

CURRICULUM VITAE
Mona Colvin Cockerham, PhD, MSN, RN
4.2017

Education:

<u>Institution</u>	<u>Dates</u>	<u>Degree</u>	<u>Major/Minor</u>
The University of Texas Health Science Center. Houston, TX.	2013-2016	PhD	Nursing
The University of Texas Health Science Center. Houston, TX.	2015-2016	Post Master's Certificate	Education
The University of Texas Health Science Center. Houston, TX.	2007-2009	MSN	Nursing Leadership & Administration of Complex Health Systems
Louisiana College, Pineville, LA	1985-1990	BSN	Nursing
Southwood High School, Shreveport, LA	1981-1985	Diploma	

Professional Organizations:

	<u>Date</u>
Sigma Theta Tau	2007-present
American Nurses Association	2009- present
SHSU Nursing Honor Society/ Program Counselor	2016-present

Publications:

Cockerham, M, Kang, D.H., Howe, R., Weimer, S., & Boss, L. **Role of Stress and Social Resources on Cortisol and Fatigue in Staff Nurses and Nurse Leaders in an Acute Care Setting.** *Journal of Nursing Education and Research*, 8(5), 76-87.

Singh, K., Davis, P. & **Cockerham, M.. Applying Mindfulness to Influence the Patient and Care Team Experience.** *Journal of Nursing Education and Research*, 8(5), 7-12

National Presentations:

Cockerham, M, & Kang, D.H. (deceased). The Association of Stress, Biological Markers, and Fatigue on Staff Nurses to be presented at QSEN, Chicago, IL May, 2017. 5/2017

Cockerham, M. Kang, D.H., & Howe, R. Stress and Social Resources on Cortisol and Fatigue in Staff Nurses and Nurse Leaders in an Acute Care Setting presented a poster at the 2015 Magnet Conference in Atlanta, Georgia. 5/2015

Cockerham, M. & Howe, R. We Brake for Breaks. 2014
Impact of a Responsibility-Free Breaks on Nurse Fatigue and Job Satisfaction.

- Poster presentation 2014 ANA National Quality Forum, Las Vegas, Nevada.

 Poster presentation 2013 Houston Methodist and New York Presbyterian Research Symposium, Houston Texas.

Local

Santebanez, L., **Cockerham, M.**, & Chudi Ekwemalor. Risk Factors Associated with Malpractice Catastrophic Payout among Advance Practice Nurses. Poster session presented at the annual conference of University of Texas Health Science Center, Research Day, Houston, TX. 2013

Cockerham, M., Howe, R., & Branson, S. Magnesium Sulfate Safety: Taking Preeclampsia Out of the Emergency Department. Originally identified as part of a class assignment, this project became an institutional quality patient safety project utilizing a rapid cycle change process. The project crossed organizational boundaries and sponsored through the collaborative efforts of nursing supervisor, staff development, and labor and delivery staff. Podium presentation The Methodist Health System Quality Board of Directors, May 2009. 12/2008

Professional awards and special recognitions:

<u>Awards</u>	<u>Date</u>
Nominated Excellence in Teaching, Sam Houston State University	2018
Sam Houston State University, Nursing Honor Society	2016
PhD Student Award of the Year, 2015. Sigma Theta Tau Chapter, Houston, Texas	2015
Nursing Excellence Award. The Good Samaritan Foundation of Houston, Texas	2014
Vivian L. Smith Foundation Scholar, Accelerated PhD Student Award.	2015-2016
Lapin/Landa Scholarship, Master in Nursing Scholarship.	2008-2009