

Kinesiology BS (Applied Exercise Science)

Content Knowledge

Goal Description:

The Kinesiology BS Applied Exercise Science Degree will emphasize factual knowledge and competencies that are needed by professionals in the field.

Providing Department: Kinesiology BS (Applied Exercise Science)

Progress: Completed

RELATED ITEMS/ELEMENTS

RELATED ITEM LEVEL 1

Content Knowledge

Learning Objective Description:

Students in the Applied Exercise Science program will demonstrate the knowledge and application of the foundations of exercise physiology and human movement.

RELATED ITEM LEVEL 2

Content Knowledge - KINE 3373 and 4377

Indicator Description:

Exams and assignments in KINE 3373 and KINE 4377 will require students to thoroughly explain, demonstrate, and prescribe exercises designed to improve the components of physical activity-- muscular strength, flexibility, balance, power, speed, and cardiovascular endurance.

Criterion Description:

At least 70% of Kinesiology BS (Applied Exercise Science) students should score a minimum of 75% in their overall grade in KINE 3373 and 4377.

Findings Description:

65% of Kinesiology BS (Applied Exercise Science) students scored a minimum of 75% in their overall grade in KINE 3373 and 4377.

RELATED ITEM LEVEL 3

Content Knowledge - KINE 3373 and 4377

Action Description:

We will continue to make adjustments and work on curricular mapping for the new academic year.

RELATED ITEM LEVEL 2

Content Knowledge KINE 3362

Indicator Description:

Exams and Assignments in KINE 3362 will require students to explain human movement and function and discuss how these concepts relate to the human body. Students will be required to demonstrate proper mechanical principles in this advanced KINE course.

Criterion Description:

At least 70% of the Kinesiology BS (Applied Exercise Science) students should score at least 70% in KINE 3362.

Findings Description:

75% of the Kinesiology BS (Applied Exercise Science) students scored at least 70% in KINE 3362.

RELATED ITEM LEVEL 3

Content Knowledge KINE 3362

Action Description:

KINE 3362 is a core class with fundamental knowledge related to the upper level classes and professional development of our students. We will continue to emphasize the importance of successfully completing this class.

Principles of Applied Exercise Science

Goal Description:

Applied Exercise Science students will demonstrate problem solving and reasoning skills with emphasis in program application.

Providing Department: Kinesiology BS (Applied Exercise Science)

Progress: Completed

RELATED ITEMS/ELEMENTS -----

RELATED ITEM LEVEL 1

Principles of Applied Exercise Science

Learning Objective Description:

Students in the Applied Exercise Science program will experience a student-centered learning environment which collaborates with a variety of clinical and applied experience sites to facilitate mastery of knowledge, skills, and professional behaviors necessary for professionals in exercise science and related disciplines.

RELATED ITEM LEVEL 2

Principles of Applied Exercise Science

Indicator Description:

Applied Exercise Science students will demonstrate professional knowledge and exhibit professional behaviors necessary for professionals in exercise science and related disciplines.

Criterion Description:

At least 80% of the Kinesiology BS (Applied Exercise Science) students will score at least 80% in the supervisor evaluation of knowledge and professional behaviors.

Findings Description:

For one of the last sets of students completing this degree, 85% of the Kinesiology BS (Applied Exercise Science) students scored at least 80% in the supervisor evaluation of knowledge and professional behaviors.

RELATED ITEM LEVEL 3

Principles of Applied Exercise Science

Action Description:

We will continue to emphasize the importance of the internship and their professional behavior.

Update to Previous Cycle's Plan for Continuous Improvement Item

Previous Cycle's Plan For Continuous Improvement (Do Not Modify):

Closing Summary

This degree is being phased out and students are transitioning over to the Human Performance and Wellness Management degree.

We have one sophomore, 7 juniors and 9 seniors finishing out this degree.

Update of Progress to the Previous Cycle's PCI:

Closing Summary

This degree is being phased out and students are transitioning over to the Human Performance and Wellness Management degree. We have one sophomore, 7 juniors and 9 seniors finishing out this degree.

New Plan for Continuous Improvement Item

Closing Summary:

This degree is phasing out so there are no continuous improvements.