

Curriculum Vitae

Stephanie J. Bluth

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Education

Ph.D. **Sam Houston State University** Huntsville, TX August 2014
Counselor Education and Supervision (CACREP)
Cognate: Higher Education Administration

Dissertation: Bystander intervention and violence prevention in higher education

M.A. **Adams State University** Alamosa, CO May 2004
Counseling (Concentration: Community Counseling)

B.A. **Adams State University** Alamosa, CO May 2002
Majors: Social Welfare and Criminology

Academic and Professional Work Experience

2013-Present **Sam Houston State University** – Huntsville TX
Adjunct Faculty. Prepare course outline and syllabus, develop online course components and lesson plans, and engage in the selection of supplemental teaching aids necessary to the instruction of courses. Conduct classroom instruction for courses within the Human Services curriculum and practicum at the graduate level. Foster student development.

2012 – Present **Sam Houston State University** – Huntsville TX
Director of Academic Communications. Development and implementation of strategic plan including the translation of the goals and values of the university to student success and student engagement programming. Implementation of strategic initiatives to engage international and under-represented students in the community platform; creation and coordination of campus and community events; development and evaluation of inclusion and diversity programming to include promotion of student development, academic and career advising for nontraditional students, and creation and evaluation of student success, retention and engagement programs; supervision of graduate recruitment and marketing staff, preparation and implementation of staff development, and the monitoring and creation of departmental budget. Implementation and design of new programs and projects for the development of graduate student organizations and multicultural leadership training for student body.

- 2010 – 2012 **Sam Houston State University** – Huntsville TX
Staff Associate II/Graduate Coordinator. Planned, directed, and supervised marketing and enrollment processes for online degree programs, created and implemented student recruitment and retention programming including student academic success and engagement programming, performed and supervised student academic advising, coordinated recruitment events, and assisted with development of marketing plans that included website development and maintenance as well as targeted mailings for online graduate programs.
- 2007 – 2009 **Child Advocates of Montgomery County** – Conroe TX
Supervisor. Participated in the planning, development, implementation, monitoring, and evaluating of a comprehensive case management and social services plan. Provided general supervision and management of 15-25 trained advocates as well as conducted motivational interviews of parents and children to provide comprehensive assessments. Implemented grant funded programs and projects, and monitored compliance with federal and grant regulations of programs.
- 2006 – 2007 **Department of Family and Protective Services** – Houston TX
Conservatorship Specialist II. Provided intensive case management to children and families identified in the crisis unit. Investigated reports of abuse and neglect to children including conducting motivational interviews of parents, children and others to provide adequate assessments of home and social environment, provided in-home services to meet the specific needs of clients including the development of treatment plans, and completion of case records and forms, contact narratives and court reports.
- 2004 – 2006 **Montgomery County Youth Services** – Conroe TX
Community Education Specialist. Full time community coalition coordinator for State Incentive Grant program that included providing prevention, information, recreation, education, and intervention services to student participants as well as providing individualized guidance and crisis intervention to high school students through the facilitation and implementation of a curriculum-based class in local ISD. Provided one-on-one direct service to meet the mental health needs of clients with significant functional deficits that included preventive and therapeutic interventions designed to direct, assist and support ongoing treatment and gains of client. Practiced basic and intermediate individual counseling skills with six clients for six month service periods.

2002 – 2004

Adams State College Upward Bound – Alamosa CO

Program Assistant. Provided individual and group academic counseling to college potential high school students, recruited and enrolled potential participants, developed and delivered lesson plans to at-risk students on study skills, career awareness, ACT preparation, need-based financial aid, college admissions requirements, and course selection assistance, as well as worked closely with parents, social services, foster-parents, teachers, high school counselors and principals to determine needs of individual students.

Teaching and Supervision

Adjunct Faculty*Title of Course**Semester Taught*

COUN 4387 Workshop in Counseling/Abnormal Psych

Spring 2015, Fall 2014

COUN 2331 Intro to Helping Relationships

Spring 2014, Fall 2013

COUN 6374 Practicum in Group Counseling (master's level)

Fall 2015, Fall 2014

COUN 2332 Career Development

Summer 2014

COUN 3331 Principles of Counseling

Spring 2015, Spring 2014,
Spring 2013**Co-Instructor***Title of Course**Semester Taught*

COUN 5392 Cross Cultural Issues in Counseling

Summer 2013

COUN 6374 Practicum in Group Counseling (master's level)

Fall 2013

Guest Lecturer

COUN 5691 Family Systems

Solution-Focused Couns

Fall 2011

COUN 233 Intro to Helping Relationships Career Development

Summer 2012

COUN 233 Intro to Helping Relationships Developing Portfolios

Spring 2013

Clinical Supervision Experience

2013-2014

Group Practicum Supervisor, Jack Staggs Clinic, SHSU

Provided supervision to graduate students enrolled in Group Practicum course.

2012-2013

Growth Group Leader, Jack Staggs Clinic, SHSU

Preparation of graduate students for growth group experience that included pre-group screening and orientation interviews as well as conducting interpersonal process group for two groups of eight to ten students weekly for 10 weeks.

- 2011-2012 **Counseling Practicum Supervisor**, Jack Staggs Clinic, SHSU
 Provided supervision to graduate students enrolled in the Licensed Professional Counselor graduation track and School Counseling to assist in the growth and development of future counseling professional.

Presidential/Academic Service Appointments

- 2013-Present University Retention Committee Member
 2012-Present Strategic Enrollment Management Committee Co-chair
 2012-Present Web Optimization Committee Co-chair
 2011-Present University Marketing Committee Member

Manuscripts in Progress

- Bluth, S. J., & Serres, C. M.** (in review). The lived experience of support in the greek community: A case study. *Journal of College Student Development*. (revised and resubmitted August 2014)
Bluth, S. J., & LaGuardia, A. C. (2014, in progress). Breaking the culture of silence in the sisterhood: Using bystander intervention. Intended for the *Journal of Counseling and Development*.
Bluth, S. J., & Jones, A. L. (in progress). A causal comparative study of sexual assault and drug rates at two and four-year colleges as reported by The Department of Education. Intended for the *Chronicle of Higher Education*.

Professional Presentations

State/Local

- Bluth, S. J., & McClain, J. P.** (May, 2012). *Champions amongst the greeks: Using bystander intervention with campus greeks to prevent sexual assault*. Presented at the Texas College Counseling Association, Dallas, TX.
Bluth, S. J., & Jones, A. (February, 2013). *The prevalence of sexual assault and drug rates at two and four-year colleges as reported by the department of education*. Presented at the Southwest Educational Research Association in San Antonio, TX.
Bluth, S. J. (April, 2013). *Going greek: Sorority members lived experiences of support*. Presented at the American Counseling Association, Cincinnati, OH.
Bluth, S. J., & Simon, T. W. (May, 2013) *Tackling the factors: Dating violence in the millennium generation college student*. Presented at the Texas College Counseling Association Austin, TX.
Bluth, S. J., & La Guardia, A. (September, 2013) *Primary prevention techniques with millennial college students: Programming adaptations and implications*. Presented at the American College Counseling Association National Conference in New Orleans, LA.

Bluth, S. J., Simon, T. W., Jones, A. (September, 2013) *Jazzing up the perceptions of student mental health services to meet the needs of the millennial student*. Presented at the American College Counseling Association National Conference in New Orleans, LA.

Bluth, S. J. (October 2013) *LGBT: Career and identity development in adversity*. Presented at the Texas Counseling Association Annual Professional Growth Conference in San Antonio, TX.

Honors

2013 *Emerging Leader Grant Recipient*, American College Counseling Assoc.
 2000 – 2004 *Woodard Memorial Scholars Recipient*, Adams State University

Internship Experience

2012 – Current **Montgomery County Women's Center** – Conroe, TX
Counselor. Providing individual and group counseling under the supervision of facility staff for approximately 20 hours a week to women and children. Provided one-on-one direct service to meet the mental health needs of residential and emergency shelter clients with significant trauma and crisis needs that included preventive and therapeutic interventions designed to direct, assist and support ongoing treatment and reintegration.

2002 – 2003 **San Luis Valley Mental Health** – Alamosa CO
Counselor/Intern. Provided individual and group counseling under the supervision of facility staff and participated in treatment team staffing for treatment plans.

2011 – 2013 **Volunteer**, Montgomery County Women's Center, Texas

Professional Memberships

2006 – Present Member of the American Counseling Association (ACA)
 2011 – Present American College Counseling Association (ACCA)
 2012 – Present Member of the Texas Counseling Association (state division of ACA)
 2011 – Present Member of the Texas College Counseling Association (TCCA)
 2006 – Present Member of Chi Sigma Iota (CSI)

Professional Trainings and Conferences

2014 Council of Graduate Schools Annual meeting- Engagement and Inclusion
 2014 Prevention Innovations Bringing in the Bystander Regional Training
 2013 Texas Counseling Association Annual Professional Growth Conference
 2013 American College Counseling Association National Conference
 2013 Texas College Counseling Association Annual Convention
 2013 American Counseling Association National Conference
 2013 Southwest Educational Research Association Regional Conference
 2012 Texas College Counseling Association Annual Convention