

Justin Bickford PT, DPT, OCS, CSCS, COMT

TX Lic #1241723

4400 College Park Drive, Apt 237

The Woodlands, TX 77384

(936) 329-2152

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Education:

OPTIM Physical Therapy, Houston, TX	Aug 2014-Present
Manual Therapy Fellowship	
University of St. Augustine for Health Sciences, San Marcos, CA	May 2011-Aug 2013
Doctorate in Physical Therapy (DPT)	
Sam Houston State University, Huntsville, TX	Aug 2005-Dec 2008
Bachelor of Science in Kinesiology: Exercise Science	

Work Experience:

Aspire Hospital Center for Rehab, Huntsville, TX	2017-Present
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- Hospital Based Outpatient Orthopedic Clinic. As Director of Rehab I perform evaluations, develop plans of care, interventions, establish short/long term goals, assess progress using appropriate tests & measures, while maintaining financial stability for the facility. I supervise PTAs, interns, aides and volunteers, while specialize in manual physical therapy.

West Park Rehab & Aquatic Center, Livingston, TX	2015-2017
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- Outpatient Orthopedic Clinic. As Clinic Director I perform evaluations, develop plans of care, interventions, establish short/long term goals and assess progress using appropriate tests & measures. Specializing in manual physical therapy, I am able to stay up to date on the latest research and evidence based practice and practice advocacy in my profession.

Aerio Rehabilitation, Baytown, TX	2014-2015
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- Outpatient Orthopedic Clinic. As supervising physical therapist, I perform evaluations, develop plans of care, interventions, establish short/long term goals, assess progress using appropriate tests & measures, and supervise aides and volunteers, while specializing in manual physical therapy. Daily, weekly, evaluation & discharge documentation, while continuing to stay up to date on the latest research and evidence based practice

Beach Cities Orthopedics, Manhattan Beach, CA	2013-2014
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- Sports Medicine Clinic. As a physical therapist, I evaluate and treat a variety of orthopedic injuries, both non-operative and post-operative patients. Specialized in manual therapy with treatment emphasis. Supervised and instructed PT aides in the appropriate exercise instruction and execution.

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Internships:

Orthopedic: APEX Physical Rehabilitation and Wellness, Houston, TX Feb-March 2013

- Specialized in manual therapy with treatment emphasis on post-operative care, gait re-training and injury prevention. Provided the staff with an in-service of lumbo-pelvic assessment and treatment by the Stanley Paris Model.

Vestibular: Balboa Naval Hospital, San Diego, CA Jan-Feb 2013

- Performed daily treatment of TBI population with BPPV, VOR, VSR, vertigo and balance disorders. Proficient in utilizing CTSIB, Vision Tunnel and Dynavision. Assisted in data collection for vibro-tactile belt prototype for patients with somatosensory disorders. Provided an in-service on the efficiency of patients with TBI's using Irlen Lenses to decrease frequency, intensity and duration of migraine headaches.

Acute Care Oncology: MD Anderson Cancer Center, Houston, TX July-Aug 2012

- Evaluated and provided treatment for inpatient post-operative cancer resection, radiation and chemotherapy treatments. Provided an in-service presentation on the benefits of gait training within the hospital setting both with and without shoes.

Current Professional Certifications:

- Texas Board Certified Physical Therapist
- Orthopedic Clinical Specialist
- Certified Strength and Conditioning Specialist
- Certified Orthopedic Manual Physical Therapist
- American Red Cross CPR, AED, and First Aid Certification-Healthcare providers
- PADI Advanced Open Water Scuba Diving Certification

Professional Affiliations:

- American Academy of Orthopedic Manual Physical Therapists
- American Physical Therapy Association
- Texas Physical Therapy Association
- National Strength and Conditioning Association

References:

Available upon request