



THE COUNSELING CENTER

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Welcome to the Sam Houston State University Counseling Center!

The SHSU Counseling Center provides individual, couples, and group therapy to students who are currently enrolled. Our mission is to provide service within the university environment that contributes to the academic success, personal growth, and positive social contribution of Sam Houston State University students. We embrace a student-oriented philosophy that is respectful and is committed to the development of the student as a whole person.

Counseling services are available during normal business hours throughout the year except on university designated holidays. For more information, call us at (936) 294-1720 or stop by to make an appointment to speak with a counselor.



Hours of Operation:

8am to 5pm - Monday, Thursday, Friday

8am to 7pm - Tuesday and Wednesday

Counseling Center

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