

ACADEMIC COACHING

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Academic Coaching

Do you seek learning strategies that are customized just for you?

Academic Success Center

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The Academic Coaches in the Academic Success Center at Sam Houston State University create an environment of collaborative and collective learning to help you navigate your studies. We serve as guides to explore and empower your academic goals, strengths, solutions. Our coaches provide one-on-one assistance to help you develop an academic success plan specific to your needs. Examples include: identifying your barriers to academic success, self-advocacy techniques or creating a study guide.

Discover which coach is right for you, by viewing the **Recovery Coaching** (i.e. students on probation and suspension at SHSU) or **Learning Coaching** (i.e. non-recovery students) tabs below!

[Jumpstart Success Coaching](#)

[Learning Coaching](#)

[Recovery Coaching](#)

Are you a freshman student enrolled in an INRW and Math N0xx class?

Your first semester of college can be challenging! Our Jumpstart Success Coaches are here to help you navigate your first semester, support your academic journey, and provide tools, strategies, and resources to help you be successful while you work to complete requirements for TSI (Texas Success Initiative). Appointments are available one-on-one and open for freshmen students who are part of the Jumpstart Success Coaching Organization on Blackboard.

Our coaches guide students to success by helping with things like:

Getting Acclimated To College Life

Time Management Skills

Goal Setting

Note Taking Strategies

Study and Test Preparation

Accountability

We are here to help! Book an [appointment](#) on Campus Connect today! Instructions for scheduling below:

- **Academic Support**
- **Jumpstart Success Coaching**
- **Pick a Date** and click **Find Available Time**
- Choose the date and time of your choice and click next
- **In-Person** or **Virtual**

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- In-Person or Virtual
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Huntsville, Texas 77341
936.294.1111 | (866) BEARKAT

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