

# ACADEMIC COACHING

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## Academic Coaching

*Do you seek learning strategies that are customized just for you?*

### Academic Success Center

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The Academic Coaches in the Academic Success Center at Sam Houston State University create an environment of collaborative and collective learning to help you navigate your studies. We serve as guides to explore and empower your academic goals, strengths, solutions. Our coaches provide one-on-one assistance to help you develop an academic success plan specific to your needs. Examples include: identifying your barriers to academic success, self-advocacy techniques or creating a study guide.

Discover which coach is right for you, by viewing the **Recovery Coaching** (i.e. students on probation and suspension at SHSU) or **Learning Coaching** (i.e. non-recovery students) tabs below!

[Jumpstart Success Coaching](#)[Learning Coaching](#)[Recovery Coaching](#)

### ***Do you need help staying on track with your studies?***

Life can be hectic at SHSU! Our learning coaches are here to help you balance your academic demands and create a toolkit for success. Appointments are available one-on-one and open for all SHSU students and majors.

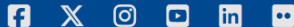
Our coaches guide students to success by:

Accountability	Time Management	Studying
Note Taking	Test Preparation	Goal Setting

We are here to help! Book an [appointment](#) on Campus Connect today! Instructions for scheduling below:

- **Academic Support**
- **Learning Coaching**
- **Pick a Date** and click **Find Available Time**
- Choose the date and time of your choice and click next
- **In-Person** or **Virtual**
- Click Schedule

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