



## SYLLABUS: HLTH 3391 (Spring 2018)

### Course Information

*Course:* HLTH 3391 Human Diseases  
*Term:* Spring 2018  
*Meeting time:* Online  
*Instructor:* Dr. Miguel A. Zuniga  
*Email address:* [zuniga@shsu.edu](mailto:zuniga@shsu.edu)  
*Office hours:* Virtual appointment only  
*Office location:* NA

### Course Description

This course is designed to be an introduction to the relationship between the human body and disease, both communicable and non-communicable. Includes historical aspects of various diseases, etiology, prevention and control, prevalence, symptoms, and treatment. Credits 3.

### Prerequisites

None

### Textbook and/or Resource Material

*Human Diseases-A Systemic approach*. 8<sup>th</sup> Edition. Pearson 2015  
ISBN13: 978013342474

The internet is required for this course. It is your responsibility to make sure you have a good connection at all times. If you have any technical problems it is your responsibility to figure out any issues. Contact the help desk (info is below in the course requirements section). Do not wait until the last minute to do assignments so that if you do have technical difficulties you have time to fix them. Do not contact your instructor with technical difficulties.

Assignments and tests have full functionality on personal computers and may not work on mobile devices (they do not work with some of the programs with blackboard). Microsoft Word for PC will be used for all discussion questions and your paper.

## Course Objectives

1. Learning to apply course material (to improve thinking, problem solving, and decisions).
  - a. Develop basic knowledge of Human Diseases
  - b. Enhance critical thinking/problem solving.
2. Developing skill in expressing oneself orally or in writing
3. Developing a clearer understanding of Human Disease
  - a. Become familiar with basic medical and disease related terminology
  - b. Become familiar with different views on disease prevention and treatment
4. Learning how to find and use resources for answering questions or solving problems.
  - a. Locate and utilize (engage in) resources, services, and activities/events to familiarize yourself with the prevention and treatment of human disease.

## Discussion Questions, Quizzes, Exams and Disease Paper

**Discussion Questions:** Each chapter will have DQs for you to complete. You will need to use your book to complete these for each chapter. Templates have been provided for you and you must use the template to complete the assignment. These assignments will be done in Microsoft Word only. Points – 1.5 each chapter

**Quizzes:** Quizzes are set up on blackboard. You will have 25 minutes to answer 10 questions and your points are automatically added to your gradebook. Points – 1 for each chapter quiz

**Exams:** All exams will be done on blackboard. You will have 120 minutes to answer 50 questions. Points – 15 for each exam

**News Article Review:** Select any online news article dated not older than January 2018 about a disease, any disease or condition is valid and write a one page reflection addressing: why do you think the disease mentioned in the article is newsworthy? What information regarding the disease or condition is provided? Based on your assessment, what audience benefits the most from the news article – general public, policy makers, health care providers, others?; how would you enhance the dissemination of the information provided in the article? Minimum of 2 pages, correct citation of news article and Internet link enclosed. Points 1.5

### **Disease Paper: Assignment is due May 1, 2018.**

Minimum of 4 pages & max of 5 pages with minimum of 5 sources cited (your works cited page does not count as a page)

APA format required (use the writing center or library if you need help)

Each student will choose a disease and write a paper on the topic. The paper contributes toward the total grade for the written aspect of this class. You should include in your paper:

1. Reason for choosing the disease. This can be one that has affected you in some fashion or it could be a disease that you fear and want to know more about.
2. Overview of the disease:
  - Symptoms, signs, etc.
  - Demographics- people, places

### 3. Additional information about the disease

- Identify history of the disease. When discovered, by whom, where, etc.
- Current research on the disease. If there is no current research then reference past research that has changed how the disease is diagnosed, treated, etc.
- i. Critical Thinking (1 page of your paper)
  - Put yourself in the shoes of the person with the disease and/or the family members you will need to research this information to understand what an individual goes through and what the family might experience.
  - “A day in the life” of the person with the disease-emotionally, physically, etc. How are family members impacted?
  - c. Limitations, barriers, freedoms lost, stress associated etc. (for the person with the disease and family)
  - d. What aspects of life do you realize that you/patient might have taken for granted before diagnosis?

Points – 10

## Grading

### Evaluation:

Exams:	3 Exams (15 points each)	45 points
Discussion Questions	(1.5 points each)	25.5 points
Quizzes	(1 point each)	17 points
Syllabus Affirmation	(1 point)	1 point
Disease Paper	(10 points)	10 points
News article review	(1.5 points)	1.5 points

Total: 100 points

**Grading Scale:** Grades are based on point totals and not averaged out

90 - 100 points	=	A	-	90-100%
80 - 89 points	=	B	-	80-89%
70 - 79 points	=	C	-	70-79%
60 - 69 points	=	D	-	60-69%
< 59 points	=	F	-	<59%

\*There will be no curves or grade changes.

\*No extra credit will be given for this class.

## Sam Houston State University Policies

### Attendance and Make-up Policies

#### STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

### Course Requirements

- a. Attendance: This is an online class. Participation will be noted by examining log-in information through blackboard.
- b. Professionalism/Participation: It is expected that students be active, enthusiastic, and collegial participants. Disruptive behavior will result in the student being asked to refrain from interacting with classmates for a specified period. A second violation and the student will be asked to drop the class.
- c. Examinations and Assignments: Exams will be administered only on the specified dates. No make-up exams will be given; however, the instructor reserves the right to give make-up exams because of unforeseen valid emergencies which can be officially documented in writing. Assignments are due by the end of the day (11:30PM) on the assigned date unless otherwise specified. Late assignments will not be accepted. Assignments must be turned in electronically unless otherwise specified. All assignments must be typed (no exceptions). Do not scan and insert assignments. Please make sure when you submit assignments you do so in the correct location (do not submit any assignments in the comments section or it will not be graded). ALL assignments need to be submitted in Microsoft Word only. If I am not able to open your assignment, it will not be graded. Make sure you submit the correct assignment. Whichever assignment is submitted will be the only one graded.
  - i. Citations: Assignments that require citations must follow APA 6<sup>th</sup> edition guidelines.

- e. *Class Materials:* The textbook is a requirement of the course. Additional materials may be assigned. You are responsible for reading the materials assigned. Any and all materials assigned are “fair game” for exams.
- f. *Sexual Harassment:* In accordance with administrative policy, sexual harassment is reprehensible and will not be tolerated by the university. Behavior in the course must conform to the university policy.
- g. *Drop/add/withdraw:* It is your responsibility to make sure that you are officially enrolled in this course. If, at any point, you decide to attend this course no longer, it is your responsibility to officially drop or withdraw from enrollment. Failure to do so may result in a failing grade.
- g. *Syllabus subject to change:* While information and assurances are provided in this course syllabus, it should be understood that content may change in keeping with new research and literature and that events beyond the control of the instructor could occur. Students will be informed of any substantive occurrences that will produce syllabus changes.
- h. *Email Etiquette:* Most communication about the course (general questions, questions about assignments, etc.) should be through the “Virtual Office” on Blackboard. Email should only be utilized for communicating about grades, etc. When communicating with me via email, you must follow the etiquette below; otherwise I reserve the right of not replying to your email.
  - i. Include your course number in the subject line. If there is not a subject, the email will be deleted as spam.
  - ii. Be sure to include a meaningful subject line; this helps clarify what your message is about and may also help me prioritize reading your email. This determines where your email will be filed. If you have a question, indicate that in the subject line.
  - iii. Just like a written letter, be sure to open your email with a greeting like Dear Dr. Zuniga:
  - iv. Use standard spelling, punctuation, and capitalization. THERE'S NOTHING WORSE THAN AN EMAIL SCREAMING A MESSAGE IN ALL CAPS. Stay away from abbreviations and do not use emoticons (those little smiley faces).
  - v. Write clear, short paragraphs and be direct and to the point; I consider your email communication as business.
  - vi. Be friendly and cordial, but do not try to joke around (jokes and witty remarks may be inappropriate and, more commonly, may not come off appropriately in email)
  - vii. I answer emails Monday- Friday. However Saturdays and Sundays I may not be as available to answer your emails, but will try and get back to you as soon as possible. I try and answer all emails within 24 hours.
- i. *Electronic submission of assignments:* Assignments must be submitted to Blackboard. All assignments need to be submitted using a computer and not a tablet (some tablets are not compatible with programs used in blackboard. Assignments must conform to the guidelines below:
  - i. Submitted in a **.docx** format unless other formats are specified as being allowed. (Microsoft Word only)
  - ii. Files not conforming to the above will not be graded and will receive a 0 (zero).
  - iii. Check to make sure the file attachment went through. If the attachment is not there, the assignment will receive a 0. If you do not see a piece of paper by your name, the file did not attach.
  - iv. Do not wait until the last minute to submit your assignment. If you are unable to upload the assignment, you will receive a 0 for that assignment.

- v. Some assignments will utilize SafeAssign. This will be set up through Blackboard and does not require additional steps on your part.
- vi. Assignments must be presented in a visually appealing manner (meaning, easy to read and follow) using APA 6<sup>th</sup> edition as a guideline.
- vii. If you are having technical issues, it is your responsibility to get it taken care of. You need to contact SHSU Online Support Desk at (you just need to click on the Need Help? tab under the Help & How To section on blackboard. Please keep record off all correspondence with SHSU Online Support so if there are any issues.

### Phone

Monday - Friday  
7:00am - Midnight  
Saturday  
8:00am - 8:00pm

[936.294.2780](tel:936.294.2780)

### Email

Monday - Friday  
7:00am - Midnight  
Saturday  
8:00am - Midnight

[blackboard@shsu.edu](mailto:blackboard@shsu.edu)

### Chat

Monday - Friday  
7:00am - Midnight  
Saturday  
8:00am - 8:00pm

- j. **Academic Honesty:** Academic honesty is expected in all work. Ignorance is not an excuse. Penalties will include 0 points for the assignment or exam. Failure of the course may also be used as a penalty at the discretion of the instructor.

### Blackboard Statement

This course will be supported via Blackboard, your online learning community, where you will interact with your classmates and with me. Within the course Blackboard site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments; email other students and the instructor; participate in online activities; and display and submit your projects.

In order to access the course material you will need to go to <https://shsu.blackboard.com> or look for Campus Tools on the top of the University's homepage. **Please do not contact your**

**instructor with technical problems.** If you are having a technical problem with the course, review the support resources at <http://distance.shsu.edu/tech-support/>. You will need to possess the required computing technology to be successful in an online course. **Important!!!** Save your work as you go along. Nothing is more discouraging than to lose an assignment due to a computer hang ups! You may want to also make hard copies of your work to have "proof" and save yourself time and trouble!

### **Plagiarism**

Plagiarism is the leading form of academic dishonesty that the Department of Health Services and Promotion has to address. As a HSP student, you are responsible for knowing what plagiarism is and how to avoid it.

### **Population Health Mission**

The mission of the Department of Population Health is to foster student-centered learning for early and advanced health professionals; to conduct applied, evidence-based research in population health; and to improve health and wellbeing through community engagement at the local and global levels.

### **Americans with Disabilities Act (ADA)**

SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. Students with disabilities that may affect adversely their work in this class should register with the SHSU Counseling Center and talk with their University supervisor and classroom mentor teachers about how they can help. All disclosures of disabilities will be kept strictly confidential. NOTE: no accommodation can be made until registration with the Counseling Center is complete.

### **STUDENTS WITH DISABILITIES POLICY**

It is the policy of Sam Houston State University that no otherwise qualified individual with disabilities shall, solely by reason of his/her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic or Student Life program or activity. Students with disabilities may request help with academically related problems stemming from individual disabilities from their instructors, school/department chair, or by contacting the Chair of the Committee for Continuing Assistance for Disabled Students and Director of the Counseling Center, Lee Drain Annex, or by calling (936) 294-1720

### **Academic Integrity**

According to the administration's guidelines: "All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of

the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials.”

“Students will refrain from behavior in the classroom that intentionally or unintentionally disrupts the learning process and, thus, impedes the mission of the university. Cellular telephones and pagers must be turned off before class begins. Students are prohibited from eating in class, [chewing gum], using tobacco products, making offensive remarks, reading newspapers, or engaging in any other form of distraction. Inappropriate behavior in the classroom shall result in a directive to leave class. Students who are especially disruptive also may be referred to the Dean of Students for disciplinary action in accordance with the university policy.”

### **Self plagiarism**

“Self-plagiarism represents a significant problem in academia as it serves to undermine the learning process and outcomes that are a key feature of each course that is offered as a part of a student’s curriculum. As a result, the Department of Population Health has a strict policy in place to prevent self-plagiarism in the classroom. Self-plagiarism is defined as the submission of any type of assignment that contains content that is recycled from other assignments or a prior publication that one submits for course credit in another course.”

The full policy for “Code of Student Conduct and Discipline” is found at the following link: <https://www.shsu.edu/students/guide/dean/codeofconduct.html>

## **FERPA**

The Federal Education Rights & Privacy Act requires that we advise students that by registering for this course, their SHSU assigned e-mail address will be revealed to classmates and the instructor. By continuing your enrollment in the course you acknowledge your understanding of this policy.

By enrolling in this course you agree to the following statement: “I understand that as a result of registering for this course, my SHSU/Blackboard assigned e-mail address will be revealed to classmates and the instructor.”

## **Equal Opportunity Statement**

Sam Houston State University is an Equal Opportunity / Affirmative Action Institution.

## **DISCLAIMER**

This syllabus is representative of materials that will be covered in this class; it is not a contract between the student and the institution. It is subject to change. These changes will be



communicated via email or posted as announcements. If you have any problems related to this course, please feel free to discuss them with the instructor.

## **Title IX**

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education.

### **NOTICE OF NON-DISCRIMINATION**

Sam Houston State University complies with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act. Sexual misconduct, as defined in the University's Sexual Misconduct Policy, constitutes a form of sex discrimination prohibited by Title IX and Title VII.

### **TITLE IX CONTACTS**

Sex discrimination includes sexual harassment and sexual assault. While it is often thought of as a law that applies to athletics programs, Title IX is much broader than Athletics and applies to many programs at Sam Houston State University. While compliance with the law is everyone's responsibility at SHSU, below is a list of staff members that have primary responsibility for Title IX Compliance.

Title IX Coordinator--Jeanine Bias

Associate Dean of Students --Lowman Student Center, Suite 215

936-294-3026 or [jbias@shsu.edu](mailto:jbias@shsu.edu)

## Spring 18: HLTH 3391 Human Diseases

\*All power points, discussion questions, quizzes and the papers open the first day of class. The exams are only open on the specified dates.

	<b>UNIT 1</b>	Points
<b>Jan 17</b>	CHAPTERS 1-6 – Power Points - Discussion Questions – Quizzes - Exam	
Jan 21	Syllabus Contract – <b>Due by 11:30pm</b>	1.0
Jan 29	Chapter 1 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Jan 29	Chapter 2 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Feb 5	Chapter 3 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Feb 5	Chapter 4 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Feb 12	Chapter 5 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Feb 12	Chapter 6 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Feb 19	<b>Exam 1 – Opens Feb 18 @ 12pm and closes Feb 19 @ 11:30 pm</b>	<b>15</b>
	<b>UNIT 2</b>	
<b>Feb 19-</b>	CHAPTERS 7-12 – Power Points - Discussion Questions – Quizzes – Exam	
Feb 26	Chapter 7 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Feb 26	Chapter 8 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Mar 5	Chapter 9 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Mar 5	Chapter 10 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Mar 19	Chapter 11 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Mar 19	Chapter 12 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Mar 26	<b>Exam 2 – Opens Mar 25 @ 12pm and closes Mar 26 @ 11:30 pm</b>	<b>15</b>
	<b>UNIT 3</b>	
<b>Mar 26</b>	CHAPTERS 13-17 – Power Points - Discussion Questions – Quizzes – Exam	
Apr 2	Chapter 13 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Apr 2	Chapter 14 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Apr 9	Chapter 15 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Apr 9	Chapter 16 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Apr 16	Chapter 17 Discussion Questions and Quiz – <b>Due by 11:30pm</b>	2.5
Apr 23	<b>Exam 3 – Opens Apr 22 @ 12pm and closes Apr 23 @ 11:30 pm</b>	<b>15</b>
Apr 27	<b>News article review - Due by 11:30pm</b>	1.5
May 1	<b>Disease Paper – DUE by 11:30pm</b>	<b>10</b>
	<b>THE END</b>	<b>100</b>