

Simmie M. Oden

Professional Interest

- **Health & Wellness Promotion**
- **Physical Fitness/Exercise Science**

Education

2010 **M.A. Kinesiology, Sam Houston State University, Huntsville, Texas**

1987 **B.S. Exercise Science, Texas A&M University, College Station, Texas**

Experience

- **Sam Houston State University Department of Kinesiology (2009-present)**
 - **Adjunct Faculty. Duties include:**
 - **Teach multiple sections of KINE 2115 Lifetime Health & Wellness**
 - **Teach Honors Lifetime Health & Wellness**
 - **KINE 2115 Lifetime Health & Wellness Coordinator. Duties Include:**
 - **Assisted in the development of curriculum for KINE 2115 Lifetime Health & Wellness to present to the University Core Curriculum Committee**
 - **Coordinating all aspects of KINE 2115 Lifetime Health & Wellness**
 - **Working with Department Chair and scheduling committee to schedule all sections of KINE 2115**
 - **Working with Department Chair to secure qualified KINE 2115 instructors**
 - **Planning the semester's daily class schedule for KINE 2115 sections**
 - **Planning and coordinating the guest speakers for KINE 2115**
 - **Planning and coordinating any additional programs within KINE 2115**
 - **Developing all assignments for KINE 2115, including exams**
 - **Developing all aspects of WebCom, the online portion of KINE 2115, including lecture Power Points, videos, assignments, and gradebook**
 - **Liaison for WebCom and KINE 2115 instructors**
 - **Working with SHSU Online regarding Blackboard setup for KINE 2115 sections**
 - **Working with all KINE 2115 instructors to make sure they have all the afore mentioned aspects for teaching the course**
 - **Handling any assignment, gradebook, WebCom issues for students in all KINE 2115 sections**

- Working with Department of Kinesiology Grade Appeal Committee for any grade appeals related to assignments for a KINE 2115 student
 - Maintaining communications and problem solving for KINE 2115 instructors
- **Sam Houston State University Department of Recreational Sports (2006-2009)**
 - Assistant Director of Wellness. Duties included:
 - Coordinating fitness and wellness programming for students
 - Overseeing of all strength and cardiovascular equipment maintenance
 - Overseeing student staff in the following areas: weight room, personal trainers, group fitness instructors, and nutritional counselors
 - Chair of University Wellness Committee, planning and implementing fitness and wellness programming for SHSU employees
- **Huntsville Memorial Hospital (1989-2006)**
 - Director of Wellness. Duties included:
 - Programming all community wellness activities for Huntsville and surrounding area
 - Assisting with marketing all hospital programs
 - Serving as the physician liaison for Huntsville Memorial Hospital
 - Coordinating the prenatal education program
- **Medical Center of Central Georgia (1987-1989)**
 - Exercise Test Technologist/Exercise Program Coordinator. Duties included:
 - Coordinating all exercise programs
 - Conducting exercise tests on new members
 - Prescribing exercise programs for members
 - Instructing aerobic and aquatic exercise classes
 - Supervising the exercise facility
- **Westinghouse Corporation (1986-1987)**
 - Aerobic Exercise Instructor. Duties included:
 - Coordinating aerobic exercise program
 - Instructing aerobic exercise classes

Certification

American College of Sports Medicine Exercise Test Technologist