

SAM HOUSTON STATE UNIVERSITY
DEPARTMENT COUNSELOR EDUCATION
CURRICULUM VITA YVONNE GARZA-CHAVES

ADDRESS

- Department of Counselor Education
 Sam Houston State University
 P.O. Box 2119 Huntsville, TX. 76203-1337
ygarza@shsu.edu
 936-294-3106

AREAS OF EXPERTISE/INTEREST

- Child/Adolescent/Family Counseling
- Counselor Education
- Filial Therapy
- Clinical Supervision
- Counseling Hispanics
- Play Therapy/Activity/Sand

EDUCATION

University of North Texas • 2004

- Ph.D. in Counselor Education
 - Dissertation: Effects of Culturally Responsive Child-Centered Play Therapy Compared to Curriculum-Based Small Group Counseling with Elementary-Age Hispanic Children Experiencing Externalizing & Internalizing Behavioral Problems: A Preliminary Study (A grant supported research study: \$1,200, \$1,500, \$278,527)

Our Lady of the Lake • 1999

- MSW
 - Social Work

UT Pan American • 1995

- BSW
 - Social Work

PROFESSIONAL EXPERIENCE

Teaching

- **Associate Professor/Play Therapy Coordinator • 2005 – Present**

Sam Houston State University (SHSU)

- COUN 5110 – *Counseling Workshop*. Current topics in the field of counseling.
- COUN 5111 – *Counseling Program Orientation*. The context of this course includes the history of counseling, a review of the standards for licensure and certification, and a discussion of current issues and concerns in the field of counseling.
- COUN 5112 – *Ethics for Counselors Workshop*. This course examines the professional codes of ethics and their limitations, the value clashes of counseling, ethical decision making models, and the major ethical issues in the counseling field.
- COUN 5364 – *Theories of Counseling*. A comprehensive study is made of the major theories of counseling. Attention is given to systematic ways of viewing the counseling process. Divergences and convergences among theories are examined for practical application.
- COUN 5385 – *Prepracticum Techniques*. This course is designed to provide experiences in the exploration and application of individual counseling techniques.
- COUN 5397 – *Human Growth and Development*. This course provides an overview of theory and concerning the growth and development of individuals over the lifespan.

- COUN 5387 – *Workshop in Counseling/Independent Study*. Course is designed to serve the needs of in-service counselors in schools and those in private practice. Topics will vary.
- COUN 5391 – *Child & Adolescent Counseling*. Designed to help students develop approaches for putting counseling theories into practice in helping children and adolescents who are experiencing difficulties in their developmental, personal, and social growth.
- COUN 5398 – *Sandtray Therapy*. This course is designed to provide students with extensive practical experience related to sandtray as a therapeutic intervention for children, adolescents, adults, and families. This course uses both didactic and experiential methods to enhance a student's knowledge, skills and competence in using sandtray as a therapeutic modality with clients. The curricula for this course include knowledge of the literature of the discipline and ongoing student engagement in practice related to professional practice.
- COUN 5399 – *Play Therapy Basics*. Designed to enhance the counselor's understanding of the child's world as perceived by the child, the relationship between the child's world and behavior. The major theories of PT and the utilization of play media to facilitate the child's self-exploration, self-expression, self-understanding, and personal growth will be explored.
- COUN 6331 – *Advanced Play Therapy*. Designed to provide play therapists with extensive practical research experience in regard to issues relative to the PT relationship. Case analysis, theoretical application, current research issues and trends will be investigated.
- COUN 6376 – *Supervised Practice in Counseling*. Lab course is designed to prepare the student in the practical application and integration of the principles and methods of counseling.
- COUN 6386 – *Field Practicum*. Course provides supervised experiences in a counseling setting. Study is made of the duties and responsibilities of the counselor at work.
- COUN 7375 – *Advanced Multicultural Counseling*.
- COUN 7336 – *College Teaching*. A study of teaching philosophy, theories, strategies, and models for adult learners.

Guest Lecturer • Universidad Unibe • San Jose, Costa Rica

- July 27-30, 2010 – *Psychology Program*

Guest Lecturer • SHSU

- COUN 5391 – Child and Adolescent Counseling (**filled in for Dr. Serres**)
March 29, 2017 • Guest Lecturer – *Counselor Education*
- COUN 6376 – Supervised Practicum (**filled in for Dr. Butler**)
March 7, 2017 • Guest Lecturer – *Counselor Education*
- CNE 331 – Intro. to Principles of Counseling (Instructor: Shannon)
September 8, 2011 • Guest Lecturer – *Counselor Education*
- COUN 6376 – Supervised Practicum (**filled in for Dr. Butler**)
March 14, 2017 • Guest Lecturer – *Counselor Education*
- CNE 585 – Mini practicum
Feb. 18 & Oct. 28, 2010 • Guest Lecturer – *Counselor Education*
- CNE 331 – Intro. to Principles of Counseling (Instructor: Stark)
Title: *Sandtray therapy*
Feb. 18 & Oct. 28, 2010 • Guest Lecturer – *Counselor Education*
- CNE 231 – Intro. to the Helping Relationship (Instructor: Stark)
Title: *Limit Setting*
February 16, 2010 • Guest Lecturer – *Counselor Education*

- CNE 764 – Theories of Counselor Supervision (Instructor: Nichter)
Title: *Play Therapy Supervision*
October 6, 2009 • Guest Lecturer – *Counselor Education*
- CNE 331 – Intro. to Principles of Counseling (Instructor: Stark)
Title: *Play Therapy in the School Setting*
July 14, 2009 • Guest Lecturer – *Counselor Education*
- CNE 231 – Intro. to the Helping Relationship (Instructor: Ainsworth)
Title: *Play Therapy in the School Setting*
July 30, 2009 • Guest Lecturer – *Counselor Education*
- CNE 231 – Intro. to the Helping Relationship (Instructor: Serres)
Title: *Play Therapy Principles*
February 18, 2009 • Guest Lecturer – *Counselor Education*
- CNE 764 – Theories of Counselor Supervision (Instructor: Nichter)
Title: *Play Therapy Supervision*
October, 2010 • Guest Lecturer – *Counselor Education*
- **Diversity Scholar Teaching • College of Education • UNT**
 - COUN 2610 – *Principles of Counseling I*. An introduction to the broad range of counseling services and their application to schools and community agencies.
 - COUN 3600 – *Therapeutic Play*. Didactic and experiential training in how to be a therapeutic agent in children's lives by using structured therapeutic play sessions. Participants are taught basic child-centered play therapy principles and skills, including reflective listening, recognizing and responding to children's feelings, therapeutic limit setting, building children's self-esteem, and structuring therapeutic play sessions with children using a special kit of selected toys.
 - COUN 3620 – *Principles of Counseling II*. An integrated overview of counseling services through personal self-exploration by the counseling associate. Focus is on the understanding of interpersonal dynamics through self-awareness.
 - COUN 3640 – *Group Process in Helping Relationships*. Group dynamics laboratory: group functions and leadership styles as related to helping relationships.
 - COUN 4610 – *Appraisal Techniques*. Principles, concepts, procedures of appraisal, and utilizing tests and non-test instruments and techniques.
 - COUN 5680 – *Basic Counseling Skills*. A study of selected basic techniques of counseling and of the application of ethical standards in counseling.
 - COUN 5740 – *Group Counseling Theories and Procedures*. Group dynamics and major approaches to group counseling with emphasis on how to (a) start a group counseling program, (b) counsel effectively with groups and (c) evaluate results.
 - COUN 5790 – *Counseling Culturally Diverse Clients*. Development of counseling skills and strategies based upon the special needs and characteristics of culturally and ethnically diverse clients.
 - COUN 6022 – *Advanced Practicum in Counseling II*. Supervised counseling with a wide range of clients. Focus is on implementation of an internally consistent, personal theory of counseling.
December 7, 2004 • Guest Lecturer • *Counseling*
 - COUN 5700 Intro to Play Therapy • *CCPT with Hispanic children*
Instructor Dr. Garry Landreth
October 18, 2004 • Guest Lecturer • *Counseling*

- COUN 5790 Multicultural Counseling • *The counselor's role*
Instructor Beth Durodoye
April 20, 2004 • Guest Lecturer • *Counseling*
- COUN 4980 Therapeutic Play • *The role of culture in play*
Instructor Mike Smith
March 25, 2003 • Guest Lecturer • *Social Work Practice II*
Focus groups with children and adolescents
- Director of SOCW program, Harriet Cohen
April 30, 2003 • Guest Lecturer • *Early Childhood and Family Studies*
- DFEC 4423 Family, School, and Community Resources-CCPT
Instructor Dr. Keith
- **Teaching Experience • UT at Pan American**
 - August 4, 2003 • Guest Lecturer • *Counselor Education*
 - EPSY 6364 Methods and Techniques in Counseling
Title: *School counseling: Building relationships with young students*
 - August 5, 2003 • Guest Lecturer • *Counselor Education*
 - EPSY 6364 Methods and Techniques in Counseling
Title: *School counseling: Techniques and Activities for preadolescents*

○ **Teaching Effectiveness at SHSU**

○ IDEA Teaching Evaluation: 5 – Point Scale

(**1 hour courses are not evaluated and therefore excluded from the chart**)

Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Fall 2005 CNE 599	*new course prep				
Raw	5.0	5.0	4.9	5.0	5.0
Adjusted	4.3	4.4	4.0	4.2	4.3
Fall 2005 CNE 676	*new course prep				
Raw	5.0	5.0	5.0	5.0	5.0
Adjusted	4.9	5.0	5.0	5.0	5.0
Spr 2006 CNE 564	*new course prep				
Raw	4.4	5.0	4.3	4.7	4.6
Adjusted	4.2	4.9	3.7	4.3	4.3
Spr 2006 CNE 564					
Raw	4.5	5.0	4.9	5.0	4.8
Adjusted	4.4	5.0	4.9	5.0	4.7
Fall 2006 CNE 564					
Raw	4.1	3.8	3.8	3.8	3.9
Adjusted	3.9	3.6	3.4	3.5	3.7
Fall 2006 CNE 599					
Raw	4.6	4.7	4.8	4.8	4.7
Fall 2006 CNE 599					
Raw	4.4	4.8	4.9	4.9	4.7
Adjusted	4.2	4.6	4.7	4.7	4.5
Spring 2007 CNE 564					
Raw	4.3	4.5	4.5	4.5	4.4
Adjusted	3.9	4.1	4.0	4.1	4.0
Spring 2007 CNE 564					
Raw	4.8	5.0	4.8	4.9	4.9
Adjusted	5.0	5.0	5.0	5.0	5.0
Spring 2007 CNE 6386	*new course prep				
Raw	4.3	4.9	4.4	4.7	4.5
Adjusted	4.2	4.7	4.3	4.5	4.4
Fall 2007 CNE 564					
Raw	4.5	4.6	4.4	4.5	4.5
Adjusted	4.1	4.3	3.8	4.1	4.1

Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Fall 2007 CNE 599					
Raw	4.4	4.7	4.5	4.6	4.5
Adjusted	4.4	4.5	4.3	4.4	4.4
Fall 2007 CNE 599					
Raw	4.8	5.0	4.8	4.9	4.9
Adjusted	5.0	5.0	5.0	5.0	5.0
Spring 2008 CNE 564					
Raw	4.4	4.1	4.2	4.2	4.3
Adjusted	4.2	4.0	3.8	3.9	4.1
Spring 2008 CNE 591	*new course prep				
Raw	4.2	4.9	4.4	4.7	4.5
Adjusted	3.9	4.8	4.2	4.5	4.2
Raw	4.9	5.0	5.0	5.0	5.0
Adjusted	5.0	5.0	5.0	5.0	5.0
Fall 2008 CNE 564					
Raw	4.3	4.3	4.3	4.3	4.3
Adjusted	3.9	4.1	3.8	3.9	3.9
Fall 2008 CNE 599					
Raw	4.6	4.9	4.7	4.8	4.7
Adjusted	4.5	4.6	4.5	4.6	4.6
Fall 2008 CNE 686					
Raw	4.7	4.8	4.7	4.8	4.8
Adjusted	4.3	4.6	4.1	4.4	4.4
Spring 2009 CNE 564					
Raw	4.4	4.9	4.7	4.8	4.6
Adjusted	4.1	4.6	4.4	4.5	4.3
Spring 2009 CNE 631	*new course prep				
Raw	4.8	4.9	4.7	4.8	4.8
Adjusted	4.8	4.7	4.6	4.7	4.8
Fall 2009 CNE 564					
Raw	4.7	4.7	4.6	4.7	4.7
Fall 2009 CNE 599					

Raw	4.3	4.6	4.5	4.6	4.4
Adjusted	4.1	4.4	4.6	4.5	4.3
Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Spring 2010 CNE 631					
Raw	5.0	5.0	5.0	5.0	5.0
Adjusted	4.6	4.7	4.5	4.6	4.6
Spring 2010 CNE 676					
Raw	4.9	5.0	4.8	4.9	4.9
Adjusted	4.9	5.0	4.9	5.0	5.0
Spring 2010 CNE 564					
Raw	4.3	4.8	4.8	4.8	4.6
Adjusted	3.9	4.5	4.1	4.3	4.1
Fall 2010 CNE 564					
Raw	4.6	5.0	4.8	4.9	4.8
Adjusted	4.6	4.9	4.7	4.8	4.7
Fall 2010 CNE 599					
Raw	4.9	5.0	4.9	5.0	5.0
Adjusted	4.4	4.6	4.2	4.4	4.4
Spring 2011 COUN 564					
Raw	4.3	4.1	4.1	4.1	4.2
Adjusted	4.3	4.0	3.8	3.9	4.1
Spring 2011 COUN 591	*new course prep				
Raw	4.2	4.9	4.8	4.9	4.6
Adjusted	4.1	4.8	4.9	4.9	4.5
Spring 2011 COUN 631					
Raw	4.6	5.0	4.7	4.9	4.8
Adjusted	5.0	5.0	5.0	5.0	5.0
Fall 2011 564					
Raw	3.8	3.8	3.9	3.8	3.8
Adjusted	3.7	3.7	3.6	3.7	3.7
Fall 2011 COUN 599					
Raw	4.7	4.9	5.0	5.0	4.9
Adjusted	4.4	4.6	4.7	4.7	4.6
Spring 2012 COUN 5391					
Raw	4.4	5.0	4.9	5.0	4.7
Adjusted	4.3	4.9	5.0	5.0	4.7
Spring 2012 COUN 5364					

Raw	4.1	4.4	4.2	4.3	4.2
Adjusted	3.9	4.3	4.0	4.2	4.1

Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Spring 2012 COUN 6331					
Raw	4.5	5.0	5.0	5.0	4.8
Adjusted	4.1	4.7	4.6	4.7	4.4
Received a Course Release for service position of coordinator					
Fall 2012 COUN 5364					
Raw	4.1	4.6	4.7	4.7	4.4
Adjusted	3.5	4.2	4.1	4.2	3.9
Fall 2012 COUN 5399					
Raw	4.5	4.9	4.6	4.8	4.7
Adjusted	4.4	4.7	4.5	4.6	4.5
Spring 2013 COUN 5364					
Raw	4.3	4.6	4.5	4.6	4.4
Adjusted	4.4	4.6	4.5	4.6	4.5
Spring 2013 COUN 6331					
Raw	4.6	5.0	5.0	5.0	4.8
Adjusted	4.7	5.0	5.0	5.0	5.0
Fall 2013 COUN 5364					
Raw	4.6	4.6	4.5	4.6	4.6
Adjusted	4.6	4.6	4.7	4.7	4.7
Fall 2013 COUN 5399					
Raw	4.7	4.9	4.9	4.9	4.8
Adjusted	4.4	4.8	4.7	4.8	4.6
Spring 2014 COUN 5364 online					
Raw	4.6	4.6	4.5	4.6	4.6
Adjusted	4.5	4.5	4.3	4.4	4.5
Spring 2014 COUN 5391.01					
Raw	4.2	4.6	4.4	4.5	4.4
Adjusted	4.1	4.6	4.5	4.6	4.4
Sp 2014 COUN 5391					
Raw	4.4	4.5	4.5	4.5	4.5
Adjusted	4.5	4.4	4.8	4.6	4.6

Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Fall 2014 COUN 5364					
Raw	5.0	4.9	4.7	4.8	4.9
Adjusted	4.9	4.6	4.5	4.6	4.8
Fall 2014 COUN 5399					
Raw	4.8	4.6	5.0	4.8	4.8
Adjusted	4.7	4.8	4.8	4.8	4.8
Fall 2014 COUN 5112	*new course prep				
Raw	4.7	4.8	4.8	4.8	4.8
Adjusted	5.0	5.0	5.0	5.0	5.0
Sp 2015 COUN 5364					
Raw	4.8	4.8	4.5	4.7	4.8
Adjusted	4.9	4.8	4.5	4.7	4.8
Sp 2015 COUN 6331					
Raw	3.9	3.4	4.2	3.8	3.8
Adjusted	3.2	2.9	3.5	3.2	3.2
Sp 2015 COUN 6331					
Raw	4.2	4.3	4.5	4.4	4.3
Adjusted	3.9	4.0	4.1	4.1	4.0
Summer 2015 COUN 6376					
Raw	5.0	5.0	3.5	4.3	4.7
Adjusted	4.7	4.7	3.1	4.0	4.0
Summer 2015 COUN 5398	*new course prep				
Raw	4.4	5.0	5.0	5.0	4.7
Adjusted	3.7	4.6	4.0	4.3	4.0
Summer 2015 5391					
Raw	3.9	4.4	4.0	4.2	4.1
Adjusted	3.6	4.1	3.6	3.8	3.7
Fall 2015 COUN 5364					
Raw	4.8	4.5	4.3	4.4	4.6
Adjusted	4.8	4.4	4.0	4.2	4.5
Fall 2015 COUN 5364					
Raw	4.8	4.5	4.4	4.5	4.7
Adjusted	4.8	4.4	4.1	4.3	4.6

Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Raw	4.7	4.8	4.8	4.8	4.8
Adjusted	4.4	4.6	4.8	4.7	4.6
Spring 2016 COUN 6331					
Adjusted	4.2	4.8	5.0	4.9	4.6
Spring 2016 COUN 5398					
Adjusted	4.8	5.0	5.0	5.0	4.9
Spring 2016 COUN 6331.02					
Adjusted	4.3	4.5	4.2	4.4	4.4
Summer 2016 COUN 5397 Online	*new course prep				
Adjusted	4.2	4.4	4.4	4.4	4.3
Summer 2016 COUN 7336	*new course prep				
Adjusted	4.2	4.4	4.4	4.4	4.3
Summer 2016 COUN 5398					
Adjusted	3.8	5.0	4.7	4.8	4.3
Fall 2016 COUN 5385	*new course prep				
Adjusted	4.6	5.0	5.0	5.0	4.8
Fall 2016 COUN 5364					
Adjusted	4.7	4.7	4.7	4.7	4.7
Fall 2016 COUN 5399					
Adjusted	4.6	4.8	4.7	4.8	4.7
Spring 2017 COUN 5364					
Adjusted	4.6	4.6	4.7	4.7	4.7
Spring 2017 COUN 5398					
Adjusted	5.0	5.0	5.0	5.0	5.0
Spring 2017 COUN 6331					
Adjusted	4.8	5.0	5.0	5.0	4.9

Year	Progress on Objectives	Excellent Teacher	Excellent Course	Average of Above	Summary Evaluation
Summer 2017 COUN 5398					
Adjusted	4.9	5	5	5	5
Summer 2017 COUN 5399					
Adjusted	4.7	5	5	4.9	4.9
Summer 2017 COUN 7335	*new course prep				
Adjusted	4.5	4.8	4.7	4.7	4.7
Fall 2017 COUN 5364					
Adjusted					
Fall 2017 COUN 5399					
Adjusted					
Fall 2017 COUN 5398					

Clinical/Counseling Experience

- 2010-2017 • Gibbs EC/PK, Huntsville ISD • Huntsville, TX.
 - Independent contractor providing individual, group, & family therapy
 - 2011 trauma research study
- 2008-2009 • Hinojosa and De'Santiago EC/PK Head Start, Aldine ISD • Houston, TX.
 - Child-Teacher Relationship Training (23 week research study)
 - Bilingual, Group Play Therapy
- 2008 • SAAFE House • Huntsville, TX.
 - Bilingual, Child-Parent Relationship Training (10 week research study)
- 2007 • Keeble EC/PK Headstart, Aldine ISD • Houston, TX.
 - Bilingual, Child-Parent Relationship Training (10 week research study)
- 2003-2005 • Clinical Therapist • Cancer Care Services • Ft. Worth, TX.
 - Independent contractor providing individual, group, and activity therapy
- 2003-2004 • Counselor/Supervisor • Eugenia Porter Razor Elementary • Denton, TX.
 - Intake assessments - bilingual
 - Individual play therapy
 - Clinical supervisor
 - Administrative duties
- 2003-2004 • Counselor/Supervisor • Lee Elementary • Denton, TX.
 - Intake assessments - bilingual
 - Individual play therapy
 - Clinical supervisor
- 2002-2004 • Counselor/Supervisor • Hodge Elementary • Denton, TX.
 - Individual counseling - bilingual
 - Supervision/consultation to teachers attending the RELATE training
 - Provided in-house teacher and staff development
 - Clinical Supervisor
- 2002-2003 • Counselor/Supervisor • Child and Family Resource Clinic • Denton, TX.
 - Clinical supervision of master-level interns
 - Individual and group, activity therapy methods
 - Parent consultations
 - Filial Parenting classes
 - Provided comprehensive assessment with Speech, Language, and Reading specialists for children presenting for diagnostic testing
 - Administered protocols in the following areas
 - Ability & Achievement Tests
 - Behavioral Assessments
 - Learning Assessments
 - Parenting Assessments
 - Personality Assessments
 - Self-Concept Assessments
 - Subjective Assessments
- 2002 • Counselor/Supervisor • Counseling and Human Development Center • Denton, TX.
 - Group facilitator for the process groups of master's level students enrolled in EDSS 5740-Group Counseling
 - Provide counseling for couples, adults, adolescents, children and families

- 2000-2001 • Clinical Director/Counselor • UHS McAllen Medical Behavioral Health System (child/adolescent psychiatric unit) • McAllen, TX.
 - Supervisor: Linda Cantu, LPC (956) 683-8300
 - Completed biopsychosocial histories on newly admitted patients. Provided play therapy, individual, group, and family counseling services as ordered by attending physicians. Maintained supporting files and reported case information to insurance companies. Worked closely with nursing staff to resolve issues that arose during intake, daily programming or discharge planning. Trained nursing staff, aides, teachers, and occupational therapists on specific behavioral management skills to utilize with patients on the unit. Helped create the schedule of services and behavioral management plan for the unit.
- 1997-2000 • Counselor III • Texas Center for Mental Health and Mental Retardation (child/adolescent mental health) • Edinburg, TX.
 - Supervisor: Velma Schmidt, LPC (956) 383-0121
 - Intake – intake and assessment
 - Case management – office and fieldwork
 - Therapy – direct clinical services through individual, group and family counseling services for 75 clients. Play Therapy Specialization.
 - First Offender Program – conducted skills training to adolescents referred by juvenile probation with diagnosis of oppositional defiant disorder, conduct disorder, substance abuse and disruptive behavior disorder. Also worked with the parents of this group in parent trainings and support groups.
 - After hours Screening – evening and weekend on-call shifts that involved screening adult/adolescent/children in crisis at the hospital or jail setting who have section 26 or 28 due to suicidal, homicidal or psychotic symptoms. Screening entails possible recommendation for inpatient hospitalization, or referral.
- 1996-1997 • Counselor • Centro de Buen Salud (psychiatric partial hospitalization program) • McAllen, TX.
 - Medical Director: Dr. Fructuoso Irigoyen (956) 631-0344
 - Conducted the morning psychotherapeutic group to an average of ten geriatric patients with depression. Individual counseling as ordered by attending physician.
- 1996-1996 • Independent Contractor/Counselor • Edinburg School District (Schools, Cities and Community Project), (Summer contract), Bridge Academy for Learning-Cooperative Alternative Program • McAllen, TX.
 - Principal: Doyle Bell (956) 682-6805
 - Individual, group and family school counseling. Conducted workshops, enrichment activities as well as job development training for at-risk youth.
- 1995 • Counselor/Early Intervention Specialist • Tropical Texas Center for Mental Health and Mental Retardation-Early Intervention Program/Mental Health Unit
 - Trained community workers such as day care staff, and teachers on behavioral management techniques for young children.
 - Parent training for Spanish speaking parents.
 - Targeting parents from “colonias”, “barrios”, and government housing projects.
 - Individual/group counseling with young children.
- 1995 • Charter Palms Hospital • Intern. McAllen, TX.
 - Bio-psychosocial assessments on patients in the areas of geriatric, addictive diseases, adult psych. and adolescent psych. units.
 - Individual counseling and group work as assigned.

- 1992-1995 • Detention Officer • Hidalgo County Juvenile Detention • Edinburg, TX.
 - Superintendent: Roberto Garza (956) 381-8600
 - Processed youth upon intake to the facility. Counseled aggressive youth utilizing training methods: (prevention and management of aggressive behavior PMAB) and (crisis prevention intervention CPI).
- 1989-1992 • Asst. Supervisor • Nueva Vista Development Center (Residential Treatment Facility) • Edinburg, TX.
 - Supervisor: Joe Barraza (956) 383-6818
 - Utilized Boys Town Family Teaching Model, with youth ages 7-17, who lived in the facility, to teach life skills and healthy behaviors. Specifically served as a group parent to the female wing and was assistant supervisor.

Clinical Supervision

- Universidad Autonoma del Estado de Mexico - **Invited Consultant**
 - 2013 Bilingual Coordinator and Supervisor of play therapy students in Toluca, Mexico
- Sam Houston State University
 - 2017 Supervisor (1) doc student intern
 - 2017 Supervised (2) COUN 6386 interns
 - 2016 Supervised (5) COUN 6386 interns
 - 2012 Growth Plan Supervisor to 4 students
 - 2012 Supervised Practicum Transition *COUN 6376*
 - 2011 Growth Plan Supervisor to 2 students
 - 2010 Supervised masters and doctoral level interns at Gibbs Pre-K
 - 2010 - 2011 Supervised (1) *CNE 686* student
 - Spring 2010 Supervised Practicum *CNE 676*
 - 2008 - 2009 Supervision of Faculty Enhancement Grant Therapists
 - Fall 2008 Field Supervision *CNE 686*
 - Summer 2008 Supervised Practicum *CNE 676*
 - Fall 2006 PT Microprac Training *CNE 599*
 - Summer 2006 Supervised Practicum Transition *CNE 676*
 - Summer 2006 PT Microprac Training *CNE 599*
 - Spring 2006 Supervised Practicum Transition *CNE 676*
 - Spring 2006 Advanced PT Independent Study Training *CNE 587*
 - Fall 2005 Supervised Practicum *CNE 676*
 - Fall 2005 PT Microprac Training *CNE 599*
 - Summer 2005 Supervised Practicum *CNE 676*
 - Summer 2005 PT Microprac Training *CNE 599*
- University of North Texas
 - Spring 2005 Clinical supervision of Filial Class *COUN 5700*
 - Spring 2005 Clinical supervision of Advanced Practicum II *COUN 6022*
 - Fall 2004–05 Clinical supervision of Minority Health Grant school counselors
 - Fall 2004 Clinical supervision of Advanced Practicum *COUN 6021*
 - Fall 2004 Clinical supervision of Intro to Play *COUN 5700*
 - Spring 2004 Clinical supervision of Minority Health Grant school counselors
 - Spring 2004 Clinical supervision of Practicum Class *COUN 5790*
 - Fall 2003 Clinical supervision of Intro to Play *COUN 5700*
 - Fall 2003 Clinical supervision of Practicum Class *COUN 5790*

Fall	2002–03	Clinical supervision of Internship Class <i>COUN 5720-5721</i>
Summer	2003	Clinical supervision of Intro to play <i>COUN 5700</i>
Fall	2002–03	Clinical supervision Counseling and Human Development Center
Summer	2002	Clinical supervision of Intro to Play <i>COUN 5700</i>

Professional Administrative Experience

- 2012 - 2013 • Counseling Coordinator Master's Program
- 2008 - 2009 • Faculty Enhancement Grant • Project Director SHSU, \$15,455.
- 2005 - current • Counseling Program • Play Therapy Coordinator • SHSU
- 2004 - 2005 • Texas Higher Education Coordinating Board Minority Healthcare Grant • Project Manager, University of North Texas • Sue Bratton, Ph.D. (940) 565-3864
\$278, 527.00 project yrs 2004-2005
- Summer 2004 • Center for Play Therapy • Account Manager
University of North Texas, Denton, TX.
Sue Bratton, Ph.D. (940) 565-3864
Coordinated the organization of the Dr. Garry Landreth
Honorarium Donation Account (approx. \$70,000).
- 2001 - 2004 • COE/Enrollment Management • Ambassador Program Coordinator
University of North Texas, Denton, TX.
Judith Adkison, Ph.D. (940) 565-2949

SCHOLARLY AND CREATIVE ENDEAVORS

Publications

- Refereed Articles
 - 2017
Timm, N., & Garza, Y. (2017). Beyond the miniatures: Using Gestalt theory in sandtray processing. *Gestalt Review* 21(1), 44-55.
 - Marks, D., & Garza, Y. (Sept. 2017). Adoption counseling: Improving the parent-child bond. *APT Magazine* 12(3), 18-22.
 - 2016
Hassey, F. Garza, Y., Sullivan, J. & Serres, S. (2016). Affluent Mexican parents' perceptions of child-parent relationship therapy. *International Journal of Play Therapy* 25(3) 114-122.
 - 2015
Stark, M., Garza, Y., Bruhn, R., & Ane, P. (2015). Student perceptions of sandtray in solution-focused supervision. *Journal of Creativity in Mental Health*, 10, 2-17. Doi: 10:1080/15401383.2014.917063
 - Stulmaker, H., Lertor, I., & Garza, Y. (2015). Facilitating empathic perspective taking in beginning child-centered play therapists: The role of supervision. *International Journal of Play Therapy*, 24(4), 177-189. Doi: 10:1037/a0039330
 - IRB Report

Garza, Y., & Stulmaker, H. (2015). *Examining the effects of Child-Centered Play Therapy on Children's Self-Concept.* (Human Subjects Application No. PH-2014-10-20411) Sam Houston State University, Institutional Review Board.

○ 2014

Kinsworthy, S., **Garza, Y.**, Watts, R.E., Irby, B., Nichter, M., & Henriksen, R. (submitted). Child teacher relationship training in predominantly Hispanic Head Start programs.

Garza, Y., & Kinsworthy, S., & Morrison, M. (2014). Supervision in group play therapy: A skills checklist. *Journal of Individual Psychology*, 40(1), 31-44.

○ 2013

Bornsheuer, J., **Garza, Y.**, Sullivan, J. M., & Lertora, I. (2013). Cultivating a healing environment in play therapy using neurobiologically informed interventions: Two case studies. *Professional Issues in Counseling*. Retrieved from:
http://www.shsu.edu/~piic/documents/CultivatingaHealingEnvironmentinPlayTherapyUsingNeurobiologicallyInformedInterventions_002.pdf

Bornsheuer-Boswell, J., **Garza, Y.**, & Watts, R. (2013). Conservative christian parents' perceptions of child-parent relationship therapy. *International Journal of Play Therapy* 22(3), 143-158. doi: 10.1037/a0033717

Frels, R. K., Onwuegbuzie, A. J., Bustamante, R. M., **Garza, Y.**, Leggett, E. S., Nelson, J. A., & Nichter, M. (2013). The roles, purposes, and approaches of selected mentors in school-based mentoring: A collective case study. *Psychology in the Schools*, 50(6), 618-633. doi: 10.1002/pits.21697

Healey, A., Watts, R. E., & **Garza, Y.** (2013). A framework for applying reflecting 'as if' with non-suicidal self injurious clients. *Journal of Individual Psychology*, 69(2), 201-222.

Watts, R. & **Garza, Y.** (2013). El uso de habilidades relacionales de la terapia de juego en terapia constructivista. *Revista de Psicoterapia*, 2(23), 7-23.

○ 2012

Bornsheuer, J., & **Garza, Y.** (2012). Playful interventions for children who have experienced trauma: A literature overview. *Wisconsin Counseling Journal*, 26(1), 15-26.

Fitzgerald, K., Henriksen, R. R., & **Garza, Y.** (2012). Perceptions of counselors regarding the effectiveness of interventions for traumatized children. *International Journal of Play Therapy*, 21(1), 45-56. doi: 10.1037/a0026737

Hart, L., & **Garza, Y.** (2012). Teacher's perceptions of effects of a student's death: A phenomenological study. *Omega*, 66(4), 317-327. doi: <http://dx.doi.org/10.2190/OM.66.4b>

○ 2011

Bornsheurer, J., **Garza**, Y., & Nichter, M. (2011). Biblically-based parenting and child-parent relationship training: Common ground for helping religious clients. *Mental Health, Religion & Culture*, 15(1), 53-64. doi:10.1080/13674676.2011.552487

Monakes, S., **Garza**, Y., Wiesner, V., & Watts, R. (2011). Implementing Adlerian sand tray therapy with adult male substance abuse offenders: A phenomenological inquiry. *Journal of Addictions & Offender Counseling*, 31(2), 94-107. doi:10.1002/j.2161-1874.2011.tb00070.x

Sepulveda, C., **Garza**, Y., & Morrison, M. (2011). Child teacher relationship training: A phenomenological study. *International Journal of Play Therapy*, 20(1), 12-25. doi: 10.1037/a0021938

Stark, M. D., Frels, R. K., & **Garza**, Y. (2011). The use of sandtray in solution-focused supervision. *The Clinical Supervisor*, 30(2), 277-290. doi: 10.1080/07325223.2011.621869

Utley, A. & **Garza**, Y. (2011). The therapeutic use of journaling with adolescents. *Journal of Creativity in Mental Health*, 6(1), 29-41. doi: 10.1080/15401383.2011.557312

○ 2010

Garza, Y., & Watts, R. E. (2010). Filial therapy and Hispanic values: Common ground for culturally sensitive helping. *Journal of Counseling and Development*, 88(1), 108-113. doi:10.1002/j.1556-6678.2010.tb00157.x

Kinsworthy, S., & **Garza**, Y. (2010). Filial therapy with victims of family violence: A phenomenological study. *Journal of Family Violence*, 25(4), 423-429. doi:10.1007/s10896-010-9303-y

○ 2009

Garza, Y., Falls, L., & Bruhn, R. A. (2009). Measuring deeper meaning responses: A discrimination scale for play therapists in training. *International Journal of Play Therapy*, 18(3), 147-161. doi:10.1037/a0015548

Garza, Y., Kinsworthy, S., & Watts, R. E. (2009). Child-parent relationship training as experienced by Hispanic parents: A phenomenological study. *International Journal of Play Therapy*, 18(4), 217-228. doi:10.1037/a0017055

○ 2008

McDonald, K., & **Garza**, Y. (2008). Children's perceptions of pets in the student-counselor relationship. *Wisconsin Counseling Journal*, 22, 27-38.

Watts, R. E., & **Garza**, Y. (2008). Using children's drawings to facilitate the acting 'as if' technique. *The Journal of Individual Psychology*, 64(1), 113-118.

○ 2007

Garza, Y., Watts, R. E., & Kinsworthy, S. (2007). Filial therapy: A process for developing strong parent-child relationships. *The Family Journal*, 15(3), 277-281. doi: 10.1177/106480707301374

- 2005

Garza, Y., & Bratton, S. C. (2005). School-based child-centered play therapy with Hispanic children: Outcomes and cultural considerations. *International Journal of Play Therapy*, 14(1), 51-79. doi:10.1037/h0088896

- Book Chapters

Peterson, D., Garza, Y., & Bruhn, R. (2017). Assessing A.C.E. consumer satisfaction with young children receiving play therapy. In H. Evans (Ed.), *Community Engagement Findings Across the Disciplines: Applying Course Content to Community Needs*. Landham, MD: Rowman & Littlefield.

Garza, Y. & Bruhn, R. (2011). Empathy in play therapy: A case analysis through two theoretical perspectives. In D. J. Scapaletti (Ed.), *Psychology of empathy* (pp. 167-184). New York, NY: Nova Publishers. (by special invitation)

Garza, Y. (2010). School-based child-centered play therapy with Hispanic children. In J. N. Baggerly, D. C. Ray, & S. C. Bratton (Eds.), *Child-centered play therapy research: The evidence base for effective practice* (pp. 177-191). Hoboken, NJ: John Wiley & Sons Inc.

Watts, R. E., & Garza, Y. (2008). A constructivist approach to child-centered play therapy. In J. D. Raskin & S. K. Bridges (Eds.), *Studies in meaning 3: Constructivist psychotherapy in the real world* (pp. 145-164). New York, NY: Pace University Press.

- Non-Refereed

- 2009

Garza, Y., & Kinsworthy, S. (2009). *Child-teacher relationship training: Qualitative and quantitative responses* [Data file]. Unpublished.

- 2008

Garza, Y. (2008). A parenting make-over: Three tips toward a healthier family. *Texas Association for Play Therapy Playbill Newsletter*.

- 2007

Garza, Y. (2007). A parenting make-over: Three tips toward a healthier family. *Texas Association for Play Therapy Newsletter*.

Kinsworthy, S., & Garza, Y. (2007). Registered play therapist perceptions of supervision: Qualitative responses [Data file]. Unpublished.

- 2006

Garza, Y., & Kinsworthy, S. (October, 2006). *Effects of Child Parent Relationship (CPR) training, with Hispanic parents of pre-school aged children*. (Human Subjects Application No. PH-2006-10-0930:34) Sam Houston State University, Institutional Review Board.

Garza, Y., Nelson, J., & Serres, S. (2006). *Tenure and promotion tips: Guidelines and templates (CD)*. College of Education. Huntsville, TX: Sam Houston State University.

Kinsworthy, S., & **Garza, Y.** (September, 2006). *Perceptions of Registered Play Therapist Supervisors (RPT-S) regarding key skill components for counselors-in-training specializing in play therapy* (Human Subjects Application No. PHS-I20060929K) Sam Houston State University, Institutional Review Board.

○ 2005

Garza, Y. (October, 2005). *Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children experiencing externalizing and internalizing behavior problems: A preliminary study* (Faculty Research Grant, Internal Progress Report #34744) University of North Texas, Institutional Review Board.

Garza, Y. (February, 2005). *Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children experiencing externalizing and internalizing behavior problems: A preliminary study* (Final Report No. 03-276) University of North Texas, Institutional Review Board.

Garza, Y., & Bratton, S.C. (2005). *Investigating the effectiveness of culturally-responsive play therapy and related play-based preventative services* (Final Report No.04-084) University of North Texas, Institutional Review Board.

Garza, Y., & Bratton, S.C. (2005). *Investigating the effectiveness of culturally-responsive play therapy and related play-based preventative services* (Renewal Form for Multi-Year Research Report No.04-084) University of North Texas, Institutional Review Board.

○ 2004

Garza, Y., & Bratton, S.C. (July, 2004). *Investigating the effectiveness of culturally-responsive play therapy and related play-based preventative services* (Six-Month Interim Report, No.04-084) Minority Health Research and Education Grant Program (MHGP).

McNulty, B., & **Garza, Y.** (Spring, 2004). The truth behind a touch. *Visions Newsletter*. American College Counseling Association.

○ 2003

Garza, Y. (October, 2003). *Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children experiencing externalizing and internalizing behavior problems: A preliminary study* (Human Subjects Application No. 03-276) University of North Texas, IRB.

○ Dissertation

Garza, Y. (2005). *Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children*

experiencing externalizing and internalizing behavior problems: A preliminary study.
(Doctoral dissertation). Dissertation Abstracts International. 4473.

- Manuscript Submissions
Garza, Y., Timm, N. & Oeffinger, J. Superheroes and Sandtray.
- Manuscripts in Progress
- Research in Progress
Boswell, J., Bruhn, R., & **Garza, Y.** Study on the use of parent consultations in university clinics.

Grants and Contracts

- **External**
 - Improving Academic Achievement Through Mental Health
Hogg Foundation
PI: Yvonne Garza
Amount: \$267,017
Unfunded 2017
 - Tenure Track Grant
Hogg Foundation
PI: Yvonne Garza
Amount: \$14,070
Unfunded 2010
 - Children's Mental Health Grant
Hogg Foundation
PI: Yvonne Garza
Amount: \$1,268,242.00
Unfunded 2009
 - Effects of Child-Parent Relationship (CPR) training, with parents of preschool and elementary school aged children who were victims of family violence.
Group Psychotherapy Foundation
PI: Yvonne Garza
Amount: \$11,130.50
Unfunded 2008
 - The effectiveness of culturally responsive child-centered play therapy with Hispanic children.
Association for Play Therapy-Student Research Award
PI: Yvonne Garza
Amount: \$1,200
Funded 2004
- **State**
 - The Effectiveness of Culturally Responsive Child-Centered Play Therapy with Hispanic Children.
Minority Health Grant, Texas Higher Education Coordinating Board
CO-PI: Yvonne Garza
Amount: \$278,527
Funded 2003-2005

- Child-Teacher Relationship Training: Servicing Disadvantaged Head Start Children.
Faculty Enhancement Grant, SHSU.
PI: Yvonne Garza
Funded 2007: \$15,455
- The Effectiveness of Culturally Responsive Child-Centered Play Therapy with Hispanic Children.
Faculty Research Grant. UNT
Co-PI: Yvonne Garza
Amount: \$2,500 + \$500 matching funds from COE Academy
Funded 2003-2004
- **College/Department**
 - Child Parent Relationship (CPR) training. with Hispanic parents of pre-school aged children.
Departmental Mini-Research Award. SHSU
PI: Yvonne Garza
Amount: \$1333
Funded 2007
- **Local**
 - Jack Staggs Counseling Clinic Funds for Supplies and Materials.
Wal-Mart Good Works Grant, Huntsville, TX.
PI: Yvonne Garza
Amount: \$1750
Funded 2006
 - Playroom Resources. Community Involvement Program
Wal-mart Foundation
PI: Yvonne Garza
Amount: \$1125
Funded 2006
 - State Farm Good Neighbor Service-Learning Grant
Youth Services of America
PI: Yvonne Garza
Amount: \$2000
Unfunded 2006

Professional Presentations

- International
 - Garza, Y. (2015).** *Sandtray: Whispers from the soul crafted in the sand.* European Branch of the American Counseling Association. Naples, Italy.
 - Garza, Y. (2013).** *Sandtray supervision as an avenue to conceptualizing clients.* Universidad Autonoma del Estado de Mexico. Toluca, Mexico.
 - Garza, Y. (2010).** *Sandtray introduction.* Universidad de Unibe. San Jose, Costa Rica.
 - Garza, Y., & Duffy, C. (2006, October).** *Just cut it out: Activity therapy with a self mutilating teenage boy.* Presented at the 23rd Annual Association for Play Therapy International Conference, Toronto, Canada.

- National

Garza, Y. (2017). *Sandtray Superheroes and the Healing Adventure*. Association for Humanistic Counseling. Syracuse, NY.

Timm, N. & **Garza, Y.** (2016). *Sandtray Supervision: **Integrating sandtray therapy into supervision models and theories***. North Central Association for Counselor Education and Supervision. Bloomington, MN.

Garza, Y. (2016). *Sandtray: a Gestalt perspective*. The Association for Humanistic Counseling. Portland, OR.

Garza, Y. (2015). *Sandtray: Whispers from the soul crafted in the sand*. The Association for Creativity in Counseling. San Antonio, TX.

Stark, M. D., **Garza, Y.**, & Frels, R. (2011). *Sandtray and solution-focused supervision: An exceptional strengths-based combination*. Presented at the National Association for Counselor Education and Supervision Conference, Nashville, TN.

Kinsworthy, S., & **Garza, Y.** (2007, October). *The play therapist who could not play: Innovative techniques in counselor supervision*. Presented at the National Association for Counselor Education and Supervision Conference, Columbus, OH.

Watts, R., Zamarripa, M., **Garza, Y.**, Ybanez, K., & Yznaga, S. (2007, October). *Using constructivist counseling principles and procedures with Latina/o clients*. Presented at the National Association for Counselor Education and Supervision Conference, Columbus, OH.

Garza, Y., Bratton, S., & Orozco, B. (2005, June). *Examining effects of culturally responsive school-based counseling and guidance services with Hispanic children*. Presented at the American School Counselors Association, Orlando, FL.

Garza, Y., & Bullock, M. (2004, March). *Investigating diversity: Fitting square pegs into round holes*. Presented at the American College Counseling Association Conference, Biloxi, MS.

- State

- **2014**

Garza, Y., (2014). *Group Play Therapy*. Texas Association for Play Therapy -**6 hour sectional** Austin, Tx.

- **2013**

Garza, Y., Bornsheuerer, J. and Martin, T. (2013). *Cultivating a healing environment using trauma-informed practice*. Texas Association for Play Therapy -**3 hour sectional** San Antonio, TX.

○ 2010

Garza, Y. (2010, November). *Group play therapy: Reflecting skills utilizing the crucial C's*. Presented at the Texas Counseling Professional Growth Conference – **All day Post-conference**, Austin, TX.

Stark, M., **Garza, Y.**, & Frels, R. (2010, November). *Sandtray in solution-focused supervision*. Presented at the Texas Counseling Professional Growth Conference, Austin, TX.

Garza, Y. (2010). *The playful dance of Merengue: A self-care exercise for play therapists*. Presented at the 17th Annual Texas Association for Play Therapy Conference, Houston, TX.

○ 2009

Garza, Y. (2009, November). *Sandtray: Whispers from the soul, crafted in the sand*. Presented at the Texas Counseling Professional Growth Conference – All day Pre-conference, Dallas, TX.

Garza, Y. (2009, April). *Master of Ceremonies*. 16th Annual Texas Association for Play Therapy Conference, San Antonio, TX.

○ 2008

Garza, Y., & Watts, R. (2008, November). *Child-parent relationship therapy: A training model for strengthening child-parent relationships*. Presented at the Texas Counseling Association Professional Growth **Pre-Conference**, Houston, TX.

Watts, R., & **Garza, Y.** (2008, November). *Using filial therapy with Adlerian parent education training*. Presented at the Texas Counseling Association Professional Growth Conference, Houston, TX.

○ 2007

Watts, R., Zamarripa, M., **Garza, Y.**, Ybanez, K., & Reyes, M. (2007, November). *Counseling Latina/o clients: Constructivist and social constructionist perspectives*. Presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

Garza, Y., & Watts, R. (2007, November). *Reflecting on the past, envisioning the future: A look at play therapy basics and the nuances of a growing Hispanic culture*. Presented at the **Post Conference Workshop** at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

McDonald, K., & **Garza, Y.** (2007, November). *Dog days and bunny tails: Children's perception of pets on the counseling relationship*. Presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

○ 2006

Garza, Y., & Watts, R. (2006, November). *Counseling with toys: Principles, procedures, and cultural considerations*. Presented at the Texas Counseling Association Professional Growth Conference, San Antonio, TX.

Garza, Y., & Watts, R., Zamarripa, M., Ybanez, K., Reyes, M. (2006, November). *Constructive procedures with Latino clients.* Presented at the Texas Counseling Association Professional Growth Conference, San Antonio, Texas.

Garza, Y., & Duffy, C.M. (2006, March). *Filial therapy with Hispanic parents.* Presented at the 13th Annual Texas Association for Play Therapy Conference, Austin, TX.

○ 2005

Garza, Y., Bratton, S., & Orozco, B. (2005, April). *Examining effects of culturally responsive school-based counseling services with Hispanic children.* Presented at the Texas Association for Play Therapy, Houston, TX.

○ 2002

Garza, Y., & Massoudian, F. (2002, November). *Treating anxiety in children through play.* Presented at the Texas Counseling Association 46th Annual Professional Growth Conference, Austin, TX.

○ By Special Invitation

○ 2014

Garza, Y. (2014, February). *Sandtray basics and consultation.* Cy-Hope Center for Children and Families. Jersey Village, Texas.

Garza, Y. (2014, February). *Play therapy for the play therapist's soul: Restore, Rediscover, and Reawaken Yourself.* Texas Chapter of the Sam Houston Association Houston for Play Therapy, Houston, Texas.

○ 2013

Garza, Y. (2013, October). *Group play therapy: Reflecting Skills.* Children's Assessment Center, Houston, Texas.

○ 2012

Garza, Y. (2012, November). *Reflecting on the past, envisioning the future: A look at play therapy basics nuances of a growing Hispanic culture.* Idaho Latino Behavioral Health Conference, Nampa, ID.

○ 2011

Garza, Y. (2011, November). *SandTray: Messages from your inner knowing place.* Presented at the Rio Grande Valley Chapter for Play Therapy, Weslaco, TX.

Garza, Y. (2011, November). *Foundations of play therapy: Skills for the beginning play therapist.* Presented at the Rio Grande Valley Chapter for Play Therapy, Weslaco, TX.

Garza, Y. (2011, March). *Enlarging the meaning: Deeper reflections in play therapy.* Presented at the Sam Houston Association for Play Therapy, Houston, TX.

○ **2010**

- Garza, Y.** (2010, November). *Group play therapy: Reflecting skills utilizing the crucial C's*. Presented at the Rio Grande Valley Chapter for Play Therapy, Weslaco, TX.
- Garza, Y.** (2010, November). *Creative and expressive techniques for the playful therapist*. Presented at the Rio Grande Valley Chapter for Play Therapy, Weslaco, TX.
- Garza, Y.** (2010, October). *Sandtray with adult clients*. Presented at the Tropical Texas Center for Mental Health and Mental Retardation, South Padre Island, TX.
- Garza, Y.** (2010, September). *Play Therapy Beyond the Basics*. *Montgomery County Youth Services*. Conroe, Texas.
- Garza, Y.** (2010, August). *Play therapy basics*. Presented at the Weslaco Independent School District- Counselor In-service, Weslaco, TX.
- Garza, Y.** (2010, January). *A look at play therapy basics and the nuances of a growing Hispanic culture*. Presented at the Rio Grande Valley Chapter for Play Therapy, Weslaco, TX.
- Garza, Y.** (2010, January). *Soulcraft: Whispers from the soul crafted in the sand*. Presented at the Rio Grande Valley Chapter for Play Therapy, Weslaco, TX.

○ **2009**

- Garza, Y.** (2009, August). *Group play therapy skills: An Adlerian perspective*. Presented at the North Texas Chapter of the Association for Play Therapy, Coppell, TX.
- Garza, Y.** (2009, April). *Gestalt sandtray*. Presented at the Brazos Valley Counseling Association, Huntsville, TX.
- Garza, Y.** (2009, March). *Adlerian group play therapy*. Presented at the Sam Houston Chapter of the Association for Play Therapy, Cy-Fair, Texas.

○ **2008**

- Garza, Y.** (2008, November). *Therapeutic play: A view through the looking glass*. Presented at the Rio Grande Valley Chapter for Play Therapy, McAllen, TX.
- Garza, Y., & Kinsworthy, S.** (2008, August). *Kinder therapy*. Presented at the Teacher In-service Training, Aldine ISD, Aldine, TX.
- Garza, Y.** (2008, May). *Therapeutic play: Basics of child-centered play therapy*. Presented at the Hope Family Health Center, McAllen, TX.
- Garza, Y.** (2008, June). *Examining the effectiveness of culturally responsive play therapy services with Hispanic children and their parents*. Presented at the Children's Assessment Center, Houston, TX.

- 2007

Garza, Y. (2007, April). *Using play therapy in the assessment and treatment of children*. Presented at the Montgomery College Human services Professional Institute, Conroe, TX.

- 2006

Garza, Y., & Watts, R. (2006, September). *Ethical issues in counseling Hispanic clients*. Presented at the Montgomery College Human Services Professional Institute, Conroe, TX.

Garza, Y. (2006, January). *Experiencing play therapy with the Hispanic child*. Presented at the Sam Houston Chapter of the Association for Play Therapy, Winter Conference, Houston, TX.

Watts, R., & **Garza, Y.** (2006, January). *Ethical practices for the play therapist*. Presented at the Sam Houston Chapter of the Association for Play Therapy, Winter Conference, Houston, TX.

- 2005

Garza, Y., & Bratton, S. (2005, October). *Effects of culturally responsive play therapy & play-based preventative services with at-risk primary school-age Hispanic children and their families: A preliminary study*. Presented at the Annual Association for Play Therapy International Conference, Nashville, TN.

- University

- 2016

- **Garza, Y.** (2016) Sandtray, Superheroes & the Healing Journey. Presented at the workshop sponsored by Beta Kappa Tau Chi Sigma Iota. SHSU, Huntsville, TX.

- 2015

Garza, Y. (2015). Play therapy as a crisis intervention. CRIJ 4351.01 Trauma and Crisis Intervention. Profesor Kathleen Latz.

- 2013

Garza, Y. (2013). Sandtray introduction. Presented at the workshop sponsored by Beta Kappa Tau Chi Sigma Iota. SHSU, Huntsville, TX.

- 2012

Garza, Y. (2012, September). Tips to successful IRB submissions. Presented at the College of Education Rising Stars Luncheon, SHSU, Huntsville, TX.

- 2009

Irby, B., & **Garza, Y.** (2009, September). *Tips to successful grant writing: Session 2*. Presented at the Department of Educational Leadership and Counseling, SHSU, Huntsville, TX.

Irby, B., Johnson, S., Bustamante, R., **Garza, Y.**, & Robles-Pina, R. (2009, September). *Tips to successful grant writing: Session 1*. Presented at the Department of Educational Leadership and Counseling, SHSU, Huntsville, TX.

Garza, Y. (2009, June). *Soulcraft: revelations in the sand*. Presented at the workshop sponsored by Beta Kappa Tau Chi Sigma Iota. Department of Educational Leadership and Counseling, SHSU, Huntsville, TX.

○ 2007

Garza, Y. (2007, October). Therapeutic Play. A Workshop Sponsored by *Beta Kappa Tau Chi Sigma Iota*. Department of Educational Leadership and Counseling, SHSU. Huntsville, TX.

○ 2006

Garza, Y., Nelson, J., & Serres, S. (2006, August). *Development of the portfolio for tenure and clinical positions: Guidelines and templates (CD)*. College of Education Professional Development Series, SHSU, Huntsville, TX.

Watts, R. E., & **Garza, Y.** (2006, February). *Basics of non-directive play therapy and application for practice*. Presented at Baylor University, Waco, TX.

Garza, Y., & Duffy, C.M. (2006, March). *Play therapy basics*. Presented at the Department of Educational Psychology, College Station, TX.

○ 2005

Garza, Y. (2005, May). *Effects of culturally responsive play therapy*. Presented at the Department of Educational Leadership & Counseling Research Series Brown Bag. SHSU, Huntsville, TX.

○ Local

○ 2007

Garza, Y., & Kinsworthy, S. (2007, April). *Interactive group activities to strengthen and nurture children*. Presented at the Sam Houston Council for Exceptional Children 4th Annual Spring Conference, Huntsville, TX.

○ 2006

Garza, Y., & Kinsworthy, S. (2006, November). *Play therapy: Theory and principles*. Presented at the Fort Bend ISD Counselor In-service, Sugarland, TX.

Garza, Y., & Kinsworthy, S. (2006, November). *Play therapy: Experiential exercises for classroom counseling*. Presented at the Fort Bend ISD Counselor In-service, Sugarland, TX.

Kinsworthy, S., & **Garza, Y.** (2006, November). *Play therapy: A case study of a bipolar client*. Presented at the Fort Bend ISD Counselor In-service, Sugarland, TX.

Kinsworthy, S. & **Garza, Y.** (2006, November). *Play therapy: A school-based counseling approach*. Presented at the Fort Bend ISD Counselor In-service, Sugarland, TX.

PROFESSIONAL INVOLVEMENT AND SERVICE

Professional Affiliations and Memberships

○ International/National

- | | |
|--------------------------------|--|
| 2015 – 2017 | Association for Play Therapy (APT)- Ethics Committee |
| 2014 – 2017 | Association for Play Therapy (APT)-University Education Committee |
| 2015 – 2016 | Association for Humanistic Counseling (ran for secretary in 2016-lost) |
| 2005 – 07,11,16 | American Counselor Education Association (ACES) |
| 2004 – 2005 | American College Counselors Association (ACCA) |
| 2001 – 2010,
2014 – current | American Counseling Association (ACA) 6164509 |
| 2001 – 2008, 2015 | Chi Sigma Iota-Counseling Honor Society |
| 1999 – current | Association for Play Therapy (APT) |
- State

2006 – 08, 15,16	Texas Association for Counselor Education and Supervision (TACES)
2015 – 2016	
2002 – current	Texas Association for Play Therapy (TAPT) President until August 2009, current Past-President
2001 – current	Texas Counseling Association (TCA)
 - Local

2009	North Texas Chapter of the Association for Play Therapy
2008 – 2014	Rio Grande Valley Chapter of the Association for Play Therapy
2006 – 2014	Sam Houston Chapter of the Association for Play Therapy SHAPT-Director at Large until August 2009

Committee Membership

- University

2016 – 2019	Sam Houston State	Excellence in Teaching Committee
2016 – 2017	Sam Houston State	Annual Fund Committee
2014 – 2015	Sam Houston State	IRB Committee Member (until Aug. 2015)
2011 – 2013	Sam Houston State	Interdisciplinary Committee/SW undergrad
2007 – 2013	Sam Houston State	IRB Committee Member/Reviewer
2005 – 2007	Sam Houston State	Faculty Diversity Committee
2002 – 2005	University of North Texas	Enrollment Management Committee, Recorder
2002 – 2004	University of North Texas	Diversity Committee
2002 – 2003	University of North Texas	University Planning Committee-Executive Committee, Member
2002 – 2003	University of North Texas	University Planning Committee, Member
- College

2016 – 2017	Curriculum Committee	Committee Member
2015 – 2016	Professional Development and Technology	Committee Member
2015 – 2016	Facility Renovation	Committee Member
2014 – 2015	COE Faculty Reappointment Tenure and Promotion	Committee Member (attended 1 meeting)

2014 – 2016	COE Professional Concerns (Reappointment)	Committee Member
2015 – 2016	COE Distinguished Educator of the Year	Committee Member
2013 – 2014	Teacher WorkSample	Scorer
2012 – 2015	COE NCATE/CAEP	Standard 4 Committee Member
2013 – 2013	COE NCATE/CAEP	Leadership Team Member
2012 – 2013	COE Graduate Faculty	Qualifications & Performance Committee
2012 – 2013	COE Assessment	Committee Member
2011 – 2013	COE Assessment	Committee Member and Minute taker
	COE Assessment	Employee/er Survey Adhoc member
	Sam Houston State COE	Rising Stars Mentor to Burcu Ates & Jeff Sullivan
2009 – 2015	Sam Houston State COE	COE IRB Reviewer
2006	Sam Houston State COE	Graduate Review Committee
2005 – 2012	Sam Houston State COE	Enrichment Committee
2005, 2008	Sam Houston State COE	Search Committee – New Faculty Position EDLC
• Department		
2017	Advisor to C-D	
2017	Chair Selection Committee Member	
2017	Doctoral Comprehensive Exam Grader	
2016	Chi Sigma Iota Beta Kappa Tao Advisor	
2016-2017	Jack Staggs Dissertation Award	Committee Member
2016	SC Search Committee	Ad Hoc Member
2015	Supervision (May)	Tranistion Night – Jack Staggs Clinic
2015	Adviser	Graduate Students alphabet C-D
2014	Chair	Search Committee Member
2014	Hosted 2 day Workshop	Play Therapy Institute at SHSU
2014	Program – Certificate	Written and submitted to curriculum committee
2013	New Student Convocation	Recruitment Representative
2013	Curriculum Cycle	Ad Hoc Committee to create new courses
2013	CACREP self study	Member
2014	Program Advisor	C-F alphabet
2013	Special Admissions	Advisor
2013	Move It-Movement	Recruitment Representative
2012 – 2015	Human Services Marketing	Recruitment Campaign Representative
2012 – 2013	Counseling Program Coordinator	
2012 – 2013	Leadership Team	Member
2012 – current	DPTAC Committee	Member
2011	Faculty Search Committee	Committee Chair
2011	Faculty Search Committee	Member
2010	Chair Search Committee	Member
2009	Online Course Oversight	Member
2007 – 2013	Recruitment Committee	Member
2007 – 2009	LPC Committee	Member

2007	Goals Committee	Committee Chair
2006	SHSU Counseling Dept.	Ad Hoc Committee – Attendance Policy
2006 – 2015	SHSU Counseling Dept.	Masters Advisory Board
2005 – 2006	SHSU Counseling Dept.	Counseling Minor, Curriculum Committee
2005 – 2010	SHSU Counseling Dept.	Library Liaison
2009 – current	SHSU Counseling Dept.	CMHC committee member
2005 – current	Play Therapy Scholarship	Committee Contact Person
2005 – current	Play Therapy Coordinator	Coordinator

- Dissertation Committee

2017	Dissertation Reader	Angela Powell
2017	Dissertation Reader	Regina Gies
2017	Dissertation Reader	Justyn Smith
2016 –	Dissertation Chair	Jasandra Oeffinger
2016 – 2017	Dissertation Committee	Angela Jones
2016 – 2017	Dissertation Committee	Rena Gregor
2015 –	Dissertation Chair	Donna Armstrong
2015 –	Dissertation Chair	Naomi Timm
2015 – 2016	Dissertation Committee	Gina Wilson
2013 – 2014	Dissertation Chair	Florencia Hassey
2012 – 2014	Dissertation Committee	Denise Peterson
2012	Dissertation Committee	Shahla Alizadeh
	International External Examiner-University Putra Malaysia	
2012 – 2013	Dissertation Chair	Kim Fitzgerald Morrison
2011 – 2012	Dissertation Committee	Jennifer Bornsheuer
2010	Dissertation Committee	Jennifer Tracy
2010 – 2014	Dissertation Committee	Tiffany Bates
2009	Dissertation Committee	Sharese Rubit
2009 – 2010	Dissertation Committee	Marcella Stark
2009	Dissertation Committee	Kristin Harris
2009 – 2010	Dissertation Committee	Rebecca Frels
2009 – 2010	Dissertation Committee	Bipin Sharma
2008 – 2010	Dissertation Committee	Sarah Kinsworthy
2008 – 2011	Dissertation Committee	Sarah Monakes
2007 – 2009	Dissertation Committee	Kathy McDonald
2008 – 2008	Dissertation Committee	Julie Manual
2005 – 2007	Dissertation Committee	James Flowers
2005 – 2007	Dissertation Committee	Kate Walker

- Research Advisor

2017	Research Advisor	Krystin Jolly Porter
2016	Research Advisor	Dani Marks, Naomi Timm, Jassandra O.
2015	Student Research Advisor	Naomi Timm
2013	Student Research Advisor	Denise Peterson
2012	Spanish Translation work	Cindy Simpson
2011	Independent Study	591 Stephanie Pelfrey
2011	Student Research Advisor	Linda Hart (qualitative article)

- | | | |
|-------------|--------------------------|---|
| 2011 | Student Research Advisor | Kim Fitzgerald (PT qualitative article) |
| 2010 | Student Research Advisor | Rebecca Frels (Costa Rica research) |
| 2009 | Student Research Advisor | Jennifer Bornsheuer (PT article) |
| 2009 | Student Research Advisor | Sarah Kinsworthy (23 week study & article) |
| 2009 | Student Research Advisor | Marcella Stark & Rebecca Frels (PT article) |
| 2007 – 2010 | Student Research Advisor | Sarah Monakes (several projects) |
| 2007 – 2008 | Student Research Advisor | Kathy McDonald (article) |
| 2007 – 2008 | Student Research Advisor | Sarah Kinsworthy (10 week study & article) |
| 2006 – 2007 | Student Research Advisor | Sarah Kinsworthy (10 week study & article) |
| 2005 – 2006 | Student Research Advisor | Kathy McDonald (pilot study) |
| 2005 – 2006 | Student Research Advisor | Laura Hodges |
- Professional Reviewer

2017	Invited Reviewer , Wichita State University-Tenure and Promotion
2017	Invited Reviewer , Child-Parent Relationship Therapy – A dialogue with Winnicott’s Theory. <i>International Journal of Play Therapy</i> .
2016	Invited Reviewer , Case Conceptualization Guide for Beginning Play Therapists. <i>Play Therapy Magazine</i> .
	Invited Reviewer , How to Assess a Child’s Progress in Play Therapy. <i>Play Therapy Magazine</i> .
	Invited Reviewer , Terrorism! Helping Children Tame Their Fears. <i>Play Therapy Magazine</i> .
	Invited Reviewer , Sandplay with Child-Witnesses of Domestic Violence. <i>The Arts in Psychotherapy</i> .
	Invited Reviewer , Outside Reviewer for Tenure, Texas Women’s University.
2015	Invited Reviewer , Play Therapy Summit in Asia. <i>Play Therapy Magazine</i> .
	Invited Reviewer , Play interventions to reduce anxiety and negative emotions in hospitalized children. <i>BMC Pediatrics</i> .
2014	Invited Reviewer , How to address a child’s progress in play. <i>Play Therapy Magazine</i> .
	Invited Reviewer , Overlapping nature of mindfulness and play. <i>International Journal of Play Therapy</i> .
2013	Invited Reviewer , Play interventions to reduce anxiety in hospitalized children. <i>Biomedical Central</i>
	National Council of Professors of Ed. Leadership Administration Committee Reviewer
	Invited Reviewer , Examining the use of play activities to increase appropriate classroom behaviors. <i>International Journal of Play Therapy</i> .
2012 – 2013	TCA Program Review Committee
	Invited Reviewer , Play therapy and management of pain in pediatric Oncohematology. <i>International Journal of Play Therapy</i> .
	Invited Reviewer , Understanding the concept of genuineness in play therapy. <i>International Journal of Play Therapy</i> .
	Invited Reviewer , Mentoring and Tutoring, a Routledge Tier 1 Journal. Reviewer, Play Therapy Magazine, Association for Play Therapy.

- Professional
 - 2017– 2020 **Invited Appointment**, International Journal of Play Therapy – Editorial Board Member
 - 2016 **ACA** Conference Program Reviewer
 - 2016 **TCA** Professional Growth Conference Program Review Team member
 - 2010 – 2012 **Invited Reviewer**, Children in therapy: Learning from evaluation of university-based community counseling clinical services. *Children and Youth Services Review*.
 - 2014 – 2017 International Association for Play Therapy – Key Awards Committee
 - 2010 – 2012 International Association for Play Therapy – Key Awards Committee
 - 2009 – current International Association for Play Therapy – Ethics & Practices Task Force-Committee Member
 - 2009 – 2011 Texas Association for Play Therapy – Board, Past – Pres. (2nd term)
 - 2009 – 2011 Texas Association for Play Therapy – By Laws Committee – Chair
 - 2009 – 2011 Texas Association for Play Therapy – Elections Committee – Chair
 - 2009 – 2011 Texas Association for Play Therapy – Awards Committee – Chair
 - 2009 – 2011 Texas Association for Play Therapy – Homeyer Research Committee
 - 2009 – 2011 Texas Association for Play Therapy – Presidents Reception Committee
 - 2009 University of North Texas – “Expert in CCPT” Task Group
 - 2007 – 2009 Texas Association for Play Therapy – Board Member, President
 - 2006 – 2009 Sam Houston Chapter of the Association for Play Therapy – Director at Large
 - 2007 – 2011 Texas Association for Play Therapy – Finance Committee
 - 2007 – 2011 Texas Association for Play Therapy – Executive Committee
 - 2007 – 2009 Texas Association for Play Therapy – Newsletter Editor
 - 2005 – 2007 Association for Play Therapy – Research Committee Member
- State
 - 1999 – 2000 Texas Commission on Alcohol and Drug Abuse
Rio Grande Valley Council Border Initiative
Task Force, Member
 - 1999 – 2000 Tropical TX. MHMR
Community Resource and Referral Group
Task Force, Member

Professional Service Activities

- 2008 Aldine ISD Teacher Training - 23 week study
- 2008 SAAFE House Parent Training
- 2007 Aldine ISD Parent Training
- 2005 4th Annual San Jacinto County Family Health Fair – Volunteer
- Spring Assisted with group interviews of prospective Doctoral students
- 2005 applying for
admission into the counseling program UNT
- July & December Assisted with group interviews of prospective masters students applying
- 2003 for admission into the counseling program UNT
- April Trained and Supervised students in the dynamics of Focus Groups,
- 2003 during National Youth Service Day, for Grand Connections, a program

	of the Retired and Senior Volunteer Center of Denton County that serves grandparent raising grandchildren Grant-Supported Service Learning
Fall 2002	Committee Work – Duties as assigned to help prepare for a visit from The National Council for Accreditation of Teacher Education (NCATE) Board of Examiners UNT
October 2002, 2003, 2004	Committee Work – Duties as assigned to help implement Bridge to the Future, a regional community college counselors and advisors conference UNT
December 2002, 2003	Committee Work Duties as assigned, COE Thesis/Dissertation Award task group UNT
June 1999, 2000	Camp F.O.C.U.S. a volunteer camp experience for at risk youth. Gave them an opportunity to build self-esteem through helping others at Comfort House Hospice, Salvation Army, Rio Grande Food Bank, Projecto Azteca (building homes for low-income Mexican-American families who previously were living in barrios and colonias).
June 1999	Children's Association for Maximum Potential (CAMP). A non-profit corporation that provides recreational, rehab, educational, and respite for children with developmental disabilities.

Honors and Awards

The University of North Texas graduate program in counseling is the top Texas program recently ranked by U.S. News and World Report. The master and doctoral degree program is ranked 18th in the nation and has ranked in the top 20 for the 7th consecutive year.

- Local
 - Arcadio Guerra Scholarship
 - Linn–San Manuel Community Improvement Scholarship
- Honor Society
 - Chi Sigma Iota, National Counseling Honor Society
 - Phi Alpha National Social Work Honor Society
- National
 - Gold Branch Status *-International Assoc. for PT- recognition for excellence, June 2009
*(TAPT had not received this recognition the 2 years previous to my leadership)
 - Special Recognition-International Assoc. for PT- membership drive, July 2009
 - Nominated for Association for Play Therapy Research Award, January 2005
- State
 - Texas Association for Play Therapy- Nancy Guillory Award 2012 (highest honor of this association)
 - Texas Counseling Association Professional Writing Award, November 2010
 - Presidential Service Award, Texas Association for Play Therapy, April 2009
- University
 - SHSU & College of Education, Excellence in Teaching
 - Nomination SHSU – 2017
 - Finalist – 2013, 2009, 2008, 2007, 2006
 - Named by graduate as faculty who most contributed to their individual success and development, 2016

- SHSU – Mentor Award Nominee, 2010
- SHSU – Educational Leadership and Counseling Featured Faculty, Newsletter – 2007
- UNT – Counseling Program Featured Alum, 2007
- UNT – College of Education Honorable Mention Dissertation Award, December 2004
- Diversity Scholar – University of North Texas
- UNT Academic Achievement Scholarship
- William Randolph Hearst Center for Play Therapy Scholarship
- Who's Who Among American Colleges and Universities 2002

Credentials

- 2017 Certified Child-Parent Relationship Therapist-Supervisor
- 2017 Certified Child-Centered Play Therapist -Supervisor
- 2014 • Certification in Humanistic Sandtray Therapy (CHST)
Sandtray Therapy Institute
- 2013 – Prepare Enrich Training
- 2002 – Present • Licensed Professional Counselor Supervisor #60365
Texas State Board of Examiners
- 2002 – Present • Registered Play Therapist #T764
Association for Play Therapy
- 2000 – 2016 • LMSW #28749
Texas State Board of Social Work Examiners