

William V. Hyman, Ph.D
College of Health Sciences
Sam Houston State University

Office Address

Department of Health Services and Promotion
Sam Houston State University
Huntsville, TX 77341-2176
(936) 294-1212

Education

Texas A&M University	Ph.D.	1987
Baylor University	M.S.	1980
Baylor University	B.S.	1979

Honors

SHSU Department of Athletics Service Recognition, 2015
Alpha Chi Honor Society – Excellence in Teaching Recognition, 2014
College of Education Excellence in Service Award, 2012
SHSU ACE Engaged Scholar, 2010 – 2014
Member - National Golden Key Honor Society

Academic Positions

Present	Professor of Population Health Sam Houston State University
1995 – 2001	Associate Professor
1989 – 1995	Assistant Professor
1988 – 1989	Instructor
1987 – 1988	Lecturer
1989 – 2003	Health Program Coordinator (graduate and undergraduate)
2009 – 2016	Health Graduate Coordinator
2012 – 2016	Director – Bachelor of General Studies Program
2014 - 2016	Director – Wellness Management Program
1986 – 1987	Lecturer, Health Education Texas A&M University
1984 – 1986	Graduate Teaching Assistant, Health Education Texas A&M University
1980 – 1984	Teacher/Coach, Health and Physical Education

Spring Branch Independent School District

1979 – 1980

Graduate Teaching Assistant, Physical Education
Baylor University

Research/Grant Activity

Henderson, C., **Hyman, B.**, and Oden, G. (2015) A Component Analysis of Physical Activity and Personalized Feedback Interventions for College Student Alcohol Use. SHSU Enhancement Research Grant – (not funded) \$15,000.

Hyman, B. (2013). In-kind grant from S&S Worldwide. Equipment for Rwanda schools to support Physical Activity Programs using CATCH Curriculum. \$400.

Henderson, Craig, **Hyman, B.**, and Oden, G. (2012) Physical Activity, Feeling States, and Substance Use in College Students. SHSU Enhancement Research Grant - \$15,000. (not funded)

Choi, J.Y, **Hyman, B.**, and Tripp, P. (2011) Combating Rural Childhood Obesity: A Community- Based Sustainable Action Plan. Funding Agency: National Institute of Health (NIH): R21 Two year project: \$353,433 (not funded)

Oden, G. and **Hyman B.** (2003 – 2005). Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner. \$52,430.00

Hyman, B. (2005) Texas Bicycle Coalition Education Fund. \$2000.

Publications

Refereed

Hyman, B., Brown, S., and Stone, K. (2017) *E-cigarettes and vaping: Risk reduction and risk prevention. Texas Public Health Journal.* 16(1), 13-18.

Hurst, J., **Hyman, B.**, and Stone, K. (2017) Elder Malnutrition in Long-term Care Facilities and its Future Implications. *The Director.* (in press)

Wagner, M.C., Oden, G.L., Glave, A.P., and **Hyman, W.V.** (2014) Development of agility utilising a multidimensional modality of plyometrics. *Journal of Fitness Research.* 3(14) 49 – 59.

Co-PI for the project with Dr. Oden.

Chapman, W.R., Oden, G. L., **Hyman, W.V.**, and Wagner, M.C. (2013) The effect of activity fees on participation of students in athletic extracurricular activities. *Applied Research in coaching and Athletics Annual*, Volume 28.

Hyman, Bill. (2011) Eat this, not that: Teaching healthy food choices to youth. *AAHE*

Health Education Teaching Techniques Journal. (1), 104-110.

Hyman, Bill, Oden, G, and Wagner, M. (2010). The aging process: Physiological changes and implications for educators and practitioners. *Activities, Adaptation, & Aging* 34:148-153.

Spradlin, K., Bass, M., **Hyman, W.**, and Keathley, R. (2010). Skin cancer: Knowledge, behaviors, and attitudes of college students. *Southern Medical Journal*, 103(10), 999-1003.

Hyman, Bill and Edgington, William D. (2009) Using Food Capitals to Teach Social Studies and Nutrition. *The Social Studies Texan.* 25(3) . 48-49.

Hyman, Bill, Kooi, K., and Ficklen, D. (2008). Bariatric Surgery in Adolescents. *Journal of School Health.* 78(8). 452-454.

Hyman, Bill. (2008). Integrating Math and Nutrition Education: Teaching with the FDA Food Label. *American Journal of Health Education.* 39(2). 113-117.

Edgington, Bill and **Hyman, Bill** (2005) Using Baseball to Aid in Social Studies Instruction: Addressing the Five Fundamental Themes of Geography. *The Social Studies.* 96(3). 113-117.

Hyman, Bill. (2002). What's for lunch: Ideas for nutrition education. *American Journal of Health Education.* (33) 6, pp. 373-375.

Hyman, Bill. (1998). Fostering self esteem in the classroom. *Journal of Health Education.* (29)5, pp. 322-324.

Hyman, Bill & Oden, G. (1998). Let the buyer beware: Ideas for improved consumerism. *Journal of Health Education.* (29)1, pp. 37-39.

Hyman, Bill. (1996). Enhancing your health class with humor. *Texas Association for Health, Physical Education, Recreation, and Dance Journal.* (65)1, 17-19.

Non-refereed

Oden, Gary, and **Hyman, Bill.** (2007) Final Report: Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner.

Oden, Gary, and **Hyman, Bill.** (2006) Annual Report: Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner.

Oden, Gary, and **Hyman, Bill.** (2005) Annual Report: Evaluation of the Health Link Employee Health Promotion Program at Aker Kvaerner.

Hyman, Bill. (2002). Program Review for Health Education. Prepared for National Council for Accreditation of Teacher Education.

Hyman, Bill. (1998). Confessions of a simple minded writer. IN D. Dowdey, B. Jones, & K. Pannell (Eds.), *TR5: An Introduction to Research Writing*. (pp. 495-497). Needham Heights: Simon & Schuster.

Hyman, Bill. (1998). Enhancing your health class with humor. IN D. Dowdey, B. Jones, & K. Pannell (Eds.) *TR5: An Introduction to Research Writing*. (pp. 498-501). Needham Heights: Simon & Schuster.

Books

Hyman, Bill and Oden, G. (2014) *Lifetime Health and Wellness*. Dubuque: Kendall Hunt.

Adapted from: **Hyman, Bill**, Oden, G., Bacharach, D., and Sebesta, T. (2011) *Fitness for Living – 4th edition* – Dubuque: Kendall-Hunt Publishing Company.

Hyman, Bill. (2013) *Current Issues in Child and Adolescent Health*, 3rd edition. Kendall Hunt Publishing Company.

Hyman, Bill. (2012). *The Big Time Games Book*. Xlibris Publishing.

Hyman, Bill, Oden, G., Bacharach, D., and Sebesta, T. (2011) *Fitness for Living – 4th edition* – Dubuque: Kendall-Hunt Publishing Company.

Hyman, Bill, Oden, G. Bacharach, D. & Sebesta, T. (2006). *Fitness for Living – 3rd edition*. Dubuque: Kendall-Hunt Publishing Company.

Hyman, Bill, Oden, G. and Bacharach, D. (2005). *Fitness for Living – Electronic textbook – 1st edition*. Dubuque: Kendall Hunt.

Hyman, Bill. (2003). *Current Issues in Child and Adolescent Health*, 2nd edition. Dubuque: Kendall Hunt.

Hyman, Bill. (2000). *Current Issues in Child and Adolescent Health*. Dubuque: Kendall Hunt.

Hyman, Bill, Oden, G. Bacharach, D. & Collins, R. (2000). *Fitness for Living – 2nd edition*. Dubuque: Kendall-Hunt Publishing Company.

Hyman, Bill, Oden, G., Bacharach, D. & Collins, R. (1999). *Fitness for Living*. Dubuque: Kendall Hunt.

Selected Textbook Citations

Karten, T.J. (2007). *More inclusion strategies that work: Aligning student strengths with standards*. Thousand Oaks, CA: Corwin Press, p. 169, 194.

Professional Presentations

National/International

Zuniga, M., Brown, S., Scarbrough, A., **Hyman, W.**, Turner, J., and Keathley, R.
(2016) Assuring a competent public and personal health care workforce for
Texas. Texas Public Health Association Annual Conference, Galveston, Texas.

Hyman, Bill (2015). *Wellness Management: The Key to Population Health*. 1st Annual
SHSU-UNIBE International Health Sciences Conference
UNIBE and Sam Houston State University College of Health Sciences, San Jose,
Costa Rica.

Hyman, Bill, Edgington, W., and Oden, G. (2015). *Developing Wellness Interventions*.
Hawaii International Conference on Education, Honolulu, Hawaii.

Edgington, Bill and **Hyman, Bill**. (2015). *Implementing Professional Dispositions and
Behavior with Pre-Service Teachers*. Hawaii International Conference on
Education, Honolulu, Hawaii.

Henderson, C., Manning, J., Tomei, J., Spies-Upton, S., Mena, C., Fraser, T., Oden, G.,
& **Hyman, B.** (2014, August). Relationships between Daily Physical Activity,
Mood, and Alcohol Use Among College Students. Poster presented at the annual
meeting of the American Psychological Association, Washington, DC.

Hyman, Bill. (2014) Using CATCH Curriculum to Develop Physical Activity Stations
with Limited Equipment, Remera Primary School, Kigali, Rwanda.

Hyman, Bill. (2013) Using CATCH Curriculum to Develop Physical Activity Stations
with Limited Equipment, Murundi Secondary School, Murundi, Rwanda.

Oden, Gary and **Hyman, Bill**. (2011) Incorporating Distance Learning into the
Kinesiology Curriculum – Samford University, Birmingham, AL.

Hyman, Bill. (2011) Innovations in Technology –Meeting the Needs of Today's
Learners. Symposium for McGraw- Hill Publishing Company – New York.

Hyman, Bill. (2010) The importance of prevention in public health. Presented to the
clinical staff at the Zambia-Emory HIV Research Project, Lusaka, Zambia.

Hyman, Bill, Edgington, W., and Oden, G. (2010). *Utilizing Eat This, Not That to Teach
Nutrition*. Hawaii International Conference on Education, Honolulu, Hawaii.

- Edgington, Bill, Oden, G, and **Hyman, B.**(2010). *Implementing the Teacher Work Sample in a Teacher Preparation Program: Process and Product*. Hawaii International Conference on Education, Honolulu, Hawaii.
- Oden, Gary, **Hyman, B.** and Edgington, B. (2010). *The Answer Man*. Hawaii International Conference on Education, Honolulu, Hawaii.
- Hyman, Bill** (2009). Eat This, Not That: Having Fun with Nutrition Education. Presented at annual national conference for the American Alliance for Health, Physical Education, Recreation, and Dance. Tampa, FL.
- Bass, Martha, Keathley, Rosanne, **Hyman, Bill**, and Casey, Susan. (2008) *The Shattered Lives Program: Perceptions and Behavior Modifications Among Participants*. National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance. Ft. Worth, Texas.
- Bass, Martha, Keathley, Rosanne, **Hyman, Bill**, and Casey, Susan. (2008) *Parental Perceptions After Participating in the Shattered Lives Program*. National Conference of the American Alliance for Health, Physical Education, Recreation, and Dance. Ft. Worth, Texas.
- Edgington, Bill and **Hyman, Bill**. (2008). *Take Me Out to the Ballgame: Using Baseball to Teach the Five Fundamental Themes of Geography*. Hawaii International Conference on Education, Honolulu, Hawaii.
- Hyman, Bill** and Edgington, Bill. (2008). *Integrating Nutrition and Social Studies Using World Food Capitals*. Hawaii International Conference on Education, Honolulu, Hawaii.
- Edgington, William, and **Hyman, Bill**. (2007). *Making Geography Relevant to Students: The Five Fundamental Themes and Baseball*. National Council for the Social Studies, San Diego, CA.
- Hyman, Bill**, and Oden, Gary. (2006). *Using World and Regional Food Capitals to Teach Nutrition and Geography*. National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Salt Lake City , Utah.
- Oden, Gary, and **Hyman, Bill**. (2006). *Everything Incorporated: Planning Employee Wellness Programs*. National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Salt Lake City , Utah.
- Hyman, Bill**, and Oden, Gary. (2005). *Little Things Add Up – Integrating Lessons on Healthy Snacking into Math Education*. National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Chicago, Illinois.
- Oden, Gary and **Hyman, Bill** (2005). *The Answer Man*. National Conference for American Alliance for Health, Physical Education, Recreation, and Dance, Chicago, Illinois.

Hyman, Bill. (April, 2002). *Am I the gluteus maximus?* American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, San Diego, CA.

Hyman, Bill. (2001) *Caveat Emptor.* American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Cincinnati, Ohio.

Hyman, Bill. (1999). *The Big Bad Buffet Line: Teaching Ideas for Nutrition.* American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Boston, MA.

Hyman, Bill, Peters, J. & Reed, J. (1997) *Alcohol Consumption Patterns and Knowledge of University Policies Among College Students.* Southern District American Alliance for Health, Physical Education, Recreation, and Dance. New Orleans, LA.

State/Local

Hyman, Bill. (2007). Popular diet myths. Presented as part of Words of Wisdom series sponsored by the University Wellness Committee.

Hyman, Bill. (2007). Popular diet myths. Presented to Physical plant employees at the request of Mark Shiflett.

Edgington, W.D. and Hyman B. (2005) *A home run: Using baseball to teach geography.* State Conference of Texas Council for The Social Studies. Galveston, Texas.

Hyman, Bill (1999). *High Level Health: It's a Few Short Steps Away.* Rise to the Top Conference – Region VI Educational Service Center, Huntsville, TX.

Hyman, Bill. (1999). *Choosing a Career in Health Education.* Piney Woods AHEC Health Careers Camp, Huntsville, TX.

Hyman, Bill. (1998). *Choosing a Career in Health Education.* Piney Woods AHEC Health Careers Camp. Huntsville, TX.

Hyman, Bill. (1997). Campus Wellness. Regional All-Well Conference, Huntsville, TX.

Hyman, Bill. (1997). *Choosing a Career in Health Education.* Piney Woods AHEC Health Careers Camp. Huntsville, TX.

Hyman, Bill. (1996). *Steps to Cancer Prevention.* Windham School District, Huntsville, TX.

Selected Service Positions

University

Student Success Collaborative
Chair - Athletics Advisory Committee

Chair - Standing Faculty Tenure Committee
Liaison Officer, SHSU Emergency Operations Group
Convocations Committee
Honors Council
Baptist Student Ministries – Faculty Sponsor
NCAA Self –Study Steering Committee
NCAA Self –Study Sub-committee
Governance and Commitment to
Rules Compliance (chair)
Southern Association for Colleges and Schools
(SACS) Steering Committee
Library Self-study Committee for SACS –
Committee Chair
Calendar Committee
Institutional Effectiveness Committee
Academic Affairs Council

College

Ad hoc Committee – Large Class Size
Chair – Tenure and Promotion Committee
Chair - Academic Review Panel
Graduate Recruitment Committee
NCATE – Standard Five Self-study Committee
Research Committee
Professional Development Committee
Teacher Reorganization Council
Curriculum Committee
Graduate Committee
Curriculum Degree Requirements Review Committee (alternate)

Department

Numerous Search Committees including Chair
Health Curriculum Committee
Chair - Promotion and Tenure Advisory Committee
Chair - Facilities Committee
Chair - Health Awards Committee
Technology/Web Enhancement Committee
Grade Appeals Committee
Health Curriculum Committee
Safety Committee
KINE 2115 Committee
Chair - Graduate Curriculum Ad Hoc Committee – Chair
Release Time Committee

Community Service

Volunteer, (2008). American Red Cross Shelter Volunteer and Security for Hurricane Ike.

Volunteer, (2005). American Red Cross Shelter Volunteer and Security for Hurricane Katrina and Hurricane Rita.

Director, (2005), Texas Super College Project – Texas Bicycle Coalition Education: Bicycle safety training at SHSU, February, 2005.

Consultant (2004). State Board of Educator Certification – Passing Standards Review Board for Health Education K-12 TExES, (October 2004).

Consultant (2004). State Board of Educator Certification – Framework and Item Validation for Health Education K-12 TExES. (January 2004)

Consultant, (2003-present) North Harris Montgomery Community College District, Human Services Advisory Committee.

Presider, 2002, American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, San Diego, CA.

Presider, 2001, American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Cincinnati, Ohio.

Editorial Review Board, 1998, Texas Association for Health, Physical Education, Recreation, and Dance Journal.

School Health Education Advocate, 1997 – present, American Association for Health Education.

Presider, 1999, Physicians' Assistants Role in Patient Education, American Alliance for Health, Physical Education, Recreation, and Dance, Boston, MA.

Cardiovascular Disease and Cholesterol Education, 1998, North Harris County College Health Fair, Houston, TX.

Textbook reviewer for Addison-Wesley-Longman Publishers and Allyn & Bacon Publishing Company.

Professional Memberships

American Alliance for Health, Physical Education, Recreation, and Dance

Texas Association for Health, Physical Education, Recreation, and Dance

