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THE COUNSELING CENTER

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Welcome to the Sam Houston State **University Counseling Center!**

The SHSU Counseling Center provides Individual, couples, and group therapy to students who are currently enrolled. Our mission is to provide service within the university environment that contributes to the academic success, personal growth, and positive social contribution of Sam Houston State University students. We embrace a studentoriented philosophy that is respectful and is committed to the development of the student as a whole person.

Counseling services are available during normal business hours throughout the year except on university designated holidays. For more information, call us at (936) 294-1720 or stop by to make an appointment to speak with a counselor.



Counseling Center

Mission, Vision and Values Statements

Clinical Services

Making an Appointment

Outreach Program/Request

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Information For Faculty/Staff

Information For Parents

Myths About Counseling

Self-Help Resources

Online Resources

Meet the Staff

Contact Us

Timely Care

Clinical Training Programs

Access the Client Portal





Hours of Operation:

8am to 5pm - Monday, Thursday, Friday

8am to 7pm - Tuesday and Wednesday

Sam Houston Counseling Center