

Hillary Anne Langley, Ph.D.

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Education

- 1/2014 – 8/2016 **NICHD Postdoctoral Fellowship, Carolina Consortium on Human Development**
Center for Developmental Science, University of North Carolina at Chapel Hill
Advisor: Andrea Hussong
- 8/2007 – 12/2013 **Ph.D., Developmental Psychology, University of North Carolina at Chapel Hill**
Dissertation: *The socialization of children's memory: A longitudinal examination of maternal elaborative conversational style, children's autobiographical memory, and children's deliberate memory performance*
Committee: Peter A. Ornstein (Chair), J. Steven Reznick, Jennifer L. Coffman, Lynne Baker-Ward, & Kelly Giovanello
- 8/2002 – 5/2006 **B.A., Psychology, University of North Carolina at Chapel Hill**
Summa Cum Laude, Highest Honors in Psychology, Phi Beta Kappa
Honors Thesis: *Working memory and expressive language in toddlers*
Advisor: J. Steven Reznick

Positions

- 9/2016 – Present **Assistant Professor of Psychology**
Department of Psychology and Philosophy, Sam Houston State University
- 9/2016 – Present **Research Associate**
Center for Developmental Science, University of North Carolina at Chapel Hill
- 8/2014 – 8/2016 **NICHD Postdoctoral Fellow, Carolina Consortium on Human Development**
Center for Developmental Science, University of North Carolina at Chapel Hill
- 12/2013 – 7/2014 **Postdoctoral Research Associate, The Raising Grateful Children Study**
Center for Developmental Science, University of North Carolina at Chapel Hill
- 2013 **Adjunct Faculty Instructor**
Department of Psychology, Meredith College
- 2012 **Instructor**
Department of Psychology, University of North Carolina at Chapel Hill
- 2008 – 2012 **Lead Graduate Researcher, Durham Child Health & Development Study (NSF)**
Center for Developmental Science, University of North Carolina at Chapel Hill

- 2007 – 2013 **Graduate Research Assistant, Laboratory of Dr. Peter Ornstein**
Department of Psychology, University of North Carolina at Chapel Hill
- 2005 – 2007 **Undergraduate and Post-Baccalaureate Research Assistant & Laboratory Manager, Laboratory of Dr. J. Steven Reznick**
Frank Porter Graham Child Development Institute, University of North Carolina at Chapel Hill

Research Interests

Research interests include developmental psychology; the development of children's long-term memory and gratitude; parental socialization of gratitude; children's mental health; children's eyewitness testimony and the impact of stress and anxiety on children's memory for traumatic experiences; the protective effects of prosocial behaviors and emotions (e.g., empathy, gratitude) on children's psychological well-being; and, the implementation of parental training programs focused on teaching parents how to effectively talk with their children about past stressful or traumatic experiences as well as children's past behavioral transgressions.

Professional Service, Professional Development, Affiliations, & Honors

- 2017 University Convocations Committee, SHSU
- 2017 Leader, Faculty Writing Circle Program, Professional and Academic Center for Excellence, SHSU
- 2017 Writing in the Disciples Workshop, College of Humanities and Social Sciences, SHSU
- 2016-2017 Scholar, Pathfinders Mentorship Program, Professional and Academic Center for Excellence at SHSU
- 2016-2017 Member, Faculty Writing Circle Program, Professional and Academic Center for Excellence at SHSU
- 2016 Presentation to the SHSU Psi Chi/Psychology Club: Undergraduate Research in Psychology
- 2006-Present Member, Society for Research in Child Development (SRCD)
- 2005-Present Member, Cognitive Development Society (CDS)
- 2012 Teaching Commendation, Ranked in the Top 5% of Instructors in Psychology Department, UNC-CH
- 2011 Undergraduate Research Mentoring Award, Presented by the UNC-CH Psychology Club
- 2011 SRCD Travel Award (Competitive), Biennial Meeting, Montreal, Quebec, CAN (\$500)
- 2011 Presentation to the UNC-CH Psychology Club: Undergraduate Research in Psychology
- 2010 Presentation to the UNC-CH Psychology Club: Graduate Student Panel: How to Prepare Yourself for Graduate School in Psychology
- 2009 Developmental Lunch Brown Bag Speaker Series Planning Committee
- 2009 Developmental Psychology Prospective Student Interview Weekend Planning Committee
- 2007-2013 Graduate Fellowship, UNC-CH (\$22,500 per year)
- 2006 Inducted into Phi Beta Kappa, Alpha Chapter, UNC-CH
- 2005-2006 James H. Thompson & Evelyn B. Thompson Undergraduate Research Award (\$500)
- 2003-2006 Psi Chi, Psychology National Honor Society, UNC-CH
- 2002-2006 Randall C. Berg Honors Scholarship (Full Academic Scholarship to UNC-CH; \$60,000)
- 2002-2006 Robert Byrd Honors Scholarship (Supplemental Academic Scholarship; \$20,000)
- 2002 Valedictorian, David W. Butler High School, Charlotte, NC

Ad Hoc Reviewer

- 2014 – Present Journals: *Applied Developmental Psychology*, *Applied Developmental Science*, *Early Childhood Research Quarterly*, *Journal of Cognition and Development*, *Journal of Social and Personal Relationships*, *Translational Issues in Psychological Science*
- 2010 – Present Conference Meetings: *American Educational Research Association*, *Cognitive Development Society*, *Society for Research in Child Development*

Funded Research

- Grant ID 59213 (PI: Hussong) 03/01/2016 – 02/28/2018
The John Templeton Foundation Role: Investigator
Long-term Effects of Parents' Efforts to Foster Children's Gratitude on Health, Well-Being and Character Development
The goal of this project is to understand why gratitude matters in children and what parents can do to best cultivate gratitude in their children. We will also develop an online parent training platform to aid parents in their socialization efforts.
- T32 HD07376 (PI: Hussong) 05/01/2010 – 04/30/2015
National Institute of Child Health and Human Development Role: Postdoctoral Fellow
Human Development – Interdisciplinary Research Training
The major goal of this program is to provide training to predoctoral and postdoctoral fellows as they become productive researchers and creative scientists in an interdisciplinary study of human development.
- Greater Good Science Center, UC Berkeley (PI: Hussong) 09/1/2012 – 07/31/2014
The John Templeton Foundation Role: Postdoctoral Research Assoc.
The Socialization of Gratitude in Parent-Child Interactions
The major goal of this research project was to use qualitative and quantitative methods to develop a working definition of gratitude and measures for children under age 10, as well as a model for identifying and assessing how parents cultivate gratitude in their children.
- BCS-0720660 (PI: Cox & Ornstein) 08/01/2007 – 07/31/2012
National Science Foundation Role: Graduate Research Asst.
Integrated Research Activities for Developmental Science (IRADS): Child Development Research Collaborative
This inter-institutional and collaborative project involved faculty members, postdoctoral fellows, and graduate assistants from varied disciplines. It involved a large-scale longitudinal follow-up investigation of 200 families from varied ethnic and socioeconomic backgrounds in which children and their families were followed from the preschool to early elementary school years.
- BCS-0126475 (PI: Cox & Reznick) 09/01/2001 – 08/31/2007
National Science Foundation Role: Undergraduate Research Asst.
The North Carolina Child Development Research Collaborative
This inter-institutional and collaborative project involved faculty members, postdoctoral fellows, and research assistants from varied disciplines. It involved a large-scale longitudinal investigation of 200 families from varied ethnic and socioeconomic backgrounds in which children and their families were followed from infancy through the preschool years.

Publications

- Hussong, A. M., **Langley, H. A.**, Rothenberg, W. A., Halberstadt, A., Costanzo, P., Coffman, J. L., & Mokrova, I. (in press). Raising grateful children one day at a time. Manuscript in press.
- Hussong, A. M., **Langley, H. A.**, Coffman, J. L., Halberstadt, A. G., & Costanzo, P. R. (in press). Parent socialization of children's gratitude. Chapter in Tudge, J., & Freitas, L. *Developing Gratitude*. Cambridge University Press. Book in press.
- Langley, H. A.**, Coffman, J. L., & Hussong, A. M. (2017). Let's talk about gratitude: Children's autobiographical memories of gratitude-related events. Manuscript under review.
- Langley, H. A.**, Coffman, J. L., & Ornstein, P. A. (2017). The socialization of children's memory: Linking maternal conversational style to the development of children's autobiographical and deliberate memory skills. *Journal of Cognition and Development*. doi: 10.1080/15248372.2015.1135800
- Halberstadt, A., **Langley, H. A.**, Hussong, A. M., Rothenberg, W. A., Coffman, J. L., Costanzo, P., & Mokrova, I. (2016). Parents' understanding of gratitude in young children: A thematic analysis. *Early Childhood Research Quarterly*, 26, 439-451. doi: 10.1016/j.ecresq.2016.01.014
- Rothenberg, W. A., Hussong, A. M., **Langley, H. A.**, Egerton, G. A., Costanzo, P., Halberstadt, A., Coffman, J. L., & Mokrova, I. (2016). Grateful parents raising grateful children: Niche selection and the socialization of child gratitude. *Applied Developmental Science*. doi: 10.1080/10888691.2016.1175945
- Baker-Ward, L., Quinonez, R., Milano, M., Lee, S., **Langley, H. A.**, Brumley, B., & Ornstein, P. A. (2015). Predicting children's recall of a dental procedure: Contributions of stress, preparation, and dental history. *Applied Cognitive Psychology*, 29, 775-781. doi: 10.1002/acp.3152.
- Gustafsson, H. C., Coffman, J. L., Harris, L. S., **Langley, H. A.**, Ornstein, P. A., & Cox, M. J. (2013). Intimate partner violence and children's memory. *Journal of Family Psychology*, 27, 937-944. doi: 10.1037/a0034592.

Manuscripts in Preparation

- Bohanek, J. G., Hedrick, A. M., Baker-Ward, L. E., **Langley, H. A.**, Coffman, J. L., Ornstein, P. A., Mills-Koonce, W. R., & Propper, C. B. (2017). Temperament, Attachment, Parenting, and the Development of Autobiographical Memory. Manuscript in preparation.
- Botero, M. D., **Langley, H. A.**, & Venta, A. C. (2017). The importance of touch for human and non-human primate infants. Manuscript in preparation.
- Hussong, A. M., **Langley, H. A.**, Coffman, J. L., Halberstadt, A. G., Costanzo, P. R., & Rothenberg, W. A. (2017). Measuring gratitude as a complex emotional process in children. Manuscript in preparation.
- Hussong, A. M., Halberstadt, A. G., **Langley, H. A.**, & Coffman, J. L. (2017). Parents' reactions to children's lack of gratitude. Manuscript in preparation.

Presentations

Langley, H. A., Coffman, J. L., & Hussong, A. M. (2017, April). *Parent socialization of children's gratitude through conversations*. Paper presented as a part of a paper symposium at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Rothenberg, W. A., Hussong, A. M., & **Langley, H. A.** (2017, April). *Grateful parents raising grateful children*. Paper presented as a part of a paper symposium at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Thomas, T. E., Coffman, J. L., **Langley, H. A.**, & Ornstein, P. A. (2017, April). *Mother-child reminiscing and children's autobiographical memory: The roles of maternal sensitivity and child temperament*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Langley, H. A. (2017, February). *Let's talk about gratitude: How to raise grateful children*. Invited talk at the SHSU College of Humanities and Social Sciences Spring Semester Faculty Colloquium Series, Huntsville, TX.

Leon, E. D., **Langley, H. A.**, & Halberstadt, A. G. (2015, May). *The struggle is real: Parental challenges when fostering gratitude in 1st – 3rd grade children*. Poster presented at the Mid-Atlantic Prep & IMSD Research Symposium hosted by the Initiative for Maximizing Student Diversity Program at North Carolina State University, Raleigh, NC.

Bohanek, J. G., Hedrick, A. M., **Langley, H. A.**, Baker-Ward, L. E. (2013, April). *Individual differences in maternal reminiscing: Exploring conversational goals in discussions about the past*. Poster presented as a part of a poster symposium at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.

Langley, H. A., Coffman, J. L., Bohanek, J. G., Hedrick, A. M., & Ornstein, P. A. (2013, April). *An examination of early maternal elaborative conversational style and children's later autobiographical narratives*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.

Langley, H. A. (2012, April). *A longitudinal examination of mother-child reminiscing and children's deliberate memory performance*. Invited presentation for the UNC-CH Developmental Psychology program lecture series.

Langley, H. A., Ornstein, P. A., Coffman, J. L., & Lee, S. (2012, January). *The Children's Memory Project*. Invited presentation for the UNC-CH Developmental Psychology program lecture series.

Langley, H. A., Coffman, J. L., Hedrick, A. M., Bohanek, J. G., Baker-Ward, L. E., & Ornstein, P. A. (2011, October). *An examination of linkages between early mother-child reminiscing and children's later deliberate memory performance*. Poster presented at the biennial meeting of the Cognitive Development Society, Philadelphia, PA.

Ornstein, P. A., **Langley, H. A.**, Brumley, B., P., Howlett, K. L., Grammer, J. K., & Coffman, J. L. (2011, October). *Effects of mothers' and teachers' memory-relevant language on the development of children's*

memory skills. Poster presented at the biennial meeting of the Cognitive Development Society, Philadelphia, PA.

San Souci, P., Hedrick, A. M., **Langley, H. A.**, Howlett, K. L., Wilkerson, E., Hoffman, P., Haden, C. A., & Ornstein, P. A. (2011, October). *Mothers' conversational goals during an event: Linkages to children's remembering*. Poster presented at the biennial meeting of the Cognitive Development Society, Philadelphia, PA.

Coffman, J. L., Mugno, A. P., Zimmerman, D. A., **Langley, H. A.**, Howlett, K. A., Grammer, J. K., & Ornstein, P. A. (2011, April). *A longitudinal examination of kindergarteners' memory performance*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, CAN.

Grammer, J. K., Mugno, A. P., Zimmerman, D. A., Howlett, K., **Langley, H. A.**, Coffman, J. L., & Ornstein, P. A. (2011, April). *An experimental investigation of contrasting instructional conditions on children's developing memory skills*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, CAN.

Gustafsson, H. C., Coffman, J. L., **Langley, H. A.**, Bohanek, J. G., & Ornstein, P. A. (2011, April). *Intimate partner violence and children's memory*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, CAN.

Hedrick, A. M., San Souci, P., **Langley, H. A.**, Howlett, K., Venugopal, A., Wilkerson, E., Haden, C. A., & Ornstein, P. A. (2011, April). *Varying conversational goals as events unfold: Impacts on maternal elaborativeness and children's recall*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, CAN.

Langley, H. A., Bohanek, J. G., Coffman, J. L., Mugno, A. P., Lee, S., Hedrick, A. M., Baker-Ward, L. E., & Ornstein, P. A. (2011, April). *Linkages between young children's autobiographical and deliberate memory performance*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, CAN.

Baker-Ward, L., Ornstein, P. A., Quinonez, R., Milano, M., **Langley, H. A.**, Lee, S., Morris, C. (2009, October). *Children's Memory for a Dental Procedure: The Impact of Stress and Coping on Remembering*. Poster presented at the biennial meeting of the Cognitive Development Society, San Antonio, TX.

Grammer, J. K., Sidney, P., Mugno, A., Lee, S., **Langley, H. A.**, Coffman, J., Ornstein, P. A. (2009, April). *A Longitudinal Exploration of Children's Multiple Strategy Use in the Elementary School Classroom*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

Langley, H. A., Childress, D., Goldman, B. D., Reznick, J. S. (2007, March). *Working Memory and Expressive Language in 27-month-old Toddlers*. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

Teaching Experience

Assistant Professor, Sam Houston State University – Department of Psychology and Philosophy

- Developmental Psychology, Academic & Community Involvement Section (Undergraduate; Fall 2017)
- Introduction to Psychology (Undergraduate; Summer 2017)
- Advanced Developmental Psychology (Graduate; Spring 2017)
- Developmental Psychology (Undergraduate; Fall 2016, Spring 2017, Summer 2017, Fall 2017)
- Developmental Psychology for Nursing majors (Undergraduate; Fall 2016)

Co-Facilitator, University of North Carolina at Chapel Hill – Center for Developmental Science

- *Proseminar in Developmental Science* – The Family as a Context for Development, Continuity, and Change in Externalizing Behaviors in Early Childhood (Graduate; Fall 2015)
- *Proseminar in Developmental Science* – Cultivating a Developmental Science of Flourishing (Graduate; Spring 2015)
- *Advanced Seminar in Human Development: Developmental Science and Education* – Research at the Intersection of Developmental Science and Education (Graduate; Fall 2014)

Adjunct Faculty Instructor, Meredith College, Raleigh, NC – Department of Psychology

- *Child and Adolescent Psychology* (Undergraduate; Spring 2013)

Instructor, University of North Carolina at Chapel Hill – Department of Psychology

- *Child Development* (Undergraduate; Fall 2012)
- **Teaching Commendation – Ranked in Top 5% of Instructors in Psychology Department**

Guest Lecturer, University of North Carolina at Chapel Hill – Department of Psychology

- *Child Development* (Undergraduate; Spring 2008, Fall 2009, Fall 2012, Spring 2013)

Teaching Assistant, University of North Carolina at Chapel Hill – Department of Psychology

- *Child Development* (Undergraduate; Spring 2008)

Research Mentorship and Thesis/Dissertation Committee Membership

Sam Houston State University, Dissertation Committee Membership

- Nicholas Kavish, Laurel Mattos

Sam Houston State University, Master's Thesis Committee Membership

- Martha Chumchal, Danielle Dobyanski, Amber Giacona, Cassandra Morris, Jennalee Turner

Sam Houston State University, Honors Contract Faculty Mentor

- Cullen Lyles (Fall 2016), Catherine Stallard (Spring 2017), Hallee Sasser (Spring 2017), Keira Tademy (Fall 2017), Georgia Pilling (Fall 2017), Kimberly Anderson (Fall 2017)

University of North Carolina at Chapel Hill, Undergraduate Independent Research Course Instructor

- From 2007–2016, I mentored over 50 undergraduates enrolled in an independent research course. I worked closely with each student to determine a research question that was answerable within the course of a semester or year, and acted as their day-to-day supervisor as they conducted literature reviews, collected data, ran analyses, and completed scholarly writing assignments. I also ran weekly seminar-

style meetings in which students were required to read an empirical article, write a reaction paper, and come prepared to discuss the article as it related to their research.

University of North Carolina at Chapel Hill, Undergraduate Honors Theses

- *Olivia Laspina-Williams* (2015–2016): Linking Parental Reasons for Gratitude Socialization with Parents' Socialization Practices and Children's Prosocial Behaviors
- *Claire Veazey* (2012–2013): Maternal Reminiscing Style and the Development of Autobiographical Memory in Children: The Impact of Auditory Comprehension
- *Caroline Byrd* (2010–2011): The Socialization of Children's Memory: The Impact of Maternal Reminiscing Style
- *Benjamin Brumley* (2010–2011): Behavioral Regulation, Memory, and Academic Achievement in the Kindergarten Classroom

North Carolina School of Science & Mathematics High School Research Interns

- *Jennifer Kronmiller* (2011–2012): Conflict and Emotional Talk in First Grade Child Independent Narratives
- *Katelyn Montgomery* (2010–2011): Effects of Maternal Conversation on Child's Memory: Linkages between Maternal Conversational Techniques, Children's Autobiographical Memory, and Children's Deliberate Memory
- *Aisha Venugopal* (2009–2010): Linkages between Maternal Conversational Techniques and Children's Recall Consistency