

Curriculum Vitae
Jack Runyan, PA-C, PhD

DATE: Fall 2015

NAME: Jack D. Runyan

BIOGRAPHICAL INFORMATION:

Date of Birth: June 08, 1947

Place of Birth: Cortland, New York – US Citizen

Marital Status: Married, x 29 years.
Wife: Darlene, Licensed Vocational Nurse

Children: Solomon, Age 33, Engineering Graduate Program,
New Mexico State University

Adam, Age 28, US Coast Guard
Galveston

Current Address: 9072 Val Verde Way
Willis, TX 77378

Contact Information:

Office: 903-389-2181 (East Texas Medical Center)
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PRESENT POSTION:

(Part-time / Semi-retired)
Clinical Physician Assistant
East Texas Medical Center
First Physician's Clinic
734 West Commerce
Fairfield, TX 78540
903-389-2181

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EDUCATION:

- 1977 Bachelor of Science**
Physician Assistant Studies
University of Texas Medical Branch
Galveston, Texas
- 1984 Master of Arts**
Human Sciences – Exercise Physiology
University of Houston – Clear Lake
Houston, Texas
- 1992 Doctor of Philosophy**
Exercise Physiology (Medical Application)
University of New Mexico
Albuquerque, New Mexico
- Dissertation:**
*The Effect of Age & Cardiac Condition on Functional Aerobic
Capacity Following Exercise Rehabilitation*
- 1991 - Post-Doctoral Fellowship**
1993 Cardiac Exercise Testing, Prescription & Rehabilitation
Veterans Affairs Medical Center
Albuquerque, New Mexico

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PROFESSIONAL & TEACHING EXPERIENCE:

- Sep 2008 – Clinical Associate Professor
May 2014 – Physician Assistant Department
University of Texas – Pan American
College of Health Sciences & Human Services
Edinburg, Texas
- Sep 2005 – Clinician – CM Dodson, Inc.
Sep 2008 – Los Fresnos & Rio Hondo, Texas
- Sep 2004 – Clinician – Midland Cardiac Clinic – P.J. Patel, MD
Sep 2005 – Midland, Texas
- Sep 1999 - Director & Associate Professor – Physician Assistant Studies
Aug 2004 – Texas Tech University Health Sciences Center
Department of Diagnostic & Primary Care – Midland Campus
Midland, Texas
- May 2000 – Team Physician (Assistant) – Midland Rockhounds
Sep 2005 – (Oakland Athletics AA Farm Team)
(Part time) – Midland, Texas
- Mar 1994 – Director & Assistant Professor – Physician Assistant Studies
Aug 1999 – Cooperative Program – UT-PA & UTMB
Edinburg, Texas
- Mar 1993 – Assistant Professor – Physical Medicine & Rehabilitation
Feb 1994 – University of Texas Health Science Center
Houston, Texas
- Apr 1992 - Assistant Professor – Physical Medicine & Rehabilitation
Mar 1993 – Baylor College of Medicine
Houston, Texas
- Sep 1992 – Adjunct Professor – Biology Department
May 1994 – San Jacinto College
Pasadena, Texas
- May 1987 – Associate Director & Fellow – Cardiac Rehabilitation Program
Mar 1993 – Veterans Administration Medical Center
Albuquerque, New Mexico & Houston, Texas

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LICENSES & CERTIFICATES:

- Physician Assistant – National Commission for the Certification of Physician Assistants, Inc. (NCCPA). Certificate Number: 781990. Initially Certified in 1978; Biannual CME Recertification, Recertification Examination every six years. Current Certificate expires January 2011.
- Physician Assistant – New Mexico Board of Medical Examiners, Annual Recertification; Certified 1985; Certificate Number: 85-PA005.
- Physician Assistant – Texas Board of Physician Assistant Examiners, Annual Licensure; Certified 1978; Certificate Number: 130944; Licensed with prescriptive authority 1995; License Number: PA-01154.
- Certified Medical Examiner – Federal Motor Carrier Safety Administration. Biannual Recertification. Certified 2014. National Registry Number: 9982263869
- Medical Clinical Officer – The Allied Health Professional's Council, Uganda, Africa. Licensed 2004. Certificate Number: 6783.
- Advanced Cardiac Life Support – American Heart Association. Initially Certified 1885. Current Certificate expires January 2014

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PROFESSIONAL OFFICES & AWARDS:

1990 – 1996	Clinician's Review Journal – Editorial Board
1992 – 1994	American Heart Association, Houston Council Chairperson, Patient Education Committee
1994 – 2003	Texas Academy of Physician Assistants (TAPA) Board Member at Large 1994 – 2000 (3 two year terms) President 2000 – 2003 (3 year cycle, Acting – 2001 – 2002)
1995 – 2003	Physician Assistant Journal – Editorial Board
1995 – 2003	Journal of the American Academy of Physician Assistants – Guest Editorial Review – Cardiology or Exercise
1998 – 2004	Texas Physician Assistant Foundation – Board of Directors Inaugural President – 1998 – 2000, President 2003 – 2004
2000 – 2002	Texas Medical Association – Collaborative Practice Committee
2000 – 2003	Texas Medical Association – Committee on Cardiovascular Disease
2010 – 2011	Texas Academy of Physician Assistants – Humanitarian of the Year
2015 – 2016	Texas Academy of Physician Assistants – Legislative Affairs Council

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PROFESSIONAL MEMBERSHIPS:

Lifetime -	Golden Key National Honor Society
1977 – Present	Fellow, Texas Academy of Physician Assistants
1988 – 1994	Founding Fellow, Veterans Affairs Society of Physician Assistants
1985 – 1994	Fellow, New Mexico Academy of Physician Assistants
1996 – Present	Honorary Fellow, Physician Assistants of Latino Heritage
1996 – Present	Affiliate, Texas Physician Assistant Foundation
1999 – Present	Affiliate, Physician Assistant Political Action Committee

NON-PROFESSIONAL ASSOCIATIONS:

2008 - Present	Ordained Clergy, Universal Life Church Monastery Seattle, WA
2005 – Present	Medical Missionary - Mercy Trips Foundation (Annual trip) Kanginima Medical Centre, Kanginima, Uganda Lodi Development Fund, Mbale, Uganda
2003 – Present	Clergy, KAIROS Prison Ministry Segovia Unit, Edinburg, Texas Preston Smith Unit, La Mesa, Texas Wallace Unit, Colorado City, Texas Boyd Unit, Teague, Texas
2004 – Present	Certified Christian Counselor Dave Ramsey Financial Peace Ministry
2005 – 2013	Chaplin, Baseball Chapel Professional Baseball Ministry Rio Grande Valley Whitewings (TX – LA Independent League) Midland Rockhounds (Texas League – Oakland A's)
2006 – Present	Tin Star Member South Texas Star Touring & Riding Association Motorcycle Club

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PUBLISHED RESEARCH ACTIVITIES:

- **Runyan JD**, Maki D, Piland NF, Smith HL, Phillipp A: The Loveless Wellness Project. One year study to determine the effects of intervention with diet, exercise & smoking cessation on health care costs of medical professionals. Completed 1986; published August 1988, ***Journal of Allied Health***.
- **Runyan JD**, Oleson K, Cagle TG, Scremin AE, Pett S, Crawford M: The Effects of Age & Cardiac Condition on Functional Capacity Following Exercise Rehabilitation. Completed 1991; preliminary findings published September 1990, ***Archives of Physical Medicine & Rehabilitation***.

BIBLIOGRAPHY:

Runyan JD. Inactivity, Aging & Exercise. *Physician Assistant*, April 1986; 10:51-61.

Engel T, **Runyan JD**, Writing Exercise Prescriptions for Healthy Adults. *Physician Assistant*, November 1986; 10:53-64.

Maki D, Piland N, Smith HL, Phillipp A, **Runyan JD**. Health Promotions for Allied Health Professionals: Consideration for Program Design. *Journal of Allied Health*. August 1988; 17:231-241.

Runyan JD. The Role of Exercise in the Management of Lipoproteins. *Physician Assistant*. April 1989; 13:43-54.

Runyan JD, Atterbom HA. Exercise & the Hemodialysis Patient. *Physician Assistant*. April 1990; 14:91-98.

Runyan JD, Cagle TG, Scremin AE. The Effects of Low Level Exercise on Functional Capacity & Hemodynamic Values in Cardiac Patients. *Archives of Physical Medicine & Rehabilitation*. September 1990; 71:800.

Runyan JD. Exercise Tolerance Testing: Indications & Interpretation. *Journal of the American Academy of Physician Assistants*. October 1991; 4:544-557.

Runyan JD. The Effect of Aerobic Exercise on Cardiac Risk Factors: A Review of the Literature. *Clinicians Review*. July-August 1992; 2:54-67.

Blessing JD, Clark M, **Runyan JD**, Simon A. Protecting the Patient-Counseling Role. *Physician Assistant*; April 1996; 20:63-80.

Over 150 speaking engagements, a complete list is available upon request.

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Current Projects:

Primary Care Provider Coverage in Texas –

I perform an annual analysis of federally & state funded patient encounters within all Texas counties. The focus is on the medically underserved &/or regions with reduced medical resources. Current & projected Texas Department of Health and Human Services (TDH) statistics are retrieved. The goal is to predict the need for Primary Care Providers (Physicians, Physician Assistants & Advanced Practice Nurses) in those regions of Texas with the most need for health care accessibility.

Electrocardiogram (EKG) 'Kwik-Look' Application –

I have developed a Smart Phone Application that provides students (or professionals) with a simple, step-by-step, program for interpreting an Electrocardiogram. User templates have been structured. Smart Phone application programming is extremely costly and I am currently exploring Grant resources to fund the project

Mercy Trips African Outreach –

I travel annually to Uganda, Africa with a non-profit organization known as Mercy Trips (mercytrips.org). Working with a regional hospital, the group sets up clinics in remote settlements in rural Uganda. Free medical care is provided to villagers who have no access to any health care facilities. Mercy Trips travels twice a year, in January and July. I most often travel on just one trip per year.

Diabetes and Ghrelin

This is a project in collaboration with Dr. Daryl Stinson, a McAllen physician. The investigation explores the significance of controlling ghrelin secretion as a means to manage Type II Diabetes. Regulation of ghrelin has demonstrated substantial reduction in body mass index, Hemoglobin A1c and associated co-morbidities. Ghrelin is a hormone, secreted in the stomach. It is the 'Hunger Enzyme', associated with increased appetite and stimulation of Growth Hormone.