# I. Academic/Professional Background

## A. Matthew C. Wagner

### Associate Professor

# B. Educational Background

Degree	Year	University	Major
Ph.D.	1996	Texas A&M University	Kinesiology
M.A.	1988	Sam Houston State University	Kinesiology
B.S.	1980	Sam Houston State University	Criminal Justice

## C. University Experience

Position	University	Dates
Associate Professor, Kinesiology	Sam Houston State University	2015-present
Assistant Professor, Kinesiology	Sam Houston State University	2009-2015
Clinical Assistant Professor	Sam Houston State University	2005-2009
Adjunct Teaching Assistant	Sam Houston State University	1994-2005

# D. Relevant Professional Experience

Position	Entity	Dates
Senior Coach and Team	Huntsville Nadadores Swim	2013-present
Administrator	Club	
Senior Coach and Board	Huntsville Lakers Swim Club	2001-present
Member		
Director	National Institute of	1994-present
	Preventive Medicine	
Owner/Manager	Nautilus Health Center	1980-2013
Personal Trainer	Huntsville, Texas	1980-present
Corporate Fitness Consultant	Mid-South Synergy	2003-2009

E. Other Professional Credentials (licensure, certification, etc.)

## II. TEACHING

A. Teaching Honors and Awards:

- B. Courses Taught:
- HLTH 3385 Safety Education
- KINE 1117 Lifetime and Individual Sports
- KINE 2110 Aquatics
- KINE 2114 Weight Training and Physical Conditioning
- KINE 2115 Fitness for Living
- KINE 2333 Honors Fitness for Living
- KINE 3362 Biomechanics/Functional Kinesiology
- KINE 3373 Physiology of Exercise
- KINE 4335 Psychology of Coaching
- KINE 4365 Directing Wellness Programs
- KINE 4369 Adaptive Kinesiology
- KINE 4373 Advanced Topics in Physiology of Exercise
- KINE 4377 Exercise Testing and Prescription
- KINE 4393 Principles and Practices of Adult Fitness Management

#### Graduate

- KINE 5367 Advanced Physiology of Exercise
- KINE 5372 Youth Fitness
- KINE 5379 Management of Adult Fitness
- KINE 5381 Clinical Exercise Physiology
- KINE 5385 Biomechanics of Injury
- KINE 5386 EKG/Cardiac Conditions
- KINE 5393 Advanced Studies in Psychology of Sport
- KINE 5395 Advanced Biomechanics
- KINE 5396 Aerobic and Anaerobic Athlete
- KINE 5399 Sport Nutrition

C. Graduate Theses/Dissertations, Honors Theses, or Exit Committees (if supervisor, please indicate):

Sydney Beverly - The effects of increased trunk lean muscle mass on clubhead speed in recreational golfers, Chair of Committee, (2021).

John Yakel – Tissue oxygen recovery time difference in front and back squats (2018).

Jennifer Kennedy- A cross-sectional study of police officers' body mass index with comparisons based on assignment and time on the department, Chair of Committee (2017).

D. Courses Prepared and Curriculum Development: Programs developed: Athletic Training program, BS Degree (collaborated with Rosanne Keathley, Ph.D.)

### Courses developed:

ATTR 2300	Intro to Athletic Training
ATTR 2310	Taping and Bandaging
ATTR 3300	Admin of Athletic Training
ATTR 4300	Care of the Lower Extremity
ATTR 4310	Care of the Upper Extremity
ATTR 4350	The Disabled Athlete
KINE 4314	Advanced Weight Training
KINE 5386	EKG/Cardiac Conditions
KINE 5388	Advanced Resistance Exercise
KINE 5399	Sports Nutrition

Courses developed for Online format

- KINE 2114 Weight Training and Physical Conditioning
- KINE 3362 Functional Kinesiology
- KINE 4365 Developing Wellness Programs
- KINE 5386 EKG/Cardiac Conditions
- KINE 5388 Advanced Resistance Exercise
- KINE 5399 Sports Nutrition
- KINE 5372 Youth Fitness
- E. Funded External Teaching Grants and Contracts:
- 2019 Didier, J. J., Davis, P., Oden, G., & Wagner, M. (2019). Mini Assessment Grant to purchase virtual reality equipment to enhance the Sport and Human Performance M.S. degree program. Awarded \$980.
- F. Submitted, but not Funded, External Teaching Grants and Contracts:

G. Funded Internal Teaching Grants and Contracts:

**Wagner, M.C**. & Davis, P. (2022). A comparison of the concept 2 rowing ergometer maximal oxygen consumption test and skeletal muscle saturation involvement with a maximal treadmill test. COHS Faculty Research and Creative Scholarship Grant, (\$4300).

Didier, J. J., Davis, P., Oden, G., & **Wagner**, **M.** (2020). Teaching Sport and Human Performance Virtually Around the World. Teaching Innovation Grants, funded through the SHSU PACE center. Internal Funded Award (\$9480) H. Submitted, but not Funded, Internal Teaching Grants and Contracts:

I. Other:

### **III. SCHOLARLY/CREATIVE**

A. Works in Print (including works accepted, forthcoming, in press)

Books (if not refereed, please indicate)

- 2023 **Wagner, M.C.**, Nespeca, R., & Sebesta, T. Strength training for total health and wellness (2<sup>nd</sup> edition). Conversion to eBook. Dubuque, Iowa: Kendall Hunt.
- 2019 Wagner, M.C. & Oden, G.L. (2019). Wellness planning and programming. Texas Department of Criminal Justice/ Windham School District Health and Wellness Program.
- 2015 **Wagner, M.C.** & Serio, J.D. (2015). Getting healthy: 50 lessons on physical fitness for law enforcement. Austin, Texas: GTN Publishers.
- 2013 **Wagner, M.C.**, Oden, G.L., Sebesta, T.A., & Nespeca, R.A. (2013). Strength training for total health and wellness. Dubuque, Iowa: Kendall Hunt.
- 2011 **Wagner, M.C.**, Nix, W.E., & Oden, G.L. (2011). Fundamentals of weight training. Dubuque, Iowa: Kendall Hunt.
- a. Scholarly Monographs:
- b. Textbooks:
- c. Edited Books:
- d. Chapters in Books:
- e. Creative Books:
- 2. Articles

### Refereed Journal Articles

- 2023 Fredella K, Rodriguez J, **Wagner M**, Labhart J, Bunn JA. Injury frequency and location comparison of full time and part time SWAT operators. In press, *International Journal of Police Science*.
- 2023 Kutac KB, **Wagner MC**, Davis PR. (2023). Variation in cardiopulmonary restoration due to bodily posture post submaximal exercise in collegiate athletes. J Sports Med Phys Fitness;63:000-000. DOI: 10.23736/S0022-4707.23.14855-9.

- Williams, M., Wagner, M., Davis, P., Anderson, D.\*, Rankin (Mehlhorn), K. (2021).
   The Relationship of Isokinetic Measures and Field Test Measures in Collegiate
   Sprinters: An Exploratory Study. Journal of Sport and Human Performance, 10 (1), 1-13.
- Wagner, M.C., Harper, M., Rockwell, A.R., & Wells, W. Police chief perceptions of officer physical fitness and barriers to better fitness.
   International Journal of Police Sciences, 1 (2), 30-57. DOI: 10.56331/487529/IJPS4
- 2021 Harper, M.C., & Wagner, M.C. Enhancing officer safety and survivability. Police Chief Online, May 19, 2021.

Wagner, M.C. & Harper, M. (2020). The importance of health and wellness during crisis. International Association of Chiefs of Police: *Police Chief*, 87 (7), 86-89.

2018 Glave, A. P., Didier, J. J., Oden, G. L., & Wagner, M. C. (2018). Caloric expenditure estimation differences between an elliptical machine and indirect

calorimetry. Exercise Medicine, 2(8), 1-5. doi: https://doi.org/10.26644/em.2018.008.

- 2015 Wagner, M.C., LeNorman, D., Dooley, A., and Rollins, L. (2015) Recurrent rhabdomyolysis and extreme exercise- A case study. *Journal of Sports Medicine and Allied Health Sciences: Official Journal of the Ohio Athletic Trainers Association*: 1: (2), Article 3.
- 2015 Glave, A. P., Didier, J. J., Oden, G. L., Wagner, M. C., & Rivera, S. M. (2015). The relationship between body fat percentage and difference in caloric expenditure as measured by indirect calorimetry and estimated by an elliptical trainer. Journal of Molecular Pathophysiology, 4(2), 65-68. doi: 10.5455/jmp.20150525021208.
- 2014 Wagner, M.C., Oden, G.L., Glave, A.P. & Hyman, W.V. (2014). Development of agility utilizing a multidimensional modality of plyometrics. Journal of Fitness Research 3 (3), 49-59.
- Wagner, M.C., Roper, E., Langlier, A. & Wagner, S.L. (2014). Performance improvement in swimming: A multi-disciplinary approach. Journal of Swimming Research 22 (1). <u>http://www.swimmingcoach.org/journal/</u>[Coaching Application Article and Research Article]
- 2013 Chapman, W.R., Oden, G.L., **Wagner, M.C.**, Hyman, W.V. (2013). The effect of activity fees on the participation of students in athletic extracurricular activities. Applied Research in Coaching and Athletics Annual, 28, pp. 131-142.
- 2010 Serio, J.D. & Wagner, M.C. (2010). Fit to lead: Physical fitness as a core component of leadership. *Corrections Today* (October, 2010), pp. 50-53.
- 2010 Hyman, B., Oden, G. & **Wagner**, M. (2010). The aging process: Physiological changes and implications for educators and practitioners. *Activities*, *Adaptation and Aging* 34 (2). pp. 148-153.
- Wagner, M.C., McBride, R.E. & Crouse, S. (1999). The effects of weight training exercise on aggression variables in adult male inmates. *Prison Journal* 79 (1), pp. 72-89.

### b. Non-refereed Articles:

- 2014 Wagner, M.C. (2014). Learning from the past, applying to the future. Club Industry, November 12, 2014. <u>http://clubindustry.com/news/learning-past-applying-future-30-years-fitness-industry</u>.
- 2012 Wagner, M.C. & Oden, G.L. (2012). The Characteristics and Tools Your Personal Trainers Should Possess. March, 2012 *Club Industry*.

#### 3. Conference Proceedings

- a. Refereed Conference Proceedings:
- b. non-refereed:

#### 4. Abstracts:

2023	<ul> <li>Rodriguez, J.R., Bunn, J. &amp; Wagner, M.C.</li> <li>Relationships between physical training and marksmanship performance in law enforcement officers. <i>International Journal of Exercise Science: Conference</i> proceedings: (2)15, Article 164.</li> </ul>
2023	Rodriguez, J.M., Bunn, J.A. & Wagner, M.C. Relationships between Physical Training and Marksmanship Performance in Law Enforcement Officers. Texas Chapter of the American College of Sports Medicine Undergraduate Abstract
2015	<ul> <li>Glave, A. P., Didier, J. J., Rivera, S.M., Wagner, M. C., &amp; Oden, G. L. (2015).</li> <li>Difference in caloric expenditure measured by indirect calorimetry and estimated by elliptical increases over time. <i>Medicine &amp; Science in Sports &amp; Exercise</i>, 47(5S), 769. doi: 10.1249/01.mss.0000466156.84026.54 (ACSM Annual Meeting 2015).</li> </ul>
2015	<ul> <li>Didier, J. J., Glave, A. P., Rivera, S. M., Oden, G. L., &amp; Wagner, M. C. (2015). A comparison of caloric expenditure: Elliptical vs. indirect calorimetry. <i>Medicine &amp; Science in Sports &amp; Exercise</i>, 47(5S), 769. doi: 10.1249/01.mss.0000466156.84026.54 (ACSM Annual Meeting 2015).</li> </ul>
2014	Wagner, M.C., Keathley, R., & Sandlin, J. (2014). Sport Participation and Character Development. American College of Sports Medicine: Medicine and Science in Sports and Exercise, Vol 46 (5). Supp 355.

2012	Wagner, M.C., Keathley, R & Sandlin, J. (2012). Athletic perseverance:
	Assessing perseverance attributes of athletes and non-athletes. American
	College of Sports Medicine: Medicine and Science in Sports and Exercise,
	Volume 44:5 Supplement.

2007 **Wagner, M.C.**, Keathley, R.S., & Bass, M.A. (2007). Developing a social norm intervention promotion campaign for student-athletes enrolled in a division 1-AA university. American College of Sports Medicine, Medicine and Science in Sports and Exercise Vol 39 (5), Supp 194.

### 5. Reports:

2016	Running and weight training. Huntsville Item. January 6, 2016
2014	Beyond the race: Preparing for success. Huntsville Item, November 18, 2014.
2011- 2012	ITZ Magazine – Monthly fitness article
2007- 2010	Mid-South Synergy Coop Magazine – Focus on fitness. Monthly articles
1995	The truth about sit-ups, body fat and waist reduction, Informational Publication.

6. Book Reviews:

7. Other Works in Print:

Harper, M., **Wagner, M**., Wells, W. & Rockwell, A. (2022). Police chief perceptions of officer physical fitness and barriers to better fitness. A report submitted to the Law Enforcement Management Institute of Texas, Sam Houston State University.

B. Works not in Print

# 4. Invited Talks, Lectures, and Presentations:

National	
Presentations	
2022	Program improvement strategies based on police chief opinions regarding body composition and fitness. National Strength and Conditioning Association Tactical Annual Training, San Antonio, Texas.
2021	Creating an Agency Wide Wellness Initiative, American Correctional Association Annual Meeting, Nashville, Tennessee
2020	Benefits and Issues with a Correctional Employee Wellness Program, American Correctional Association Annual Meeting, San Diego, California.
2019	The IDENTIFY Model for Healthy Living for Correctional Employees. American Correctional Association Annual Meeting, New Orleans, LA.
2016	Healthy Living for Correctional Employees. American Correctional Association Annual Meeting, New Orleans, LA.
2014	Building your Future. Northern Arizona University, Department of Kinesiology FW 320, Flagstaff, Arizona.
2004	Remember the M.E.M.B.E.R. International Health and Racquet Sports Association Institute for Club Management. Boston, Massachusetts.
2002	Myth and Superstition in Exercise. International Wellness Conference. Galveston, Texas.
2002	Establishing an Effective Employee Training Program", Texas Health and Racquet Sports Association Staff Education Seminar. New Orleans, Louisiana.
2000	Small Club Success: Competing with the Big Kids. International Health and Racquet Sports Club Business Conference, Orlando, Florida.
2000	Solving Small Club Problems, Club Industry Conference and Exposition for Health and Fitness Facility Management. Chicago, Illinois.

# State/Regional Presentations

2023	Physical Fitness for Law Enforcement Officers, Law Enforcement Management Institute of Texas – Leadership Command College, Huntsville, Texas
2022	Physical Fitness for Law Enforcement, Law Enforcement Management Institute of Texas. Leadership Command College, Huntsville, Texas

2022	Health, Fitness, and Wellness for Correctional Employees, Focused Leadership Conference, Texas Department of Criminal Justice, Huntsville, Texas.
2021	TDCJ Majors Leadership Forum, Wellness for Majors, Riverside, Texas
2021	TDCJ Assistant Wardens Leadership Forum, Wellness for Assistant Wardens, Riverside Texas
2021	TDCJ Senior Wardens Leadership Forum, Wellness for Wardens, Riverside Texas.
2020	Health, Fitness, and Wellness for Correctional Employees, Focused Leadership Conference, Texas Department of Criminal Justice, Huntsville, Texas.
2020	Getting Healthy: Lessons on Fitness for Law Enforcement. Sam Houston State University, Law Enforcement Management Institute of Texas, Leadership Command College, Huntsville, Texas.
2019	Wellness for Chaplains. Chaplain Leadership Forum, Texas Department of Criminal Justice, Huntsville, Texas.
2019	Healthy Living for Correctional Employees. Focused Leadership Conference. Texas Department of Criminal Justice, Riverside, Texas.
2019	Getting Healthy: Lessons on Fitness for Law Enforcement. Sam Houston State University, Law Enforcement Management Institute of Texas, Leadership Command College, Huntsville Texas.
2019	The IDENTIFY Model for Correctional Employee Health and Wellness. Texas Corrections Association Annual Conference, Galveston, Texas.
2019	Healthy Living for Correctional Employees. Focused Leadership Conference. Texas Department of Criminal Justice, Riverside, Texas.
2018	Law Enforcement Fitness. Sam Houston State University, Law Enforcement Management Institute of Texas, Leadership Command College, Huntsville Texas.
2018	Training Facets that Affect Training Outcomes. The Whole Swimmer GULF LSC Coaches Clinic, La Toretta, Lake Conroe, Texas.
2017	Healthy Living for Correctional Employees. Focused Leadership Conference. Texas Department of Criminal Justice, Riverside, Texas.
2017	Law Enforcement Fitness. Sam Houston State University, Law Enforcement Management Institute of Texas, Leadership Command College, Huntsville Texas.
2016	Law Enforcement Fitness. Sam Houston State University, Law

	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2015	Physical Fitness for Law Enforcement Officers. Office of Inspector
	General Management Meeting. Huntsville, Texas.
2014	Law Enforcement Fitness. Sam Houston State University, Law
	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2013	Law Enforcement Fitness. Sam Houston State University, Law
	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2012	Law Enforcement Fitness. Sam Houston State University, Law
	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2011	Law Enforcement Fitness. Sam Houston State University, Law
	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2010	Law Enforcement Fitness. Sam Houston State University, Law
	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2009	Physical Fitness for Nurses. University of Texas Medical Branch,
	Texas Department of Criminal Justice, Huntsville, Texas.
2009	Law Enforcement Fitness. Sam Houston State University, Law
	Enforcement Management Institute of Texas, Leadership
	Command College, Huntsville Texas.
2004	Expansion and Renovation. Texas Health and Racquet Sports
	Association Annual Meeting. Dallas, Texas.

Local	
Presentations	
2023	Performance Improvement for SHSU Athletes, Sam Houston State University, Huntsville, Texas
2022	Performance Improvement for SHSU Athletes, Sam Houston State University, Huntsville, Texas
2021	Performance Improvement for SHSU Athletes, Sam Houston State University, Huntsville, Texas
2020	Putting your Best Foot Forward – A presentation on Professionalism and Interviewing, Kinesiology, Health and Recreation at Sam Houston, Sam Houston State University, Huntsville, Texas
2020	Performance Improvement and Nutrition for SHSU Athletes, Sam Houston State University, Huntsville, Texas

2019	Guidance and Nutrition for SHSU Athletes. Sam Houston State University, Athletics Department, Huntsville, Texas
2018	ELSAM Fitness in 2018- A presentation to the senior adults at Elkins Lake Baptist Church, Huntsville, Texas.
2018	Guidance and Nutrition for SHSU Athletes. Sam Houston State University, Huntsville, Texas
2017	Nutrition for All of Us. Hard Body Studios, Huntsville Texas.
2017	Guidance and Nutrition for SHSU Athletes. Sam Houston State University, Huntsville, Texas
2016	Guidance and Nutrition for SHSU Athletes. Sam Houston State University, Huntsville, Texas
2014	Research exposure for all – Building a culture of research within your department. 2014 SHSU Teaching Conference. Huntsville, Texas
2013	Building a Strong Core. Huntsville Memorial Hospital, Huntsville Texas.
2013	Running Smart. Huntsville Memorial Hospital, Huntsville, Texas.
2013	Physical Fitness for Law Enforcement. Huntsville Police Department,
2012	Huntsville Texas.
2012	Body Fat and You. Alpha Omega Academy, Huntsville, Texas.
2011	Intramurals and Alcohol: Do They Mix? Sam Houston State University 2011 Alcohol and Drug Summit, Huntsville, Texas.
2011	Maintaining Good Health! Huntsville Independent School District New Teacher Orientation, Huntsville, Texas.
2011	Physical Fitness for Law Enforcement. Huntsville Police Department, Huntsville Texas.
2011	"Why Exercise? Why Not!" Huntsville Memorial Hospital Wellness Kickoff Lecture series, Huntsville, Texas.
2009	Importance of Exercise and Fitness. Ranger Challenge Talk. SHSU ROTC Ranger Battalion, Huntsville, Texas.
2009	Fitness and Health. Huntsville Fire Department, Huntsville, Texas.
2009	It's all about the t-shirt, but it really is not all about that at all. SHSU
2000	Triathlon Training presentation, Recreational Sports, Huntsville, Texas.
2007	The Importance of Core Strength and Weight Training. Words of Wellness, Huntsville Memorial Hospital, Huntsville, Texas.

# 5. Consultancies:

# 6. Workshops:

### 7.5. Other Works not in Print:

a. Works "submitted" or "under review"

Rodriguez, J.M. Fredella, K., Labhart, J., Bunn, J. & Wagner M.C. Submitted to: Policing: An International Journal, Fall 2023, under review.

### b. Works "in progress"

A comparison of the concept 2 rowing ergometer maximal oxygen consumption test and skeletal muscle saturation involvement with a maximal treadmill test. **Wagner, M.C.**, & Davis, P.

Data collection completed, in final writing stages. To be submitted Fall 2023.

The predictive value of body fat percentage and the 12 point AHA assessment with EK abnormalities in collegiate athletes.

**Wagner, M.C.**, LeNorman, D., Beverly, S., Freire, L.V., Davis, S. & McDonald, M. Data collection complete. In writing phase. Possible submission late fall 2023.

#### C. Grants and Contracts

1. Funded External Grants and Contracts:

\$2,000 received from Innovative Fitness for the investigation of the effects of plyometric training on agility, Legacy: 321-20-C190, December 2009.

2. Submitted, but not Funded, External Grants and Contracts:

\$15,000 Prevention of injury in a beginning farmer – a movement analysis. Southwest Center for Agricultural Health, Injury Prevention and Education. Pannkuk, T. Anderson, M. & Wagner, M.C. (2014). Not funded

\$499,182.00. Orthotics and Prosthetics Outcomes Research Program, Department of Defense, Co-Investigator,), 9/1/2017-8/31/2020. Not Funded.

3. Funded Internal Grants and Contracts:

\$4300 **Wagner, M.C**. & Davis, P. (2022). A comparison of the concept 2 rowing ergometer maximal oxygen consumption test and skeletal muscle saturation involvement with a maximal treadmill test. COHS Faculty Research and Creative Scholarship Grant,

\$9480 Didier, J. J., Davis, P., Oden, G., & Wagner, M. (2020). Teaching Sport and Human Performance Virtually Around the World. *Teaching Innovation Grants*.

- \$8700 received from the College of Health Sciences, Heart Rate Variability and Perceived Fatigue in Male and Female Collegiate Basketball Players. Co Investigators, M.C.
  Wagner & Dustin LeNorman, MS, ATC, LAT. Student Member Tyler Mesecke. (2018).
- \$8000 received from EUREKA for a Faculty and Student Team grant, project entitled "The relationship of speed, power and hamstring/quadriceps isokinetic strength ratios in collegiate sprinting athletes". (2016).
- \$10,000 received from Law Enforcement Management Institute of Texas at Sam Houston State University for the investigation of the impact of behavioral change in diet and exercise on key biomarkers in a multicultural senior law enforcement population. #BBL-R-701-001. (2010).

4. Submitted, but not Funded, Internal Grants and Contracts:

\$5000 Faculty Research Grant- Perceived versus actual risk of cardiovascular disease in a college aged population. Submitted to Office of Research and Grants, 2009, 2010, 2011 2012, 2013. Not funded.

D. Fellowships, Awards, Honors:

### **IV. SERVICE**

#### A. Institutional

#### 1. University:

2022 - 2023	University Working Group on Length of Course Credit
2020 - present	SHSU Emergency Response Committee
2014 - present	Commencement Committee – Vice Chair
2011 - 2014	Convocation Committee – Member
2012-2013	College of Allied Health Organizational Committee

#### 2. College:

	College of Health Sciences
2023	Post Tenure Review – Dr. Laura Burleson
2023-present	DPTAC – Dr. Tabatha Lopez
2022	Search Committee, Janae Bagley, FACS
2020 - present	Academic Review Panel, College Appeals (Chair)
2020- 2023	DPTAC – Dr. Basem Boutrous
2019 - 2021	FACS Search Committee (Chair)
2017	Meta-Analysis Assessment Committee
2016-2018	DPTAC – Dr. Amanda Scarbarough
2014 - present	Faculty Champion: Professionalism Co-Chair
2014-2016	Annual Fund Campaign Committee – Co- Chair

College of Education

2012-2013	Enrichment Fund
2010-2012	Faculty Awards
2012	Library Science Search Committee
2012-2014	Annual Fund Campaign Co Chair
2011-2013	Annual Fund Chair of Departmental Committee

3. Department/School:

2020 - present	Research Assistant supervisor
2019 - present	Peer Review of Teaching
2018 - present	KINE Scholarship Awards (Chair)
2017 - present	Post Tenure Review Guidelines
2013 - present	KINE 2114 Instructor Supervisor
2008 - present	Safety (Chair)
2008 - present	KINE Undergraduate Curriculum
2009 - present	KINE Graduate Curriculum
2008 - present	Lifetime Health and Wellness
2013 - present	Health and Kinesiology Renovation
2009 - 2014	Health Awards
2018-2019	Bearkat Swim Club Faculty Advisor
2017-2018	Ultimate Frisbee Club Sport Faculty Advisor
2012 - present	KHRASH Faculty Advisor

# 4. Professional:

2017- present	Office of Inspector General – Texas Department of Criminal Justice – Texas Commission of Law Enforcement Advisory Board
2017 -	Texas Department of Public Safety Fitness Institute, Oral Defense Board
	Texas Department of Tuble Safety Thiless institute, of a Defense Doard
present 2018-	American Corrections Association, Wellness Committee
present	
2009 -	USA Swimming, Strength and Conditioning Specialist, Sport Medicine, and Science
present	Network

# Journal/Book Reviewer

2023	International Journal of Exercise Science, Physical Profile of Air Force Special
	Warfare Trainees, Reviewer
2020	International Journal of Exercise Science, The Impact of Formal Strength and
	Conditioning on the Fitness of Law Enforcement Recruits- A Retrospective Cohort
	Study, Reviewer.
2018	McGraw Hill Education, Basic Biomechanics (Hall, S.J.) Reviewer
2018	Jones and Bartlett Learning, Anatomical Kinesiology Manual, Reviewer
2017	British Medical Journal, Reviewer. Bilateral brachial rhabdomyolysis caused by
	push up exercises, Reviewer.
2017	International Journal of Exercise Science, Carbohydrate Mouth Rinse Improves
	Relative Mean Power During Multiple Sprint Performance, Reviewer.
C. Community:	

2004 - present	Board Member, Huntsville Lakers Swim Team
2011-2015	Chair, Safety Committee, GULF Swimming, USA Swimming
2004-2006	Chair, Finance Committee, Elkins Lake Baptist Church
2009-2011	Chair, Finance Committee, Elkins Lake Baptist Church
2013-2017	Chair, Finance Committee, Elkins Lake Baptist Church
2010-2018	Non-paid Consultant, Health and Wellness, Huntsville Memorial Hospital
2012-2013	Volunteer Official UIL Region 2 4A Track and Field Championships

D. Service Honors and Awards:

2020 5th Annual Keys of Excellence Nominee, Orange Keys, Sam Houston State University

- E. Service Grants and Contracts
- 1. Funded External Service Grants and Contracts:
- 2. Submitted, but not Funded, External Service Grants and Contracts:
- 3. Funded Internal Service Grants and Contracts:
- 4. Submitted, but not Funded, Internal Service Grants and Contracts: