

Tessa Long, B.S.
Sam Houston State University
Clinical Psychology Doctoral Program
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EDUCATIONAL HISTORY

August 2016 – Present	Sam Houston State University, Huntsville, TX Clinical Psychology Doctoral Program Thesis:
August 2010 – May 2014	The University of Houston, Houston, TX B.S. in Psychology; Minors in Chinese Studies, Phronesis Cumulative GPA: 3.39; Major GPA: 3.6
May 2010	Seven Lakes High School Distinguished Graduate

HONORS AND AWARDS

January 2014	<i>Provost Undergraduate Research Scholarship</i> University of Houston Office of Undergraduate Research (\$1000)
May 2013	<i>Summer Undergraduate Research Fellowship</i> University of Houston Office of Undergraduate Research (\$3500)
May 2011	<i>Houston Junior Chamber Scholarship</i> University of Houston Office of International Studies and Programs (\$500)
May 2011	<i>International Education Fee Scholarship</i> University of Houston Office of International Studies and Programs (\$500)
August 2010 – May 2014	<i>Academic Excellence Scholarship</i> University of Houston (\$2000)
August 2010 – May 2014	<i>Tenneco Scholarship</i> University of Houston Honors College (\$1000)
May 2014	<i>Areté Award</i> University of Houston Honors College
Fall 2010; Spring 2013; Fall 2014	<i>Dean's List</i> University of Houston

RESEARCH POSITIONS AND EMPLOYMENT

August 2017 – Present	<i>Teaching Assistant</i> , Sam Houston State University, Huntsville, TX Course: Introduction to Psychology <u>Responsibilities</u> <ul style="list-style-type: none">• Lecture 170 undergraduates• Create four exams and administer exams to students
August 2016 – Present	<i>Graduate Research Assistant</i> , Sam Houston State University, Huntsville, TX Director: Amanda Venta, Ph.D <u>Responsibilities</u> <ul style="list-style-type: none">• Study head “Mental Health and Campus Experiences of Undergraduate

Immigrant Students”

- Manage IRB materials for multi-site data collection

August 2016 –
Present

Graduate Research Assistant, Sam Houston State University, Huntsville, TX
Director: Craig Henderson, Ph.D

Responsibilities

- Import survey information onto Qualtrics for data collection
- Aide in research participation by sending weekly reminder emails to elite athletes
- Participate in data analysis by attending bi-monthly meetings with the director
- Conduct literature searches

July 2014 –
Present

Research Coordinator II, Adolescent Treatment Program, The Menninger Clinic, Houston, TX

Directors: Carla Sharp, Ph.D. & Christopher Frueh, Ph.D.

Responsibilities

- Draft and submit Institutional Review Board amendments and renewals for two studies: (1) Collection of Psychological Assessment Data for Research and Program Evaluation Purposes & (2) The Effects of Oxytocin on Social Cognition and Associations with Psychopathology
- Direct correspondence with PI regarding study progress
- Conduct consent meetings with incoming families
- Promote participation in follow-up study through reminder calls and re-consent meetings
- Coordinate study staff training and organize documentation
- Oversee monthly and yearly budget expenditures
- Maintain inventory of study materials
- Manage and organize data sets
- Delegate responsibilities to research assistants
- Coordinate staff meetings and monthly lab meetings
- Coordinate PI meeting location and schedule
- Maintain survey licenses
- Conduct software updates and renewals
- Correspond with IT to maintain technological functionality and troubleshoot program errors
- Conduct clinical research assessments with psychiatric inpatient adolescents including:
 - Child Attachment Interviews (CAI)
 - Childhood Interview for the Diagnosis of DSM-IV Borderline Personality Disorder (CI-BPD)
- Conduct literature searches

September 2013

Research Assistant, Adolescent Treatment Program, The Menninger Clinic,

– July 2014

Houston, TX

Directors: Carla Sharp, Ph.D. & Christopher Frueh, Ph.D.

Responsibilities

- Conduct Computerized Diagnostic Intake Schedule for Children (C-DISC) with patient's parents
- Contact and follow-up with families for participation in outcomes research study
- Conduct Brief Problem Monitor (BPM)
- Data management using Excel, SPSS, Inquisite, ADM and BPM
- Organize study materials
- Preparing incentive materials for outcomes study (i.e. mailing birthday cards)
- Conduct literature reviews

April 2013 –
June 2014

Lab Manager, Developmental Psychopathology Lab, Department of Psychology

University of Houston, Houston, TX

Director: Carla Sharp, Ph.D.

Responsibilities

- Interview and train undergraduate and post-baccalaureate research assistants
- Delegate responsibilities to research assistants
- Organize lab materials and maintain inventory of supplies
- Prepare teaching materials and other administrative duties for the PI
- Assisted in the preparation of manuscripts and poster presentations alongside graduate students and PI (i.e. conduct literature search/reviews)
- Coordinate lab events
- Prepare materials for monthly lab meetings
- Conduct interview- and questionnaire-based psychological assessments, coordinate participant screening and scheduling, and assist in the management of three studies: (1) The Effects of Oxytocin on Social Cognition and Associations with Psychopathology; (2) Healthy Adolescent Thoughts, Feelings, and Behaviors; and (3) Interpersonal Interaction Study
- Conduct clinical research assessments with healthy community controls including:
 - Child Attachment Interviews (CAI)
 - Childhood Interview for the Diagnosis of DSM-IV Borderline Personality Disorder (CI-BPD)
- Participated in the recruitment for multiple studies including university classroom presentations, high school visits, and daily phone calls
- Correspond with IT staff to set up and maintain lab software and equipment

August 2012 –

Research Assistant, Developmental Psychopathology Lab, Department of

- April 2013 Psychology University of Houston, Houston, TX
Director: Carla Sharp, Ph.D.
Responsibilities
- Transcribe Child Attachment Interviews and Childhood Interview for the Diagnosis of DSM-IV Borderline Personality Disorder
 - Data management using Excel and SPSS
 - Maintained lab organization and coordination of study materials
 - Conducted recruitment calls
 - Assisted in the preparation of posters submitted to psychological conferences
- January 2012 – *Research Assistant*, Laboratory for the Neural Bases of Bilingualism,
April 2012 Department of Psychology, University of Houston, Houston, TX
Director: Arturo Hernandez, Ph.D.
Responsibilities
- Participation on two studies: (1) graduate student doctoral thesis creating an immersive computerized program to aide in the learning of a second language, (2) fMRI study with Northwestern University looking at brain activation when switching between languages
 - Data entry into Excel
 - Proctor vocabulary tests for participants
- January 2011 – *Administrative Assistant*, Dr. Rebecca Luethcke, M.D., F.A.C.O.G.
August 2013 Memorial Hermann Memorial City, Houston, TX
Responsibilities
- Schedule patients for appointments
 - Check patients in for appointments
 - Make reminder and reschedule calls to patients
 - File medical records
 - Assist in the transition from paper medical records to online records
 - Retrieve and send office mail
 - Handle human urine specimen
 - Relocate closed specimen bottles to LabQuest drop off box
- August 2011 – *Student Services Staff Member*, Honors College, University of Houston,
August 2012 Houston, TX
Director: Brenda Rhoden, Director of Student Affairs
Responsibilities
- Process applications into the Honors College
 - Student and parent initial contact to the Honors College
 - Administrative and organizational duties

CONFERENCE PRESENTATIONS

1. Ryan, L., **Long, T.**, & Henderson, C. (2017, November). *Associations of daily positive and negative affect with daily alcohol use and exercise in an undergraduate*

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- sample*. Poster presented at the Texas Psychological Association Annual Convention, Houston, TX.
2. Mattos, L., Bernhard, P., Varela, J., Yenne, E., Kavish, N., **Long, T.**, Holdren, S., & Manyose, M. (2017, March). The Effects of Telepsychology on Interview Disclosure. Poster presented at the annual meeting of the American Psychology-Law Society, Seattle, WA.
 3. **Long, T.**, Mellick, W., & Sharp, C. (2016, April). Bottom-up and top-down mentalizing in adolescents with psychopathic traits following inpatient hospitalization. Poster submitted to the 2016 Biennial Meeting for the Society for Research in Adolescents (SRA). Baltimore, MD.
 4. **Long, T.**, Ha, C., Kalpakci, A., & Sharp, C. (March 2015). Ethnic Differences in Interview-based and Self-reported Borderline Personality Disorder in Hospitalized Adolescents. Poster presented at the annual meeting of The North American Society for the Study of Personality Disorders, Boston, MA
 5. Ha, C., **Long, T.**, Cirino, P., & Sharp, C. (November, 2013). *The relation between theory of mind and executive function in adolescents*. Poster presented at the 2013 annual convention of Texas Psychological Association (TPA). Houston, TX.
 6. **Long, T.**, Vanwoerden, S., & Sharp, C. (October, 2013). *Increased frequency of nonsuicidal self-injury in comorbid depression and ADHD and the role of executive function*. Poster presented at the University of Houston's annual Undergraduate Research Day. Houston, TX.
 7. Schramm, A. T., Vanwoerden, S., **Long, T.**, Venta, A., & Sharp, C. (September, 2013). *The relation between attachment security and borderline personality disorder in adolescent psychiatric inpatient sample*. Poster presented at the 27th annual meeting of the Society for Research in Psychopathology (SRP). Oakland, CA.

MANUSCRIPTS

1. Ha, C., Madan, A., **Long, T.**, & Sharp, C. (2016). An Examination of Incentive Strategies to Increase Participation in Outcomes Research for an Adolescent Inpatient Unit. *Journal of Psychiatric Practice*, 22(3), 250-256.

ASSESSMENT EXPERIENCE

Assessment of Identity Development for Adolescents (AIDA)
Acceptance and Fusion Questionnaire for Youth (AFQY)
Adolescent Life Events Questionnaire (ALEQ)
Alabama Parenting Questionnaire (APQ)
Antisocial Process Screening Device (APSD)
Basic Empathy Scale (BES)
Beck's Depression Inventory II (BDI-II)
Behavior Rating Inventory of Executive Function- Parent (BRIEF)
Borderline Personality Features Scale (BPFS)
Brief Problem Monitor (BPM)
Bully Victim Bystander Inventory (BVBI)
Child Attachment Interview (CAI)
Child Behavior Checklist (CBCL)
Childhood Interview for Borderline Personality Disorder (CI-BPD)

Cognitive Emotion Regulation Questionnaire (CERQ)
Child Eyes Task (CET)
Columbia-Suicide Severity Rating Scale (C-SSRS)
Deliberate Self-harm Inventory (DSHI)
Diagnostic Interview Schedule for Children (DISC)
Difficulties in Emotion Regulation Scale (DERS)
Experiences in Close Relationships- Revised (ECR-R)
Hypermentalizing Questionnaire (HMZ)
Implicit Association Task (IAT)
Inventory of Callous-Unemotional Traits (ICU)
Inadequate Boundaries Questionnaire (IBQ)
Inventory of Interpersonal Problems (IIP)
Inclusion of Other in the Self Scale (IOS)
Interpersonal Grid (IP Grid)
Inventory of Statements about Self-Injury (ISAS)
Internal Working Models Questionnaire (IWM)
Movie for Assessment of Social Cognition (MASC)
Multidimensional Anxiety Scale for Children (MASC)
Minnesota Multiphasic Personality Inventory (MMPI)
Menninger Quality of Care Survey (MQOC)
Parental Bonding Inventory (PBI)
Peer Conflict Scale (PCS)
Personality Assessment Inventory for Adolescents (PAI-A)
Personal Feelings Questionnaire (PFQ)
Reflective Function Questionnaire (RFQ)
Relationship Questionnaire (RQ)
Safer Choices Survey (SCS)
Strengths and Difficulties Questionnaire (SDQ)
Socialization of Emotion Scale (SES)
The Shame Inventory (SI)
Stress Index for Parents of Adolescents (SIPA)
The Self-Injurious Thoughts and Behaviors Interview: NSSI Modules (SITBI)
The Security Scale (SS)
School Sleep Habits Survey (SSHS)
Test of Self-Conscious Affect for Adolescents (TOSCA-A)
Trauma Symptom Checklist for Children (TSCC)
Wide Range Achievement Test (WRAT)
Youth Psychopathic Inventory (YPI)
Youth Self-Report (YSR)

SPECIALIZED TRAININGS

MDFT Coding, August 2016
Mutuality of Autonomy (MOA) on the Rorschach Rater Training, September/October 2015
CPR and First Aid Certified, June 2015
MANDT Training, June 2015
Systems Training for Emotional Predictability & Problem Solving (STEPPs), May 2015

Child Attachment Interview Administration and Rater Training, November 2014
Columbia-Suicide Severity Rating Scale Training, July 2014

VOLUNTEER EXPERIENCE/EXTRACURRICULARS

Energy Exchange Program Member, Big Yoga Houston

Volunteer, Children's Museum

Volunteer, Museum of Fine Arts Houston

Co-Chair, Schools-for-Schools

Member, Honors Advocates

Secretary, Student Governing Board