

Chance Marek

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Huntsville, TX 77340

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(254) 721-4063

PROFESSIONAL CERTIFICATIONS

- CSCCa – Strength & Conditioning Coach Certified
- NSCA – Certified Strength & Conditioning Specialist
- American Heart Association – First Aid/CPR/AED

EDUCATION

Master of Science, Sport and Human Performance

Sam Houston State University, Huntsville, TX

Dec. 2016

- Research of muscle activation and movement
- Application of nutritional concepts to athletes' needs

Bachelor of Science, Kinesiology

Sam Houston State University, Huntsville, TX

Aug. 2014

- Exercise Science
- Business Minor

PROFESSIONAL EXPERIENCE

Assistant Strength and Conditioning Coach

Sam Houston State University, Huntsville, TX

Aug. 2016 – Present

- In charge of strength training and conditioning programs for Track & Field, Softball, Women's Basketball, Tennis, Men's and Women's Golf, and Bowling
- Assist the Head Strength Coach with the implementation of training Football
- Assist athletes with nutrition and diet concerns
- Work with the coaching staff of each athletic team to achieve individual and team goals
- Responsible for internship program

Strength and Conditioning Coach (Graduate Assistant)

Sam Houston State University, Huntsville, TX

Jan. 2015 – Aug. 2016

- Assistant with the Strength and Conditioning Department
 - Head Strength Coach for Women's Bowling & Tennis
 - Lead Assistant with Baseball, Track & Field
 - Assisted with Football, Volleyball, Basketball, Softball

Strength and Conditioning Coach (Intern)

Texas Christian University, Fort Worth, TX

Aug. 2014 – Dec. 2014

- Assisted the Strength and Conditioning staff with all sports
 - Primarily assisted with Baseball
 - Assisted with Football, Men's Basketball, Tennis, Swimming & Diving
- Coordinated and led workouts for various Olympic Sports
- Supported the strength staff in implementing rehab protocol

Strength and Conditioning Coach (Intern)

Sam Houston State University, Huntsville, TX

Aug. 2013 – July 2014

- Assisted the Strength and Conditioning staff with all 15 athletic teams
- Implemented and supervised workouts for injured football athletes
- Applied workouts for bowling and golf teams