



THE MEASURE OF A LIFE IS ITS SERVICE"
SAM HOUSTON STATE UNIVERSITY MOTTO



Student Health Center (SHC)

How to Stay Healthy Through Fall and Winter

What to do if you are sick? [CDC - When You Are Sick](#).

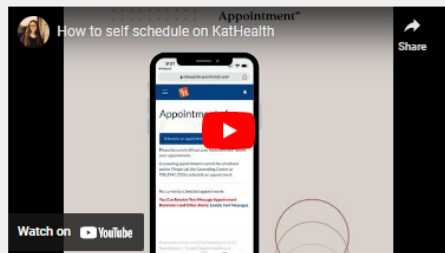
How to avoid infecting others with a respiratory illness like COVID, Flu, and Mono? [Preventing the Spread of a Respiratory Illness](#)

How to get an excuse for class if I get a positive home COVID test?

- Directions: Go to the [Dean of Students website](#) and select **Absence Notification**. Complete the online form and attach substantiating documentation and click on **Submit**.

Health Center Updates

Para información en español por favor comuníquese con el
Centro de Salud Estudiantil llamando al 936-294-1805



<https://www.shsu.edu/dept/student-health-center/appointments-portal>



What is the Student Wellness
Office?



How do I submit my
Meningitis forms?



Patient Portal



Student Health Insurance



What do I do when the SHC is closed?

TimelyCare

Mission

We engage Bearkats in their personal health and wellness. We share your goals of keeping you healthy and support your academic success.

Values

Everyone should be seen, heard, valued, and empowered to succeed.

Service- Provide a quality experience to your patients, your team, and your community; all that you serve

Respect- Listen; accept feedback; embrace differences in people, their ideas, and experiences

SERVICES

See what services the SHC has to offer and how they can help you maintain your health!

Follow our social media pages to get reminders related to student health and find out more about what we do!



HOURS

Medical Clinic
8am to 5pm, Mon-Fri

Laboratory
8am to 5pm, Mon-Fri

CONTACT INFORMATION

Physical Address
Sam Houston State University
Student Health Center
1608 Avenue J
Huntsville, TX 77340

Mailing Address
Sam Houston State University
Student Health Center
Box 2358
Huntsville, Texas 77341

(936) 294-1805 | shc@shsu.edu

USEFUL LINKS

[Counseling Center](#)

[Services for Students with Disabilities](#)

[Rec Sports](#)

[Title IX](#)

[Dean of Students](#)

[Student Affairs](#)



Sam Houston
State University

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Annual Security & Fire Report (Clery Act)
State Auditor's Office Hotline