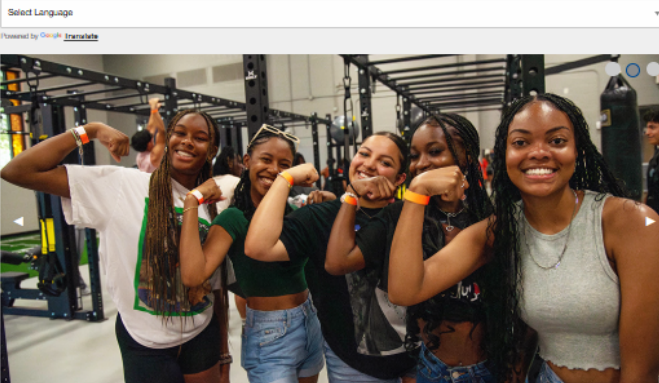


FITNESS

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The Fitness Program promotes physical fitness and a healthy lifestyle through group fitness, personal training, education, and special events/challenges.

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Staff Contact Information



Tabitha Weldon, Assistant Director of Fitness

tgw010@shsu.edu

Hallie Stevens, Graduate Assistant

hgs010@shsu.edu

Contact Campus Rec

936.294.1985 | campusrec@shsu.edu



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Sam Houston
State University



Huntsville, Texas 77341

936.294.1111 | (866) BEARKAT

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