

**Judy Reed Sandlin**  
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## **EDUCATION**

Texas A&M University  
College Station, TX August, 1993  
Doctor of Philosophy, Kinesiology

Baylor University  
Waco, TX August, 1986  
Masters of Science in Education, Physical Education

Louisiana Tech University  
Ruston, LA May, 1985  
Bachelors of Science in Education, Physical Education, Health, Psychology  
Louisiana State Teachers License Attained

## **HONORS**

Corps Academic Mentor of the Year – Texas A&M Corps of Cadets - 2013  
Excellence in Teaching Award Nominee - College of Education - Liberty University  
Piper Professor Award Nominee - Sam Houston State University  
Piper Professor Award Nominee - Sam Houston State University  
Sammy Award Nominee - Sam Houston State University  
Teacher of the Year - Department of Health and Physical Education - Arkansas State University  
Graduated Summa cum Laude - Texas A&M University  
Graduated Summa cum Laude - Baylor University  
Graduated cum Laude - Louisiana Tech University

## **PROFESSIONAL EXPERIENCE**

### **United States Anti-Doping Agency**

TrueSport Education Ambassador

August, 2009 – present

Education Ambassador – TrueSport/US Anti-Doping Agency  
Project Manager – A's and Aces Case Study, New Orleans, LA  
Project Manager – Alvin ISD Case Study, Alvin, TX  
Representative - Olympic Celebration Honoring Sport in Colorado Springs  
Presenter – Friday Night Live Conference – Los Angeles, CA, July 15-18, 2013  
Presenter – Alvin ISD – Coaches and Teachers In-Service, August 2, 2013  
Project Manager – Curriculum Development – k-1 and 2-5 TrueSport Curriculum  
and Facilitator's Guides – Created new curriculum

Project Manager – Curriculum Development – 6-8 and 9-12 TrueSport  
Curriculum and Facilitator's Guides – Update to previous curriculum  
Participant – CSS Celebrates the Olympics – Olympic Training Center, Colorado  
Springs, CO, May 10, 2013  
Presenter – TrueSport Day – Colorado Springs School, March 6-8, 2013

### **Texas A&M University**

Department of Educational Administration and Human Resource Development

**Clinical Associate Professor** September, 2012 – Present

Instructor, Introductory Measurement and Evaluation in HRD and Research in  
Human Resource Development (Undergraduate)

Instructor, Theory of Education Research I and II (Graduate)

Ph.D/Ed.D. Committee Member for 12 EHRD and EDAD Graduate Students

Education Ambassador, United States Anti-Doping Agency

Chair, Professional Development Section of the College Division, Texas

Association for Health, Physical Education, Recreation, and Dance

Co-Sponsor – Graduate Representative Advisory Board – Texas A&M University

Judge, Student Research Week, Texas A&M University

Member, University Technology Enhanced Core Curriculum Course Grant

Selection Committee

Member, College of Education - Lecturer and Instructional Professor Advisory  
Committee

Member, University Student Rules and Regulations Committee

Member, College of Education Undergraduate Curriculum Committee

Member, Board of Advisors – Coaching Academy - Sydney and JL Huffines

Institute for Sports Medicine and Human Performance

Participant, Cohort for the Learning Management System Transition Project

Participant, Majors Fair – Texas A&M Athletics Department

Participant, S-1 Corps of Cadets Leadership Symposium

Instructional Mentor, EHRD Teaching Assistants

Corps Academic Mentor, Texas A&M Corps of Cadets Unit S-1

Member, EHRD Undergraduate Executive Committee

Member, EHRD Undergraduate Admissions Committee

Member, Departmental Clinical Merit Committee

Member, Third Year Review and Promotion Committee

**Clinical Assistant Professor** August, 2007-August, 2012

Instructor, Introductory Measurement and Evaluation in HRD and Research in  
Human Resource Development (Undergraduate)

Instructor, Theory of Education Research I and II (Graduate)

Education Ambassador, United States Anti-Doping Agency

Judge, True Sport Awards, United States Anti-Doping Agency

Chair-Elect, Professional Development Section of the College Division, Texas

Association for Health, Physical Education, Recreation, and Dance

Member, Curriculum Technology Enhancement Selection Committee

Member, Presidential Ad-Hoc Committee for Student-Athlete Success

Member, Technology Enhanced Core Curriculum Course Grant Selection  
Committee

Member, Search Committee for EHRD Clinical Faculty Member  
Member, Departmental Awards Committee  
Member, EHRD Undergraduate Admissions Committee  
Member, College Clinical Review and Promotion Committee  
Member, Departmental Clinical Merit Committee  
Created / Summarized, Universal Design Survey in Qualtrics for Undergraduate Faculty  
Volunteer Judge, Student Research Week  
Volunteer, Texas A&M Athletics Department Majors Fair  
Volunteer, Texas A&M Football Recruiting Breakfasts  
Member, Search Committee for the Director of the Byrne Student Success Center  
Member, College of Education Undergraduate Curriculum Committee  
Member, Department of EAHR Ad Hoc Committee examining departmental and course rigor  
Tutor, Statistics and Research Design for EAHR/EDAD Graduate Students

### **Liberty University**

Department of Health Sciences and Kinesiology

**Associate Professor** August, 2000-July, 2007  
Instructor, Developmental Math, Drugs in Society, Personal Health, Teaching Methods in Health and Social Sciences, CPR and First Aid, Behavior Modification, Kinesiology, Biomechanics, Quantitative Research Methods, Senior Honors Thesis, Tennis, Basketball, Beginning and Intermediate Swimming, Innovative Games, Soccer (Undergraduate)  
Instructor, Drugs in Society, Math (Distance Learning Program)  
Secretary, Faculty Senate  
Chair and Member, Senate Athletic Committee  
Assistant Director, University Honors Program  
Chief Report Writer and Chairman, Gender Equity, Minority Issues and Welfare Committee for Liberty University's NCAA Certification Report  
Advisor, Student Advisor for Health Sciences and Kinesiology Majors

### **Sam Houston State University**

Department of Health and Kinesiology

**Assistant Professor, Tenure Track** December, 1998-August, 2000  
Instructor, Biomechanics, Sport Psychology, First Aid, Majors Softball/Volleyball, Majors Tennis/Badminton, Individual Sports Analysis, Team Sports Analysis, Motor Learning and Assessment (Undergraduate)  
Instructor, Research Methods, Biomechanics, Sport Psychology (Graduate)  
Member, Curriculum Committee  
Student Advisor, Bachelor of Science in Exercise Science and Bachelor of Science in Education Programs

### **Stephen F. Austin State University**

Department of Kinesiology and Health Science

**Assistant Professor, Tenure Track** August, 1997-December, 1998

Instructor, Fitness Concepts, Team Games and Sports Activities, Innovative Games, Lifeguarding, First Aid, Water Safety Instructor (Undergraduate)  
Instructor, Statistics in Kinesiology, Sport and Society (Graduate)

### **Sam Houston State University**

Department of Health and Kinesiology

**Assistant Professor, Tenure Track** August, 1994-August, 1997

Instructor, Biomechanics, Sport Psychology, First Aid, Majors Swimming,  
Lifeguarding Water Safety Instructor (Undergraduate)

Instructor, Research Methods, Sport Psychology, Statistics, Advanced  
Biomechanics (Graduate)

Faculty Advisor, Kinesiology Majors' Club

Member, Kinesiology Awards Committee

Member, Graduate Oral Committee (13 Graduate Students)

Chair, Supplemental Resources Committee

Member, Independent Studies Committee

Member, Faculty Search Committee - Health Education

Chair, Kinesiology Curriculum Committee

Basic Instruction Coordinator - Aquatics

Student Advisor, Bachelor of Science in Exercise Science and Bachelor of  
Science in Education Programs

Library Liaison

### **Arkansas State University**

Department of Health and Physical Education

**Assistant Professor** August, 1993-June, 1994

Instructor, Sports Law, Organization and Administration, Basic Physiology of  
Activity, Medical Terminology, Adaptive Physical Education, Human Anatomy  
and Anatomic Fundamentals of Motion, Evaluation in Physical Education,  
Kinesiology

Instructor, Beginning Swimming, Intermediate Swimming, and Concepts of  
Aquatics

Student Advisor, Bachelor of Science in Exercise Science and Bachelor of  
Science in Education Programs

Chair, Departmental Statistics Committee

Member, Departmental Proficiency Committee

Activity Specialist - Swimming

### **Texas A & M University**

Department of Health & Kinesiology

**Assistant Lecturer** August, 1989-August, 1993

Instructor, First Aid and CPR

Instructor, Swimming, Snow Skiing, Racquetball, Fitness and Conditioning

Tutor, Statistics and SAS Data Analysis

Member, Graduate Student Council

Section Leader, Fitness and Conditioning  
Member, Dean's Graduate Student Advisory Council  
Section Leader, Racquetball

Department of Intercollegiate Athletics

**Tutor**

August, 1990-1991

Tutor, Psychology of Sports and Safety

**Paul Quinn College**

Department of Health, Kinesiology, and Recreation

**Instructor**

August, 1988-May, 1990

Instructor, Kinesiology, Health Promotion, Exercise Physiology, and Sociology of Sport, Nutrition

Instructor, First Aid and CPR (American Red Cross)

Instructor, Swimming, Tennis, Folk and Square Dance, and Lifetime Sports

**Waco Athletic and Racquet Club**

**Health Promotion/Aquatics Director**

June, 1986-August, 1988

Implemented wellness program

Wrote personal fitness program

Planned and directed aquatic programs

**Baylor University**

Department of Health, Physical Education, and Recreation

**Graduate Teaching Assistant**

August, 1985-August, 1986

Instructor, Tennis and Swimming

**PUBLICATIONS**

Sandlin, J. R., Keathley, R. S., & Sandlin, M. E. (2013). Sport decision-making: Lessons from former high school athletes. *Research Quarterly for Exercise and Sport*, 83(1), A75.

Keathley, R. S., & Sandlin, J. R. (2013). *The choking game: Knowledge and awareness among college students*. *Research Quarterly for Exercise and Sport*, 84(1), A19.

Claus, V. A., Callahan, J., & Sandlin, J. R. (2013). Culture and leadership: Women in non-profit leadership positions in the European Union. *Human Resource Development International*, 16(3), 1-16.

Sandlin, J. R., Dominguez, K., & Lambert, M. (2012). Mental toughness: A baseline assessment of division I athletes. *Research Quarterly for Exercise and Sport*, 83(1), A80.

- Burke, J. S., & Sandlin, J. R. (2012). Improving self-regulated learning using USADA's 100% Me curriculum. *Research Quarterly for Exercise and Sport*, 83(1), A81.
- Sandlin, J. R., & Keathley, R. S. (2012). Purposeful and planned: Alcohol protective strategies among college students. *Research Quarterly for Exercise and Sport*, 83(1), A20.
- Sandlin, J. R., Keathley, R. S., & Sandlin, M. E. (2012). Knowledge of dietary supplement regulation and use among college students. *Research Quarterly for Exercise and Sport*, 83(1), A20.
- Sandlin, M. E., Keathley, R. S., & Sandlin, J.R. (2011). The health profile of college energy drink consumers. *Research Quarterly for Exercise and Sport*, 82(1), A19.
- Johnson, A., Keathley, R. S., & Sandlin, J. R. (2011). The knowledge of human papillomavirus (HPV) among college students. *Research Quarterly for Exercise and Sport*, 82(1), A26.
- Keathley, R.S., Sandlin, J.R., Joyner, L.I., & Bass, M.A. (2010). Knowledge of U.S. standard alcohol serving sizes among college students. *Research Quarterly for Exercise and Sport*, 81(1), A24.
- Rolston, E. J., Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (2007). Power napping: Effects on cognitive ability and stress levels among college students. *Research Quarterly for Exercise and Sport*, 78 (1), A42.
- Vannoy, L. A., Bass, M. A., Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (2006). Alcohol behaviors and attitude: Do they vary between evangelical Christian and regional state supported universities? *Research Quarterly for Exercise and Sport*, 77 (1), A28.
- Keathley, R.S., Sandlin, J.R., Sandlin, M.E. & Bounds, R.G. (2005). Personal protective equipment: Time effects on initiation of lifesaving support. *Research Quarterly for Exercise and Sport*, 76 (1), A45.
- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (2004). The HIV/AIDS knowledge of female offenders within the Texas department of criminal justice system. *Research Quarterly for Exercise and Sport*, 75 (1), A25-26.
- Keathley, R. S., Sandlin, J. R. , & Sandlin, M. E. (2004). Breathing barriers and the likelihood of beginning lifesaving care.” *Research Quarterly for Exercise and Sport*, 75 (1), A2
- Keathley, R. S. & Reed, J. L. (Spring, 2000). The retention of CPR knowledge and skills among university students. *American Alliance for Health, Physical Education, Recreation, and Dance Research Abstracts and Conference Proceedings*, 70 (1), 101.

- Gibbons, E. E., Blassingame, C. L., Rust, D.M., & Reed, J. L. (2000). Effects of sex composition by class and instructor's sex on physical self-efficacy of college men. *Perceptual and Motor Skills*, 90, 105-110.
- McBride, R. E., & Reed, J. L. (1998, Spring). Thinking and college athletes: Are they predisposed to critical thinking? *College Student Journal*, 32, 443-450.
- Crouse, S. F., O'Brien, B. C., Rohack, J. J., Lowe, R. C., Green, J. S., Tolson, H., & Reed, J. L. (Spring, 1996). Changes in serum lipids and apolipoproteins after exercise in men with high cholesterol: Influence of intensity. *Journal of Physiology*, 79 (1), 279-286.
- McBride, R. E., Reed, J. L., & Dollar, J. E. (1994, Spring). Teacher attitudes toward staff development: A symbiotic relationship at best. *Journal of Staff Development*, 36-41.
- Reed, J. L., & Chevrette, J. M. (1993, May). Participation and attrition in organized youth sport programs. *Journal of Applied Research in Coaching and Athletics Annual*.
- Reed, J. L. (1992, Spring). Athletic scholarships as contracts: Legal ramifications for the university and obligations of the student-athlete. *Academic Athletic Journal*, 1-11.
- Ashley, F. B., & Reed, J. L. (1992). Drug use and NYSP participants. *The NCAA News*, 29 (8), 2.

## PRESENTATIONS

### Invited

- Sandlin, J. R. (October, 2013). *Supplement roulette: Buyer beware*. Webinar presented to Pasadena ISD.
- Sandlin, J. R. (March, 2013). *TrueSport: A brief history*. Webinar presented to the Sydney and JL Huffines Institute for Sports Medicine and Human Performance.
- Sandlin, J. R. (February, 2013). *An introduction to the TrueSport curricula*. Presented to Alvin, TX Rotary Club.
- Sandlin, J. R. (February, 2013). *Superfoods: What every teen needs to know*. Webinar presented to Pasadena ISD.
- Keathley, R. S., & Sandlin, J. R. (November, 2012). *Investigating a discrete & deadly behavior: The choking game*. Webinar presented to the AAHPERD Health Education Section.



- Keathley, R. S., & Sandlin, J. R. (February, 2012). *Putting character into the classroom and the field of life*. Presented at the Women's Research on Women Conference, Sam Houston State University, Huntsville, TX.
- Keathley, R. S., & Sandlin, J. R. (February, 2012). *Health issues for women*. Presented at the Houston ISD Winter Conference, Houston, TX.
- Keathley, R. S., & Sandlin, J. R. (November, 2011). *MIXING: Energy drinks+alcohol=deadly and dangerous combinations*. Webinar presented to the AAHPERD Health Education Section.
- Rosendo, L. W., & Sandlin, J. R. (November, 2011). *Ethics in action: An in-depth look into the antecedents of negative behaviors by young people*. Presented at the National Middle School Association Conference, Louisville, KY.
- Sandlin, J. R. (September, 2011). *Drunkorexia: A dangerous and deadly diet*. Presented at SHSU Alcohol and Drug Abuse Initiative, Sam Houston State University.
- Sandlin, J. R. (September, 2011). *Steroid and supplement safety for college students*. Presented at SHSU Alcohol and Drug Abuse Initiative, Sam Houston State University.
- Hannon, E., & Sandlin, J. R. (August, 2011). *Incorporating USADA curriculums into Friday Night Live Programs*. Presented at the Friday Night Live Conference, Sacramento, CA.
- Sandlin, J. R. (June, 2011). *Establishing the efficacy of USADA curriculums using evidence-based methodologies*. Presented at the USADA Summit for Ethics in Sport, Colorado Springs, CO.
- Sandlin, J.R. (November, 2010). *Teaching online . . . on the go*. Presented at Instructional Technology Group Learning Lunch, College of Education, Texas A&M University.
- Sandlin, J.R. (September, 2010). *Steroids and supplements: What every college student needs to know*. Presented at SHSU Alcohol and Drug Abuse Initiative, Sam Houston State University.
- Sandlin, J.R., & Keathley, R. S. (January, 2010). *Issues and concerns of energy drink consumption*. Presented at Houston ISD Winter Conference, Houston, TX.
- Sandlin, J. R. (November, 2009). *A brief history of the United States Anti-Doping Agency*. Presented to the Kinesiology Major's Club, Texas A&M University.
- Sandlin, J.R. (September, 2009). *Mixing alcohol and energy drinks: A dangerous decision*. Presented at SHSU Alcohol and Drug Abuse Initiative, Sam Houston State University.



Reed, J. L. (April, 1998). *Teaching across the curriculum*. Presented at the Texas AHPERD Student Conference, Nacogdoches, TX.

### **International**

Wentworth, R. A., Keathley, R.S., & Sandlin, J.R. (October, 2013). *Sports and ethics: Character curriculum comparison*. Presented at the International Conference on Ethics Across the Curriculum, Corvallis, OR.

Keathley, R.S., Bass, M.A., & Sandlin, J.R. (January, 2008) *Social norms marketing campaigns: A positive approach to prevent at-risk drinking behaviors among college students*. Presented at the Hawaii International Conference on Education, Honolulu, HI.

### **National**

Baghurst, T. M, Sandlin, J.R., Holden, S.L.& Parish, A. (2014). *Students' perceptions of the physiques of self and Physical Educators*. Presented at the AAHPERD Convention, St. Louis, MO.

Sandlin, M.E., Keathley, R.S., & Sandlin, J.R. (2014). *Smartphone use among college students: Implications for healthy lifestyles*. Presented at the AAHPERD Convention, St. Louis, MO.

Keathley, R.S., Sandlin, M.E., & Sandlin, J.R. (2014). *Thoughts about body size and fat among college students*. Presented at the AAHPERD Convention, St. Louis, MO.

Sandlin, J.R., & Keathley, R.S. (2014). *Positive youth development through sport: Best practices for successful outcomes*. Presented at the AAHPERD Convention, St. Louis, MO.

Sandlin, J. R., Keathley, R. S., & Sandlin, M. E. (2013). *Sport decision making: Lessons from former high school athletes*. Presented at the AAHPERD Convention, Charlotte, NC.

Keathley, R. S., & Sandlin, J. R. (2013). *The choking game: Knowledge and awareness among college students*. Presented at the AAHPERD Convention, Charlotte, NC.

Sandlin, J. R., & Keathley, R. S. (2013). *Real kids hydrate! Safe fluid replacement, practices, and protocols*. Presented at the AAHPERD Convention, Charlotte, NC.

Keathley, R. S., & Sandlin, J. R. (2012). *Investigating a discrete and deadly behavior: The choking game*. Accepted for presentation at the AAHPERD Convention, Boston, MA. (conference cancelled due to inclement weather)

- Sandlin, J. R., Dominguez, K., & Lambert, M. (2012). *Mental toughness: A baseline assessment of division I athletes*. Accepted for presentation at the AAHPERD Convention, Boston, MA. (conference cancelled due to inclement weather)
- Burke, J. S., & Sandlin, J. R. (2012). *Improving self-regulated learning using USADA's 100% Me curriculum*. Accepted for presentation at the AAHPERD Convention, Boston, MA. (conference cancelled due to inclement weather)
- Sandlin, J. R., & Keathley, R. S. (2012). *Purposeful and planned: Alcohol protective strategies among college students*. Accepted for presentation at the AAHPERD Convention, Boston, MA. (conference cancelled due to inclement weather)
- Sandlin, J. R., Keathley, R. S., & Sandlin, M. E. (2012). *Knowledge of dietary supplement regulation and use among college students*. Accepted for presentation at the AAHPERD Convention, Boston, MA. (conference cancelled due to inclement weather)
- Keathley, R. S., Sandlin, J. R., & Avans, D. (April, 2011). *Drunkorexia and alcoholemia: Knowledge and participation among college students*. Presented at the AAHPERD Convention, San Diego, CA.
- Keathley, R. S., Sandlin, J. R., & Avans, D. (April, 2011). *Alcoholimia and drunkorexia: Revisiting the drinking my dinner mindset*. Presented at the AAHPERD Convention, San Diego, CA.
- Sandlin, M. E., Keathley, R. S., & Sandlin, J.R. (April, 2011). The health profile of college energy drink consumers. Presented at the AAHPERD Conference, San Diego, CA.
- Johnson, A., Keathley, R. S., & Sandlin, J. R. (April, 2011). The knowledge of human papillomavirus (HPV) among college students. Presented at the AAHPERD Convention, San Diego, CA.
- Keathley, R. S., & Sandlin, J. R. (April, 2011). *Equity issues regarding workplace alcohol use by females*. Presented at the AAHPERD Convention, San Diego, CA.
- Keathley, R.S., & Sandlin, J. R. (April, 2010). *MIXING: energy drinks + alcohol =deadly and dangerous combinations*. Presented at the AAHPERD Conference, Indianapolis, IN.
- Keathley, R.S., Sandlin, J. R., Joyner, L.I., & Bass, M.A. (April, 2010). *Knowledge of U.S. standard alcohol serving sizes among college students*. Presented at the AAHPERD Convention, Indianapolis, IN.
- Keathley, R. S. & Sandlin, J. R. (April, 2009). *Social norms marketing campaigns: Positive approaches to prevent risky behaviors*. Presented at the AAHPERD Conference, Tampa, FL.

- Sandlin, M. E., Sandlin, J. R. & Keathley, R. S. (April, 2009). *Diabetes: Teaching about the dangers of the world's newest epidemic*. Presented at the AAHPERD Conference, Tampa, FL.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (April, 2008). *CSI (Cardiovascular System Investigation): How to detect the real clues to aerobic fitness*. Presented at the AAHPERD Conference, Fort Worth, TX.
- Avans, D. E., Sandlin, J. R., & Keathley, R. S. (March, 2007). *Parent/Child connection and moral reasoning in sport*. Presented at the AAHPERD Conference, Baltimore, MD.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R.S. (March, 2007). *Using athletes to teach diseases and disabilities*. Presented at the AAHPERD Conference, Baltimore, MD.
- Rolston, E. J., Sandlin, J. R., Sandlin, M. E., & Keathley, R.S. (March, 2007). *Power napping: Effects on cognitive ability and stress levels among college students*. Presented at the AAHPERD Conference, Baltimore, MD.
- Avans, D. E., Sandlin, J. R., & Keathley, R. S. (April, 2006). *A comparison of the character of athletes at Christian vs. secular universities*. Presented at the AAHPERD Conference, Salt Lake City, UT.
- Vannoy, L. A., Bass, M. A., Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (April, 2006). *Alcohol behaviors and attitude: Do they vary between evangelical Christian and regional state supported universities?* Presented at the AAHPERD Conference, Salt Lake City, UT.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R.S. (April, 2006). *Family health tree: Exploring your family's wellness roots*. Presented at the AAHPERD Conference, Salt Lake City, UT.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (April, 2005). *Strategies for teaching health responsibility*. Presented at the AAHPERD Conference, Chicago, IL.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (April, 2005). *The profile of mood states of long distance hikers*. Presented at the AAHPERD Conference, Chicago, IL.
- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (April, 2005). *Personal protective equipment: Time effects on initiation of lifesaving support*. Presented at the AAHPERD Conference, Chicago, IL.
- Keathley, R. S. & Sandlin, J. R. (April, 2004). *Prevention patrol: Integrating healthy habits into the K-5 curriculum*. Presented at the AAHPERD Conference, New Orleans, LA

- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (April, 2004). *Lifestyle health habits: Teaching personal responsibility*. Presented at the AAHPERD Conference, New Orleans, LA.
- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (April, 2004). *Breathing barriers and the likelihood of beginning lifesaving care*. Presented at the AAHPERD Conference, New Orleans, LA.
- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (April, 2004). *The HIV/AIDS knowledge of female offenders within the Texas department of criminal justice*. Presented at the AAHPERD Conference, New Orleans, LA.
- Keathley, R. S., & Sandlin, J. R. (April, 2003). *ACTING as a resource person in the classroom: Creating innovative instructional activities*. Presented at the AAHPERD Conference, Philadelphia, PA.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (April, 2003). *Beyond the classroom walls: Facilitating an experiential health education capstone project*. Presented at the AAHPERD Conference, Philadelphia, PA.
- Sandlin, M. E., & Sandlin, J. R. (April, 2003). *Considerations for teaching personal health at a Christian school or university*. Presented at the AAHPERD Conference, Philadelphia, PA.
- Keathley, R. S., & Sandlin, J. R. (April, 2002). *Micro-magic: Innovative methods for integrating microbiology into your health curriculum*. Presented at the AAHPERD Conference, San Deigo, CA.
- Keathley, R. S., & Sandlin, J. R. (April, 2001). *Breaking barriers of HIV/AIDS education through the utilization of critical thinking skills and activities*. Presented at the AAHPERD Conference, Cincinnati, OH.
- Keathley, R. S., & Sandlin, J. R. (April, 2001). *So you want to have a health fair at your school?* Presented at the AAHPERD Conference, Cincinnati, OH.
- Lichtman, B., Reed, J. L., & Cammarata, K. L. (March, 2000). *Innovative games + biomechanical principles = An exciting integration*. Presented at the AAHPERD Conference, Orlando, FL.
- Reed, J. L., & Keathley, R. S. (March, 2000). *The acquisition and retention of CPR skills among university students: A longitudinal study*. Presented at the AAHPERD Conference, Orlando, FL.
- Lichtman, B., Sandlin, M. E., & Reed, J. L. (April, 1998). *Diagnosis: Curricular blues-rx - innovative games*. Presented at the AAHPERD Conference, Reno, NV.
- Briggs, J. D., Sandlin, M. E., Reed, J. L., & Fenley, S. (April, 1998). *Physiological and psychological responses of adolescent females to a twelve-week fitness program*. Presented at the AAHPERD Conference, Reno, NV.

Blassingame, C. E., Gibbons, E. E., and Reed, J. L. (April, 1996). *The effects of class gender composition on physical self-efficacy of college females in beginning strength training classes*. Presented at the AAHPERD Convention, Atlanta, GA.

Reed, J. L. and McBride, R. E. (September, 1995). *A comparison of critical thinking and critical thinking dispositions between college athletes and non-athletes*. Presented at the Association for the Advancement of Applied Sport Psychology Conference, New Orleans, LA.

Meyers, M. C. & Reed, J. L., Chairpersons (March, 1994). *Personality characteristics of selected athletic and fitness populations*. Symposium presented at the Southeastern Psychological Association Convention, New Orleans, LA.

## Regional

Keathley, R. S., Sandlin, J. R., Ficklen, D., & Bilsing, K. (November, 2012). *The development of a diabetes intervention and community education program*. Presented at the Texas Obesity Research Center Conference, Houston, TX.

Mahoney, B. S., Linstra, R. F., Sandlin, J. R., & Wygal, S. A. (March, 2006). *Making our minutes count: A rotational model for teaching personal health courses*. Presented at the Southern District AAHPERD Conference, Virginia Beach, VA.

Sandlin, J. R., & Sandlin, M. E. (March, 2006). *Safety camp: Equipping young people for accident prevention*. Presented at the Southern District AAHPERD Conference, Virginia Beach, VA.

Peters, J. R., & Reed, J. L. (April, 1997). *Mental imagery training and freethrow shooting ability among adolescents*. Presented at the Southwest Psychological Association, Fort Worth, TX.

Peters, J. R., Hyman, W. V., & Reed, J. L. (February, 1997). *Alcohol consumption and awareness of university policies and procedures among college students*. Paper presented at Southern District AAHPERD Convention, New Orleans, LA.

Ashley, F. B., Reed, J. L., & Elledge, J. R. (February, 1997). *The incidence and perception of drug use among economically disadvantaged adolescents*. Paper presented at Southern District AAHPERD Convention, New Orleans, LA.

Reed, J. L. and McBride, R. E. (April, 1996). *Critical thinking of university students: A comparison by gender, classification, and GPA*. Presented at the Southwestern Psychological Association Convention, Houston, TX.

Reed, J. L. and McBride, R. E. (January, 1996). *Critical thinking and critical thinking dispositions of college students*. Presented at the Southwest Educational Research Association Convention, New Orleans, LA.

- Reed, J. L. (January, 1995). *The effects of selected methods of identifying and accommodating for outliers when applied to motor performance data*. Presented to Southwest Educational Research Association Convention, Dallas, TX.
- Reed, J. L. (January, 1994). *A comparison of selected methods of identifying outliers*. Presented at the Southern District AAHPERD Convention, Nashville, TN.
- Albright, C. L. & Reed, J. L. (October, 1993). *The effects of program length on body composition in water aerobics*. Presented at the Southern Association for Physical Education of College Women Convention, Mobile, AL.
- Reed, J. L. (September, 1993). *Accent the positive: Participation motivation in youth sports programs*. Presented at the Arkansas and Oklahoma AHPERD Joint Convention, Fayetteville, AR.
- Reed, J. L. (March, 1993). *The relationship between self-concept measures and pain coping strategies in undergraduate students*. Presented at the Southwestern Psychological Association Convention, Corpus Christi, TX.

## State

- Sandlin, J.R., & Sandlin, M.E. (2014). *Our Students Are Playing What? Dangerous Games 2014*. Presented at the Colorado AAHPERD Convention, Denver, CO.
- Sandlin, J. R. & Sandlin, M. E. (December, 2013). *Pursue victory with honor: Teaching character in your gym*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, J. R. & Sandlin, M. E. (December, 2013). *Reveal or build: The impact of sport participation on character development*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Keathley, R. S., & Sandlin, J. R. (December, 2013). *Games we DO NOT want our students to play*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, M. E., & Sandlin, J. R. (December, 2013). *Be a tracker: Use your smartphone app to monitor your health*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, M. E., Keathley, R. S., & Sandlin, J. R. (December, 2013). *Non-Communicable adolescence diseases: An opportunity for action*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Keathley, R. S., & Sandlin, J. R. (December, 2013). *Success is not a RUBRIC: Developing creativity and critical thinking*. Presented at the Texas AAHPERD Convention, Dallas, TX.



- Sandlin, M. E., & Sandlin, J. R. (December, 2013). *Staycations gone wild!*  
Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, J. R. & Sandlin, M. E. (October, 2013). *Sport and character: Is there a symbiotic relationship?* Presented at the Colorado AAHPERD Convention, Loveland, CO.
- Sandlin, J. R. & Vaughan, V. A. (October, 2013). *An introduction to TrueSport: Tips for teachers and coaches.* Presented at the Colorado AAHPERD Convention, Loveland, CO.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (December, 2012). *Health quackery 2012: Be aware and stay alive.* Presented at the Texas AAHPERD Convention, Galveston, TX.
- Sandlin, J. R., & Keathley, R. S. (December, 2012). *Cultivating the True Sport in students through ethics and character education.* Presented at the Texas AAHPERD Convention, Galveston, TX.
- Keathley, R. S., & Sandlin, J. R. (December, 2012). *Pass-out, suffocation, gasp, airplaning: Preventing deadly and dangerous choking games.* Presented at the Texas AAHPERD Convention, Galveston, TX.
- Sandlin, J. R., & Rosendo, L. W. (October, 2012). *The struggle for ethics & health in a world of steroids, supplements & stimulants.* Presented at the Colorado AAHPERD Convention, Loveland, CO.
- Sandlin, M. E., & Sandlin, J. R. (October, 2012). *Buckers and buckaroos: How to accomplish your lifelong dreams.* Presented at the Colorado AAHPERD Convention, Loveland, CO.
- Johnson, A., Keathley, R. S., & Sandlin, J. R. (December, 2011). *Precaucion: HPV is the numero uno STI.* Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (December, 2011). *WARNING: CABs and PEDs can be dangerous to your health.* Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, J. R. (December, 2011). *Steroids and supplements: How safe are they?*  
Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (December, 2011). *Sneak it in: Get super foods into your diet.* Presented at the Texas AAHPERD Convention, Dallas, TX.
- Sandlin, J. R. (October, 2011). *Steroids and supplements: Safety concerns for teachers and coaches?* Presented at the Colorado AAHPERD Convention, Denver, CO.



- Sandlin, J. R. (October, 2011). *Activities to achieve 100% me: Using USADA curriculums*. Presented at the Colorado AAHPERD Convention, Denver, CO.
- Keathley, R.S., & Sandlin, J.R. (December, 2010). *Dangerous dieting behaviors among college students: Drunkorexia and alcoholemia*. Presented at the Texas AAHPERD Convention, Galveston, TX.
- Keathley, R.S., Sandlin, J.R., & Sandlin, M.E. (December, 2010). *Energy drink consumption patterns of college students*. Presented at the Texas AAHPERD Convention, Galveston, TX.
- Modlin, K., Keathley, R.S., & Sandlin, J.R. (December, 2010). *100% me-what's inside curriculum: knowledge of steroids and supplements among fifth grade students*. Presented at the Texas AAHPERD Convention, Galveston, TX.
- Keathley, R.S., Modlin, K., Sandlin, J.R., & Smith, S. (December, 2010). *Using USADA-the "true sport" program*. Presented at the Texas AAHPERD Convention, Galveston, TX.
- Sandlin, J.R., Keathley, R.S., & Cammarata, K.L. (December, 2010). *Grossology: the science of really gross things-part II*. Presented at the Texas AAHPERD Convention, Galveston, TX.
- Sandlin, J. R., & Sandlin, M. E. (October, 2010). *Sneak it in: How to slip in healthy food and exercise into your day*. Presented at the Colorado AAHPERD Conference, Loveland, CO.
- Sandlin, J. R., & Wilcox, L. A. (October, 2010). *Using USADA curriculums in your school*. Presented at the Colorado AAHPERD Conference, Loveland, CO.
- Sandlin, J. R. (December, 2009). *Reading, writing, and rite offs: Taxes for teachers 2009*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Keathley, R. S., Sandlin, J. R., & Cammarata, K. L. (December, 2009). *Making things happen: Planning successful campus and community events*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Sandlin, J. R., Keathley, R. S., & Cammarata, K. L. (December, 2009). *Grossology: The science of really gross things – and a really great teaching tool*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Keathley, R. S., Sandlin, J. R., & Bass, M. (December, 2009). *Deadly doses: Energy drinks, alcohol, and drugs*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Sandlin, M. E., & Sandlin, J. R. (October, 2009). *Get charged up for lightening safety*. Presented at the Colorado AAHPERD Conference, Colorado Springs, CO.

- Sandlin, J. R., & Sandlin, M. E. (October, 2009). *Curriculum blues: Not in my gym*. Presented at the Colorado AAHPERD Conference, Colorado Springs, CO.
- Sandlin, J. R. (December, 2008). *More taxes for teachers: Reading, writing, and rite-offs*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2008). *Top ten tips to remain broke, unemployed, and frustrated*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, M. E., & Sandlin, J. R. (December, 2008). *America the beautiful: A quick guide to unique adventures in our nation's natural wonders*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, J. R., Keathley, R. S., & Sandlin, M. E. (December, 2008). *Expanding the scope of HPE teachers: Create a health and wellness explosion on your campus*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, J. R., & Sandlin, M. E. (October, 2008). *Curriculum blues: Not in my gym*. Presented at the Colorado AAHPERD Conference, Keystone, CO.
- Sandlin, M. E., & Sandlin, J. R. (October, 2008). *Alternatives to HPERD: Options to teaching and coaching*. Presented at the Colorado AAHPERD Conference, Keystone, CO.
- Sandlin, J. R. (December, 2007). *Reading, writing, and 'rite-offs: Taxes for teachers 201*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Miller, S. E., & Sandlin, J. R. (December, 2007). *The relationship of waist size to blood pressure and cholesterol levels among college students*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Sandlin, M. E., & Sandlin, J. R. (December, 2007). *Fundamentals of adventure racing: One day at a time*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2007). *100 alternative HPERD careers for those who do not want to teach or coach*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2007). *Using celebrities to teach diseases and disabilities*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Keathley, R. S., Bass, M. E., & Sandlin, J. R. (December, 2007). *Accentuate positive student behaviors through social norms marketing campaigns*. Presented at the Texas AAHPERD Conference, Galveston, TX.

- Sandlin, J. R., Sandlin M. E., & Keathley, R. S. (December, 2006). *Evaluate your wellness roots by creating a family health tree*. Presented at the Texas AAHPERD, Fort Worth, TX.
- Sandlin, J. R., Sandlin M. E., & Keathley, R. S. (December, 2006). *Life is good: Wouldn't you agree?* Presented at the Texas AAHPERD, Fort Worth, TX.
- Sandlin, J. R. (December, 2006). *Reading, writing, and rite-offs: Taxes for teachers 201*. Presented at the Texas AAHPERD, Fort Worth, TX.
- Sandlin, J. R. Lichtman, B. (December, 2006). *Street games: Innovative games of the early 20<sup>th</sup> century for today's physical education program*. Presented at the Texas AAHPERD, Fort Worth, TX.
- Keathley, R.S., Sandlin , J. R., & Sandlin, M. E. (December, 2005). *The effects of personal protective devices on initiation of lifesaving support: Time considerations*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, M. E., Sandlin , J. R., & Keathley, R.S. (December, 2005). *Safety camp: Creating a link between your children and local EMS*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R.S. (December, 2005). *Reading, writing, and rite-offs: Taxes for teachers 102*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R.S. (December, 2005). *Health outreach and prevention education: Organizing a HOPE health fair in your community*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (December, 2004). *Reading, writing, and rite-offs: Taxes for teachers 101*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (December, 2004). *American democracy projects: Promoting civic engagement in the classroom and community*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2004). *A health teachers' guide to teaching personal responsibility*. Presented at the Texas AAHPERD Conference, Arlington, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2003). *Public school, private school: Which is the right job for me*. Presented at the Texas AAHPERD Conference, Galveston, TX.

- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2003). *The profile of mood states of hikers on Appalachian Trail*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Keathley, R. S., Sandlin, J. R., Sandlin, M. E., & Bounds, R. G. (December, 2003). *The effects of experience with and knowledge of breathing barriers on the willingness to initiate lifesaving care*. Presented at the Texas AAHPERD Conference, Galveston, TX.
- Lichtman, B., & Sandlin, J. R. (December, 2002). *Energize your curriculum using non-traditional equipment to develop games*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2002). *Essential preparation for successful coaching*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (December, 2002). *TOP TEN LIST: Suggestions for getting your first job*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2001). *Adventure racing: Surviving the ultimate outdoor adventure*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Lichtman, B., & Sandlin, J. R. (December, 2001). *Innovative games = instant relief from the "oh that again" syndrome*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Keathley, R. S., Sandlin, M. E., Sandlin, J. R., & Bounds, R. G. (December, 2001). *What - No pulse check? What have they changed now?* Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Lichtman, B., Sandlin, J. R., & Keathley, R. S. (December, 2001). *Net searching strategies: Separating the cream from the crap*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Sandlin, M. E., Sandlin, J. R., & Keathley, R. S. (December, 2001). *Five million steps to Katahdin: A grass roots guide to trailblazing the Appalachian Trail*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Keathley, R. S., Sandlin, J. R., & Sandlin, M. E. (December, 2001). *HELP! I'm sinking in student teaching*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Keathley, R. S., Sandlin, M. E., & Sandlin, J. R. (December, 2000). *Poop in the pool: How to be prepared for putrid pathogens*. Presented at the Texas AAHPERD Conference, Dallas, TX.

Sandlin, J. R., Sandlin, M. E., & Keathley, R. S. (December, 2000). *Embracing and expressing your professional IMAGE on and off the court*. Presented at the Texas AAHPERD Conference, Dallas, TX.

Sandlin, M. E., Keathley, R. S., & Sandlin, J. R. (December, 2000). *Adventure racing 101*. Presented at the Texas AAHPERD Conference, Dallas, TX.

Keathley, R. S., Cammaratta, K. L., & Sandlin, J. R. (December, 2000). *Gismo's and gadgets: Student attention grabbers*. Presented at the Texas AAHPERD Conference, Dallas, TX.

Keathley, R. S., Sandlin, M. E., & Reed, J. L. (December, 1999). *Characters in the classroom: Clever clues that capture class control*. Presented at the Texas AAHPERD Conference, Austin, TX.

Sandlin, M. E., Reed, J. L., & Keathley, R. S. (December, 1999). *Sports hydration: Separating facts from fiction*. Presented at the Texas AAHPERD Conference, Austin, TX.

Reed, J. L., Sandlin, M. E., & Keathley, R. S. (December, 1999). *Expect the unexpected: Emergency action plans that really work for your school programs*. Presented at the Texas AAHPERD Conference, Austin, TX.

Reed, J. L., Sandlin, M. E., & Keathley, R. S. (December, 1999). *The acquisition and retention of CPR skills among university students*. Presented at the Texas AAHPERD Conference, Austin, TX.

Keathley, R. S., & Reed, J. L. (July, 1999). *Easy made first aid*. Presented at the Texas AAHPERD Conference, Wichita Falls, TX.

Keathley, R. S., & Reed, J. L. (July, 1999). *Refresh your water safety skills: American Red Cross Review Course*. Presented at Texas AAHPERD Conference, Wichita Falls, TX.

Reed, J. L., Sandlin, M. E., & Keathley, R. S. (December, 1998). *Safety: Don't let it be an accident at your school*. Presented at the Texas AAHPERD Conference, Houston, TX.

Keathley R. S., Sandlin, M. E., & Reed, J. L. (December, 1998). *Mr. and Mrs. Manners: Is that you?* Presented at the Texas AAHPERD Conference, Houston, TX.

Sandlin, M. E., Keathley, R. S., & Reed, J. L. (December, 1998). *Graduate school know how: Pencil, paper, and pc-utilization to successful admission*. Presented at the Texas AAHPERD Conference, Houston, TX.

Reed, J. L., Lichtman, B., & Keathley, R. S. (December, 1997). *Do your part -- sponsor a university jump rope for heart*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.

- Keathley, R. S., Reed, J. L., & Cammarata, K. F. (December, 1997). *Incorporation station*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Briggs, J. D., Sandlin, M. E., Redfield, J., Bowden, R. G., & Reed, J. L. (December, 1997). *Successful interview: Making your first impression*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Keathley, R. S., Sandlin, M. E., & Reed, J. L. (December, 1997). *Sports safety training*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Keathley, R. S., Sandlin, M. E., & Reed, J. L. (December, 1997). *Cardiopulmonary resuscitation*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Reed, J. L., McBride, R. E., Cammarata, K. F., & Sparks, D. D. (December, 1997). *Teaching for critical thinking in physical education*. Presented at the Texas AAHPERD Conference, Fort Worth, TX.
- Reed, J. L., & Keathley, R. S. (January, 1997). *A model for implementing middle school health and wellness fairs: Bridging the gap between the university and public schools*. Presented at the Texas Middle School Association Convention, Corpus Christi, TX.
- Reed, J. L. and Miller, P. J. (December, 1996). *Using the computer to teach kinesiology/biomechanics*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Cammarata, K. F., Reed, J. L. and Keathley, R. S. (December, 1996). *The "how-to's" of health and fitness fairs for elementary schools*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Reed, J. L. and McBride, R. E. (December, 1996). *Critical thinking and critical thinking dispositions of college football players*. Presented at the Texas AAHPERD Conference, Corpus Christi, TX.
- Keathley, R. S. and Reed, J. L. (July, 1996). *Let the Red Cross work at your university*. Presented at the Texas AAHPERD Summer Conference, Tyler, TX.
- Reed, J. L. (December, 1995). *Outliers: Practical considerations for the health and physical education researcher*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Reed, J. L., Sandlin, M. E., and Miller, P. J. (December, 1995). *Computer aided instruction to enhance retention of CPR skills*. Presented at the Texas AAHPERD Convention, Dallas, TX.
- Blassingame, C. E., Gibbons, E. E., and Reed, J. L. (December, 1995). *The effects of class gender composition on physical self-efficacy of college males in beginning*



*strength training classes.* Presented at the Texas AAHPERD Convention, Dallas, TX.

Sandlin, M. E., & Reed, J. L. (December, 1994). *Temporary insanity: No grounds for defense in physical education.* Presented at the Texas AAHPERD Convention, Austin, TX.

Reed, J. L. (May, 1994). *Just say no.....to what?* Presented at the Arkansas AAHPERD District IV Meeting. Paragould, AR.

Reed, J. L. (November, 1993). *The application of critical thinking skills in the physical education classroom.* Presented at the Arkansas Education Association Convention, Little Rock, AR.

Reed, J. L. (November, 1993). *The effects of outliers on measures of central tendency and variability.* Presented at the Arkansas AHPERD Convention, Hot Springs, AR.

## GRANTS AND EXTERNAL FUNDING

*Teaching children to think: A repeated measures analysis of fostering critical thinking in a non-traditional school setting.* Sam Houston State University Office of Research and Sponsored Programs (\$5000)

Assisted in securing \$25,000 from Huntsville Memorial Hospital which was matched by Sam Houston State University for the purchase of the PEAK 2D Motional Analysis System and the Motivator 2000 Sports Rehabilitation Machine.

## CURRENT RESEARCH

Sandlin, J.R., Keathley, R.S., & the United States Anti-Doping Agency. (Spring, 2013 - present). The Efficacy of True Sport Curricula on Knowledge and Character Development on 1-12 Grade Students: A Case Study in Alvin ISD. Currently collecting data.

Sandlin, J. R, Sandlin, M.E., Dominguez, K., & Lambert, M. (Spring, 2011-present). The Mental Toughness of University Students Compared to a Matched Sample of Division I Student-Athletes. Data collected and analyzed.

Sandlin, J.R., Keathley, R.S., Ficklin, D. & the United States Anti-Doping Agency. (Spring, 2011-present). The Supplement and Performance Enhancing Drug Knowledge of Health Care Professionals. Currently collecting data.

Keathley, R.S., & Sandlin, J.R. (Spring, 2010-present). *Alcoholimia and drunkorexia drinking and eating behaviors among college students.* Assessment of the bingeing and purging behaviors of college students as they consume alcohol. Study accepted to the 2011 Research Consortium Conference (Paper #16039) and as a pre-conference workshop for the AAHPERD National Convention, San Diego, CA.



Keathley, R.S., & Sandlin, J.R. (Spring, 2010-present). *The health profile of college energy drink consumers*. Assessment of the consumption patterns of energy drinks in the college student population. Study accepted to the 2011 Research Consortium Conference (Paper #16046) of the AAHPERD National Convention, San Diego, CA.

Johnson, A. E., Keathley, R.S., Sandlin, J.R., & Roper, E. A. (Fall 2008-Fall 2010). *Behavior assessment of Human Papillomavirus* (IRB-CPHS-2009-05-028). Serving as chair of graduate thesis. Study accepted to the 2011 Research Consortium Conference (Paper #16035) of the AAHPERD National Convention, San Diego, CA.

Keathley, R.S., Sandlin, J.R., & Moldin, K. (Spring 2010-present). *Nutrition and preventive health information gained by middle school students enrolled in physical education classes using the U.S. Anti-Doping Agency (USADA) Curriculum*. Assessment of the USADA curriculum used in the middle school student population.

Keathley, R.S., & Sandlin, J.R. (Spring, 2009-present). *Consumption behaviors involving the mixing of energy drinks and alcohol among college students*. Assessment of the consumption patterns of energy drinks, and energy drinks combined with alcohol in the college student population.

Keathley, R.S., Wagner, M., & Sandlin, J.R. (Spring, 2009-present). *Binge drinking misperceptions among college students*. Knowledge assessment of the current NIAAA definition of binge drinking for males and females in the college student population.

## **COMPUTER HARDWARE AND SOFTWARE COMPETENCIES**

Use of Scanners, Cameras, and other External Peripherals  
SAS on the Mainframe Computer  
SPSS (ver. 18) for Windows  
PEAK Motion Analysis System

## **PROFESSIONAL ORGANIZATIONS AND OFFICES**

Member, American Alliance for Health, Physical Education, Recreation, and Dance  
Member, Texas Association for Health, Physical Education, Recreation, and Dance  
Member, Colorado Association for Health, Physical, Education, Recreation and Dance  
Secretary, Professional Preparation Division, Texas Association for Health, Physical Education, Recreation, and Dance (2010 - 2011)  
Chair, Future Directions Committee, Texas AHPERD (1995-1998)  
Chair, Physical Education Professional Education Section, TAHPERD (1999)  
Chair, Research Section, Arkansas AHPERD (1993-1994)

## **CERTIFICATIONS**

American Heart Association, Basic Life Support Instructor  
American Heart Association, First Aid Instructor  
American Red Cross, Water Safety Instructor Trainer  
American Red Cross, Lifeguard Instructor

American Red Cross, Responding to Emergencies Instructor  
American Red Cross, CPR for the Professional Rescuer Instructor  
American Red Cross, Sport Safety Training Instructor  
American Red Cross, Instructor Candidate Trainer  
National Safety Council, CPR and First Aid Instructor