

Curriculum Vitae

SUSAN E. HENDERSON, Ph.D.

Department of Counselor Education
Sam Houston State University
Campus Box 2119
Huntsville, Texas 77341
(936) 294-4848
Email: seh007@shsu.edu

EDUCATION

2015 Doctor of Philosophy, Counselor Education (CACREP Accredited)

Sam Houston State University, Huntsville, Texas
Doctoral Committee Chair: Rick Bruhn

1995 Master of Arts, Family Psychology

Hardin-Simmons University, Abilene, Texas

1992 Bachelor of Science, Psychology

Stephen F. Austin State University, Nacogdoches, Texas

LICENSE, CERTIFICATION, AND TRAINING

Licensed Marriage and Family Therapist Associate

- State of Texas, LMFT-A License # 203050

Licensed Professional Counselor Intern

- State of Texas, LPC Intern License # 74170

Supervised by Mary Nichter Ph.D., LPC-S, LMFT Approved Supervisor

Child Attachment Interview Training, Anna Freud National Centre for Children and Families
(January 2018)

National Certified Counselor (Since December 2015)

Spring Leadership Academy, Sam Houston State University (February 2015)

American Society of Clinical Hypnosis, Level 1 Training, Austin, Texas (December 2014)

Expired: Licensed Professional Counselor 1997 – 2009

(14175) Licensed Professional Counselor

Supervisor 1999 – 2009

TEACHING EXPERIENCE

- | | |
|---------------------------|--|
| 2017, Fall
- present | Assistant Professor, Department of Counselor Education
Sam Houston State University <ul style="list-style-type: none"> • 5011 Introduction to the Counseling Profession and Ethical Practice <ul style="list-style-type: none"> ○ 5011.04 IDEA Evaluation 4.7 ○ 5011.02 IDEA Evaluation 4.5 • 6332 Theories of Marriage and Family Therapy <ul style="list-style-type: none"> ○ 6332.01 IDEA Evaluation 4.0 |
| 2017, Jan -
August | Adjunct Faculty, Department of Counselor Education
Sam Houston State University <ul style="list-style-type: none"> • Counseling for Addictions (COUN6364) |
| 2015, Aug –
2016, Dec. | Virtual Instructor in Counseling
Fort Hays State University, Hays, KS <ul style="list-style-type: none"> • Psychopathology and Diagnosis (COUN 848) • Life Span Development (COUN 829) • Appraisal in Counseling (COUN 834) • Cultural Diversity (AEP880) • Management of Counseling Programs (COUN 836) • Theories of Counseling (COUN835) • Foundations of Counseling (COUN831) • Management of Agency/Community Counseling (COUN849) • Lifestyle and Career Counseling (COUN832) |
| 2006 - 2007 | Lecturer of Psychology
Sam Houston State University, Huntsville, TX <ul style="list-style-type: none"> • Psychology of Adjustment (PSY 2315) |

DOCTORAL STUDENT TEACHING EXPERIENCE

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|--------------|---|
| 2014, Summer | Teaching Internship
Sam Houston State University, Huntsville, TX <ul style="list-style-type: none"> • Human Growth and Development (COUN 5397) <ul style="list-style-type: none"> • Co-taught online class using Blackboard as part of doctoral requirements |
|--------------|---|

- 2014, Spring **Teaching Internship**
 Sam Houston State University, Huntsville, TX
- Pre-Practicum Techniques of Counseling (COUN 5385)
 - Co-taught skills based class as a doctoral student
- 2013, Summer **Teaching Internship**
 Sam Houston State University, Huntsville, TX
- Theories of Marriage and Family Therapy (COUN 6332)
 - July, 9, 2013: Adolescent Substance Abuse and the Family System
 - Co-taught one class as part of doctoral requirements

DOCTORAL STUDENT SUPERVISORY EXPERIENCE

- 2015, summer **Assistant Practicum Supervisor**
 Advanced Counseling Practicum and Techniques (COUN 7337)
- Assisted professor in doctoral practicum with live, group, and individual supervision as part of graduate assistantship
- 2015, spring **Peer Supervisor**
 Supervised Practice in Counseling (COUN 6376)
- Provided peers supervision for master's level practicum
 - Provided summative and formative evaluations
- 2014, fall **Peer Supervisor**
 Supervised Practice in Counseling (COUN 6376)
- Provided peers supervision for master's level practicum
 - Provided summative and formative evaluations
- 2014, summer **Assistant Practicum Supervisor**
 Advanced Counseling Practicum and Techniques (COUN 7337)
- Assisted professor in doctoral practicum with live, group, and individual supervision
- 2014, spring **Peer Supervisor**
 Supervised Practice in Counseling (COUN 6376)
- Provided peers supervision for master's level practicum as part of doctoral requirements
 - Provided summative and formative evaluations

2013, fall

Assistant Practicum Supervisor

Supervised Practice in Counseling (COUN 6376)

- Assisted professor in master's practicum with live, group, and individual supervision as part of doctoral requirements

DOCTORAL STUDENT RESEARCH EXPERIENCE

2013 – 2015

Doctoral Research Assistant

Department of Counselor Education

Supervisor: Richard Watts

- Assisted with CACREP Assessment Self Study
- Worked with faculty on research publications
- Interviewed potential master's students
- Provided peer supervision to master's level practicum students

2012 - 2013

Doctoral Research Assistant

Department of Educational Leadership and Counseling

Supervisors: Matthew B. Fuller and Susan Skidmore

- Assisted with culture of assessment research

CLINICAL EXPERIENCE

2017, August -
present

LPC Intern; LMFT Associate

supervised by Mary Nichter, Ph.D., LPC-S, LMFT Approved Supervisor
Jack Staggs Clinic, Sam Houston State University, Huntsville, TX

- Provide counseling to individuals, couples, and families in the community.
- Fees are based on a low-cost sliding scale.

2016, August -
2017, August

LPC Intern

supervised by Mary Nichter, Ph.D., LPC-S, LMFT Approved Supervisor
Lone Star Behavioral Health Outpatient Hospital, Tomball, TX

- Provide group and individual counseling to patients with severe mental illness in a partial hospitalization program and intensive outpatient program
- Provided group counseling for addictions
- Provide counseling via equine assistance

2015 – 2016

LPC Intern

supervised by Mary Nichter, Ph.D., LPC-S, LMFT Approved Supervisor

Jack Staggs Clinic, Sam Houston State University, Huntsville, TX

- Provided free counseling services to adults in the community

2008 – 2011

Project Coordinator

Phoenix House of Texas and Sam Houston State

University Montgomery County, TX

Supervisor: Craig Henderson (Principal Investigator)

Funding: Substance Abuse and Mental Health Services Administration

(TI17817) Randomized controlled trial comparing the Adolescent

Community Reinforcement Approach to services as usual for juvenile-

justice-involved youth

- Randomized clients to treatment groups
- Tracked clients for assessment updates
- Assisted in cleaning data for analysis
- Maintained records for grant

1999 – 2000

Quality Assurance Specialist

Denton County Mental Health Mental Retardation Denton, TX

- Served as a liaison between clients and staff
- Verified services for MR clients were meeting quality standards

1998 -1999

Child and Adolescent Clinical Supervisor

Collin County Mental Health Mental Retardation/LifePath Systems

Collin County, TX

- Supervised child/adolescent therapists
- Provided counseling to adolescents and families
- Provided counseling to inmates in county jail

1997-1998

Mental Health Intake Coordinator/Caseworker III

Collin County Mental Health Mental Retardation/LifePath Systems

Collin County, TX

- Conducted intake assessments for mental health services
- Provided individual and group therapy for clients

1996 - 1998

Unit Director/Mental Health Therapist

The Nelson Center Residential Treatment center

Denton, TX

- Director for girls' unit (age 7-17)
- Provided individual, group and family counseling

- 1996 – 1997 **Therapist Intern**
 Cornerstone Counseling Center
 Denton, TX
- Provided individual counseling for adolescents
 - Assisted in marketing for private practice
- 1996, spring -
 1996, summer **Child and Adolescent Therapist Intern**
 Denton County Friends of the Family
 Denton, TX
- Provided group counseling to children of sexual abuse
 - Provided individual crisis counseling for victims of sexual assault
- 1995 – 1996 **Campus Manager**
 Communities in Schools
 Little Elm, TX
- Provided case management services to at-risk youth

DOCTORAL STUDENT CLINICAL EXPERIENCE

- 2014, spring **Counseling Internship**
 Good Shepherd Mission, Huntsville, TX
- Provided substance abuse counseling to homeless residents
- 2014, spring **Counseling Internship**
 Jack Staggs Clinic, Sam Houston State University, Huntsville, TX
- Provided individual and couples counseling
 - Facilitator for international students' acculturation group
- 2012, summer **Co-Facilitator, Substance Abuse Support Group**
 Good Shepherd Mission, Huntsville, TX
- Co-facilitator of a men's substance use group
- 2012, summer **Counseling Practicum, The Woodlands Center**
 Sam Houston State University, Huntsville, TX
- Provided individual and couples counseling
 - Assessment, diagnosis, and treatment planning

SCHOLARLY ACTIVITY

Dissertation

Henderson, S. E. (2015). *An evaluation of frontline family therapy and frontline comparison treatment on prosocial outcomes in adolescent substance use and delinquency* (Order No. 3664340). Available from ProQuest Dissertations & Theses Global. (1727739331). Retrieved from <https://ezproxy.shsu.edu/login?url=http://search.proquest.com/docview/1727739331?accountid=7065>

Book Chapter

Henriksen, R. C., Jr., & **Henderson, S. E.** (2016). Current trends and issues in counseling. In T. M. Kimbel, & D. H. Levitt (Eds.), *A guide to graduate programs in counseling*. Alexandria, VA: Council for the Accreditation of Counseling and Related Educational Programs.

Book Chapter Under Review

Henderson, S. E., Dowda, R., Robles-Pina, R. A. Predictors of bullying behavior: An Adlerian approach in J. U. Gordon (Ed.), *Best practices in bullying continuum of care: Prevention, intervention, and recovery*.

Journal Publications

Henderson, C. E., Wevodau, A., **Henderson, S.**, Colbourn, S., Gharagozloo, L., North, L., & Lotts, V. (2016). An independent replication of the Adolescent-Community Reinforcement Approach with justice-involved youth. *American Journal on Addictions*. doi: 10.1111/ajad.12366

Henderson, S. E., Henriksen, R. C., Jr., Liang, Y.-M., M., & Marks, D. F. (2016). Counselor licensure supervision across the United States: A comparative look. In *Ideas and research you can use: VISTAS 2016*. Retrieved from https://www.counseling.org/knowledge-center/vistas/by-year2/vistas-2016/docs/default-source/vistas/article_09ccbf24f16116603abcacff0000bee5e7

Nelson, J., **Henderson, S.**, Lackey, S. (2015). Adolescent recovery from substance use in alternative peer groups: A revelatory case study. *Counseling Outcome Research and Evaluation*, 6(2), 100-112. doi: 10.1177/2150137815596044

Joyner, S. A., Fuller, M. B., Holzweiss, P. C., **Henderson, S.**, & Young, R. (2014). The importance of student-instructor connections in graduate level online

courses, *Journal of Online Learning and Teaching*, 10(3), 436-445. Retrieved from http://jolt.merlot.org/vol10no3/Joyner_0914.pdf

Holzweiss, P. C., Joyner, S. A., Fuller, M. B., **Henderson, S.**, & Young, R. (2014). Online graduate students' perceptions of their best learning experiences. *Distance Education*, 35(3), 311-323. doi: 10.1080/01587919.2015.955262

Fuller, M., **Henderson, S.**, & Bustamante, R. (2014). Assessment leaders' perspectives of institutional cultures of assessment: a Delphi study. *Assessment & Evaluation in Higher Education*, 1-21. doi:10.1080/02602938.2014.917369

Conference Presentations

Henderson, C., Stallard, E. C., Frampton, A., Smith, T., Commey, D., Barrow, C., Duane, M., **Henderson, S.**, Crosby, J. Examining Life Satisfaction and Alcohol Use Through Individual Variation in Daily Religious and Spiritual Activities. Poster presented at the Southwestern Psychological Association, Houston, TX, April, 2018.

Henderson, S., Bobek, M., Henderson, C., & Hogue, A. (2018, February). The Core Elements Strategy: Improving Your Approach with Families of Adolescents with Substance Use Problems. Workshop presented at the Texas Association for Marriage and Family Therapy Annual Conference, Las Colinas, Texas.

Henriksen, R. C., Jr., **Henderson, S. E.**, Liang, Y.-M., M., & Watts, R. (2018, January). Counselor Licensure Supervision across the United States and United States Territories. Invited presentation at the American Association of State Counseling Boards (AASCB) Conference. San Antonio, Texas.

Henderson, S. E. (2016, November). Thrown into the Fire: Lessons Learned from a First-Year Online Faculty. Workshop presented at the Texas Counseling Association Annual Convention, Dallas, Texas.

Dowda, R., Nichter, M., & **Henderson, S. E.** (2016, November). Tapping into Success: A Strengths-Based Approach to Counseling and Supervision. Workshop presented at the Texas Counseling Association Annual Convention, Dallas, Texas.

Henderson S., E., Bruhn, R., Nelson, J., & Serres, S. (2016, March). An Evaluation of Frontline Family Therapy and Frontline Comparison Treatment on Prosocial Outcomes in Adolescent Substance Use and Delinquency. Workshop presented at the American Counseling Association National Conference, Montréal, Canada.

Henriksen, R., **Henderson, S.**, Liang, M. (2015, March). Counselor Supervision: A Comparison across States. Workshop presented at the American Counseling Association National Conference, Orlando, Florida.

- Henderson, C. E., Dowda, R., **Henderson, S.**, Kan, L., Wechsler, H., Laxton, K., & Li, C-S. (2014, November). Zen and Baseball: The Supervisory Relationship in Strength-Based Supervision. Workshop presented at the Texas Psychological Association Annual Convention, Dallas, Texas
- Watts, R., Dowda, R., & **Henderson, S.** (2014, November). Being Encouragement-Focused in Counseling and Supervision: A Brief, Integrative Approach. Workshop presented at the Texas Counseling Association Conference, Dallas, Texas.
- Nelson, J., Lackey, S., & **Henderson, S.** (2014, October). Alternative Peer Groups: Adolescent Recovery from Substance Use. Workshop presented at the Texas Counseling Association Conference, Dallas, Texas.
- Henderson, C., Hogue, A., Robbins, M., Ozechowski, T., & **Henderson, S. E.** (2014, November). CUTTING EDGE POSTER: Evidence base on behavioral treatments for adolescent substance use. Poster presented at the American Association for Marriage and Family Therapy. Milwaukee, Wisconsin.
- Nelson, J., & **Henderson, S.**, & Lackey, S. (2014, October). Transforming Lives: Advocacy through Evaluation of a Recovery Model for Adolescents. Workshop presented at the Southern Association for Counselor Education and Supervision, Birmingham, Alabama.
- Henderson, S E.**, Dowda, R., & Wilkerson, A. (2014, April). Family, personal, and school predictors of bullying behavior: An Adlerian approach. Poster presented at the Southwestern Psychological Association Conference, San Antonio, Texas.
- Watts, R. E., & **Henderson, S. E.** (2014, March). Adlerian techniques for brief counseling. Preconference workshop presented at the American Counseling Association World Conference, Honolulu, Hawaii (refereed).
- Dowda, R., **Henderson, S. E.**, & Wilkerson, A. (2014, February). Family, personal, and school predictors of bullying behavior: An Adlerian approach. Paper presented at the Southwest Educational Research Association, New Orleans, Louisiana.
- Dowda, R., **Henderson, S. E.**, Li, Chi-Sing, & Lin, Yu-Fen . (2014, January). Enhancing multicultural awareness in counselors-in-training: A strength based approach. Paper presented at the Texas Association of Counselor Educators and Supervisors (TACES) Midwinter Conference, Austin, Texas.
- Henderson, S. E.**, Henderson, C. E., and Lotts, V. (2013, August). Adolescent community reinforcement approach: Evidence-based substance use treatment

for adolescents. Poster presented at the American Psychological Association Annual Convention. Honolulu, Hawaii.

Henderson, S. E., & Henderson, C. E. (2013, March). Parents' reports of the strategies they use to deter their adolescents' alcohol use. Paper presented at the Graduate Research Exchange, Sam Houston State University, Huntsville, Texas.

Henderson, S., E., & Henderson, C. E. (2013, February). Decreasing environmental risk for adolescent substance users. Poster presented at the Annual College of Humanities and Social Sciences Research Conference, Sam Houston State University, Huntsville, Texas.

Manuscripts in Preparation

Henriksen, R. C., Jr., Marks, D. F., **Henderson, S. E.,** & Liang, Y.-M., M., Watts, R. Counselor licensure supervision across the United States and United States territories. *The Journal of Counseling and Development*.

Henderson, S. E., Henderson C. E., Bruhn, R., & Hogue, A. An evaluation of frontline family therapy and frontline comparison treatment on family functioning in adolescent substance use and delinquency

Henderson, C., Stallard, E. C., Frampton, A., Smith, T., Commey, D., Barrow, C., Duane, M., **Henderson, S.,** Crosby, J. Examining Life Satisfaction and Alcohol Use Through Individual Variation in Daily Religious and Spiritual Activities

Williams, M., **Henderson, S.,** & Henriksen, R. C., Jr. Parenting practices and substance use.

Nelson, J., & **Henderson, S.,** Parental reports of Palmer Drug Abuse Program effectiveness

Research Teams

Addictions Study

Members: Richard Henriksen, Mikayla Williams (NBCC Minority Fellowship Award)

Parental Attachment and Spirituality

Members: Craig Henderson, Catherine Stallard (Psychology undergraduate student)

Trauma Research

Members: David Nelson, Jeffrey Sullivan, Sinem Akay-Sullivan

SERVICE

College of Education (2017 – present)

- Reorganization Focus Group
- Innovation and Technology Committee
- Research as an Undergraduate Learning Experience (RULE) Committee

- Faculty Evaluation System Committee

Departmental (2017 – present)

- Chair Search Committee Member
- Academic Advisor for Master's Students in Counseling (Marriage, Couples, and Family Track)
- Ad hoc CACREP Self-study Committee Member (Marriage, Couples, and Family Counseling Track)
- Clinical Faculty Committee
- Review Master's Students Applications for Candidacy into the Counseling Program

Professional

- American Association for Marriage and Family Therapy Annual Conference Abstract Reviewer (2017, December)
- Texas Counseling Association Professional Growth Conference Abstract Reviewer (2017, fall)
- Accreditation Advocacy Committee (2016-2017)
Texas Association for Counselor Education and Supervision
- Ad hoc Chapter Reviewer (2016)
Sommers-Flanagan, J. & Sommers-Flanagan R. (2018). Family systems theory and therapy. In *Counseling and psychotherapy theories in context and practice*. (in press)
- Ad hoc reviewer, *Substance Use* (2014-2015)

Student Held Positions

- Treasurer, Beta Kappa Tau Chapter of Chi Sigma Iota 2014-2015
- Student Member, College of Education Academic Grievance Review Panel 2014-2015
- Treasurer, Student Chapter American Association of Christian Counselors 2013-2015

HONORS AND AWARDS

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| 2016, May | CORE 2015 Visibility Award Article: Nelson, J. A., Henderson, S. E. , & Lackey, S. (2015). Adolescent Recovery from Substance Use in Alternative Peer Groups: A Revelatory Case Study. <i>Counseling Outcome Research and Evaluation</i> , 6(2), 100-112. |
| 2015, May | Doctoral Outstanding Supervisor Award |

- 2013, August NIDA Travel Award, National Institute on Drug Abuse, Division of Addiction, APA National Convention. *Adolescent Community Reinforcement Approach: Evidence-Based Substance Use Treatment for Adolescents*
- 2013, March Top Award, Graduate Research Exchange, Sam Houston State University. *Parents' Reports of the Strategies They Use to Deter Their Adolescents' Alcohol Use.*
- 2013 – 2015 Chi Sigma Iota Counseling Academic & Professional Honor Society International
- 1990 – 1992 Psi Chi International Honor Society, Stephen F. Austin State University

SCHOLARSHIPS

Leadership Initiative Scholarship (spring 2015)
 International Education Scholarship (summer 2013)
 Education Special Scholarship (2012-2015)
 The University Center Scholar (2012-2013)

PROFESSIONAL AFFILIATIONS

- American Counseling Association
- Association for Counselor Education and Supervision (ACES)
New-Professional Member
- Texas Counseling Association
- Texas Association for Counselor Education and Supervision
New Professional Member
- American Association for Marriage and Family Therapy
- Texas Association for Marriage and Family Therapy
Pre-Clinical Member