



Sam Houston State University Department of Athletics Student-Athlete Services Guide



Sam Houston State University
MEMBER THE TEXAS STATE UNIVERSITY SYSTEM™

2025-2026

Sam Houston State University

Department of Athletics

Student-Athlete Services

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Welcome to Sam Houston State University

This is an exciting time for you as you embark on your intercollegiate athletic career. As Director of Athletics at Sam Houston, it is privilege to greet you as a member of the Bearkat family.

This academic guide provides important information and paperwork for all incoming student-athletes to assist in transitioning to college life both athletically and academically. Please read the included material and complete any necessary forms.

At Sam Houston State, student-athlete welfare is our primary concern. We want you to succeed both on the playing field and in the classroom. Most importantly, we want you to leave Sam Houston State University with your degree.

Our staff of outstanding coaches and athletic administrators are here to assist you. Please contact us at any time with questions or concerns. Thank you and welcome to Sam Houston State University. Eat 'em Up Kats!

Bobby Williams

Director of Athletics

Sam Houston State University



Winning in the Classroom

Student-athletes at Sam Houston State University are committed to excellence both on the playing field and in the classroom. In return, the university strives to do all it can to make sure each student-athlete makes steady progress towards earning a degree.

The Student-Athlete Services staff works individually with each student-athlete to construct and monitor the student athlete's academic progress. The academic staff works to ensure that each student receives the help needed to be successful in Sam Houston State's challenging environment.

Among the many resources the Department of Athletics offers their student-athletes: tutoring sessions, supervised study halls (each team has different requirements and are managed within the team), assistance in selecting majors/degree plans/and courses, mandatory academic advisement each term (building class schedules), and use of the Learning Enhancement Center located in the Woodforest Bank Athletic Center. This modern facility features study and work areas, 24-hour computer lab with 50 Computers, printers and hosts the tutorial program strictly for student-athletes use. The academic and compliance offices are also located within the LEC. The NCAA Student-Athlete Affairs program provides a mandatory class (Kinesiology 1116) for all freshman student-athletes, which further enhances their opportunities while attending our university. The class is structured to cover topics to bridge the gap with the transition into college athletics, academics, and their path in life. All Bearkat student-athletes utilize the Student-Athlete Academic Planner to help organize their time. It is an important tool in balancing classes and practice. The planner also contains useful information including explanations of student-athlete support programs, Sam Houston intercollegiate athletic policies, NCAA policies, resources and study/test-taking tips and skills. Additionally, the university has an Academic Success Center, SAM Center and Career Center which provide various academic resources for ALL students.

The success of Sam Houston State's academic advising, counseling and tutoring programs is readily apparent. Sam Houston State University student-athletes have combined to produce outstanding overall department grade point averages (GPA). This past year, overall, Bearkat student-athletes average a 3.03 GPA. The athletic program's GPA is higher than the overall student population at Sam Houston State.

For the 23-24 academic year, the dept had 8 CUSA Academic All-conference and 221 CUSA Academic Honor Roll which requires a 3.0 or above, 59 of which received the Commissioner's Academic Medal.

The Learning Enhancement Center

Winning in the Classroom

Advising

- Develop class schedules and assistance with registration
- Major declaration / File official Degree Plan
- Degree and graduation planning
- Career exploration and development
- Eligibility evaluations

Academic Mentoring

- Develop individualized learning plans
- Monitor Academic Success
- Maintaining academic eligibility
- Providing specific academic resources to fit individual student needs

Tutoring

- Our department employs 20 tutors per semester whose expertise covers many different areas of study
- Develop time management skills, academic goal setting, and study and organizational skills
- One-on-one & group study sessions

On-Campus Support Services

- Academic Success Center
- Reading, Writing & Math Center
- Career Center
- SAM Center
- Counseling Center

Individual Development

- Student-Athlete Day Planner
- Enterprise Career Development Seminars
- Internships
- Community Service Opportunities
- Professional Sports Counseling

TIME MANAGEMENT:

WHAT DIVISION I STUDENT-ATHLETES SHOULD EXPECT

Time management is a key component of any college student's success, but it is especially important for students who play Division I sports. From classes to competition, and everything in between, the student-athlete schedule stays busy year-round. Know what awaits before you step foot on campus.



What takes up a Division I student-athlete's time?



Competition



Practice



Strength and conditioning

Did you know?

These are considered countable athletically related activities (CARA). NCAA rules limit the time student-athletes can spend on these activities each week. Check with your campus athletics department for more information.



Supplemental workouts



Film review



Academic meetings



Injury treatment/prevention



Sports psychologist sessions



Nutritionist sessions



Prospective student-athlete host duties



Team fundraising



Media activities



Community service



Compliance meetings



TIME SPENT ON ACTIVITIES PER WEEK*
(168 hours per week)



- Athletics
- Academics
- Socializing/Relaxing
- Other (e.g. sleep, job, extracurriculars)

*Medians collected from the 2015 NCAA GOALS Study

2/3

Two-thirds of Division I student-athletes said they spend as much or more time on athletics during the offseason as during their competitive season.

*Based on the 2015 NCAA GOALS study

8.6 Hours



4.4 Hours



During a typical day of competition, Division I student-athletes report spending anywhere from 4.4 to 8.6 hours on their sport. For the full breakdown by sport, visit ncaa.org/time-management.

*Based on a 2015 survey of Division I student-athletes

New Student-Athlete Checklist: Freshman

NCAA Eligibility Center

- ☐ [Register with NCAA Eligibility Center](#)
- ☐ [Request Final Amteurism](#)
- ☐ [Submit Final Transcripts & Proof of Graduation](#)

Submit Student-Athlete Paperwork

- ☐ Grant-In-Aid Offer
- ☐ National Letter of Intent
- ☐ Sent to John Holder (jholder@shsu.edu)

Admissions

- ☐ [Apply to SHSU](#)
- ☐ Submit Official Transcripts (SHSU Code: 003606)
- ☐ [Submit SAT](#) (SHSU Code: 6643) or [ACT](#) (SHSU Code: 4162)
- ☐ Post HS Graduation - Submit Final Official Transcripts (SHSU Code: 003606)
- ☐ If you have Dual Credit or AP credit - Submit Official Transcripts

After you've been accepted

- ☐ Activate your MySam Account through [SamWeb](#)
- ☐ Check your [TSL](#) Status
- ☐ Register for [Freshman Orientation](#)
- ☐ Request a [Bearkat OneCard](#)

Registering for Classes

- ☐ Complete [Title IX Training](#) (training web link sent to SHSU email)
- ☐ Email Athletic Advisor to set up advising
 - ☐ Joshua Reynolds (jmr074@shsu.edu) - Football
 - ☐ Baylie Adams (b.adams@shsu.edu) - Men's & Women's Basketball, Volleyball, Soccer, Bowling
 - ☐ Allison Stark (als219@shsu.edu) - Baseball, Softball, Men's & Women's Golf, Tennis
 - ☐ Madison Frusha (mbf013@shsu.edu) - Men's & Women's Track & Field
- ☐ Upload your [Immunization Records](#)
- ☐ Complete [Pre-Registration Notices](#)

Housing

- ☐ [Housing Application](#)
- ☐ Room Selection (Contact Coach)
- ☐ Dorm Deposit

Athletic Training

- ☐ [Injury History Form](#)
- ☐ [Complete Physical](#)

New Student-Athlete Checklist: International

NCAA Eligibility Center

- ☐ Register with NCAA Eligibility Center
- ☐ Request Final Amateurism
- ☐ Submit Transcripts
 - ☐ Freshman: Submit a third-party line by line transcript evaluation
 - ☐ Transfer: Submit official transcripts from previous institution

Submit Student-Athlete Paperwork

- ☐ Grant-In-Aid Offer
- ☐ National Letter of Intent
- ☐ Sent to John Holder (jholder@shsu.edu)

Admissions

- ☐ Apply to SHSU
- ☐ Submit Official Transcripts (SHSU Code: 003606)
- ☐ Submit official TOEFL Score:
 - ☐ TOEFL Essentials - min. score of 8; TOEFL iBT Home Edition; TOEFL iBT Paper Edition - min. score of 79
 - ☐ If English is your first language, submit either SAT scores or ACT scores

International Requirements

- ☐ Receive your SHSU I-20
- ☐ Register for International Student Orientation

After you've been accepted

- ☐ Activate your MySam Account through SamWeb
- ☐ Check your TSI Status
- ☐ Request a Bearkat OneCard

Registering for Classes

- ☐ Complete Title IX Training (training web link sent to SHSU email)
- ☐ Email Athletic Advisor to set up advising
 - ☐ Joshua Reynolds (jmr074@shsu.edu) - Football
 - ☐ Baylie Adams (b.adams@shsu.edu) - Men's & Women's Basketball, Volleyball, Soccer, Bowling
 - ☐ Allison Stark (als219@shsu.edu) - Baseball, Softball, Men's & Women's Golf, Tennis
 - ☐ Madison Frusha (mbf013@shsu.edu) - Men's & Women's Track & Field
- ☐ Upload your Immunization Records
- ☐ Complete Pre-Registration Notices

Housing (if Freshman)

- ☐ Housing Application
- ☐ Room Selection (Contact Coach)
- ☐ Dorm Deposit

New Student-Athlete Checklist: Transfer

Submit Student-Athlete Paperwork

- ☐ Confirm you are in the transfer portal at leaving institution
- ☐ Contact SHSU Compliance for Validty Screening
 - ☐ Trevor Thorn (trevor@shsu.edu) - Assoc. A.D. - Compliance & Certification
 - ☐ Jay Azzam (jra092@shsu.edu) - Compliance Coordinator
- ☐ Submit all previous institution transcripts to sport advisor
 - ☐ Joshua Reynolds (jmr074@shsu.edu) - Football
 - ☐ Baylie Adams (b.adams@shsu.edu) - Men's & Women's Basketball, Volleyball, Soccer, Bowling
 - ☐ Allison Stark (als219@shsu.edu) - Baseball, Softball, Men's & Women's Golf, Tennis
 - ☐ Madison Frusha (mbf013@shsu.edu) - Men's & Women's Track & Field

Admissions

- ☐ Apply to SHSU
- ☐ Submit all previous institution transcripts (SHSU Code: 003606)
- ☐ Post HS Graduation - Submit Final Official Transcripts (SHSU Code: 003606)
- ☐ If you have Dual Credit or AP credit - Submit Official Transcripts

After you've been accepted

- ☐ Activate your MySam Account through SamWeb
- ☐ Check your TSI Status
- ☐ Request a Bearkat OneCard

Registering for Classes

- ☐ Complete Title IX Training (training web link sent to SHSU email)
- ☐ Email Athletic Advisor to set up advising
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 - ☐ Allison Stark (als219@shsu.edu) - Baseball, Softball, Men's & Women's Golf, Tennis
 - ☐ Madison Frusha (mbf013@shsu.edu) - Men's & Women's Track & Field
- ☐ Upload your Immunization Records
- ☐ Complete Pre-Registration Notices

Housing (if living on campus)

- ☐ Housing Application
- ☐ Room Selection (Contact Coach)
- ☐ Dorm Deposit

Athletic Training

- ☐ Injury History Form
- ☐ Complete Physical

Estimated Cost per Semester

*Estimated Cost per Semester based on Fall 2023 tuition and fees and on estimated expense for 2024-25 academic year.

Undergraduate - Texas Resident Fall 2025/Spring 2026 - 12 Semester Hours

<i>Tuition & Fees</i>	<i>\$4,614.20</i>
<i>Books (based on Bearkat Bundle)</i>	<i>\$285.00</i>
<i>Residence Hall (ranges from \$2,308-\$2,488)</i>	<i>\$3,028.00</i>
<i>Meal Plan (3 options ranging \$1,820-\$2,667)</i>	<i>\$2,667</i>
<i>Parking</i>	<i>\$238</i>
<i>Required Application Fee</i>	<i>\$45</i>
<i>Program, Major, or other course related fees</i>	<i>\$96</i>

Total: \$10,973.20

Additional Fees*

*These fees are NOT covered by scholarships

- Registration with the NCCA Eligibility Center
 - Domestic = \$90 / International = \$150
- Application for Admission = \$50
- Housing Deposit (Residence Life) = \$200
- Meningitis Vaccination = \$245 at CVS
 - Insurance will sometimes cover this cost. This can also be done at your doctor's office. Must be completed before arriving on campus or registering for courses.
- TSI / Accuplacer Test = \$50
- Parking Tag = \$198-\$248 per year
- New Student Orientation
 - Freshman = \$140 / Transfer = \$50
- International student Fee = \$125



Financial Aid

What is Financial Aid?

Financial aid consists of grants, scholarships, loans, and work study. Most aid, except for scholarships, is based upon individual need and eligibility. It is intended to supplement, rather than replace, student and parental financial contributions toward the Cost of Attendance (COA). The COA includes typical expenses such as tuition and fees, books and supplies, room and board, transportation, and miscellaneous expenses.

What are the types of aid?

- Grants - are gift aid and do not have to be repaid.
- Scholarships - are generally merit-based gifts that do not require repayment.
- Loans - have to be repaid with interest.
- Work Study - provides wages for part-time employment.

How and when do I apply for financial aid?

The free application for Federal Student Aid (FAFSA) is available as early as October 1 every year. FAFSA packets can be obtained from high school guidance counselor or at any college or university financial aid office. For faster processing we recommend that you apply online at <https://www.fafsa.ed.gov>. Review the helpful "Tips for completing the FAFSA" below.

Students will be able to submit a 2025-26 FAFSA as early as Oct. 1, 2024!



Tips for completing the FAFSA

1. Apply as early as possible by completing the FAFSA. Submit as early as October 1 every year.
2. The fastest, easiest and most accurate way to apply is via the internet at: www.fafsa.ed.gov
3. If you complete a paper application, you must write legibly. Sloppy handwriting may cause scanning errors.
4. List your school choices and their Title IV school codes. SHSU's school code is 003606.
5. Complete the income and asset information. Do not leave it blank.
6. Fill in your enrollment plans for the fall, spring, and summer semesters. If you will not be enrolled for a particular semester, then shade the "Not Enrolled" oval.
7. Remember to fill in the housing code for each school listed.
8. Appropriate individuals must sign the FAFSA. Missing signatures will delay the application processing.
9. Verify your answers and check for accuracy. Errors will delay the process.
10. Do not enclose tax returns or other materials when mailing in your FAFSA.
11. Make a copy of your completed FAFSA application. Retain the copy for your records.

Avoiding Processing Delays

• Qualifying for Independent Student Designation

- Many students fail to recognize the federal government's strict definition for what is termed an independent student. Those who do not qualify under that definition must submit parental information. Be advised that students who fail to include accurate and complete information regarding parents are subject to lengthy delays and/or rejection of their applications.

• Include Stepparent's Income Information

- You must include the required information about your stepparent(s). Read instructions carefully and complete accordingly.

• Amount of U.S. Income Tax Paid.

- This area causes some of the most common errors which result in lengthy delays. United States income tax paid is not the same thing as income tax withheld. The FAFSA will direct you to the specific tax line for the answer to the income tax question.

• Earned Income Credit is Untaxed Income

- Another common error causing application processing delays is failing to include earned income credit as untaxed income. This is an oversight on the part of many students and parents, causing a processing delay.

• Never Abbreviate College References (School Code) On Step 6 of the FAFSA

- (List of colleges selected to receive the data), students often list colleges by initials and/or list the incorrect address. Errors in this section may result in colleges not receiving your information.
- To ensure that Sam Houston State University received your application, write out the name "Sam Houston State University" (do not abbreviate SHSU or shorten to Sam Houston). Additionally, you should list the college code number "003606" for Sam Houston State University.

• Housing Status in Step 5

- You are asked to designate your living arrangements while attending college. If you leave the housing question blank, you will automatically be assigned the lowest Cost of Attendance (COA) expense budget. Therefore, if you are uncertain as to where you will live (at the time you are filling out this form), choose the most likely option.

• Federal Deadline

- The date listed on FAFSA is the last day that the federal processor will process your application. Do not confuse this deadline with SHSU's priority award deadline (Nov. 1st).

Who is eligible to apply for Financial Aid?

To apply for federal financial aid (grants, loans, work-study), students are required to:

- Be a U.S. citizen or eligible noncitizen.
- Have a valid social security number.
- Have a high school diploma or a GED (General Equivalency Diploma).
- Be accepted for admission by the university and enrolled in a degree program.
- Not be in default on any Title IV loan (Federal Perkins Loan or Federal Stafford Loan), owe a refund or repayment on educational funds received at any institution.
- Be registered with the selective service, if required.
- Enroll and maintain at least a half-time class load at SHSU and demonstrate satisfactory academic progress toward a degree.

How is Financial Need Determined?

Expected Family Contribution (EFC) is calculated by the Federal Processor using information submitted by the applicant on the Free Application for Federal Student Aid (FAFSA), regarding parents' and student income and assets, taxes paid, family size, number of family enrolled in college and age of the older parent. Financial need is determined by subtracting EFC from Cost of Attendance (COA).

Satisfactory Academic Progress (SAP) Requirements

Federal regulations stipulate that institutions must evaluate the entire academic history of each financial aid applicant, regardless of whether or not the student has previously received financial aid. The SHSU Financial Aid policy requires applicants to maintain Satisfactory Academic Progress (SAP) standards as follows:

Undergraduate Students

- Must maintain minimum SHSU grade point average (GPA) of 2.0.
- Complete 67% of all attempted hours, including transfer work.
- Complete bachelor's degree with fewer than 180 total attempted credit hours.

Graduate and Doctoral Students

- Must maintain minimum SHSU grade point average (GPA) of 3.0.
- Complete 67% of all attempted hours, including transfer work.
- Credit hours attempted may not exceed 150% of the credit hours required for degree completion. (Example: may attempt up to 54 hours for a 36-hour program)

Other Important Information

Need to check your financial aid status?

- Login to mysam.shsu.edu and go to the My Account tab and then the Financial Aid section to check your information.
- For Fall 2024/Spring 2024 Financial Aid Packages that have been awarded, accepted, and processed will be disbursed starting August 2024.
- Financial aid refunds will start 3-5 business days after awards disburse in August 2024

Financial Aid Information for Graduate Students

Financial Aid Options for Graduate Students

- FAFSA – Free Application for Federal Student Aid: apply at www.fafsa.ed.gov
- Direct Loans – Unsubsidized
- State Grants – Texas Public Education Grant (TPEG)
- Private/Alternative loans – contact the lender of your choice
- Scholarships – initiated by student

Award Eligibility

- Graduate students are eligible for up to \$20,500.00 in direct loans per year.
- May not exceed aggregate limit - \$138,500.
- State Grants – TPEG (Texas Public Education Grant) must meet priority deadline and have “need”

Eligibility Requirements for State and Federal Financial Aid

- FAFSA must be successfully received, and all missing financial aid documents completed
- Student must be regularly admitted (without condition) to graduate program
- Student must be enrolled in at least half-time (6 hrs.)
- Student must be in compliance with Satisfactory Academic Progress Policy

Conditionally Accepted Students

- Do NOT qualify for federal or state aid until regularly accepted
- May apply for a private/alternative loan that does not require the student to be in a “degree-seeking program”
- May contact the Financial Aid office when regularly accepted to be considered for federal/state aid

Resources

- www.studentaid.ed.gov – Federal Aid Programs and details
- www.fafsa.ed.gov – apply online
- <http://www.tgslc.org/borrowers/teachers/index.cfm> - Teacher Loan Forgiveness information
- <http://www.tgslc.org/borrowers/repay/index.cfm> - Repayment Options
- www.ets.org – Testing information, GRE – fee reduction information



Scholarships Opportunities

The scholarship team in the Financial Aid & Scholarships Office coordinates and administers Sam Houston State University scholarship programs for all student classification levels. SHSU utilizes a streamlined application, Scholarships4Kats, which dramatically simplifies the process for students by importing key information from their data records and allowing students to be automatically considered for all relevant scholarships.

Apply Here!

SCHOLARSHIPS 4KATS

How Do I Apply?

How to Apply – [select link](#)

Helpful Tips/FAQ's – [select link](#)

DEADLINE INFORMATION

Scholarships4Kats Priority Date: November 1st

Students are notified via mail from the department offering the scholarship and via e-mail from the Financial Aid & Scholarships Office if they are awarded. Students can also view their award packages on their Self-Service Banner.

Popular Scholarships

- Terry Foundation – [select link](#)
- Transfer Scholarship – [select link](#)
- SHSU Scholarship List (by Department and Classification) – [select link](#)
- Smith-Hutson College of Business Administration Annual Scholarships – [select link](#)



Scholarships Opportunities – Transfers

Bearkat Transfer Scholarship

The Bearkat Transfer Scholarship is a single-year scholarship awarded on a first come, first serve basis to students who transfer to SHSU. This scholarship awards a total of \$2,000 to eligible students (\$1,000 in Fall and \$1,000 in Spring). The Bearkat Transfer Scholarship is awarded automatically, so no application is required other than applying for admission to Sam Houston State University!

Scholarship recipients will be notified by email with instructions on how to accept the offer. Students must accept the award offer within 45 days. For additional information, contact the Financial Aid & Scholarships Office.

Conditions:

- First-time SHSU student, enrolling full-time in a Fall semester*
- Transfer from an accredited community college or university
- Be an undergraduate student, seeking their first bachelor's degree
- Have a minimum of 30 transferable academic credit hours; but less than 90
- Have a minimum cumulative GPA of 2.75

**Students transferring to SHSU starting in a Spring semester are not eligible for the Bearkat Transfer Scholarship*

Explore External Scholarships

External scholarships are developed and funded by private organizations. They can potentially help students cover the costs of their education and education-related expenses. Student eligibility rules are created by the organization offering the scholarship and can depend on many factors. SHSU is not endorsing any external scholarships, affiliated awards, and/or practices.

Please remember to read all instructions carefully, and never give out any sensitive information (social security number, etc.) or agree to pay any application fee

SCHOLARSHIPS 4KATS

Automatic Admission for Freshman

Automatic Admission is granted when eligible prospective freshmen meet ONE of the following requirements:

- A student in the Top 10% of their class.
- A student with an unweighted GPA of 3.0 or higher, regardless of test scores.
- A student with a GPA/Test Score combination of:
 - GPA: 2.5-2.99 with a 22 ACT or 1110 SAT
 - GPA: 2.25-2.49 with a 25 ACT or 1210 SAT

A student meets transfer admission standards with a GPA of 2.5 or higher and at least 12 transferable hours of Dual Credit coursework with an official college transcript.

If a student does not meet the above automatic admissions requirements, their application and transcript will be individually reviewed. If applicable, a personal statement may be requested.

Admission Standards for Transfer Students*

- 0-11 Hours: Meet beginning freshman requirements & Minimum 2.5 GPA on transferable hours
- 12-17 Hours: Minimum 2.5 GPA on transferable hours
- 18+ Hours: Minimum 2.0 GPA on transferable hours



**Will My
Class
Transfer?**

[Click Here](#)



**Is there a Transfer Guide for
My Degree?**

[Click Here](#)



**Will My
Classes Count
Toward My Degree?**

[Click Here](#)

**SAM HOUSTON
BEARKATS**

Texas Success Initiative (TSI)

Students attending Texas public institutions of higher education must be in compliance with the Texas Success Initiative (TSI). The law requires all entering college students to be assessed for college readiness in mathematics, reading, and writing unless the student qualifies for an exemption. To read the law in full, [click here](#).

To be ADVISED and REGISTER, students must meet TSI requirements.

To view your current TSI status: Visit MySam and select the "Registration" tab. From the "Registration Toolbox" you can check your TSI status or view test scores.

TSI Score Request Form and Exemptions

Submitting TSIA2 (TSI Assessment Version 2) Scores:

If you have previous TSIA2 scores, you will need to submit the TSI Score Request Form to provide Sam Houston State University with written permission to download and access your TSI Assessment results.

- Our office may be unable to locate your TSI Assessment scores if the details you provide on the form do not match the information you provided to the Testing Center where you completed the TSI Assessment.
- Please allow up to two business days for your TSI Assessment scores to be updated onto your Sam Houston State University student record.

Exemptions

You may already be exempt from TSI requirements based on your standardized testing scores or other criteria.

- [Click here to determine if you are exempt.](#)

TSI Requirements

Taking the TSIA2 Exam

If you are not exempt, you must complete three steps to meet the TSI requirements:

- Step 1: Take the Pre-Assessment Activity.
- Step 2: Pass the quiz at the end of the Pre-Assessment Activity.
- Step 3: Take the TSI Assessment Test on-campus at the SHSU Testing Center or test at a community college closer to home using the Remote Test Application.

Taking the TSIA2 Placement

If you DO NOT receive a college ready classification score from the TSIA@ Exam, you must follow a developmental education plan.

The Reading and Writing sections of the previous version of the TSI Assessment have been renamed and combined into one section titled "English Language Arts and Reading" for the TSIA 2.

TSIA2 Scoring/Placement Guide

TSIA2 Placement Status	Math	English Language Arts and Reading (ELAR)
College Ready	950	ELAR 945 and Essay Score of 5
College Ready	900-949 and Diagnostic Score of 6	ELAR 900-944 and Essay Score of 5 and Diagnostic Score of 5
College Ready	900-949 and Diagnostic Score of 1-5	ELAR 900-944 and Essay Score of 1-4 and Diagnostic Score of 1-4



All new incoming students will be required to enroll in their college-level mathematics within their first year if they are TSI college ready. If students are not TSI met in Math, they will be required to enroll in their college-level mathematics first, before registering for their other coursework.

- MATH 1324 – Business Majors
- MATH 1314 – (CJ, Health Sciences, Social Sciences, etc.)
- MATH 1332 – Undecided
- Math 1384 – Education Majors

TSI Assessment Placement rules may have changed, and several new courses will be offered. Please visit www.shsu.edu/tsi for latest details.

Graduating seniors are strongly encouraged not to take transfer courses during their last semester at SHSU.

Eligibility Reminders

To be eligible you must:

- Pass 6 hours each semester
- The hours must be official degree hours, if official degree plan filed
- Freshman = 24 hours example: (18 hours fall and spring and 6 hours summer)
- Sophomore, Junior, Senior = 18 hours

Academic Eligibility Requirements:

Year Entering	Cumulative GPA	% of Degree Completion & hours	
Entering 2 nd Year	1.8	No percentage	24 hrs
Entering 3 rd Year	1.9	40%	48 hrs
Entering 4 th Year	2.0	60%	72 hrs
Entering 5 th Year	2.0	80%	96 hrs

* Based on 120-hour degree plan. Please note that some degree plans may require more than 120 hours

Declaring your Major

Have an official degree plan on file by your major/minor department at the registrar office by February 1st in your 3rd semester of enrollment.

Football Eligibility Rule

You must pass 9 hours each fall semester. If you do NOT pass 9 hours in a fall semester, you are ineligible for the first four games of the next football season.*

*If you pass 27 hours fall/spring/summer, you will reestablish eligibility to participate in ALL games the next football season. However, you may only earn all 4 games ONE time during your five-year eligibility clock.

If you do not pass 9 hours the second fall semester (the 2nd time to not pass 9 hours), you can only earn the 3rd and 4th games (You will not play in games 1 and 2) of following season by passing 27 hours fall/spring/summer



Undergraduate Core Curriculum*

The Core Curriculum at Sam Houston State University contains 42 semester credit hours, encompassing nine component areas. Each component area has a minimum credit hour requirement and a set of specific courses that may be used to satisfy the requirement. The chart below details the Sam Houston State University courses and their Texas Common Course Number (TCCN) equivalents that comprise SHSU's core curriculum.

COMPONENT AREA	CREDITS REQUIRED	COURSES REQUIRED
1. Communications	6	ENGL 1301, ENGL 1302
2. Mathematics	3	MATH 1314, 1316, 1324, 1332, 1342, 1384, 1410, 1420; STAT 1342 (PHIL 2352 - Course accepted only in cases of documented math disability)
3. Life and Physical Science	8	BIOL 1401, 1406 1407, 1408, 1436, 2403, 2404; CHEM 1406, 1407, 1411, 1412; GEOG 1401; GEOL 1403, 1404, 1405, 1436; PHYS 1403, 1404, 1411, 1422; ISCI 1436
4. Language, Philosophy and Culture	3	ARAB 2311, 2312; ENGL 2332, 2333; FREN 2311, 2312; GEOG 2355, 2356; GERM 2311, 2312; HIST 2311, 2312; MCOM 1330; MUSI 1379; PHIL 1301, 2306; SGNL 2311, 2312; SOCI 2319; SPAN 2311, 2312
5. Creative Arts	3	PLSC 2399; ARTS 1301, 1302, 1303; DANC 1372; MCOM 2366, 2351; MUSI 1306, 1310, 2348; THEA 1366; CAMX 2301
6. U.S. History	6	HIST 1301, HIST 1302
7. Political Science	6	POLS 2305, POLS 2306
8. Social and Behavioral Sciences	3	ANSC 2360; BESL 2301; COMS 2386; CRIJ 2361; ECON 2300, 2301, 2302; GEOG 1300; HLTH 2383; PHIL 2303; PSYC 1301; SOCI 1301, 1306
9. Component Area Option*	3	BUAD 2321; COMS 1361, 2382; MCOM 1371; ARAB 2311, 2312; ENGL 2332, 2333; FREN 2311, 2312; GEOG 2355, 2356; GERM 2311, 2312; HIST 2311, 2312; MCOM 1330; MUSI 1379; PHIL 1301, 2306; SGNL 2311, 2312; SOCI 2319; SPAN 2311, 2312
	1	ECON 1100; KINE 2115; MCOM 1130; NGLI 1101

Total Hours Required to Complete Core Requirements:

42 Hours

*current at publication

Undergraduate Core Curriculum *

ANSC 2360	Animals in Society	GERM 2311	Intermediate German I
ARAB 2311	Intermediate Arabic I	GERM 2312	Intermediate German II
ARAB 2312	Intermediate Arabic II	HIST 1301	American History to 1876
ARTS 1301	Introduction to Visual Arts	HIST 1302	American History from 1876
ARTS 1302	Exploring Contemporary Art	HIST2311	World History: the Dawn of Civilization thru Middle Ages
ARTS 1303	Survey I: Pre-Renaissance Art History	HIST 2312	WorldHistory: the Renaissance to Age of Imperialism
BESL 2301	Multicultural Influences on Learning	HLTH 2383	Multicultural Health Issues
BIOL 1401	Environmental Science (non-majors)	KINE2115	Lifetime Health and Wellness
BIOL1408	Contemporary Biology (non-majors)	MATH 1314	Pre-Calculus Algebra
BIOL 1411	General Botany	MATH 1316	Plain Trigonometry
BIOL 1413	General Zoology	MATH 1324	Mathematics for Managerial Decision Making
BIOL 1436	Foundations of Science (non-majors)	MATH 1332	College Mathematics
BIOL 2401	Human Anatomy	MATH 1342	Statistics
BUAD 2321	Design & Presentation of Business Projects	MATH 1384	Introduction to the Foundations of Mathematics
CAMX 2301	Creative Arts Seminar	MATH 1410	Elementary Functions
CHEM 1406	Inorganic and Environmental Chemistry (non-majors)	MATH 1420	Calculus
CHEM 1407	Introductory Organic and Biochemistry (non-majors)	MCOM 1130	Media Literacy
CHEM 1411	General Chemistry I	MCOM 1330	Analysis of Electronic Culture
CHEM 1412	General Chemistry II	MCOM 1371	Audio Production and Performance
COMS 1361	Public Speaking	MCOM 2351	Film History and Criticism
COMS 2382	Communication for Business and Professions	MUSI 1301	Introduction to the Study of Music
COMS 2386	Interpersonal Communication	MUSI 1306	Music Appreciation
CRJ 2361	Introduction to the Criminal Justice System	MUSI 1379	Survey of World Music Cultures
DANC1372	Dance As Art	MUSI 2348	Survey of Music Literature
ECON 1100	Economics of Social Problems	MUSI 2364	History of Rock, Jazz, and Popular Music
ECON 2300	Introduction to Economics	NGLI 1101	Research in the Digital Age
ECON 2301	Principles of Macroeconomics	PHIL 1301	Introduction to Philosophy
ECON 2302	Principles of Microeconomics	PHIL 2303	Critical Thinking
ENGL1301	Composition I	PHIL2306	Contemporary Moral Issues
ENGL1302	Composition II	PHIL 2352	Introduction to Contemporary Logic
ENGL2332	World literature I: Before 17th Century	PHYS 1403	Stars and Galaxies (non-majors)
ENGL2333	World Literature II: 17th Century and Afterwards	PHYS 1404	Solar System Astronomy (non-majors)
FACS 1360	Basic Principles of Design	PLSC 2399	Floral Design
FOLG 2311	Intermediate Foreign Language I	POLS 2305	American Government
FOLG 2312	Intermediate Foreign Language II	POLS2306	Texas Government
FREN 2311	Intermediate French I	PSYC 1301	Introduction to Psychology
FREN 2312	Intermediate French II	SGNL2311	Intermediate American Sign Language I
GEOG 1300	People, Place and Environment: An Introduction to	SGNL2312	Intermediate American Sign Language II
GEOG 1401	Weather and Climate	SOCI 1301	Principles of Sociology
GEOG 2355	World Regional Geography: Europe, Asia, and Australia	SOCI 1306	Social Problems
GEOG 2356	WorldRegionalGeography:LatinAmerica,Africa,and South	SOCI 2319	Introduction to Ethnic Studies
GEOL1403	Physical Geology	SPAN 2311	Intermediate Spanish I
GEOL1404	Historical Geology	SPAN 2312	Intermediate Spanish II
GEOL1405	Geologic Hazards and Resources (non-majors)		

*current at publication

Course Outline

✓ All student-athletes are required to enroll in at least 15 hours per semester.

Freshman (1-32 hrs.)	Fall		Spring	
	ENGL 1301	3	ENGL 1301	3
	HIST 1301	3	HIST 1302	3
	MATH 13##	3	SCIENCE**	4
	(Depends on major)		(Component area 3)*	
	MUSI 1310	3	SOCI 2319	3
	(Component area 5)*		(Component area 4)*	
	KINE 1116	1	Intro to major	3
	TOTAL	13	TOTAL	16

Sophomore (33-64 hrs.)	Fall		Spring	
	COMS 1361	3	Major Course	3
	(Component area 9)*			
	POLS 2305	3	POLS 2306	3
	Major Course	3	Major Course	3
	Major Course	3	Major Course	3
	Major Course	3		
	TOTAL	15	TOTAL	12

*Components can be taken in different semesters that best fits the athlete's schedule.

**Science classes can be taken in the semester opposite of your most demanding athletic season (in-season sports).

Important Note:

KINE 1116: Student-Athlete Affairs is a mandatory NCAA 1-hour class for all freshman student-athletes.

Sam Houston State University Department of Athletics

Course: KINE 1116 – Student-Athlete Affairs

Instructor: Mrs. Thompson

Email: ath_cat@shsu.edu

Office: Woodforest Bank Athletic Center – suite 130

Telephone: (936) 294-3542

Textbook: Bearkat Learning Enhancement Guide located in the student-athlete day planner, NCAA Manual, Handouts and Athletic Department Web Site.

Course Description: This course is based on the National Collegiate Athletic Association (NCAA) Student Athlete Affairs Program and is designed to enhance the student-athlete in assisting them with development of life skills in the areas of academics, athletics, personal development and career development.

Course Objectives:

Upon completion of this course, the student-athlete will be able to:

1. Effectively apply methods for academic success.
2. Understand the development of the athletic process.
3. Support the development of the athletic process.
4. Pursue career and life goals; and
5. Contribute to Sam Houston State University, the Department of Athletics and the community.

Course Content Topics:

August	Introduction to Policies & Procedures
	Transition to the College Environment
	Responsibilities & Opportunities
	Planning & Preparing
September	Study Skill
	Time Management
	*Career/Major <u>Meet at the Career Center</u>
	SAM Center Presentation
October	*Advisement Procedures
	Academics/Classes SAAC
	*Advisement meet in LEC: <u>M&W Golf/Track & Field</u>
	Sports Nutrition *Advisement: <u>Football</u>
	*Advisement meet in LEC: <u>Bowling/Soccer/CC</u>
	Financial Presentation
	Financial continued
	*Advisement meet in LEC: <u>VB/SB/Tennis/M Basketball</u>
	Alcohol/Drug Awareness
	NCAA Rules
November	*Advisement meet in LEC: <u>Baseball/W Basketball</u>
	Communication/Media Relations
	Sexual Responsibilities/Stress Management
	Social Skills
	Title IX/Gender Equity/Diversity
	Final Exam

* = Class divided into M-day or W-day for the Career Center. You will attend on Monday (M-day) or Wednesday (W-day), depending on the group (M-day or W-day) you are assigned.

M-day	W-day
Bowling	Baseball
Cross Country	Basketball (M & W)
Football	Golf (M & W)
Soccer	Softball
Track and Field (Multis)	Tennis
	Track and Field (Multis)
	Tennis

Student-athletes that must miss class due to athletic travel/competition are required to attend the opposite class session. You MUST notify Mrs. Thompson and confirm opposite class meeting date. You are required to attend class with your assigned group when classes are divided in half.

Course Evaluation:

Assignment		Point value
1	Journal (notebook provided) – checked randomly	10
2	Day Planner/Log – checked EVERY class	5
3	Goals	5
4	Time Management Plan	10
5	Major/Career Exploration Outline	8
6	Write/Submit Topics = six class topics (2 pts. each)	
	• Topics 1 & 2	4
	• Topics 3 & 4	4
	• Topics 5 & 6	4
7	Complete Title IX Online Survey	5
8	Class Schedule – due date pending on sport	10
9	Personal Financial Plan	10
10	Athletic Department Interview	10
11	Thank You Note	5
12	Final Exam	10
TOTAL		100

- 100-90 points = A
 89-80 points = B
 79-70 points = C
 69-60 points = D
 ≤ 59 points = F (Must repeat the class)

Policies & Procedures:

See attached sheet.

Disability Act:

"Students with a disability which affects their academic performance are expected to arrange for a conference with the instructor in order that appropriate strategies can be considered to ensure that participation and achievement opportunities are not impaired." The physically impaired may contact the Director of the Counseling Center, ext. 41720.

Student Absences on Religious Holy Days Policy:

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

Campus Connections

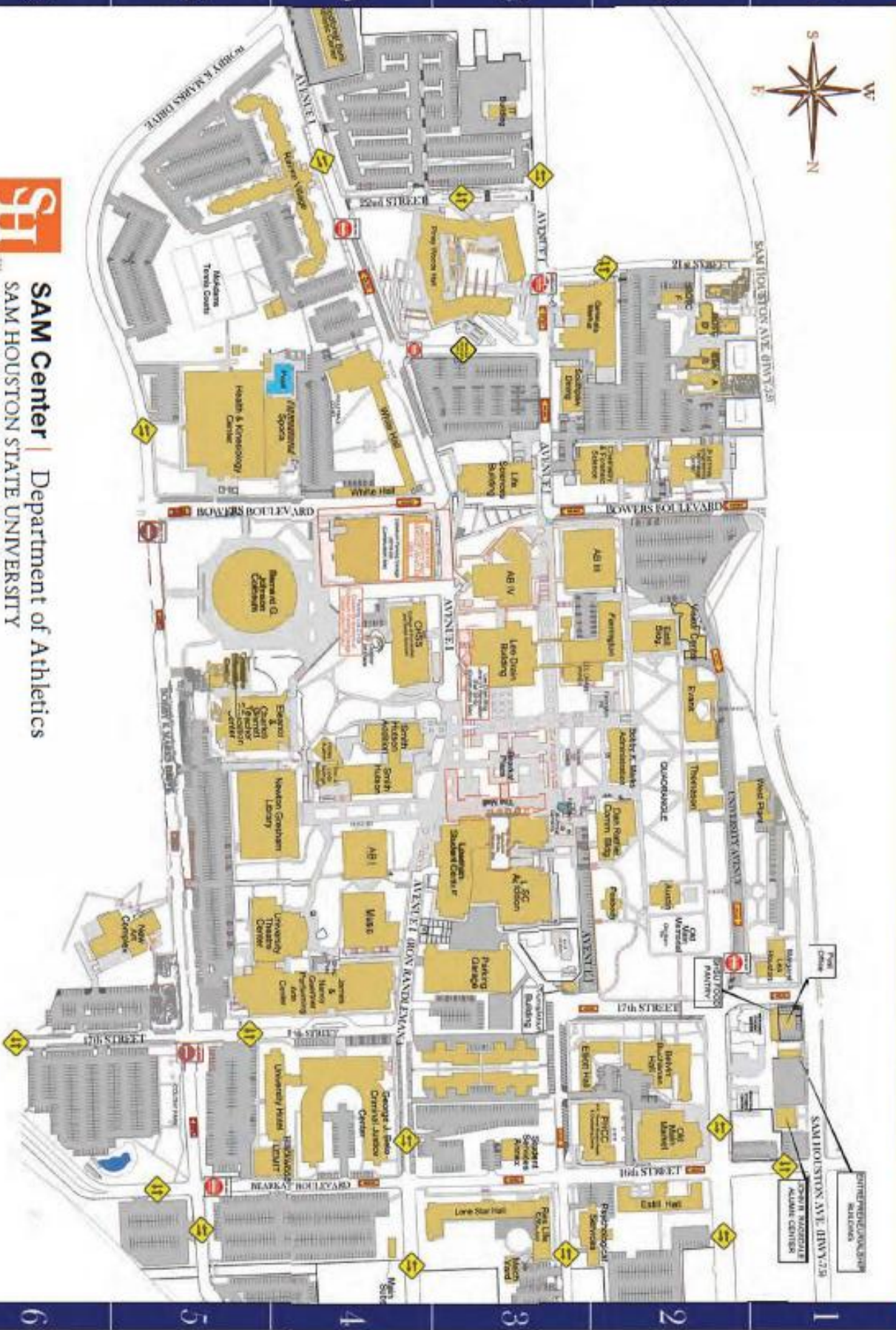
- Academic Success Center - (936) 297-3680 opt.1
- Math Center
- Writing Center
- Bearkat One Card – bearkatone@shsu.edu; (936) 294-2273
- Career Services – careerservices@shsu.edu; (936) 294-1713
- Computer Labs:
 - White Hall – Monday-Friday, 8AM – 5PM
 - Woodforest Bank Athletic Center – 24 hours Counseling Services – (936) 294-1720
- Dentist – (936) 207-8472
- Food Pantry
- Health Clinic – shc@shsu.edu; (936) 294-1805
- IT@SAM – (936) 294-1950
- Legal Services – sims@shsu.edu; (936) 294-1717
- Student Activities – studentactivities@shsu.edu; (936) 294-3652
- Student Money Management – smm@shsu.edu; 936-294-2600
- Tripod Thrift – tripodsthrift@shsu.edu; (936) 294-2300
- University Police – police@shsu.edu; (936) 294-1800

Bearkat Eats – on campus eateries

- Chick-Fil-A – located in Lowman Student Center
- Einstein's Bagels – located in Criminal Justice building
- General's Market – located on Avenue J
- Wild Blue Sushi – located in Lowman Student Center
- Old Main Market - located on 16th street
- Panda Express – located in Lowman Student Center
- Starbucks – located in Newton Gresham library, Lowman Student Center
- Steak & Shake – located in Lowman Student Center
- Subway – located in Lowman Student Center



SAM Center | Department of Athletics
SAM HOUSTON STATE UNIVERSITY
MEMBER THE TEXAS STATE UNIVERSITY SYSTEM



Sam Houston State University

<i>Loc.</i>	<i>Name</i>	<i>Loc.</i>	<i>Name</i>
E-4	Academic Building I	F-4	Lone Star Hall
C-3	Academic Building III	E-4	Lowman Student Center
C-3	Academic Building IV	C-7	Mafrige Fieldhouse
E-5	Art Complex	E-2	Margaret Lea Houston Building
E-2	Austin Hall	E-4	Music Building
C-6	Bearkat Village	D-5	Newton Gresham Library
F-2	Belvin-Buchanan Hall	F-2	Old Main Market
C-5	Bernard G. Johnson Coliseum	E-3	Peabody Memorial Library
F-5	Bill Blackwood Lemit	B-4	Pineywoods Hall
C-3	Biology Lab Building	E-2	Post Office
D-3	Bobby K. Marks Administration Building	F-3	Psychological Services
C-3	Chemistry & Forensic Science Building	A-5	Raven Village
D-4	College of Humanities & Social Sciences	C-4	Recreational Sports
F-3	Counseling Center	F-3	Residence Life
D-5	Counselor Education Center	E-4	Sam Houston Parking Garage
D-3	Dan Rather Communications Building	D-4	Smith Hutson Business Building
E-3	Elliott Hall	B-3	South Paw
D-3	Estill Building	F-3	Student Health Center
D-2	Evans Complex	F-3	Student Services Annex
D-3	Farrington Building	E-3	Templeton Building
C-2	Fred Pirkle Engineering Technology Center	D-5	Eleanor & Charles Garrett Teacher Education Center
B-3	General's Market	F-5	University Hotel
F-4	George J. Beto Criminal Justice Center	D-3	University Plaza
C-5	Health & Kinesiology Center	E-5	University Theatre Center
E-4	James & Nancy Gaertner Performing Arts Center	D-2	Visitors Center
D-2	John W. Thomason Building	D-2	West Central Plant
D-3	Lee Drain Annex	C-4	White Hall
D-3	Lee Drain Building	A-4	Woodforest Bank Athletic Center