



Sam Houston
State University

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Getting Started Majors & Programs Admissions Campus Life & Culture Services & Resources Athletics About SHSU

Home About Us JED Campus TimelyCare Kondom Kits Resources Events Peer Health Ambassadors



Student Wellness
STUDENT HEALTH CENTER
SAM HOUSTON STATE UNIVERSITY



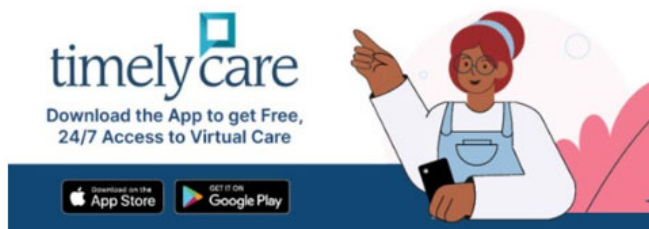
Be Well
Do Well

TimelyCare

About

Sam Houston State University is now partnered with TimelyCare to deliver a new virtual health and well-being platform for students. Through either a mobile app or your desktop, TimelyCare provides 24/7 access to virtual care from anywhere in the United States at **no additional cost**.

Students have access to TimelyCare services 365 days a year. That means you have access during breaks, after-hours, and any time you need support!



↑ Click to access TimelyCare login page ↑

Frequently Asked Questions

[How can I access TimelyCare?](#)

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[Who can use TimelyCare?](#)

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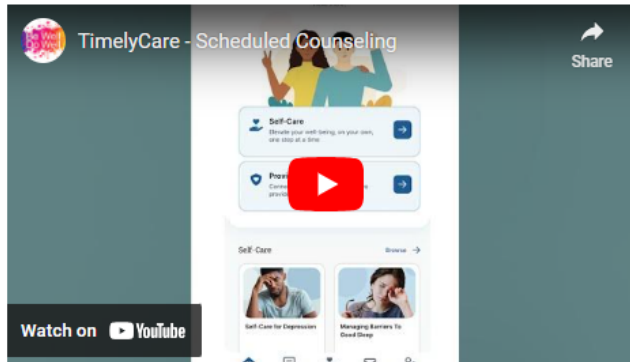
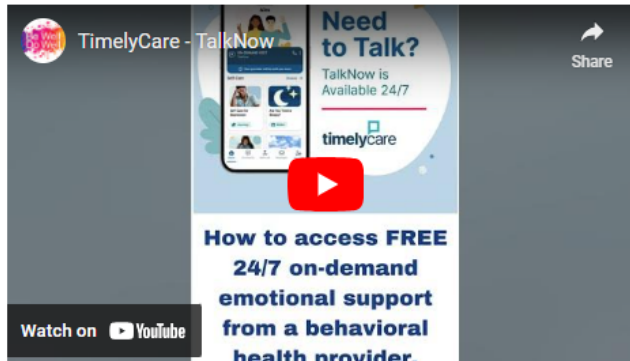
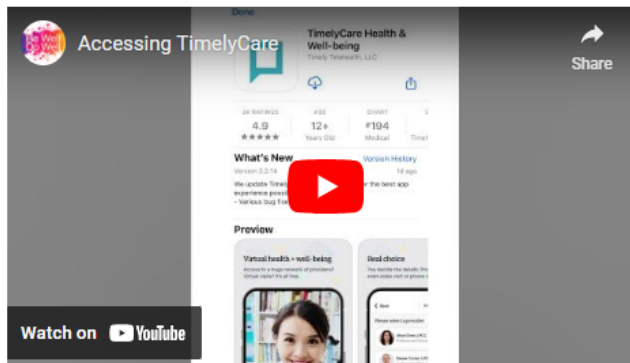
[What services are available?](#)

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[How much does a visit cost?](#)

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How To Videos



Follow our social media pages to stay up-to-date with our programs and events!



HOURS

Student Wellness Office

Monday - Friday

8am-5pm

CONTACT INFORMATION

Physical Address

Sam Houston State University
Recreational Sports Center
801 Bowers Blvd, Suite 115
Huntsville, TX 77340

Mailing Address

Sam Houston State University
Student Wellness
Box 2091
Huntsville, Texas 77341

(936) 294-2653 | studentwellness@shsu.edu

USEFUL LINKS

[Student Health Center](#)

[Counseling Center](#)

[Services for Students with Disabilities](#)

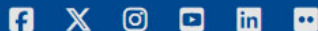
[Campus Recreation](#)

[Title IX](#)

[Dean of Students](#)



**Sam Houston
State University**



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Contacts

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Governor's Committee on People with Disabilities
Where the Money Goes
Texas CREWS
Public Access to Course Information
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