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### **OVERVIEW**

Accomplished health and communications field professional with combination of academic and field experience. Experience working with multi-cultural student populations, blended hybrid web-assist instruction, concentrated and full term instructions, high school and college populations. Field experience includes conducting health education classes, population assessments, program supervision and evaluation, and working with stakeholders. Strong problem solving, project management and organizational skills coupled with excellent communication and interpersonal skills. Strong knowledge of Microsoft Office and SPSS statistical software.

### **Education**

**Walden University, Minneapolis, Minnesota**

**Ph.D. in Public Health (2013)**

- Specialization: Community Health Education
- Dissertation Topic: *An Analysis of the Social Interaction Between Parents and Adolescents and the Predisposition to an Adolescent's Substance Use*
- Dissertation Committee Chair: Dr. Michael Dunn

**Texas Southern University, Houston, Texas**

**Master in Communication (2007)**

- Concentration: Speech Communication
- Thesis Topic: *Parent and Child's Interpersonal Relationship and the Effects it has on the Child's Involvement with Substance Use*

**Sam Houston State University, Huntsville, Texas**

**Bachelor of Arts in Speech Communication (2002)**

- Minor: English

### **Teaching Experience**

Sam Houston State University, Huntsville, TX (August 2015-current)

#### **Communication Faculty**

Presented lectures on communication to undergraduates. Developed new instructional methodologies to ensure quality learning experiences for students. Reviewed and revised course materials. Conducted courses online and supported distance education. Supervised students in research activities and presentation preparations.

- Courses taught: Public Speaking

American Intercontinental University, Chicago, IL (January 2015-current)

**Adjunct Health Faculty**

Presented lectures on public health to undergraduates and graduates. Developed new instructional methodologies to ensure quality learning experiences for students. Reviewed and revised course materials. Conducted courses online and supported distance education. Supervised students in research activities and presentation preparations.

- Serves as a Subject Matter Expert for the development of graduate health courses. Writes original course content and assessments for online and hybrid courses to align with course objectives and program outcomes; Works with the Course Development team to create course content within the guidelines of Course Development and the approval of Academic leadership at specific CEC schools; Understands the Academic goals and Learning Model
- Courses taught: Health Policy; Health/Public Policy; Introduction to Healthcare

University of Houston-Downtown, Houston, TX (January 2015-current)

**Adjunct Communication Faculty**

Presented lectures on communication to undergraduates. Developed new instructional methodologies to ensure quality learning experiences for students. Reviewed and revised course materials. Conducted courses online and supported distance education. Supervised students in research activities and presentation preparations.

- Courses taught: Public Speaking; Business and Professional Communication; Introduction to Speech Communication; Communication Theory, Introduction to Mass Communication

Art Institute, Houston, TX (July 2015-Current)

**Adjunct Communication Faculty**

Presented lectures on communication to students. Developed new instructional methodologies to ensure quality learning experiences for students. Reviewed and revised course materials. Conducted courses online and supported distance education. Supervised students in research activities and presentation preparations.

- Courses taught: Public Speaking

Prairie View University, Prairie View, TX (August 2015-December 2016)

**Adjunct Communication Faculty**

Presented lectures on communication to undergraduates. Developed new instructional methodologies to ensure quality learning experiences for students. Reviewed and revised course materials. Conducted courses online and supported distance education. Supervised students in research activities and presentation preparations.

- Courses taught: Fundamentals of Communication

Grand Canyon University, Phoenix, AZ (July 2014-August 2016)

**Adjunct Public Health Faculty**

Presented lectures on public health to undergraduates. Developed new instructional methodologies to ensure quality learning experiences for students. Reviewed and revised course materials. Conducted courses online and supported distance education. Supervised students in research activities and presentation preparations.

- Serve as content expert on dissertation committees; Supervise students in the formulation and writing of dissertation proposals; Mentor students at every stage of the dissertation including providing feedback on the IRB application, directing data collection, relevance to the field of health
- Courses taught: Global Health Issues

Remington College, Webster, TX (July 2014-June 2015)

**Adjunct Communication Faculty**

Instructed various classes, including business communication, written communication, and English. Developed grade-boosting initiatives and established lesson plans that yielded impressive results. Motivated the students to achieve high goals by establishing positive learning environments and responding effectively to the needs of faculty members and students.

- Courses taught: Verbal Communication; Written Communication

Houston Community College, Houston, TX (January 2013-January 2015)

**Adjunct Communication Faculty**

Significantly improved adult learning through engaging curricula and non-traditional teaching methods. Delivered comprehensive lesson plans, lectures, and seminars. Examined and graded assignments, essays, speeches, and class presentations. Ensured students achieved their full academic potential by providing plenty of personal attention. Informed students of academic and career options.

- Selected to contribute to the assessment of the Speech Communication Department for the 2014-2015 school year. Coordinated with the Program Coordinator on the implementation of the plan, collection of assessment data, analyzing of the results, and development of reports on the progress of meeting the core goals of the program.
- Courses taught: Introduction to Communication; Public Speaking; Business and Professional Communication; Interpersonal Communication

Lone Star College, Houston, TX (August 2008-May 2015)

**Adjunct Communication Faculty**

Taught Interpersonal Communication, Speech communication, and Introduction to communication, which covered conversational skills, public speaking, and non-verbal and written communication. Designed and implemented course curriculum and structure, assessed student progress and provided guidance and assistance in comprehension of course material. Coordinated with department chair to ensure curriculum and course material met university guidelines. Worked with many people for whom English was a second language.

- Proactively collaborated with students who had learning disabilities, and advised and tutored students assisting with writing, organizational, time management, and goal setting skills.
- Courses taught: Interpersonal Communication; Public Speaking; Introduction to Communication

San Jacinto College, Pasadena, TX (August 2013-January 2015)

**Adjunct Communication Faculty**

Taught two to three courses a semester with approximately 20 students per class. Held office hours for students in need of extra assistance with demanding course work. Prepared coursework, lessons, and developed teaching strategies to engage students in an interactive learning process. Instructed various classes, including public speaking, introduction to communication, and interpersonal communication.

- Courses taught: Public Speaking; Business and Professional Communication  
Interpersonal Communication

**Professional Experience**

Health Option & Outreach, Houston, TX (August 2013- August 2014)

***Public Health Program Coordinator (Contract)***

Participated in assessments of needs in the specialized area and assists in the formulation of plans to meet the population's needs. Oversaw, analyzed, and evaluated the program to improve the services provided. Facilitated effective working relationships with a variety of community and government agencies, including professional individuals and associations

TX Dept. of Aging & Disability Services, Rosenberg, TX (December 2008-September 2013)

**Community Case Manager III**

Analyzed and calculated client income, so as to determine financial eligibility and recommended payment plan option availability; per agency contractual agreement. Delivered performance-based contribution of client: interviews, home/site visits, and case record documentation; on a wide variety of resident needs. Maintained client confidentiality in keeping with the Department of Health & Human Services and HIPAA regulations

O' Connor & Associates, Houston, TX (April 2005-December 2008)

**Legal Assistant**

Drafted and prepared: appendices, exhibits, appeals, motions, pleadings, non-suits, petitions and attorney court calendars; during all phases of the litigation process. Organized research of chronologically indexed files, administrative support and litigation statistical reporting; in compliance with established court guidelines & procedures. Incorporated working knowledge and discrepancy judgment of legal investigations; consistent with regulatory enforcement of the Freedom of Information Act

**Professional Memberships**

- Texas Public Health Association (TPHA)
- American Public Health Association (APHA)