EVELYNE K. FITZGERALD, Ph.D., LPC-S

Registered Play Therapist Supervisor

3 Sagestone, Conroe, Texas 77304 <u>evelynefitz@gmail.com</u> (281) 785-6451

PROFESSIONAL PROFILE

- Accomplished career demonstrating consistent success as a Clinician and Educator at the higher education levels. Outstanding track record in assuring student success.
- Founder of a Nonprofit in Trinity, Texas for children and their families www.familyenrichment.org
- Extensive background of developing and implementing special programs for at-risk students.
- Effective communicator with excellent planning and organizational strengths as well as the ability effectively collaborate with several professionals in the field to achieve the best possible mental health services.

EDUCATION

Doctor of Philosophy 2012-Educational Leadership and Counseling, Sam Houston State

University (CACREP)

Dissertation: Perceptions of counselors in training regarding the preparedness

for working with children who have experienced interpersonal

trauma

Chair: Mary Nichter, Ph.D.

Masters 1997-M.A., Sam Houston State University

Undergraduate 1992-B.A., Psychology, The University of Houston

CREDENTIALS

Licensed Professional Counselor Supervisor (Texas #15554) Registered Play Therapist Supervisor

PROFESSIONAL EXPERIENCE

Clinical Experience

2012 - Present

Owner and Founder

The Family Enrichment and Play Therapy Center, 501 (c)(3)

• Develop and implement a group counseling program in Lansbury Elementary and

Fitzgerald

- Trinity Middle School for children who need academic and social support
- Develop, implement, and maintain a free family counseling program in Believe Therapies, currently providing free counseling services to over 50 families
- Provide supervision to four LPC interns
- Oversee company operations including budget, accounting, and marketing
- Maintain company compliance with Texas Department of State Health Services rules governing Licensed Professional Counselors

2011-2012

Montgomery County Youth Services-Conroe, TX

- Provided approximately 20 hours of individual crisis counseling per week
- Worked closely with other counselors, principals, and teachers to provide mental health services for at-risk youth in Conroe High School and the Discipline Alternative Education Program for CISD
- Developed and facilitated group counseling for at-risk youth in Conroe Independent School District and Magnolia Independent School District
- Developed and implemented an 8 week school group on social skill building for students with learning challenges in Magnolia Independent School District
- Worked with groups of 8-12 to focus on dangers of substance abuse, life skills, resiliency, anger management, coping and communication skills, and making better choices

Summer 2010

Bara-Hambright School of the Arts-Houston, TX

- Participated in planning, developing, implementing, monitoring, and evaluating a comprehensive developmental counseling program
- Developed and facilitated an 8 week intervention program on bullying for students between 7 and 15 years of age

1997-2002

Depelchin Children's Center-Houston, TX

- Developed and implemented school-based cognitive problem solving groups for children and adolescents in Fort Bend ISD and Waller ISD
- Conducted clinical assessments on families entering the STAR Program
- Provided play therapy for children with various abuse issues
- Worked with adolescents and adults to improve communication skills and family relationships
- Provided drug and alcohol counseling to adolescents and their families

Teaching Experience

2011- Present

Fitzgerald

Adjunct Faculty
Sam Houston State University, Huntsville, Texas

- COUN 5364-Play Therapy Basics (Instructor of Record: Spring 2017)
- COUN 5399-Theories of Counseling (Instructor of Record: Fall 2016)
- CNE 6376 *Supervised Practicum* (Instructor of Record: Fall 2013, Spring 2014; Teaching Assistant: Fall 2012, Summer 2012, Spring 2013). This laboratory course is designed to prepare the student in the practical application and integration of the principles and methods of counseling.
- CNE 5385 *Pre-Practicum* (Instructor of Record: Spring 2014). This laboratory course is designed to prepare students to learn the basic counseling skills.
- CNE 3322 Career Development (Instructor of Record: Summer 2013, Fall 2013, Summer 2015). This course will help students explore a lifelong plan for career development. Students will use real life assessments to determine aptitudes, interests and values related to careers. Students will learn how to utilize on campus and internet resources to develop resumes, portfolios and practice job interviewing skills. Activities in this course are designed to give students an advantage for entering.
- CNE 3332 Therapeutic Play Skills (Instructor of Record; Fall 2012, Spring 2013, Fall 2013, Spring 2014, Fall 2014, Spring 2015). Participants will learn the basic principles that guide child-centered play sessions via didactic and experiential activities. The course will help participants understand how child-centered play sessions facilitate the recognition and expression of feelings in children, as well as strengthen problem-solving skills, pro-social skills, and engagement with parents. Students will role-play facilitative skills including recognizing and responding to children's feelings, play session limit setting, and building children's self-esteem.
- CNE 2331 Introduction to the Helping Relationship (Instructor of Record; Spring 2013, Fall 2014). This course will provide an introduction to the helping relationship, especially as it relates to counseling. Students will be challenged to consider their motivations, needs, and goals related to the art of helping. Students will engage in a community service-learning project or will actively participate in personal counseling as part of exploring the nature of the helping relationship. Students will also be introduced to basic attitudes, dispositions, and skills needed for helping relationships and counseling.

PROFESSIONAL INVOLVEMENT AND SERVICE

Professional Affiliations

2010-current	American Counseling Association
2011-2012	Christian Counseling Association
2011-2012	Texas Association of Counselor Educators and Supervisors

2000-current Texas Play Therapy Association

1997-current Chi Sigma Iota-Counseling Honor Society

Committee Membership

2012-2014	Sam Houston Association of Play Therapy-President Elect
2011-2012	Sam Houston State University-Chi Sigma Iota-Doctoral Liaison

Honors and Awards

1997	Chi Sigma Iota, National Counseling Honor Society
2010	Chi Sigma Iota, National Counseling Honor Society
2012	Outstanding Counselor Educator and Supervisor, Doctoral, Department of
	Educational Leadership and Counseling Sam Houston State University

PUBLICATIONS

- Fitzgerald, K. E., Henriksen, R. C., & Garza, Y. (2012). Perceptions of counselors regarding the effectiveness of interventions for traumatized children. *International Journal of Play Therapy*.
- Fitzgerald, K.E., Hassey, F., & Nichter, M., (in progress). Play therapy in Costa Rica: A single case study.
- Fitzgerald, K. E., Gordon, T., Canty, A., & Onwuegbuzie, A., and Frels, R. Completion rates, ethnicity, and school size. *Journal of At Risk Youth*.