination prohibited by Title IX and Title VII.

TITLE IX CONTACTS

Sex discrimination includes sexual harassment and sexual assault. While it is often thought of as a law that applies to athletics programs, Title IX is much broader than Athletics and applies to many programs at Sam Houston State University. While compliance with the law is everyone's responsibility at SHSU, below is a list of staff members that have primary responsibility for Title IX Compliance.

Title IX Coordinator--Jeanine Bias
Associate Dean of Students --Lowman Student Center, Suite 215
936-294-3026 or jbias@shsu.edu

The SHSU Academic Policies listed below state the rules and procedures associated with various aspects of the college experience at SHSU. These policies are followed and upheld in the course, the Department of Population Health, the College of Health Sciences, and the university. It is your responsibility to read and follow the information in each of the following academic policies:

Academic Grievance Procedures for Students

Academic Policy 900823:

<http://www.shsu.edu/dotAsset/0bb1346f-b8d6-4486-9290-dba24123d0d8.pdf>

Class Attendance

Academic Policy 800401:

<http://www.shsu.edu/dotAsset/b719129b-9593-424f-9d5a-920e2eda6890.pdf>

Procedures in Cases of Academic Dishonesty

Academic Policy 810213

<http://www.shsu.edu/dotAsset/728eec25-f780-4dcf-932c-03d68cade002.pdf>

Students with Disabilities

Academic Policy 811006

<http://www.shsu.edu/dotAsset/187f9029-a4c6-4fb4-aea9-2d501f2a60f3.pdf>

Student Absences on Religious Holidays

Academic Policy 861001

<http://www.shsu.edu/dotAsset/0953c7d0-7c04-4b29-a3fc-3bf0738e87d8.pdf>

Use of Telephone and Text Messengers in Academic Classrooms and Facilities

Academic Policy 100728

<http://www.shsu.edu/dotAsset/6d35c9c9-e3e9-4695-a1a1-11951b88bc63.pdf>
