

SAM HOUSTON STATE UNIVERSITY
PSYC 6392/6393: Practicum II/III
3 Credit Hours each = 6 Credit Hours
Spring 2018

Instructor: D. Stoebner-May, Ph.D.
Classroom: College of Humanities & Social Sciences, Room C-249 (CHSS 249)
Time: Tuesdays from 9:00 am – 11:50 am
Office: College of Humanities & Social Sciences, Room 316 (CHSS 316)
Phone: (936)-294-2434
Email: dxs011@shsu.edu
Office Hours: By appointment only.

REQUIRED TEXTS:

- Koocher, G., & Keith-Spiegel, P. (2016). *Ethics in Psychology & the Mental Health Profession: Standards & Cases* (Forth edition). Oxford University Press.
- William, R. M., & Rollnick, S. (2013). *Motivational Interviewing, Third Edition: Helping People for Change*. NY: Guilford Press.

RECOMMENDED:

- Seay, O.J., Hays, J. R., & Edwards, C.N. (2012). *Texas Law and the Practice of Psychology: A Sourcebook*. TX: Texas Psychological Association.
- Eells, T.D. (2015). *Psychotherapy Case Formulation*. American Psychological Association. Washington DC.

COURSE OVERVIEW:

The courses, **PSYC 6392** and **PSYC 6393 – Practicum II** and **Practicum III**, are designed to provide graduate students with an opportunity to bring theory and practice together to develop their psychotherapy skills. Students are assigned to practicum sites where they provide therapy to clients suffering from various psychological disorders and problems in living. Ethical issues in treatment are also covered.

TIME REQUIREMENT AND DURATION:

For each graduate hour attempted, at least three hours outside class is expected. These 3-credit-hour courses will meet 3 hours each week. You should spend at least 17-20 hours at your practicum site. One of those hours should be weekly supervision with the on-site supervisor. The majority of the remaining hours should be with clients and/or engaged in duties of the agency connected to the practicum. A practicum frequently requires more hours per week. In order to get the most from your practicum experience, it is expected that your practicum duration is for the entire semester. It is expected that if you enrolled in this graduate course, you can meet the time requirements.

COURSE OBJECTIVES/STUDENT COMPETENCIES:

<i>Upon completion of the practicum, students will have:</i>	<i>Assessment Strategies</i>
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Demonstrated increased counseling and psychotherapy skills necessary for an entry-level clinician	Onsite supervisor, case study presentations
Demonstrated knowledge of, and compliance with, the ethical/legal issues that arise during the practice of psychotherapy from federal and state perspectives	Onsite supervisor, class participation, & directed readings
Demonstrated awareness of how cultural diversity and individual differences impact effectiveness of psychotherapy from both client and therapist perspectives	Onsite supervisor, class participation, & directed readings
Identified limitations of a beginning therapist and when it is necessary to consult more experienced supervisors	Onsite supervisor, class participation, & directed readings
Accrued 300 clock-hours of closely supervised experience	Practicum Logs
Presented at least one case for faculty instructor and peer review: includes presented issue, summary of independent most up-to-date research, treatment plan with diagnosis and goals, summary and evaluation of progress, and recommendations for future therapy.	University Faculty (a grading rubric will be provided)

COURSE REQUIREMENTS:

- 1. ATTENDANCE POLICY:** Regular and punctual attendance is expected. SHSU policy is that no student will be penalized for three or fewer hours of absences. However, a student may be penalized for more than three hours of absences. My policy: Three hours of absence are free and clear. Plan this time carefully. However, any time beyond the allowed three hours will result in a grade of a B or failure. IT IS THE STUDENT'S RESPONSIBILITY TO CONTACT THE INSTRUCTOR AND FIELD-SITE REGARDING ANY ABSENCE *BEFORE* THE ABSENCE OCCURS. FAILURE TO DO SO WILL BE DOCUMENTED AS UNPROFESSIONAL BEHAVIOR.
- 2. PROFESSIONALISM:** Attendance, punctuality, adherence to ethical standards, the quality of your interactions with clients, colleagues, and supervisors, and the quality of your timeliness in completing assignments all determine your professionalism, which in turn signals your readiness to advance in your program. Concerns of your on-site supervisor will be managed swiftly and could lead to removal from the practicum site.
Practicum II and Practicum III are aligned with the Rules of the Texas State Board

of Examiners of Psychologists and the Ethical Guidelines of the American Psychological Association.

- 3. ON-SITE COUNSELING EXPERIENCE:** Practicum students are required to obtain a minimum of 300 hours of practicum experience. Each week, students should complete 20 practica hours including 3 class hours, 1 supervision hour on site, and at least 17 on-site hours. Practicum experience consists of both direct and indirect services. Direct services include individual counseling, group counseling, consultation, outreach presentations, and assessment. Indirect services include scheduling, meetings, writing case notes, research or preparation for sessions. Travel time is not included in practicum hours. *Inability to obtain the minimum hours (300 total) will result in an incomplete or failure in this course.*
- 4. DURATION OF PRACTICUM:** The duration for practicum 6392/6393 is one semester. Students may begin on the first day of the semester and may end no earlier than the last week of the semester (not including finals week).
- 5. SUPERVISION: A portion of your evaluation consists of your ability to receive supervision and make necessary adjustments.** Preparation for supervision sessions and all other paper-work completed is imperative. The ability to accept and make adjustments through supervision is extremely important in training. Your readiness to advance in your program will be determined, in part, by your response to supervision. One hour of individual supervision on-site by licensed psychologist is required, at a minimum, once a week.
- 6. WEEKLY PRACTICUM LOGS:** Students will keep a log to demonstrate weekly clock-hours accrued. The practicum log must be dated and signed each week by the on-site supervisor. Outside work (preparation for clients outside of normal practicum hours, preparation for capstone outside of normal practicum hours (but not including direct service time), and attendance at conferences does not count towards practicum hours. If have a question regarding hours please contact me or consult with your practicum supervisor.
- 7. CLASS PARTICIPATION:** Class participation in case-presentations and class discussions is expected as an avenue to meet the course objectives. Students will be expected to keep up with readings and be prepared to discuss assigned readings each week. As a prerequisite to attend class each week, students should complete the **directed readings** on Blackboard. Directed readings are to be turned in during class, late submissions will not be accepted. Students will be expected to lead a discussion each week.
- 8. ETHICS AUTOBIOGRAPHY AND REFLECTION PAPER:** Students will be required to write a paper and reflect on their personal ethics of origin and their ethnic and religious background, as well as what they have already learned about psychology ethics. Each student should consider how their own personal values may interact with professional ethics principles and rules in psychology. At the end of the semester each student will submit a reflection paper as a “revision” of their ethics autobiography. Details of assignment will be given in class.

9. CASE PRESENTATIONS: At least one case study will be required in which you discuss the presenting problem of your chosen client, working diagnosis, treatment plan, progress, and recommendations if treatment is continued. A rubric will be provided to assist you in creating the case study. Only one case study is required for a “B.” Two are required for an “A.”

10. CAPSTONE COURSE REQUIREMENTS: PSYC 6392/6393 includes capstone requirements in place of a comprehensive exam. Successful completion of capstone is necessary for graduation. There will be two elements of the capstone requirements: (1) a case study, and (2) an assessment study. *You may not use acquaintances, friends, or relatives to be the subject of your case study or assessment study. Additionally, make sure you obtain the age of your volunteer before proceeding, minors may not consent to participation without parental consent.* During the capstone presentations, one should expect and respond appropriately to questions asked by faculty evaluators. The rubric for capstone includes the information that must be included in the presentation. Since each case is unique, questions not directly addressed by the rubric may be asked in order to understand the reasoning for statements, diagnoses, treatments, etc.

- **Case Study:** A case study of a current client will be required and will count for a portion of your comprehensive exam. A rubric will be provided to help you craft the case study which will be presented to the class and departmental evaluators. The case study **will** also contribute to your PSYC 6392/6393 grade.
- **Assessment Study:** You will be required to use assessment data from a current client or student volunteer through PeRP to create a presentation that will be used for a portion of your comprehensive exam. A rubric will be provided to assist you in the crafting of the presentation that will be presented to departmental evaluators. The assessment study **will** also contribute to your PSYC 6392/6393 grade.

EVALUATION OF COURSEWORK: Only outstanding performance will be recognized with a grade of an **A**. Satisfactory/adequate performance will result in a grade of a **B**. No **C**'s will be assigned. If a student is not able to perform at a satisfactory level, an **F** will be assigned.

Directed Readings/Chapter Notes (10 at 20 points each) = 200

Case Presentation = 100 points

Capstone = 200 points

Total = 500 points

The final grade will be assigned using the following scale:

A = 90% + of total

B = 80%-89% of total

To receive an “A”	To receive a “B”
<ul style="list-style-type: none"> • Keep up with scheduled readings, submit all directed reading in class & 	<ul style="list-style-type: none"> • Keep up with scheduled readings • Meet counseling and supervision

<p>lead a class discussion</p> <ul style="list-style-type: none"> • Meet counseling and supervision appointments on time • Be open to supervision and incorporate feedback • Attend and participate in class • Accumulate approximately 20 hours of practicum hours each week • Maintain high quality interactions with peers, clients, volunteer site, and supervisor • Maintain a log of all practicum hours • Integrate theory with practice • Progress in skill development and consistency during the course of the semester • Display professional demeanor (attendance, punctuality, timeliness of assignments, etc.); • Demonstrate sensitivity to cultural and individual differences issues • Demonstrate compliance with ethical guidelines and seek supervision when unsure • Present two counseling cases to class • Field-supervisor evaluations reflecting at least outstanding performance • No more than one absence • Write an ethics autobiography and reflection paper. 	<p>appointments on time</p> <ul style="list-style-type: none"> • Be open to supervision and incorporate feedback • Attend and participate in class • Accumulate approximately 20 hours of practicum hours each week • Maintain high quality interactions with peers, clients, volunteer site, and supervisor • Maintain a log of all practicum hours • Integrate theory with practice • Progress in skill development and consistency during the course of the semester • Display professional demeanor (attendance, punctuality, timeliness of assignments, etc.); • Demonstrate sensitivity to cultural and individual differences issues • Demonstrate compliance with ethical guidelines and seek supervision when unsure • Present one counseling case to class • Field-supervisor evaluations reflecting at least adequate performance • Two or more absences
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REMEDIATION: If necessary, the Master’s Clinical Psychology Program will arrange for remediation plans and alternate degree plans when a candidate’s performance in the Program indicates a need for additional and/or specialized training. These plans are developed in order to support the candidate in successfully meeting the competencies necessary for professional practice in the field.

CLASSROOM RULES OF CONDUCT: Each student will act in accordance with *Section 5 (21) of The Code of Student Conduct and Discipline* found in the following link: <https://netreg.shsu.edu/mirror/codeofconduct.html>. Students are expected to participate in and facilitate an environment of learning and to respect each other. To this end, students should refrain from any activity or behavior that distracts from the learning process (side conversations, falling asleep, etc.).

ELECTRONIC DEVICES: Students are prohibited from using or having in sight any electronic devices, which includes all cell phones, laptops, iPods, etc. All such devices should be placed in a silent or vibrate mode and stored out of sight during class to ensure no disruptions. See the

instructor if you would like to have an exception to this prohibition considered (e.g., using a laptop for note-taking).

ACADEMIC DISHONESTY: All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials. For a complete listing of the university policy, see:

<http://www.shsu.edu/dept/dean-of-students/index.html>

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY: Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911 (a) (2) defines a religious holy day as: “a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20....” A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence. University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed. For a complete listing of the university policy, see:

</dept/academic-affairs/documents/aps/students/861001.pdf>

STUDENTS WITH DISABILITIES POLICY: It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should register with the Office of Services for Students with Disabilities located in the Lee Drain Annex (telephone 936-294-3512, TDD 936-294-3786, and e-mail disability@shsu.edu). They should then make arrangements with their individual instructors so that appropriate strategies can be considered and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired. SHSU adheres to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations for students with disabilities. If you have a disability that may affect adversely your work in this class, then I encourage you to register with the SHSU Services for Students with Disabilities and to talk with me

about how I can best help you. All disclosures of disabilities will be kept strictly confidential. NOTE: No accommodation can be made until you register with the Services for Students with Disabilities. For a complete listing of the university policy, see:

<http://www.shsu.edu/dotAsset/7ff819c3-39f3-491d-b688-db5a330ced92.pdf>

VISITORS IN THE CLASSROOM: Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

For more information on these policies, please visit: <http://www.shsu.edu/syllabus/>

SCHEDULE

***This schedule is subject to change at the discretion of the instructor.**

Class Schedule:

Date	Readings/Discussion
01/23	Overview of course FERPA Release
01/30	Readings: Koocher & Keith-Spiegel – Chapter 1 On Being Ethical Koocher & Keith-Spiegel – Chapter 6 Confidentiality, Privacy, and Record Keeping <u>Read the following statutes:</u> <i>Consent</i> Health and Safety Code Section 591 Family Code Section 32.003 Family Code Section 32.004 <i>Confidentiality and Reporting</i> Health and Safety Code Section 611 Health and Safety Code Section 181 Family Code Section 261 Family Code 261.101 Family Code 261.102 Family Code 261.103 Family Code 261.104 Attorney General Opinion Concerning Reporting of Child Abuse Human Resource Code Section 48 Health and Safety Code 464.010 <u>Article Assignment:</u> American Psychological Association. (2007). Record Keeping Guidelines. American Psychologist, 62, 993-1004.
02/06	Readings: William & Rolnick – (Ch 1-3)

	<p><i>Confidentiality and Responding to Suicidal Risk</i> (readings to be assigned) <u>Read the following statutes:</u> Health and Safety Code Section 611.004 <u>Article Assignment:</u> Truscott, D., Evans, J., Mansell, S. (1995). Outpatient psychotherapy with dangerous clients: A model for clinical decision making. <i>Professional Psychology: Research and Practice</i>, 26 (5), 484-490.</p> <p>ETHICS AUTOBIOGRAPHY DUE</p>
02/13	<p>Peer Supervision Readings: William & Rolnick – (Ch 4-6) Koocher & Keith-Spiegel – Chapter 2 Competence: Personal Fitness, Qualifications, and Training Issues Case Conceptualization (if needed)</p>
02/20	<p>Peer Supervision Readings: William & Rolnick – (CH 7-8) Koocher & Keith-Spiegel – Chapter 3 Psychotherapy 1: Ethical Obligations of Psychotherapists</p>
02/27	<p>Peer Supervision Readings: William & Rolnick –(Ch 9-10) Koocher & Keith-Spiegel – Chapter 4 Psychotherapy II: Ethical Issues in Psychotherapeutic Techniques and Controversies</p>
03/06	<p>Peer Supervision Readings: William & Rolnick – (Ch 11-12) Koocher & Keith-Spiegel – Chapter 5 Ethical Challenges in Working With Human Diversity</p>
03/13	No class- Spring Break
03/20	<p>Peer Supervision Readings: William & Rolnick – (Ch 13-14)</p>
03/27	<p>Peer Supervision Readings: William & Rolnick – (Ch 15-16) Case Presentations</p>
04/03	<p>Peer Supervision Readings: William & Rolnick – (Ch 17-18)</p>

	<p>Koocher & Keith-Spiegel – Chapter 8 Nonsexual Multiple-Role Relationships Case Presentations</p>
04/10	<p>Peer Supervision Readings: William & Rolnick – (Ch 19-20) Koocher & Keith-Spiegel – Chapter 9 Attraction, Romance, and Sexual Intimacies With Clients and Subordinates <u>Read the following statutes:</u> Civil Practice Code 81 Civil Practice Code 81.002 Civil Practice Code 81.003 Civil Practice Code 81.005 Civil Practice Code 81.006 Case Presentations</p>
04/17	<p>Peer Supervision Readings: William & Rolnick – (Ch 21-22) Koocher & Keith-Spiegel – Chapter 17 & 18 Making Ethical Decisions and Taking Action Ethics Codes, Regulations, and Enforcements</p>
04/24	CAPSTONE (ASSESSMENT CASE)
05/01	CAPSTONE (THERAPY CASE)
05/08	<p>Final supervisor evaluation and practicum logs due. REFLECTION PAPER DUE</p>